



**AUGUST END OF SUMMER &  
BACK TO SCHOOL RESOURCES**

**FROM YOUR PARENT  
COORDINATOR Ms. PINK**





# Ms. Melody Pink

Parent Coordinator &  
Liaison to the Parent Leadership  
Council (PLC) at Williamsburg  
Charter High School (WCHS)

Email: [mpink@thewcs.org](mailto:mpink@thewcs.org)



# HELLO



# THERE!



*It's your Parent Coordinator Ms. Pink. I hope all is well with you and your family. I put together this resource packet with some Amazing resources just for you. Scroll through the entire packet filled with Community Resources, Back to School Giveaways, Job Opportunities, Trade School Programs, Parenting Tips and more. Remember I'm just an email away. You can reach me at [mpink@thewcs.org](mailto:mpink@thewcs.org)*



*School  
Announcements  
& News from  
Principal Jacobson*

# AUGUST 2025 CALENDAR:

**FIRST DAY OF SCHOOL IS AUGUST 25th, 2025**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Summer School Trimester 3	5 Summer School Trimester 3	6 Summer School Trimester 3 Ends, Grades Due	7	8	9
10	11 <b>Virtual Incoming Parent Welcome Meeting@6pm</b>	12 Bridge Program	13 Bridge Program	14 Bridge Program	15	16
17	18 All Faculty/Staff PD	19 All Faculty/Staff PD REGENTS EXAMS	20 All Faculty/Staff PD REGENTS EXAMS	21 All Faculty/Staff PD	22 All Faculty/Staff PD	23
24	25 <b>First Day of School Weds. Schedule</b>	26 Weds. Schedule Board Meeting @5:30pm	27 Weds. Schedule	28 Weds. Schedule	29 Weds. Schedule <b>August Graduation @2pm</b> <b>WCHS Family Night @Cyclones Game 6:40pm</b>	30

**IMPORTANT**



- **August 25th, 2025- FIRST DAY OF SCHOOL**
- **August 29th, 2025- Family Night @6pm at Cyclones Game**
- **September 1st, 2025 - Labor Day - School Closed**
- **September 8th-2025 - September 12th, 2025 STAR Testing**
- ***September 9th, 2025 - Freshman Student/Parent Orientation @6pm***
- ***September 13th, 2025 -Senior Student/Parent Orientation @10am***
- **September 16th, 2025 - Virtual Gr 10/11 Orientation & Curriculum Night 6-7:30pm**
- **September 18th, 2025 Virtual PLC Meeting @6pm**
- **September 23rd, 2025 - September 24th, 2025 Rosh Hashanah - School Closed**





**School starts at  
7:55am  
Get Here by 7:15am  
for Breakfast**





# METROCARDS / OMNY CARDS



- ▶ Advisors will be distributing your Week 1 Metrocards! These are temporary. Eligible students will receive another metrocard week 2
- ▶ Advisors: record the student name and serial # on the sheet provided
- ▶ Your name should be on the write strip on the back before using the card. You cannot use it until your name is on it.
- ▶ Every student Metrocard has a number that specifically belongs to you. This will help trace the card if it is lost, stolen, or someone else is using it.
- ▶ **KEEP YOUR CARD SAFE! Do Not Allow Anyone Else to Use It.**



# Bring your school chromebook **EVERYDAY.** YOU are responsible for your school laptop!



**TAKE CARE** of all school devices - they are educational resources and are expensive pieces of equipment that you need!

**Bring your school laptop to school EVERY DAY FULLY CHARGED! Bring your school headphones as well!**

Can I use my own laptop at school? **NO** - only school assigned devices are allowed. Your laptop and any other personal devices will not have access to WiFi and will be collected.

If have any chromebook issues please complete a Tech form and stop at the **Tech Kiosk (in the Lobby) during your lunch period.**



# BELL SCHEDULE

Bell Schedule First Week of School 2025-2026

23

PERIOD	MON 8/25	Mins	PERIOD	TUE 8/26	Mins	WED 8/27	Mins	THU 8/28	Mins	FRI 8/29	Mins
<i>BFAST/0</i>	7:15 AM	40	<i>BFAST/0</i>	7:15 AM	40	7:15 AM	40	7:15 AM	40	7:15 AM	40
<i>ADVISORY</i>	8:00 AM	50	1	8:00 AM	30	8:00 AM	30	8:00 AM	30	8:00 AM	30
1	8:55 AM	30	2	8:35 AM	30	8:35 AM	30	8:35 AM	30	8:35 AM	30
2	9:30 AM	30	<i>ADVISORY</i>	9:10 AM	40	9:10 AM	40	9:10 AM	40	9:10 AM	40
3	10:05 AM	30	3	9:55 AM	30	9:55 AM	30	9:55 AM	30	9:55 AM	30
4	10:40 AM	30	4	10:30 AM	30	10:30 AM	30	10:30 AM	30	10:30 AM	30
5	11:15 AM	30	5	11:05 AM	30	11:05 AM	30	11:05 AM	30	11:05 AM	30
6	11:50 AM	30	6	11:40 AM	30	11:40 AM	30	11:40 AM	30	11:40 AM	30
7	12:25 PM	30	7	12:15 PM	30	12:15 PM	30	12:15 PM	30	12:15 PM	30
8	1:00 PM	25	8	12:50 PM	30	12:50 PM	30	12:50 PM	30	12:50 PM	30
9	1:30 PM	100	9	1:30 PM	100	1:30 PM	100	1:25 PM	100	1:25 PM	100

LUNCH

DEPT MTGS/PD 1:30-3:10pm

Minutes per week per class:

0 Period =  $(5 \times 40) = 200$  m

Periods 1-8 =  $(45 \times 4) + 30 = 210$  m

Advisory =  $(15 \times 4) + 35 = 95$  m

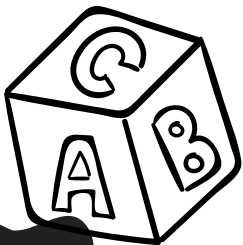
9th Period =  $(55 \times 4) = 200$  m

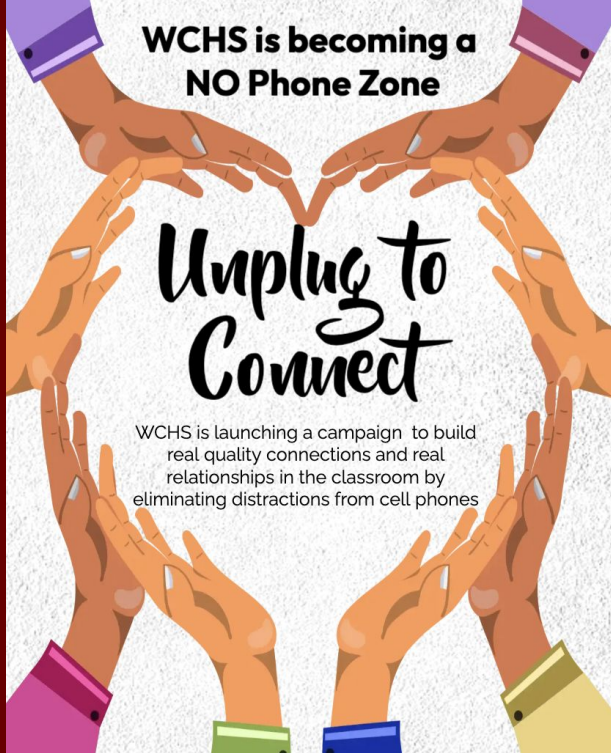
Advisory = .5 credit per year



This is your Bell Schedule for the week of August 25th - August 29th

\*Weds. Schedule All Week -Dismissal at 1:25pm (M) & 1:20pm (T-F)





Cell Phones

& Personal Electronics are not allowed in the school building!

When students arrive at school, they will turn in their cellphones/electronics to staff. Cell Phones will be organized by the students' last period class. At the end of the school day cellphones will be distributed to students.





Dear WCHS Students, Families, and Community Partners,

We are thrilled to invite you to **Williamsburg Charter High School's Community Night at the Brooklyn Cyclones** on **Thursday, August 29, 2025, at 6:40 PM** at Maimonides Park in Coney Island!

This special evening will bring together our students, staff, alumni, families, and community partners for a fun-filled night of baseball, connection, and school spirit. Thanks to our friends at the Brooklyn Cyclones, WCHS has been invited to participate in a **pre-game parade**, and we are honored to be offered the opportunity to **throw out the first pitch**—a moment that will be raffled off to one lucky participant!

🎉 **All WCHS-affiliated attendees will receive a free Brooklyn Cyclones hat!**

🎟️ **Admission is free**, but tickets are available **on a first-come, first-served basis**. We encourage you to RSVP as soon as possible to reserve up to four tickets per household.

If additional tickets become available, or if you would like to purchase more in our reserved section, please visit:

👉 <https://www.gofevo.com/event/Williamsburgcharterhs>

We hope to see many of you there, especially new and prospective families who want to get to know the WCHS community in a fun and informal setting.

📄 **To RSVP, please complete the [attached form!](#)**

🌟 **Interested in throwing the first pitch?** Enter our raffle! Each entry is \$5 and helps support WCHS programming. You can enter via:

- **Zelle:** [kfernandez@thewcs.org](mailto:kfernandez@thewcs.org) (note: "first pitch" and the name you're entering)
- **PayPal:** [Click here to pay](#) (note: "first pitch" and the name you're entering)

Let's fill the stands with WCHS pride and celebrate our incredible community together. We look forward to seeing you on August 29th!

With appreciation,

**The Williamsburg Charter High School Team**



## 2025 - 2026 ADMISSIONS

**GROW WITH PURPOSE.  
LEAD WITH INTEGRITY.**

Williamsburg Charter High School is accepting applications for the 2025-2026 academic year!


- ✔ Supportive Learning Environment
- ✔ Visual & Performing Arts Programs
- ✔ Diverse & Inclusive Community
- ✔ 20+ Student Clubs & Athletics
- ✔ College and Career Counseling

APPLY NOW



### Summer Tours Available!

We're offering personalized one-on-one tours all summer long — schedule yours today!

 Williamsburg Charter High School  
198 Varet Street, Brooklyn, NY 11206



## ADMISIONES 2025 - 2026

**CRECER CON PROPÓSITO.  
LIDERAR CON INTEGRIDAD.**

¡Williamsburg Charter High School está aceptando solicitudes para el año académico 2025-2026!

- ✔ Apoyo para todos los estudiantes
- ✔ Programas sólidos de arte y electivos
- ✔ Comunidad diversa e inclusiva
- ✔ 20+ clubes de estudiantes y atletismo
- ✔ Orientación universitaria y profesional

APLICAR AHORA

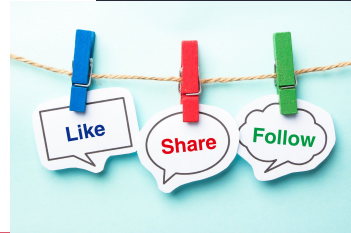


### ¡Tours de Verano Disponibles!

Ofrecemos recorridos personalizados uno a uno durante todo el verano — ¡agenda el tuyo hoy!

 Williamsburg Charter High School  
198 Varet Street, Brooklyn, NY 11206





Tell us about your experience at  
**WCHS!**

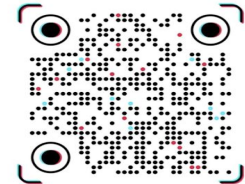
What makes Charter special?

Go to [Niche.com](https://www.niche.com) & submit a review!

Follow us on TikTok 🤖



**Williamsburg Charter**



Scan QR code to follow account



[TIKTOK.COM](https://www.tiktok.com)

A vibrant yellow circular background is framed by a grey border. The space is filled with a decorative border of stylized floral and scrollwork elements. At the top, there are two leafy branches with blue and purple flowers, two five-petaled flowers with blue centers, a central three-petaled flower, and two more leafy branches. The bottom border features two leafy branches, two five-petaled flowers, a central three-petaled flower, and two more leafy branches. The text is centered in a dark red, cursive font. 

*A Message*

*from Ms. Pink*

# PARENT LEADERSHIP COUNCIL (PLC) PLC AT A SNAPSHOT

USE YOUR VOICE



JOIN THE PLC BECAUSE YOUR VOICE MATTERS AS A PARENT. ADVOCATE FOR ALL SCHOLARS AT WCHS, ADVOCATE FOR YOUR SCHOOL AND HELP WCHS GROW. EMAIL MS. PINK FOR MORE DETAILS OR INTERESTS AT [MPINK@THEWCS.ORG](mailto:MPINK@THEWCS.ORG)

## **OPEN POSITIONS:**

**VICE-PRESIDENT, SECRETARY, PARENT VOLUNTEERS FOR INPERSON EVENTS**

**WHAT IT LOOKS LIKE BEING ON THE PLC:**

- **AS A MEMBER YOU MEET WITH WCHS PARENT COORDINATOR MS. PINK & MEMBERS OF THE COUNCIL TO PLAN MONTHLY MEETINGS.**
- **AS A MEMBER YOU MEET WITH SCHOOL LEADERSHIP 1X PER MONTH TO DISCUSS PARENT CONCERNS, RECEIVE SCHOOL UPDATES & VOICE OPINIONS.**
- **YOU WILL ALSO NETWORK WITH NONPROFITS & THE COMMUNITY.**
- **GAIN A NEW SKILL ( IT LOOKS GREAT ON A RESUME)**
- **P.S. THE PLC IS ALWAYS LOOKING FOR VOLUNTEERS FOR SPECIAL EVENTS.**



# PARENT LEADERSHIP COUNCIL (PLC)



# PARENT LEADERSHIP COUNCIL (PLC)



## WHO WE ARE AND WHAT WE DO OUR MISSION

We the PLC are parent volunteers. Our group was founded in 2018. We represent the parents and guardians of Williamsburg Charter High School. We meet monthly as a collective group to discuss parent concerns and ways to improve our school. We work for you, the parents. Your voices, your comments and concerns are heard through us. We voice your comments, issues and concerns to the Board of Trustees, Head of School, and other School Leadership. We believe that every scholar deserves an outstanding education. Together we can Change History and Change Lives.



## QUIÉNES SOMOS Y QUÉ HACEMOS LA MISIÓN DEL PLC

Nosotros, el PLC, somos padres voluntarios. Nuestro grupo fue fundado en 2018. Representamos a los padres y tutores de Williamsburg Charter High School. Nos reunimos mensualmente como grupo colectivo para discutir las inquietudes de los padres y las formas de mejorar nuestra escuela. Trabajamos para ustedes, los padres. Sus voces, sus comentarios e inquietudes se escuchan a través de nosotros. Expresamos sus comentarios, problemas e inquietudes a la Junta Directiva, al Director de la Escuela y a otros Líderes Escolares. Creemos que cada estudiante merece una educación sobresaliente. Juntos podemos cambiar la historia y cambiar vidas.



## WHAT DOES IT MEAN TO BE PART OF THE PLC MOVEMENT?

- ✓ Be a parent/guardian that wants to improve the quality of your scholar's education.
- ✓ Attend monthly meetings and workshops.
- ✓ Get access to family and community resources.
- ✓ Make our school community stronger by letting your voice be heard.
- ✓ Participate in life changing programs and workshops.
- ✓ Show your scholars you care about them and their education.



## ¿QUÉ SIGNIFICA SER PARTE DEL MOVIMIENTO PLC?

- ✓ Ser un padre/tutor que desea mejorar la calidad de la educación de su estudiante.
- ✓ Asistir a reuniones y talleres mensuales.
- ✓ Obtenga acceso a recursos familiares y comunitarios.
- ✓ Fortalecer nuestra comunidad escolar dejando que tu voz sea escuchada.
- ✓ Participar en programas y talleres que cambian vidas.
- ✓ Demuestre a sus estudiantes que se preocupa por ellos y su educación.





*Youth  
Opportunities  
& Resources  
from Ms. Pink*

# CONGRESSWOMAN YVETTE D. CLARKE

## CONGRESSIONAL

# APPCHALLENGE



## MIDDLE AND HIGH SCHOOL STUDENTS

### Guidelines:

- Teams of 1-4 students
- Create ANY type of app
- Using ANY coding language
- For ANY platform (mobile, web, etc.)



Winners will be invited to present their work at the US Capitol #HouseofCode celebration

**Submissions Due October 30, 2025**

For more information visit:  
<https://www.congressionalappchallenge.us/>

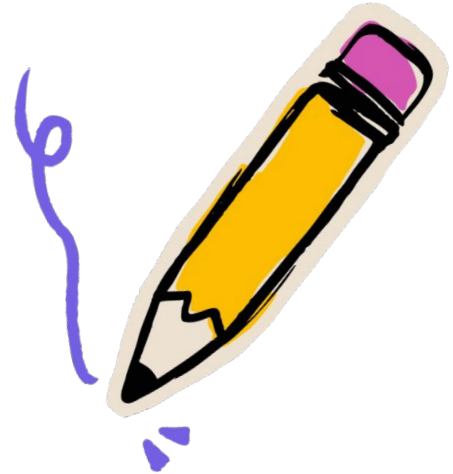
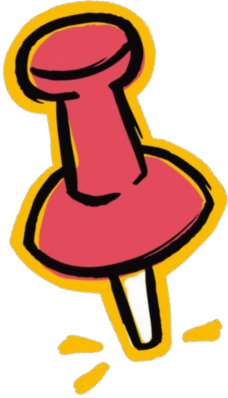
## Register:



222 Lenox Road,  
Brooklyn NY 11226  
718-287-1142  
[clarke.house.gov](http://clarke.house.gov)



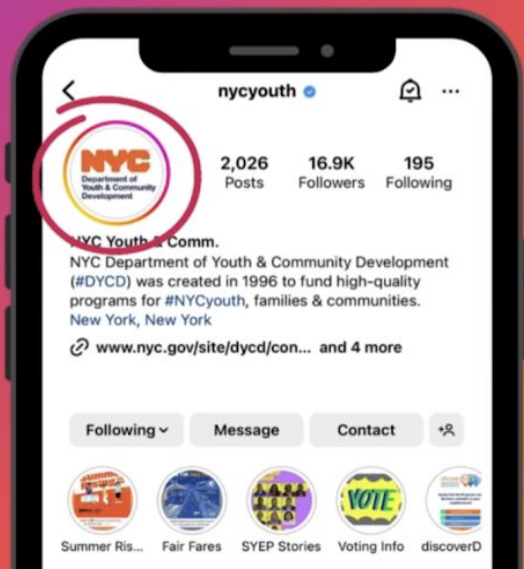
Yvette D. Clarke  
NEW YORK'S 9TH DISTRICT



## Stay connected by checking our Instagram Stories regularly!

We share valuable resources, opportunities, and partner updates to keep you informed about what's happening in our city!

Follow us @nycyouth



**NYC**  
Department of  
Youth & Community

## How to Sign Up for NYC Teenspace

NYC Teenspace is a free mental health support program available to any teenager age 13 to 17 living in New York City. To register:

- 1 Visit [talkspace.com/nyc](https://talkspace.com/nyc) and enter your address and birthday.
- 2 Enter your parent or guardian's information and email address so they can provide consent.
- 3 Complete a simple online assessment to share your mental health needs and preferences.



You will then get matched with a licensed therapist for ongoing virtual support, access to online mental health exercises or both.

**NYC**  
teenspace

talkspace

**NYC**  
Health



## STUDENT RULES & GUIDELINES

### When Can Students Enter the Challenge?

Registration opens on **May 1<sup>st</sup>, 2025**  
Deadline is **October 30<sup>th</sup>, 2025, 12PM ET.**

### Student Eligibility

1. Students may only submit one application.
2. As other Congressional Districts may participate in the challenge, students may only compete in one district.
  1. Students may compete in either:
    - The district in which they reside, or
    - The district in which they attend school.
  2. Students may compete as individuals or in teams of up to four.
    - If competing as a team, at least 50% of the teammates must be eligible to compete in the **NY-07 Congressional District.**
  3. Current middle school and high school students are eligible. Students may not participate after having graduated high school.

### How Do Students Enter Their App?

Visit [CongressionalAppChallenge.us](https://CongressionalAppChallenge.us) to register and for more details. If you are competing as a team, all team members must submit their information on the registration form to participate.

*Students may submit projects they coded prior to the challenge, as long as their apps meet the standards of eligibility, and were created after October 30<sup>th</sup>, 2024.*

### Submission Requirements

1. **Registration Form:**
    - Found on [congressionalappchallenge.us](https://CongressionalAppChallenge.us)
  2. **Application Elements:**
    - Name of your project and the coding language used.
    - Purpose & Inspiration: Explain your app's purpose in ONE sentence. What inspired you to create this app?
    - Explain a technical/coding difficulty you faced in programming and your solution.
    - What still needs to be improved on your project?
  3. **Demonstration Video**
    - Students must create a 1-3 minute video, showcasing what your app does and how it works.
    - The video must be uploaded onto a public site like Youtube or Vimeo, and set to public for judges to view.
- Video Requirements:
- Tell us your name(s) and the name of your project.
  - Clearly explain the purpose of your project.
  - Explain who the project is intended for.
  - Tell us what tools and coding languages you used to create your app
  - Show us how your app is used!

For questions or support please reach out to [studentsupport@congressionalappchallenge.us](mailto:studentsupport@congressionalappchallenge.us)



## 2025 CONGRESSIONAL APP CHALLENGE

The Congressional App Challenge encourages middle and high school students to learn how to code to create their own app for the opportunity to receive national recognition!

### HOW TO PARTICIPATE



#### 1. REGISTER

Students who either live or attend school in the NY-07 Congressional District can now register at [CongressionalAppChallenge.us](https://CongressionalAppChallenge.us). The Challenge will run until October 30<sup>th</sup>, 2025.

#### 2. BRAINSTORM

Would you like to create a digital project that involves gaming? Or solve a social equity problem? Whether it's an app, website, AR/VR experience, or robotics project; as long as you are coding for your project, the sky is the limit!

#### 3. DESIGN

How do you envision project's design and functionality? What should the user experience be like and what key features should it include?

#### 4. CREATE

You can work on your own, or as a part of a team of up to four students. Find resources to help you at: [CongressionalAppChallenge.us](https://CongressionalAppChallenge.us).

#### 5. SUBMIT!

Submit your creation anytime before October 30<sup>th</sup>, 2025  
Winners will be announced in December.



# RUNAWAY HOMELESS YOUTH

**NYC**  
Department of  
Youth & Community  
Development

## RUNAWAY & HOMELESS YOUTH SERVICES

### \*Drop-in Centers

Young people between the ages of 14 to 24 are welcome! Food, clothing, showers, laundry and case management services are available. Receive referrals to crisis services programs and additional support services.

\*Please call to verify times of operation and intake.

#### Manhattan

**Alli Forney Center**  
321 West 125<sup>th</sup> Street  
New York, N.Y. 10027  
(212) 206-0574 <sup>24/7</sup>

#### The Door

555 Broome Street  
New York, N.Y. 10013  
(212) 941-9090  
Mon-Fri: 9am-6pm

#### Safe Horizon Streetwork Harlem

209 West 125<sup>th</sup> Street  
New York, N.Y. 10027  
(212) 695-2220  
Mon, Tues, Thurs-Sun: 12pm-6pm

#### Bronx

**Cardinal McCloskey  
Community Services**  
333 East 149<sup>th</sup> Street  
Bronx, N.Y. 10451  
(718) 993-5495  
(917) 334-0957 <sup>24/7</sup>

#### Brooklyn

**SCO Family of Services**  
774 Rockaway Avenue  
Brooklyn, N.Y. 11211  
(718) 685-3850 <sup>24/7</sup>

#### Queens

**Sheltering Arms/Safe Space**  
165-19 Jamaica Avenue, 2<sup>nd</sup> floor  
Jamaica, NY 11432  
(718) 526-2400 ext. 2077 <sup>24/7</sup>

#### Sheltering Arms

(Far Rockaway Site)  
1600 Central Avenue  
Far Rockaway, N.Y. 11691  
(718) 471-6818 ext. 2123  
Mon-Thurs 2pm-8pm  
Fri: 11am-7pm, Sat: 12pm-8pm

#### Staten Island <sup>24/7</sup>

**Project Hospitality**  
27 Port Richmond Avenue  
Staten Island, N.Y. 10302  
(718) 876-4752  
YDCOutreach@projecthospitality.org

### Crisis Services Programs

These DYCD-funded programs provide emergency shelter and crisis intervention services for young people between the ages of 16 and 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites. *These voluntary, short-term residential programs provide emergency shelter and crisis intervention services aimed at reuniting youth with their families or, if family reunification is not possible, arranging appropriate transitional and long-term placements.*

#### Bronx

##### The Bridge\*

(347) 275-2749

abarber@covenanthouse.org

\*Female Identifying/Homeless Young Adult

##### Maya's Place\*

(718) 583-2380

\*Female Identifying/Mother + Child

#### Brooklyn

##### Alli Forney Center\*

\*Contact Drop-in Center

(212) 206-0574 or

(646) 944-7193

jcarrion@alliforneycenter.org

#### Manhattan

##### Covenant House

Under 21 (and

Mother + Child)

(212) 613-0300

##### Safe Horizon

Streetwork Harlem

(917) 507-1562

##### Sheltering

Arms/Safe Space\*

(917) 410-3790

(347) 266-7044

\*Male Identifying Youth

#### Queens

##### Alli Forney Center

Homeless Young Adult

(Ages 21 to 24)

(646) 944-7193

jcarrion@alliforneycenter.org

### Transitional Independent Living Programs

Transitional Independent Living (TIL) facilities provide homeless youth between the ages of 16 to 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites, with support and shelter as they work to establish independence. *A young person in need of longer-term residential services should first visit our Crisis Shelter and obtain a referral to Transitional Independent Living facilities. Youth may stay in the Transitional Independent Living facilities for up to 24 months. Services offered at TILs include:*

#### Services Available at Crisis Services Programs and TILs

- Educational Programs • Vocational Training • Job Placement Assistance
- Counseling • Basic Life Skills Training • Mental Health Services • Housing Referrals And Placement • Family Reunification Assistance (when applicable)

### Street Outreach

Vans traveling in all 5 boroughs provide clothing, food, information about and transportation to crisis services programs and drop-in centers.



For updated locations and information follow  
Streetwork on Instagram @streetworknyc

KEY: <sup>24/7</sup> = Open 24 hours, 7 days a week; due to COVID-19, please call first.

**NYC**  
Department of  
Youth & Community  
Development

DYCD  
Community  
Connect

Contact DYCD Community Connect at 1.800.246.4646 or  
646.343.6800; Monday-Friday, 9am-5pm



nycyouth

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**ASAP**  
Advancing Success in Associate Pathways

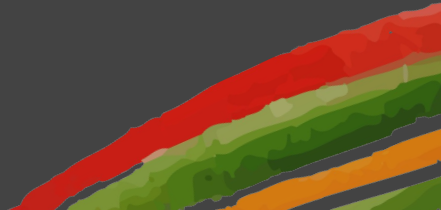
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Advancing Completion through Engagement

Learn more at  
[suny.edu/asap-ace](https://suny.edu/asap-ace)

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[Explore Online Degrees](#)

**CUNY** Online [cuny.edu/online](https://cuny.edu/online)





# We Are Hiring! Student Internship Program

Fall 2025 Semester

Dates: September 8<sup>th</sup>, 2025 - December 19<sup>th</sup>, 2025

Requirements:

- Students entering freshman year through the completion of senior year of college
- Students entering graduate or professional studies (beyond a Bachelor's degree)

Compensation:

\$23.50 - \$29.00 an Hour (Rate is determined by your academic level)

Placement:

If selected, you will be placed in a department that matches your major and/or healthcare career aspirations.

If interested, please submit your resume to  
[KingsHRCommunityServices@nychhc.org](mailto:KingsHRCommunityServices@nychhc.org)

**Brooklyn**

**WE'RE HIRING**

Join the NYC Teens Connection  
**YOUTH LEADERSHIP TEAM**



- ✓ Interested in Sexual Health?
- ✓ Want to grow your leadership skills?
- ✓ Live or go to school in Brooklyn?
- ✓ Are 15-19 years old?



**APPLY NOW**



QUESTIONS? CONTACT  
MOLLY BERMAN  
[MBERMAN2@HEALTH.NYC.GOV](mailto:MBERMAN2@HEALTH.NYC.GOV)  
917-612-4535



**APPLY FOR  
SCHOLARSHIPS**



## **\$2,000 “No Essay” College Scholarship**

**<https://colleges.niche.com/scholarship/apply.aspx>**

**Sponsor:** Niche

**Amount:** \$2,000

**Closing Date:** 11:00 p.m. Eastern Time on the last day of the month.

**Description:** Scholarship is open to legal residents of the United States, as well as international students with valid visas. Applicant must currently attend, or within the next 12 months plan to enroll in, a college or university. Applicant must login or register for an account with Niche.

## **Courage To Grow Scholarship**

**<http://couragetogrowscholarship.com/>**

**Sponsor:** Courage To Grow Scholarship

**Amount:** \$500

**Closing Date:** Last day of the month

**Description:** Scholarship is open to U.S. citizens who are high school juniors and seniors or current college students with at least a 2.5 GPA. Applicant must answer the scholarship question in 250 words or less.

# **Innovation in Education Scholarship**

**<https://www.latutors123.com/scholarship/>**

**Sponsor:** LATutors

**Amount:** \$200

**Closing Date:** 11:59 p.m. Pacific Time on the 20th of the month

**Description:** Scholarship is open to high school and college students in the United States or Canada who have at least a 3.0 GPA and are a citizen, permanent resident of, or hold a valid student visa in the United States or Canada. Applicant must submit an essay and letter of recommendation.



# Community Resources from Ms. Pink





53AD  
*Martiza Davila*  
**ASSEMBLYWOMAN**

## DISTRICT OFFICE

673 Hart Street, Unit C2  
Brooklyn, NY, 11221

(718) 443-1205

(718) 443-1424



DavilaM@nyassembly.gov

## ALBANY OFFICE

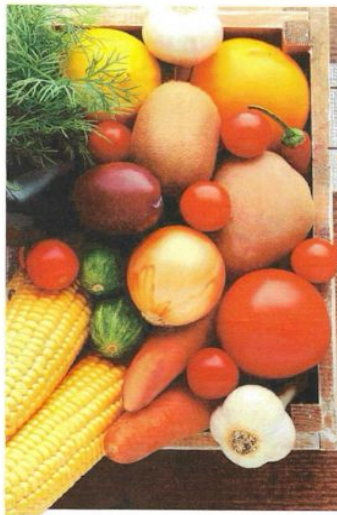
Legislative Office Building, Room 837  
Albany, NY, 12248

(518) 455-5537

(518) 455-5780



PROUDLY SERVING  
BUSHWICK & WILLIAMSBURG



SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

## SNAP Assistance

THE CAMPAIGN AGAINST HUNGER IS HERE TO HELP

**WE OFFER  
ONE-ON-ONE  
PERSONAL ASSISTANCE**  
Throughout the entire process.

**Find Out** - *YOU MIGHT BE ELIGIBLE*

## Already have SNAP?

*We can offer you additional assistance with:*

- Completing Your Recertification
- Submitting Documents Requested to Complete Your Application
- Reporting Changes on Your Case

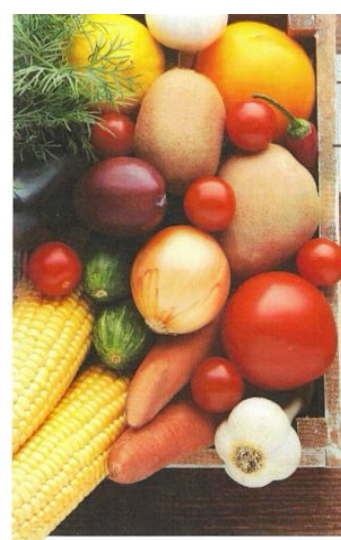


2010 FULTON STREET | BROOKLYN, NY 11233

(718) 773-3551

[www.tcahnyc.org](http://www.tcahnyc.org)

@TCAHNYC



PROGRAMA DE ASISTENCIA NUTRICIONAL SUPLEMENTARIA

## SNAP Asistencia

LA CAMPAÑA CONTRA EL HAMBRE ESTÁ AQUÍ PARA AYUDAR

**OFRECEMOS ASISTENCIA  
PERSONAL  
UNO A UNO**  
A lo largo de todo el proceso.

**Descubrir** *USTED PUEDE SER ELEGIBLE*

## ¿Ya tienes SNAP?

*Podemos ofrecerle asistencia adicional.*

- Completando su recertificación
- Envío de los documentos solicitados para completar su solicitud
- Informe de cambios en su caso



2010 FULTON STREET | BROOKLYN, NY 11233

(718) 773-3551



 **THE CAMPAIGN  
AGAINST HUNGER**  
*A Community's Approach To Caring*

# FARMER'S MARKET

1965-1971 Fulton St  
Brooklyn, NY 11233

45-55 Beach Channel Dr  
Queens, NY 11691

Tuesday-Saturday  
10:00 AM-2:00 PM

## WE ACCEPT THE FOLLOWING PAYMENTS:

EBT, WIC, Farmer's Market Nutritional Program (FMNP) Checks, Health Bucks, CASH, Debit and Credit Cards

[TCAHNYC.ORG](http://TCAHNYC.ORG) @TCAHNYC



# FREE Adult Education and High School Equivalency Classes

**Register now!**  
**Classes start Sept 4, 2025**

In person and remote classes available.

Classes meet 2 days per week on:

- Mon & Wed from 9am to 12:30pm  
or 5:30 pm to 9pm
- Tues & Thurs from 9am to  
12:30pm or 5:30pm to 9pm

**SCAN BELOW TO REGISTER**



Email [ecs@nmic.org](mailto:ecs@nmic.org) with  
questions  
No phone calls  
No walk-ins



45 Wadsworth Avenue  
New York, NY 10033  
212-822-8314  
*Train: A train to 175th St. or 1 train to  
181st St.  
Bus: M100, M101, M3, Bx36, Bx35,  
Bx13, Bx11, Bx3*



Version 7/17/25



**JUMAANE D.  
WILLIAMS**

# WORK WITH US!

Explore open positions at the Office of the Public Advocate:  
[advocate.nyc.gov/opportunities](https://advocate.nyc.gov/opportunities)

**RiseBoro**  
COMMUNITY PARTNERSHIP

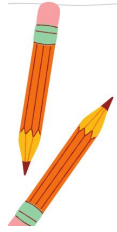
**BACK  
TO  
SCHOOL**



# Book Bag Giveaway

**AUGUST 17 2025**  
**FROM 12PM - 4PM**

**IRVING SQUARE PARK, BROOKLYN**  
**CORNER OF KNICKERBOCKER & WEIRFIELD ST.**



Child must be present and accompanied by the parent. First come first served. limited supplies!



**ROMAN PAINT & WALLPAPER CO.**



**RB Education**



53AD  
*Maritza Davila*  
**ASSEMBLYWOMAN**

**BRING COLLEGE BACK TO BUSHWICK.**

**Start your degree with Kingsborough Community College this fall!**

- Earn your Associate Degree in Liberal Arts
- Flexible schedule options, onsite at Riseboro and online
- Personalized advisement and support from KBCC Staff
- Financial Aid available for eligible students\*
- Students must attend full time to complete degree in two years

**Apply now for the fall 2025 semester!**

**KBCC Admissions Application Requirements:**

- CUNY application & application fee (\$65 freshman applicants)
- Official HS transcript & diploma or HSE certificate with score report
- Official college transcript (if applicable)
- Must meet CUNY English Proficiency requirements

**In Person Application Assistance:**

**Where:** RB Youth Center  
**When:** Tuesday, August 5<sup>th</sup>, and Wednesday, August 13<sup>th</sup>  
from 5:30pm to 8:00pm



Please click on the following link if interested: <https://forms.office.com/r/PJbtwnrwiSj>

\*Students must apply for Financial Aid (FAFSA & TAP) for tuition assistance. Students are responsible for any tuition gaps, CUNY Application fee (\$65 per student), Student Tech, Student Activity, Consolidated, and Student Senator Fees (Full-time \$226.45 and Part-time \$121.45), and books and other instructional materials.

Funding Provided by Assemblywoman Maritza Davila  
In collaboration with CUNY Kingsborough Community College.

For more information contact:

**Josue Salazar**  
[jsalazar@riseboro.org](mailto:jsalazar@riseboro.org)  
718-381-9653 Ext: 3222



**RiseBoro**  
COMMUNITY PARTNERSHIP

Youth Center: 1474 Gates Avenue Brooklyn, NY 11237



# COMMUNITY HEALTH FAIR

*Sexual Wellness for All:  
Healthy Choices, Healthy Futures*

*Summer Series*



**AUG  
16TH  
2025**

**RAIN DATE:  
AUG 17th**

## Health Screenings & Resource

Joseph P. Addabbo Family Health Center  
120 Richards Street  
Brooklyn, NY 11231

**FREE & FUN FOR THE ENTIRE FAMILY!**

*Food\* (while supplies last and with the visit of every vendor table), Giveaways, Raffles + much more!*



**CLICK TO REGISTER**



# family HEALTH FAIR

**OBH- BROOKDALE CAMPUS**

**AUGUST 16TH 2025**

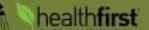
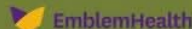
**11:00AM - 4:00PM**

Bring the entire family for a day filled with health education, complimentary screenings, and entertainment that everyone can enjoy!

### *Event Highlights*

**BLOOD PRESSURE, BMI/OBESITY, WOMEN'S HEALTH, BEHAVIORAL HEALTH, DENTAL, FOOD AND NUTRITION COUNSELING.**

**LOCATION:**  
Rockaway Parkway  
(between Linden Blvd & Church Ave.) Brooklyn NY





# BACK TO SCHOOL

## 返校日



**Leif Ericson Park** | **08/16/25**  
 67th Street between 6th Ave & 7th Ave | 11:00 AM to 2:00 PM  
 Leif Ericson Park (6大道 67街) | 早上11点到下午2点

**Free Giveaways · Music & Dance Performance**  
**Community Resources Info · Activity Booths**  
**礼物派送 · 音乐舞蹈表演 · 社区资源 · 活动摊位**

In Partnership with:



*Ju Poppin*<sup>®</sup>  
 WHERE HEALTHY HAIR IS ALWAYS TRENDING

# BACK TO SCHOOL

## GIVEAWAY

**SATURDAY AUGUST 16TH**  
**10:00AM-5:00PM**

**250 GIFT BAGS W/**  
**JUPOPPIN GOODIES & SCHOOL SUPPLIES**  
**FIRST COME FIRST SERVE**  
**KIDS HAVE TO BE PRESENT**

**Ju Poppin NY**  
**1981 Flatbush Ave**  
**Brooklyn, NY 11234**  
**718-421-5959**

*We pour into the community*  
*just like we pour into hair.*

# Back to SCHOOL GIVEAWAY



NEW YORK CITY COUNCIL MEMBER  
**CHRIS BANKS**  
42<sup>ND</sup> DISTRICT, BROOKLYN  
in partnership with

Changing Lives Christian Center  
& Tailor Made for a King

**SATURDAY, AUGUST 16, 2025**  
12:00pm- 5:00pm

**Spring Creek Park**  
(Schrodgers Ave. & Vandalia Ave.)

For more information, please email Hyle Graham at [HGraham@council.nyc.gov](mailto:HGraham@council.nyc.gov) or call (646) 455-9301.

For questions about accessibility, please contact us at the phone number and email address above. To request additional accommodations, please contact us at least three business days before the event. ♿



AUGUST 16<sup>TH</sup> | 9AM-3PM  
620 SCHENCK AVE



# BACK TO SCHOOL MARKET

SCHOOL SUPPLY GIVEAWAY FROM NEW YORK CARES  
STORYTIME IN THE GARDEN LED BY LITERACY IN COMMUNITY  
FREE BIKE REPAIRS & FACE PAINTING



new york cares.

@ENVFARMS

LINC

Literacy in Community

SUNDAY, AUGUST 17<sup>TH</sup>

# BACK 2 SCHOOL *Giveaway*



**11AM TO 4PM**  
WHILE SUPPLIES LAST\*

LOCATION: **MARCY AVE BETWEEN GREEN & LAFAYETTE**  
FOR DONATIONS: 347.383.7582

New York State Senator  
**Roxanne J. Persaud**  
**FREE FUNDAY**

**BACK TO SCHOOL  
GIVEAWAY**

**TUESDAY, AUGUST 19, 2025 • 1 PM - 4 PM**

**CANARSIE PARK**  
(SEAVIEW AVE. & REMSEN AVE.)  
EAST 88TH STREET ENTRANCE  
(CHILDREN AGES 4 YRS TO 14 YRS.)

**SCHOOL SUPPLIES  
DISTRIBUTION BEGINS  
AT 3:00 PM**

While Supplies Last.  
Child Must Be Present To Receive Supplies.

*Games*

*Balloon Artist*

*Magician*

*Stilt Walkers*

*Books*

*Refreshments*

*Raffle*

*School Supplies And More!*



@SenatorPersaud



@SD19SenatorPersaud

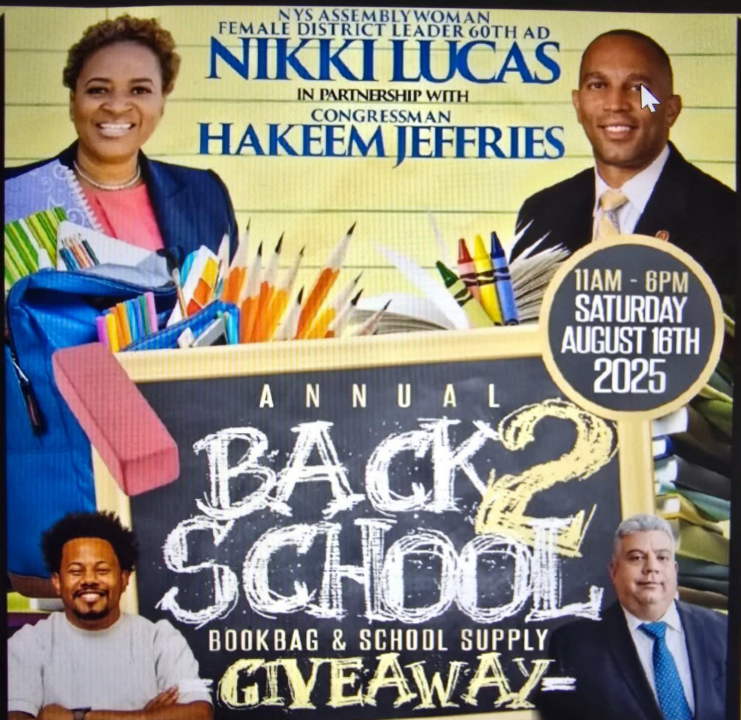


SD19SenatorPersaud

District Office  
1222 East 96th St.  
Brooklyn, NY 11236  
(718) 649-7653

E-MAIL: [PERSAUD@NYSENATE.GOV](mailto:persaud@nystate.gov) WEBSITE: [PERSAUD.NYSENATE.GOV](http://persaud.nystate.gov)

NYS ASSEMBLYWOMAN  
FEMALE DISTRICT LEADER 60TH AD  
**NIKKI LUCAS**  
IN PARTNERSHIP WITH  
CONGRESSMAN  
**HAKEEM JEFFRIES**



11AM - 6PM  
SATURDAY  
AUGUST 16TH  
2025

ANNUAL  
**BACK2  
SCHOOL**  
BOOKBAG & SCHOOL SUPPLY  
**GIVEAWAY**

MALE DISTRICT LEADER OF YEAR  
**MICHAEL ROSENDARY**

BROOKLYN DISTRICT ATTORNEY  
**ERIC GONZALEZ**

FREE FOOD, BOOK BAGS, FREE HAIRCUTS & HAIR BRAIDING (PLEASE WASH HAIR)  
BOUNCY HOUSES + FREE HEALTH SCREENINGS

JOIN US FOR OUR  
**SUMMER SIP DOWN SWEET TEA VS LEMONADE**

**VERMONT STREET**  
BETWEEN LINDEN BLVD & STANLEY BY LINDEN PARK



BROOKLYN DISTRICT ATTORNEY  
**ERIC GONZALEZ**

In Partnership with the Police Athletic League (PAL)

PRESENT



# YOUTH SUMMERFEST

FREE  
Extraordinary  
Wristband to  
LUNA PARK  
Coney Island  
Registration is required

Friday, August 22nd | 12PM - 4PM  
Luna Park- Coney Island  
1000 Surf Ave, Brooklyn, NY 11224



**EXTRAORDINARY WRISTBAND:**

- Each wristband allows child 4 hours of fun, thrill and excitement!
- Registration is **required** & only a limited quantity are available.
- You must arrive to Luna Park before 1pm to claim your wristband or it will be forfeited.
- Child must be between 36"-54" tall for the rides.

You are not required to register for our games and other giveaways.

**BY SUBWAY**

to West 8th Street Station

to Coney Island-Stillwell Avenue Station

**BY BUS**

to Surf Avenue and West 8th St

to Neptune Avenue and West 8th St

SCAN to REGISTER  
For Luna Park  
Wristband  
Access Code: PUBLIC



@brooklynda.org @BrooklynDADOffice @brooklynDA



WOODHAVEN  
BID

# BACK TO SCHOOL

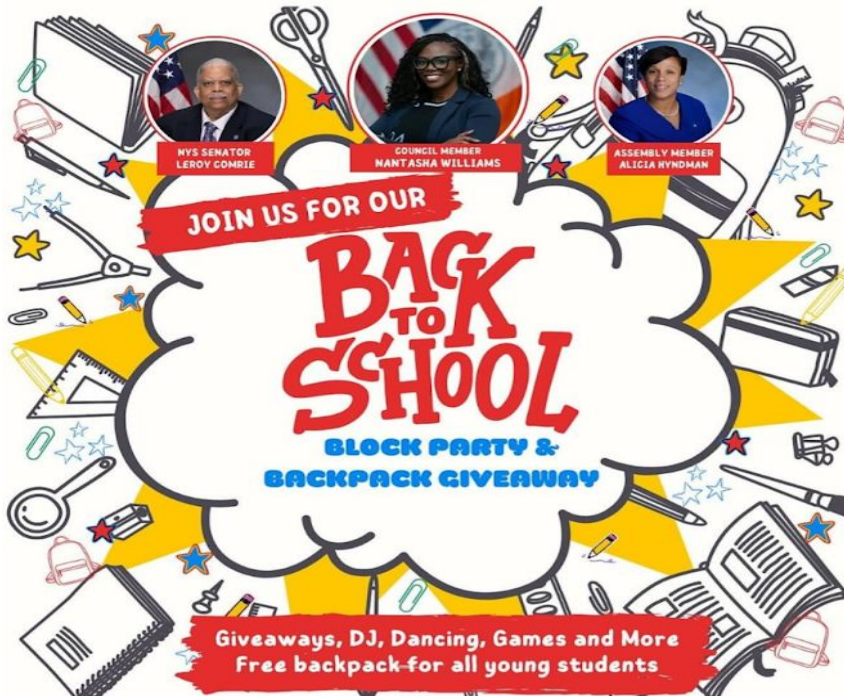
## EVENT

**AUGUST 22, 2025**

**89-07 JAMAICA AVE**

**1PM-4PM**

FREE Backpacks & school  
supplies. Limited quantity.  
Child must be present



**Saturday, August 23, 2025 | 1pm - 5pm**

Office of CM Dr. Nantasha Williams  
172-12 Linden Blvd. Jamaica, NY 11434

**RSVP REQUIRED: [D27Back2School2025.eventbrite.com](https://www.eventbrite.com/e/D27Back2School2025)**

YOU MUST RSVP TO RECEIVE A BACKPACK. RSVP VALID UNTIL 3PM,  
ALL OTHER BACKPACKS ARE WHILE SUPPLIES LAST.



OFFICE OF COUNCIL MEMBER  
**CRYSTAL HUDSON**

Presents

# SUMMER YOUTH SERIES BACK TO SCHOOL FAIR & FIELD DAY

Friday, August 22, 2025

11 AM - 3 PM

**Jackie Robinson Playground**

Montgomery St & Zenita Thompson Pl, Brooklyn, NY 11225

Featuring:

**Backpack & School Supplies Giveaway\* | Rollerskating  
Lunch\* | Bouncy Castles | Resource Fair | & More**

*\*While Supplies Last*

Community Partners



Child must be  
present to  
receive a  
bookbag

# BACK TO SCHOOL GIVEAWAY

hosted by



**Location: 328 Park (Alabama  
btw Sutter & Blake Ave)**

**Brooklyn, NY 11207**

**Date: Sun. Aug. 24, 2025**

**Time: 9am-1pm**

**Bookbags & Supplies  
are for students  
Kindergarten-  
6<sup>th</sup> Grade**





# BACK TO SCHOOL DRIVE

Free backpacks, school supplies, and books for Central Asian students in need – come pick up what you need to succeed!

August 23rd, 2025  
1:00 PM – 3:00 PM

271 Brighton Beach Ave, 2nd Floor,  
Brooklyn, NY 11235

MORE INFORMATION

Alexia Bakyt | +1 (347) 755-9941 [www.americancentralasian.org](http://www.americancentralasian.org)



UNITY TEMPLE CHURCH OF GOD IN CHRIST PRESENTS...  
**BACK TO SCHOOL DRIVE-THRU**  
AUG 30<sup>TH</sup>, 2025  
1PM – 4PM  
623 MADISON STREET, BROOKLYN, NY 11221

GEAR UP FOR THIS SCHOOL YEAR!  
IMPACTING THE COMMUNITY

PASTOR BRYAN & LADY ALLASHIA HARRIS  
SERVANT LEADERS

FOOD, FUN & FELLOWSHIP!

LADY JAY, EVENT HOST

The poster features a vibrant design with a black background and a wooden frame. Large, colorful stars in cyan and yellow are scattered across the top. The text is bold and white, with the event title 'BACK TO SCHOOL DRIVE-THRU' in large, red, stylized letters. Below the title, the date and time are displayed in white and red. The location is listed in white. The poster includes images of school supplies like backpacks, notebooks, and pencils, as well as a photograph of Pastor Bryan and Lady Allashia Harris. A red car is shown at the bottom, representing the drive-thru aspect of the event. A yellow circle with a burger and fries icon highlights the 'FOOD, FUN & FELLOWSHIP!' theme.

BETHELITE INST. BAPTIST CHURCH  
Y.E.S. MINISTRY  
PRESENTS...

# BACK TO SCHOOL BASH

SUNDAY, AUGUST 31TH, 2025  
2:00-6:00 PM

447 ELTON STREET, BROOKLYN, NY, 11207

We're Blessing Our Students with:

- ✓ FREE Backpacks & School Supplies
- ✓ Games & Activities for the Whole Family
- ✓ Food, Music, Fellowship, and Fun
- ✓ Prayer & Blessings for the New School Year

## DRIVE/DONATION

We're collecting NEW school supplies & bookbags!

**Donation Deadline:**  
Sunday, August 24, 2025

Drop off at:

Bethelite Institutional Baptist Church

TO DONATE  
ZELLE TO

BIBC.TRUSTEE@OUTLOOK.COM

**DEADLINE IS AUGUST 24TH**



## District 75 Back to School Bash



Saturday, September 6, 2025

Jacob Javits Center  
429 11th Ave  
New York, NY 10001

FROM 11:00 AM - 3:00 PM

School supplies, arts and crafts, games, face painting, bouncehouse, D75 school activities, 30+ agencies, DJ, activities, raffle prizes, lunch and more.



### REGISTRATION INFORMATION:

Register here to attend



<https://forms.gle/hto2FWjy8pXE5Vr16>

### Transportation Information

Do you need transportation? D75 schools are providing bus service to the event.

If interested, reach out to your school.

If you are traveling on public transportation:  
Bus: M11, M12, M34, M42, M50

Train: 7 to 34<sup>th</sup> St/Hudson Yards  
1, 2, 3 to 34<sup>th</sup> via 7<sup>th</sup> Ave  
B, D, F, N, Q, R via 6<sup>th</sup> and 7<sup>th</sup> Avenue

If you are driving, there is no parking at Jacob Javits.  
You can choose to park at a lot near the venue.

MTA Travel Information: [MTA Travel Information](#)



# Google CERTIFICATE

Sign up for free self paced trainings in a high-growth field and gain valuable skills for your career. Complete a course in just 3 - 6 months.

## Google Career Certificates:

- Data Analytics
- Project Management
- UX Design
- IT Support (prior certification required)
- Digital Marketing & E-commerce
- Cybersecurity



Take the first step toward a brighter future-Scan to join us today!



Contact Michelle Bostic at [Mbostic@bsdcorp.org](mailto:Mbostic@bsdcorp.org) for more info.



## Do you own a small business in Bed-Stuy? Do you need FREE technical assistance for your business?

Our program offers assistance with:

- Business Loans and Grants
- Business Planning and Business Proposals
- Certificate Authority Filing
- M/WBE Certification
- Public Advocacy
- All Business Certifications
- (+) other business related assistance

Priority Given to Businesses In The Following Zip Codes:  
11205,11206,11216,11221,11233

Apply Now for Technical Assistance @  
456C Nostrand Avenue, Brooklyn, NY 11216

N'dack Fleming-  
Community Outreach Coordinator-Economic  
Development

(718) 399-0146 x 220

[Nfleming@bsdcorp.org](mailto:Nfleming@bsdcorp.org)



[www.bsdcorp.org](http://www.bsdcorp.org)

[facebook.com/BridgeStreetDev](https://facebook.com/BridgeStreetDev)

[@bsdcorp](https://www.instagram.com/bsdcorp)

**WERE  
HIRING**

**IDEAL CANDIDATE will:**

- have a flexible schedule
- have a passion for animal welfare
- be friendly and outgoing
- will have customer service skills
- be a self starter
- will enjoy a fast paced environment

**Bilingual (Spanish/english) is a plus**  
**Pay starts at \$ 16.50 plus wholesale discounts on all your pet supplies!**

bushwickbark Email availability and resumes to bushwickbark@gmail.com 💕

obt obtjobs

obt opportunities for a better tomorrow

**YOU'RE INVITED!**  
**OPEN HOUSE**

Every Thursday at 5:00 PM  
 882 3rd Avenue, Suite 10-10NE, Unit 18  
 Brooklyn, NY 11232

Ready to take the next step in your journey?  
 Join us for our Open House and discover our FREE programs, including:

- Pre-GED and GED Preparation
- Construction Program

Earn certifications in OSHA 30, Site Safety, Flagging, Scaffolding, and Intro to Offshore Wind & Renewable Energy

- Digital Marketing Program

Build skills and earn certifications in Meta (Facebook/Instagram), Google Analytics 4, and Adobe tools

Please bring the following documents if you have them:

- High school transcript
- Photo ID
- Birth certificate
- Social Security card

**Bring a friend!**

Contact us at 718-369-0303 | outreach@obtjobs.org

Join us to  
inspire the  
next generation!

We are  
**Hiring!**



**WE'RE LOOKING FOR  
ENERGETIC AND RELIABLE  
INDIVIDUALS WITH:**

- an Associate Degree in:  
*Early Childhood,  
Child Development, or related fields*
- 9 college credits in:  
*Early Childhood, Child Development,  
or related fields*
- 2 years experience related to  
caring for child care

*If you meet the above  
qualifications send your  
resume to:*  
youthhiring@stnicksalliance.org

**Job  
Fair**

Aug 18  
10AM-4:30PM  
120 Jackson St.  
Brooklyn, NY

Be a  
Pre-K Afterschool  
**GROUP  
LEADER**

*in North BK starting this September*



**St.Nicks Alliance**

*Where Opportunity Grows*

Join us to  
inspire the  
next generation!

We are  
**Hiring!**



**Job  
Fair**

Aug 18  
10AM-4:30PM  
120 Jackson St.  
Brooklyn, NY

**WE'RE LOOKING FOR  
ENERGETIC AND RELIABLE  
INDIVIDUALS WITH:**

- Experience with youth  
*(school, camp, tutoring, etc.)*
- High school diploma  
or college enrollment required
- Bilingual candidates are  
strongly encouraged to apply!

Be a  
**GROUP  
LEADER**

*for Afterschool in North BK  
starting this September*



RSVP & MORE INFO



**St.Nicks Alliance**

*Where Opportunity Grows*



## NYC Government Careers: Civil Service 101 Information Session

Sponsored by: **Community Justice Connect**

Looking for a fresh start and steady career? The City of New York hires for thousands of roles across 80+ agencies—and your life experience matters. Whether you're into helping people, working with your hands, or building something new, there's a place for you in city service. We'll walk you through the civil service process and help you take the first step.

**Second chances. Solid jobs.  
Purposeful work.**



[www.nyc.gov/dcas](http://www.nyc.gov/dcas)

Community  
Justice  
Connect



If you require a reasonable accommodation to attend this webinar, please contact the DCAS Office of Citywide Recruitment at [citywiderecruitment@dcas.nyc.gov](mailto:citywiderecruitment@dcas.nyc.gov).

**Wednesday,  
August 20, 2025  
4 p.m. to 5:30 p.m.**

### Microsoft Teams

To register, please visit:  
[bit.ly/CJC101-082025](https://bit.ly/CJC101-082025)



For more information, please contact:

**Donelle Brown,**  
[donbrown@dcas.nyc.gov](mailto:donbrown@dcas.nyc.gov)



Fifth Avenue Committee  
Our Community. Our Future.

## THE SUNSET PARK BRIDGE PROGRAM BUS DRIVER CAREERS FOR NEW YORKERS!



The SPBP, in partnership with **Red Hook on the Road**, offers **FREE** classes and training to help you get your **Commercial Driver's License**

- Improve your driving knowledge and literacy skills (including English Language skills) to pass your Class B Permit and Licensing tests.
- Practice your commercial driving skills to get your CDL Class B License
- Become a bus driver with a starting salary of \$19-23 an hour; full-time work with benefits

### REQUIREMENTS:

- Aged 21 and over / Conversational English skills • Valid US Driver's License for 2 years (4 points/1 suspension max; no DUI/DWI) • New York State residence and eligibility to work in the US

**Call (929) 732-1021 today**

**to get started on your new career!**





CAREER READINESS PROGRAM

NOW RECRUITING!



STARTING SEPTEMBER 2ND

TUES., WED., THUR., DAYTIME AVAILABILITY REQUIRED

AGES 16-29

GOOD SHEPHERDS SERVICES 1 E. FORHDAM RD. BRONX, NY 10468



Scan me

EARN WHILE YOU LEARN

- 6-16 WEEKS OF PAID CAREER-READINESS TRAINING
FINANCIAL LITERACY SKILLS
JOB PLACEMENT ASSISTANCE
GAIN PROFESSIONAL DEVELOPMENT SKILLS
FREE METROCARD'S, LUNCH AND MORE

CHARMELLE VICKERS

CHARMELLE\_VICKERS@GOODSHEPHERDS.ORG 646.618.1136

SHANAE GREENE

SHANAE\_GREENE@GOODSHEPHERDS.ORG 646.832.8405

Tired of waiting on your landlord to fix the basics?

Learn how to:

- document needed repairs
file 311 complaints or other actions
use collective action & MORE



Aug 28 6PM-7PM

HOUSING RIGHTS Workshop

Where: Williamsburgh Library, 240 Division Ave. Bklyn, NY

Contact: email cpu@stnicksalliance.org



RSVP



St. Nicks Alliance

Where Opportunity Grows



## Become a Foster Parent

Join us for an orientation session and discover how you can become the safe haven a child deserves.

Tuesdays from 6p-7p

- 7/29/2025 • 8/26/2025
- 8/12/2025 • 9/09/2025



Scan the QR code to join



Zoom meeting ID:  
934 8108 8401  
Password: 420675

**For more information:  
(718) 561-4340**



## ¿Quieres ser un padre de acogida?

Únete a nosotros en una sesión de orientación para aprender cómo ser la madre o el padre de acogida que cada niño merece.

Tuesdays from 6p-7p

- 7/31/2025 • 8/28/2025
- 8/14/2025 • 9/11/2025



Scan the QR code to join



Escanea Aquí  
Reunión de Zoom ID:  
934 8108 8401  
Código De Acceso

**Para más información:  
(718) 561-4340**

# Mutual Aid Tenant Rights **HOTLINE**

Need repairs? Issues with your landlord?

Give us a call! Our force of mutual aid volunteers is here to answer your questions

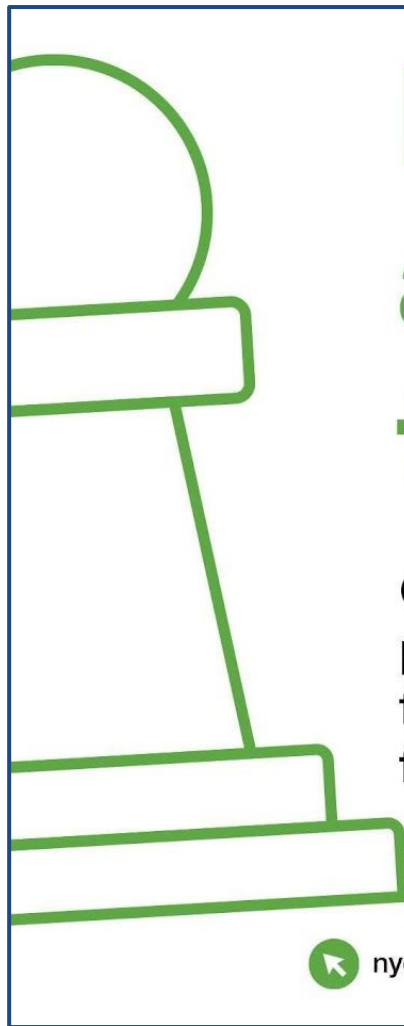
# 212-979-0611

**Mon & Wed  
Fri**

**1:30-8pm  
1:30-5pm**



For more info: [info@metcouncilonhousing.org](mailto:info@metcouncilonhousing.org)



# Don't be a Pawn to Debt!

Get free, confidential,  
personalized guidance  
from our professional  
financial counselors.



[nyc.gov/TalkMoney](https://nyc.gov/TalkMoney)



Financial  
Empowerment  
Center

SEPTEMBER 5  
9AM – 3PM

Hiring decisions &  
conditional job offers  
may be given on the spot!  
Please pre-register for  
this hiring event



START  
YOUR  
Career  
Become a Congregate Care Specialist

### Congregate Care Specialist | starting competitive salary of \$49,657

#### Minimum qualification requirements:

- A four-year high school diploma or its educational equivalent, and two years of full-time experience working directly with children or youths (ages 7-18) in a congregare residential institution or non-secure detention facility; or
- An associate degree from an accredited college or completion of 60 semester credits of study at an accredited college, including 12 semester credits in psychology, sociology, social work, human services, criminal justice, education, nursing, or cultural anthropology.

#### Benefits:

- Participation in NYC's pension system.
- Comprehensive health insurance offering both individual and family coverage.
- The Mayor's Graduate Scholarship Program available.
- Public Service Loan Forgiveness available.

New York City residency is generally required within 90 days of appointment.

### Apply

To be considered for the Congregate Care Specialist position, please complete the pre-registration form (QR Code). Only applicants chosen for an interview will be contacted with further information regarding next steps. If you require a reasonable accommodation, please email CAREERS@acs.nyc.gov by Friday, August 29, 2025

**NYC Children**

The Nicholas Scoppetta  
Children's Center



## Interested in a Healthcare Career?

One of the fastest growing  
employment sectors in New York

Current Professional Training offerings:

- Medical Assistant Specialist
- Medical Billing and Coding Specialist
- Central Sterile Processing Technician
- Electronic Health Records Specialist

Classes begin  
September 15<sup>th</sup>, 2025



SCAN ME

Earn a  
competitive  
salary of up to  
\$62,000 per  
year



## Paid Internship

\$18 an hour for up to 150 hours of  
internship.

To learn more, email  
[Jordanalexander@cydnyc.org](mailto:Jordanalexander@cydnyc.org)  
or call 646-466-8399

Courses are offered through Borough of  
Manhattan Community College and  
Manhattan Educational Opportunity Center  
(MEOC) which include:

- National Healthcare Association  
Certification
- Financial Literacy and Work Readiness
- Free textbooks and school supplies
- Free MetroCards
- Job placement assistance

Application requirements:

- 16 - 24 years old
- High School Diploma, HSE, or  
equivalent
- Be available during class times
- To apply for our services, click the  
following link:  
<https://forms.gle/K3xDe1QAdYpeTr3T7>

Training Dates: Aug 26<sup>th</sup> - Oct 20<sup>th</sup>, 2025



## ENROLL IN ACT'S GREEN CONSTRUCTION TRAINING PROGRAM

### WHAT WE OFFER

- Rigorous preparation in general construction and building restoration
- Safe Construction Practices
- Proficiency in operating power/hand tools
- Understanding of multiple trades, including Building Restoration and Green Construction
- Hands-on training focused on insulation and air barriers, pointing, patching, caulking, waterproofing, bricks and stucco placement
- Building/Dismantling Supported Scaffolding
- Using/Operating Suspended Scaffolding
- Externship experience during the program
- Access to Community Hiring and Job Fairs

### PROGRAM CRITERIA

- Interest in the construction industry
- Seeking full-time work in energy efficiency related jobs
- Ability to communicate in English (read & write)
- 18 years old and older
- Comfortable working at heights

### CERTIFICATIONS

- NYC DOB 10-Hour Site Safety Training Card (SST)
- 30-Hour OSHA Occupational Safety and Health Training
- NYC DOB 4-Hour Supported Scaffold User
- NYC DOB 16-Hour Suspended Scaffold User
- NYC DOT 4-Hour Flaggers
- 2-Hour Silica Awareness Training Course
- GPRO-M
- EPA 608 Refrigerants

To learn more, contact:

Precious Jones, Program Manager

E: [Precious.Jones@andromedainitiative.org](mailto:Precious.Jones@andromedainitiative.org)

T: 929-233-7647



49-12 31st Place  
Long Island City, NY 11101



DOB Certifications provided by Andromeda Academy of Construction Trades LLC (4Q04)

**A Workforce Program for Green Construction/Building Operations**

[www.andromedainitiative.org](http://www.andromedainitiative.org)

The advertisement features the NYPD logo in the top left corner. The background shows a bridge structure. The text 'JOIN THE NYPD' is written in large, bold, yellow letters in the top right. A blue arrow-shaped banner across the middle contains the text '\*Lifetime pension at one half salary after 20 years of service.' Below this, three NYPD officers in uniform stand next to a white and blue NYPD patrol car. At the bottom, the text 'REGISTER FOR THE NEXT EXAM BY VISITING NYPDRECRUIT.COM' is displayed in bold, yellow letters. The NYC logo and tagline 'Delivering for you. Every day. Everywhere.' are in the bottom right corner.

A Google Map used to locate essential resources such as food, shelter, clothing, substance abuse, mental health, education, employment, legal, & health services throughout the New York City Metropolitan Area.



- Hundreds of resources!
- Support in all 5 boroughs!
- Filter by category!



SCAN ME

[bit.ly/bjiresourceguide](https://bit.ly/bjiresourceguide)

# Brooklyn Justice Initiatives

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## Interactive Resource Guide

Open Door Family Life Center

# FOOD PANTRY

RESOURCES  
FROM MS.PINK



EVERY SATURDAY - 8:30AM - 10:30AM

999 Greene Avenue, Brooklyn, NY 11221

[www.opendoorflc.org](http://www.opendoorflc.org)

## WEEKLY INFO SESSION

790 Broadway, Brooklyn. 1:00 PM

**Monday:** Financial Services and Customer Service

- Contact: [careerservices@stnicksalliance.org](mailto:careerservices@stnicksalliance.org)

**Tuesday:** Tech and Digital Literacy

- Contact: [techliteracy@stnicksalliance.org](mailto:techliteracy@stnicksalliance.org)

**Wednesday:** Green Trades (Construction, Environmental Remediation, HVAC, and Greenscaping)

- Contact: [greenrades@stnicksalliance.org](mailto:greenrades@stnicksalliance.org)

**Thursday:** Employment and Job Club

- Contact: [careerservices@stnicksalliance.org](mailto:careerservices@stnicksalliance.org)

**Friday:** Healthcare Training

- Contact: [healthcaretraining@stnicksalliance.org](mailto:healthcaretraining@stnicksalliance.org)



Is your passion helping people?

*with immediate job placement!*

This 5-week training sets you on a path of successful career growth

Classes will cover:

- Interviewing skills
- Customer service
- Personal finance
- Effective communication
- Career Pathways



**IN-PERSON**

## Customer Service Training

Requirements:

- Ages 18–24
- Able to work in U.S.
- Available to start work after training
- Proof of COVID-19 vaccination

IN PERSON INFO SESSION EVERY MONDAY AT 1PM

*Be prepared to stay at least 3 hours\**

*\*includes a math and reading test for those interested in moving forward*

Sign up



Where: St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206  
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 Ext. 450 or CareerServices@stnicksalliance.org

**BANK OF AMERICA**



**St.Nicks Alliance**

Where Opportunity Grows

You'll **EARN \$** while you **TRAIN!**

Secure these certifications:

MOS excel  
Comptia A+

Are You:

- 16–24-years old
- Not in school or working
- Vaccinated against COVID-19



## IT Help Desk Support

FREE Training and Certification!

IN PERSON INFO SESSION EVERY TUESDAY AT 1PM

*Be prepared to stay at least 3 hours\**

*\*includes a math and reading test for those interested in moving forward*

Sign up



Where: St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206  
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 ext. 450 or TrainandEarn@stnicksalliance.org  
TTY Number: 800-662-1220

St. Nicks Alliance is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities.

2 Kingland Avenue, Brooklyn, NY 11211  
718-308-5454 www.stnicksalliance.org

**ACCES-VR**

**NYC**  
Department of  
Youth & Community  
Development

**TRAIN & EARN**  
EEOC Workforce Contract



**St.Nicks Alliance**

Where Opportunity Grows

GET PAID while you GET CERTIFIED in a new career!

Are you  
18-24?

You'll get:

- HSE
- Computer literacy
- Workplace success
- CPR certification
- Paid work experience
- Community service experience
- Leadership development

TWO CERTIFICATION TRACKS (choose one):



CONSTRUCTION

OSHA 30 • Flagger • Scaffolding • Site Safety  
Fireguard F-60 • NCCER



HEALTH CARE

PCT • CNA  
EKG/Phlebotomy



Requirements

- Proof of COVID-19 vaccination
- Not in school
- Out of work

North Brooklyn  
YouthBuild

IN-PERSON INFO SESSIONS:

- Construction — 1PM on Wed.
- Health Care — 1PM on Fri.

Sign up



Where:

St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206  
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact:

718-302-2057 ext. 450 or email: [NBKYouthBuild@stnicksalliance.org](mailto:NBKYouthBuild@stnicksalliance.org)  
TTY Number: 800-662-1220

St. Nicks Alliance is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities.

75% of the total costs of North Brooklyn YouthBuild will be financed with federal money. \$1.5M in federal funds will go to the support of North North Brooklyn YouthBuild.  
25% of the total costs of North North Brooklyn YouthBuild will be financed with non-government sources.



St. Nicks Alliance

Where Opportunity Grows

Looking for a Job?

In-Person  
Employment Services  
Informational Session

Every Thurs.

1 PM

Be prepared to stay  
at least 3 hours\*

\*includes a math and reading  
test for those interested in  
moving forward



Warehouse



Administration



Manufacturing, Supermarkets/Pharmacy, & Transportation

Join St. Nicks Alliance Workforce Development's

Job Club

FOR THOSE 18-YEARS OLD AND UP

PLEASE BRING PROOF OF COVID-19 VACCINATION

Where:

St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206  
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact Info:

(718) 302-2057 Ext. 450 or [Careerservices@stnicksalliance.org](mailto:Careerservices@stnicksalliance.org)

2 Kingland Avenue, Brooklyn, NY 11211 [www.stnicksalliance.org](http://www.stnicksalliance.org)  
718.388.5454



St. Nicks Alliance

Where Opportunity Grows

**FUTURE LEADERS**

Justice Impacted 18-24

**STRIVE**<sup>®</sup>  
**NEW YORK**

# Nonclinical Healthcare Training

**FREE**

5 weeks | Mon-Fri

- ✓ **Phlebotomy, EKG & CPR**
- ✓ **Placement Assistance**
- ✓ **Earn-as-you-learn**

**OPEN  
ENROLLMENT**

[WWW.STRIVE.ORG/NYPROGRAMS](http://WWW.STRIVE.ORG/NYPROGRAMS)

**STRIVE**<sup>®</sup>  
**NEW YORK**

9-WEEKS, NO-COST

# CONSTRUCTION TRAINING & CERTIFICATION

**OPEN  
ENROLLMENT**

GET CERTIFIED:

OSHA 30, SST, 4hrs Scaffolding

16hrs Scaffolding & Silica Hazard Awareness

VISIT [STRIVE.ORG/NYPROGRAMS](http://STRIVE.ORG/NYPROGRAMS)

# Health & Wellness Resources

W E L L N E S S





## Need to talk?

**Crisis Text Line:**  
Text GOT5 to 741741

**988 Crisis Lifeline:**  
Call/Text 988 or chat  
988lifeline.org

**Trevor Lifeline:**  
1-866-488-7386

**Trevor Text:**  
Text START to 678678

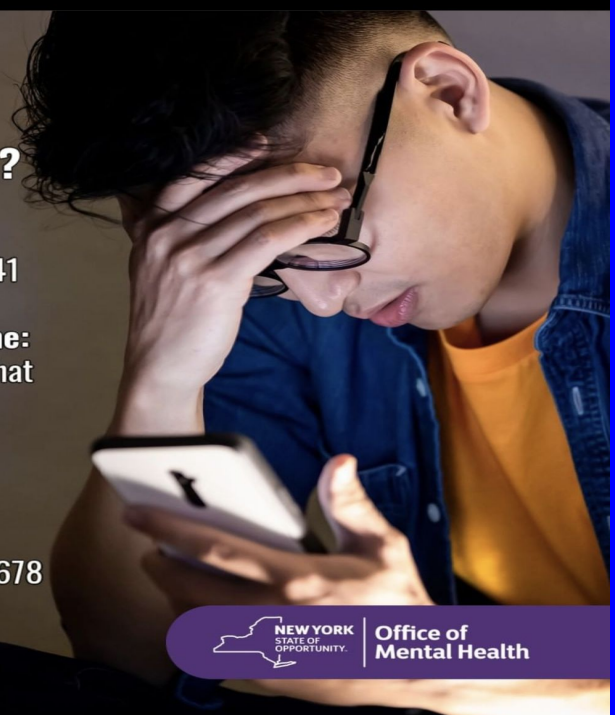
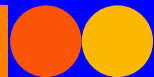
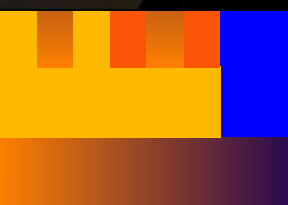


Office of  
Mental Health

# A NEW CRISIS RESOURCE FOR NY



Office of  
Mental Health



Facts: The flu vaccine can

- 🪡 Prevent you from getting the flu
- 🪡 Make the flu less severe if you do get it
- 🪡 Keep you from spreading flu to your coworkers, family and other people

Learn more: <http://osha.gov/seasonal-flu>  
@CDCFlu #NIAM



🍼👶 Breastfeeding while working can be challenging. Fortunately, the PUMP Act has expanded workplace protections for working parents. And we're working hard to educate workers and employers about these rights.

<https://blog.dol.gov/2024/05/10/celebrating-the-power-to-pump-at-work>



## **Mental Health Services:**

**NYC Well provides free, confidential mental health support 24/7. To speak to a counselor:**

- **Call 888-NYC-WELL (888-692-9355)**
- **Text “WELL” to 65173**
- **Chat at [nyc.gov/nycwell](https://nyc.gov/nycwell).**

**To find mental health and substance use resources in your neighborhood, visit**

**[nycwell.cityofnewyork.us/en/find-services](https://nycwell.cityofnewyork.us/en/find-services).**



Pride and Care:

# Health Tips

for Transgender,  
Gender-Nonconforming  
and Nonbinary People



## Routine Medical Care

It is important to have a provider you trust and feel comfortable with. Be open, honest and clear with your provider so you can get the right care.

Tell your provider:

- Your name and pronouns, even if they do not match your ID or health insurance
- If you take hormones or would like to start
- If you have had gender-affirming surgery or procedures
- Your sexual history, including your partners' genders, the kinds of sex you have and your typical safer sex practices



# New Alternatives

[www.newalternativesnyc.org](http://www.newalternativesnyc.org)  
[@new\\_alternatives\\_nyc](https://twitter.com/new_alternatives_nyc)



410 W 40th St,  
New York, NY 10018  
718- 902-7653

New Alternatives provides a range of services designed to help LGBTQ+ youth succeed in transitioning to stable adult lives and welcomes all youth as they are with no barriers to entry.

Services Include: Basic Needs, Case Management, Recreational Activities, Education, Life Skills Training, Self-Expression, Testing and Prevention

## Callen-Lorde

[www.callen-lorde.org](http://www.callen-lorde.org)  
[@callenlorde](https://twitter.com/callenlorde)

Chelsea	Brooklyn	Bronx
356 West 18th Street New York, NY 10011 212-271-7200	40 Flatbush Avenue Extension Brooklyn, NY 11201 718 215-1818	3144 3rd Avenue Bronx, NY 10451 718-215-1800



Callen-Lorde Community Health Center provides sensitive, quality health care and related services targeted to New York's lesbian, gay, bisexual, and transgender communities – in all their diversity – regardless of ability to pay. To further this mission, Callen-Lorde promotes health education, wellness, and advocacy for LGBTQ health issues.



# Drop the Vape

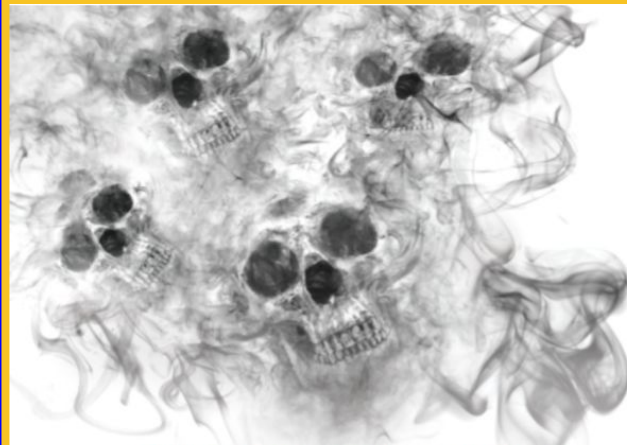


Vapes can expose you to toxic and cancer-causing chemicals. More teens are trying to stop vaping than you think. You can too!

Text **DROPTHEVAPE** to **88709** to get advice and motivation from other teens. It's free, anonymous and confidential support, available 24/7.

Resource from  
Ms. Pink

For more information, visit [nyc.gov/health](http://nyc.gov/health) and search for **e-cigarettes**.



## THE TRUTH ABOUT E-CIGARETTES VAPING &

### E-cigarettes almost always contain nicotine.

- ❑ Nicotine is addictive, especially for teenagers.
- ❑ Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- ❑ Nicotine can be toxic. People have been poisoned by swallowing vaping liquid or getting it on their skin or in their eyes.

### Vaping can expose you and others around you to harmful chemicals, such as:

- ❑ Formaldehyde (a cancer-causing chemical)
- ❑ Benzene (a cancer-causing chemical)
- ❑ Diacetyl from flavoring (which has been linked to lung disease)
- ❑ Heavy metals (such as nickel, tin and lead)

For more information about how you can defeat flavors (including menthol) and end nicotine dependence, email [tobacco@health.nyc.gov](mailto:tobacco@health.nyc.gov). To find more information about e-cigarettes, visit [nyc.gov/health](http://nyc.gov/health) and search for **e-cigarettes**.

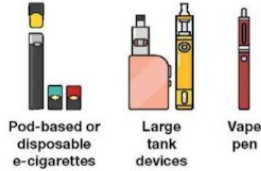


Resource from  
Ms. Pink

# Teens and Vaping: What Are the Risks?

Electronic cigarettes (e-cigarettes) and vaping devices come in many forms, but they all heat liquids that are called e-liquids into aerosol. E-liquids usually contain nicotine, flavors and other chemicals.

Other names for e-cigarettes include vapes, vape pens, e-cigs or e-hookahs. While vape companies use tricks such as attractive packaging, flavors and advertising campaigns to make e-cigarettes seem harmless, they are not.



- ❑ **E-cigarettes usually contain nicotine.**
  - Nicotine is addictive, especially for teens.
  - Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
  - Most e-cigarette pods can have as much nicotine as a pack of cigarettes or more.
- ❑ **Vaping can cause lung injury and affect lung health in other ways.**
- ❑ **The aerosol from heated e-liquids may contain harmful chemicals including:**
  - Formaldehyde, a cancer-causing chemical
  - Benzene, a cancer-causing chemical
  - Diacetyl from flavoring, which has been linked to lung disease
  - Heavy metals such as nickel, tin and lead
- ❑ **E-liquid ingredients are not closely regulated, and their long-term health effects are unknown.**
- ❑ **People have been poisoned by swallowing e-liquid or getting it on their skin or in their eyes.**
- ❑ **E-cigarettes are harmful to the environment and can contain plastic, electronic and hazardous waste.**



Need help quitting vaping? Text **DROPTHEVAPE** to **88709** for free, 24/7 and confidential support. For more information, visit [nyc.gov/health](https://nyc.gov/health) and search for **e-cigarettes**.

## 6 SIGNS THAT YOUR CHILD MAY BE VAPING



Increased secrecy



Disappearing money



Unwillingness to  
stay home



Increased thirst



Desire for spicy or  
salty foods



Increased irritability or  
mood changes

## NYC Health + Hospitals/Woodhull partnered with the "WICK Against Violence"



**Mission Statement:** NYC Health + Hospitals/Woodhull has partnered with the "WICK Against Violence", a program of the Public Safety Coalition, to enhance the hospital's existing violence prevention efforts by inviting violence interruption and mediation services into the hospital to support victims of violence. We provide a collaborative community-based approach to those more likely to be impacted by gun violence and provide them with access to resources and services in an effort to prevent future violence and break the cycle of violence. The program is geared to be the hub that provides compassionate, comprehensive care and innovative strategies to steer high-risk New Yorkers away from a culture of violence and guns.

### Services provided:

- + CV (Cure Violence) interruption and mediation services.
- + Engage in supportive conversations.
- + Exchange contact information with family/victim for follow up assistance.



### For more information, please contact:

**Jessica Arocho**  
Director of Community Affairs  
Program Coordinator  
718-963-8140

**Totteanna Conley**  
Community Liaison Worker  
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

NYC  
HEALTH+  
HOSPITALS

Woodhull

## NYC Health + Hospitals/Woodhull en asociación con el "WICK Against Violence"



**Declaración de objetivos:** NYC Health + Hospitals/Woodhull se ha asociado con el "WICK Against Violence", un programa de la Coalición de Seguridad pública, para mejorar los esfuerzos existentes de prevención de la violencia del hospital invitado servicios de interrupción de la violencia y mediación al hospital para apoyar a las víctimas de la violencia. Proporcionamos un enfoque colaborativo basado en la comunidad para aquellos que tienen más probabilidades de verse afectados por la violencia armada y les brindamos acceso a recursos y servicios en un esfuerzo por prevenir la violencia futura y romper el ciclo de violencia. El programa está orientado a ser el centro que brinda atención, compasiva e integral y estrategias innovadoras para alejar a los neoyorquinos de alto riesgo de una cultura de violencia y armas.

### Servicios prestados:

- + Servicios de interrupción y mediación de CV (Curar la violencia (*Cure Violence*))
- + Participar en conversaciones de apoyo.
- + Intercambiar información de contacto con la familia/victima para asistencia de seguimiento



### Para obtener más información, póngase en contacto con:

**Jessica Arocho**  
Directora de asuntos comunitarios  
Coordinadora del programa  
718-963-8140

**Totteanna Conley**  
Trabajadora de enlace comunitario  
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

NYC  
HEALTH+  
HOSPITALS

Woodhull

## ABLE!

What does that stand for?

### Adolescents Becoming Leaders Empowered

The ABLE Program mission statement is : To give our youth the opportunity to reach their fullest potential, reducing the number of unplanned pregnancies and providing them with the tools to become effective adults.

ABLE is a program developed by Woodhull Medical Center. This program does the following:

- Educates Teens on Pregnancy Prevention
- Encourage teens to go beyond their borders and find new opportunities.
- Helping teens become aware of the ramifications of STD's as well as the consequences.



## Adolescent Practice at Woodhull Medical Center

Both regular primary care and sexual/reproductive care are provided. Primary care means you can get regular check-ups, sports physicals and exams for working papers, immunizations ("shots"), care for conditions such as asthma, advice about eating and exercise, and care when you feel sick. Sexual/reproductive care includes things like birth control, pregnancy testing, treatment for STIs and HIV/STI testing.

Walk-ins are welcome during hours of operation. If you're an adolescent under the age of 18, you do not need to have anyone with you to get sexual/reproductive health care services. You can ask for a confidential visit when making an appointment.

Address: 760 Broadway, Brooklyn, NY 11206  
Cross street(s): Broadway & Flushing Avenue

Clinic location: Main Floor, Rm 2c-230

Phone: 718-388-2880

Hours: Tuesday: 9:00 AM to 12:00 PM

Wednesday: 9:00 AM to 5:00 PM

Thursday: 9:00 AM to 4:00 PM

You can call or text the ABLE Program at 929-287-0780

## ABLE Adolescents Becoming Leaders Empowered



ABLE is a Comprehensive Adolescent Pregnancy Prevention (CAPPI) Program

## SAFE

What is safe? We teenagers all know the word but let's put it into a deeper perspective:

- **Safe** is when all of us know how to use a condom.
- **Safe** is protecting yourself from unplanned pregnancies when you want to have sex.
- **Safe** is not engaging in risky behaviors.
- **Safe** is being Abstinent!



Abstinence is the only birth control method that is 100% effective against STIs, HIV and pregnancy.

## SMART

Grades don't measure intelligence and Age doesn't measure maturity. You are never too young to educate yourself - So why wait? Be a Leader!

- **Respect** yourself first.
- If you are sexually active get tested every 3 to 6 months
- Be **smart** about the choices you make because there will be consequences.
- **Don't give in** to Peer Pressure.



STI's that start with the letter H, (such as Herpes, HPV, HIV) have no cure and can only be treated with medication

## SUCCESSFUL

Most of us believe having sex when we're not ready is cool, as well as smoking or drinking. Little do we know that we are falling into peer pressure. How do we overcome peer pressure? How do we overcome fear? How do we become successful? We should be making goals to prepare for our future.

- Stay in School!
- Be a Leader not a follower and think before you act!
- Say No! It's okay to say no to drugs and sex.



Latex or Polyurethane Condoms (Internal and External), Dental Dams, Birth Control.

## PSYCHIATRY SERVICES

The Department of Psychiatry offers comprehensive mental health and substance abuse treatment services, through various inpatient and outpatient treatment programs. The treatment services are provided by a multidisciplinary staff consisting of psychiatrists, psychologists, nurse practitioners, social workers, nurses, creative arts therapists, addiction counselors, and medical consultants. Treatment of patients may include individual, family, group, therapies, psychoeducational activities and medication management. All relevant services, within and outside, the hospital are contacted in order to provide the most comprehensive and appropriate care to our patients.

### HOURS OF OPERATION

**OUTPATIENT MENTAL HEALTH**  
Monday - Friday, 9:00 am - 5:00 pm  
Room# 5A-122 (Adult) 5A-111 (Child)

**OUTPATIENT CHEMICAL DEPENDENCY**  
Room# 9A-200

**INPATIENT AND CPEP**  
24/7 - 5<sup>th</sup> Floor

**OUTPATIENT DETOX SERVICE**  
Monday - Friday, 8:00 am - 4:00 pm  
Room# 9A-256

### APPOINTMENTS

To make an appointment, please call the specific listed programs

### AFTER HOUR URGENT CALLS

For mental health concerns after hours, please call the CPEP Unit 718.963.8439 or Room# 9A-200 718.963.7939

## DIRECTIONS TO WOODHULL

760 BROADWAY  
BROOKLYN, NEW YORK 11206

NYC Health + Hospitals' Woodhull is located at the intersection of Broadway and Flushing Avenue.

### By Subway

Take the J, M, or Z train to Flushing Avenue. Take the elevators or stairs to reach the 1<sup>st</sup> floor west corner of Broadway and Flushing, where the main entrance is located.

Alternatively, take the train to Flushing Avenue, then take the B57 bus or walk three blocks east toward Broadway, and the main entrance.

### By Car

From Brooklyn: Take the Brooklyn-Queens Expressway (BQE) to the Flushing Avenue exit; turn right onto Flushing Avenue; then continue to Woodhull.

From Queens: Take the BQE to McGuinness Blvd the first exit over the Kosciuszko Bridge; at the third light, turn left onto the Social Spine under the bridge which leads directly to Woodhull. You may take the Jackie Robinson (Interboro) Parkway, to the Bayview Ave. exit; continue to Myrtle Ave; turn left on Myrtle and go to Throop Ave; turn right on Throop, then continue to Woodhull.

From Manhattan: Follow the Williamsburg Bridge to Broadway (the first exit) and turn left; go straight to Broadway (the first light); turn left and go to the BQE at Flushing Avenue; turn right; then go to Woodhull.

By Bus  
B15, B40, B46, B43, B54, B57 and B62



Like, Share, Retweet & STAY CONNECTED. FOLLOW US

https://www.facebook.com/NYCHHealthSystem/

https://twitter.com/NYCHHealthSystem

Designed by Medical Communications



# Psychiatry Services



## Woodhull



Our mission is to provide the highest quality of mental health services to every patient with dignity, cultural sensitivity, and compassion.

**The Outpatient Adult Mental Health Practice** offers a wide variety of assessment and treatment approaches to adults ages 18 and over. Services include psychiatric evaluation, individual and group therapy, crisis intervention and medication management. The dedicated **Center for Integrated Health (CIH)**, is a primary care practice team that offers on site medical assessments and follow-up for patients attending our mental health outpatient practice in conjunction with a psychiatric liaison. For information, call 718.963.7908 or 718.963.8988.

**The Outpatient Child and Adolescent Practice** responds to the special needs of children between the ages of 5 through 18, and their families. The clinical services include psychiatric evaluation; psychological testing; individual, group, play and family therapy; medication management; and parent counseling. This service also responds to consultation requests. For information, call 718.963.7923.

**The Ambulatory Detox Service** is an outpatient treatment program for individuals requiring detoxification from drugs and/or alcohol which allows patient to stay at home in the evening and return each morning for treatment. The program operates Monday to Friday from 8 AM - 4 PM. To make a referral, call 718.963.5910 or 718.630.3280.

**The Chemical Dependency Outpatient Practice** follows the detoxification phase of the treatment continuum and incorporates individual and group therapy services, education, Alcoholics Anonymous and Narcotics Anonymous involvement. To make a referral, call 718.963.5910 or 718.963.8913.

**Assertive Community Treatment (ACT)** is a services delivery model that provides comprehensive, community-based treatment to individuals with serious and persistent mental illness, who are not able to participate in traditional office based programs. The services provided by the ACT team include a full range of clinical treatment, psychosocial rehabilitation, and community services and resources, designed to promote recovery and improve independent functioning at work, school, home, and in community. All referrals to Woodhull ACT team must come through the Single Point of Access (SPOA) process. For referrals please call 212.801.3343.

**The Mobile Crisis Management Team** provides urgent mental health care and crisis management to patients in the community. The service operates between 8 am through 5:30 pm, Monday through Friday and between 8:30 am and 4:30 pm on Saturdays. Family members and community agencies can call NYC WELL TALK TEXT: CHAT 24/7 at 1-888-NYC-WELL (1-888-672-7355) to schedule a visit.

### Psychiatry Directory at Woodhull

Adult Inpatient Service 718.963.8232 718.963.8236 718.963.8235	Outpatient Detox Service 718.963.8232 718.963.8913 718.963.8910
Assessive Community Treatment (ACT) Referrals: 212.801.3343	Outpatient Adult Mental Health Practice 718.963.8988
Chemical Dependency Detoxification Practice 718.963.5910 718.963.8913	Outpatient Child and Adolescent Practice 718.963.7923
Clinical Psychology Internship 718.963.5932 or 718.963.8490	Mobile Crisis Management Referrals: NYC WELL 718.963.8490 1-888-NYC-WELL 1-888-672-7355
Comprehensive Psychiatric Emergency Program (CPEP) 718.963.8439	



There is  
**NO CURE**  
for food allergies yet.



**KIDS WITH  
FOOD ALLERGIES**  
A Division of the Asthma and Allergy  
Foundation of America

[kidswithfoodallergies.org](http://kidswithfoodallergies.org)



## The social impact of food allergies on families:

 **9 out of 10**  
avoid certain  
restaurants

 **8 out of 10**  
change family  
traditions

 **5 out of 10**  
skip important  
school functions

 **4.5 out of 10**  
avoid airline travel  
(due to food allergy)



**KIDS WITH  
FOOD ALLERGIES**  
A Division of the Asthma and Allergy  
Foundation of America

[kidswithfoodallergies.org](http://kidswithfoodallergies.org)

Source: My Life With Food Allergies Survey, April 2019.

# IMMIGRANT RESOURCES



**PLEASE NOTE: ALL RESOURCES HAVE THE SOURCE SITED ON THE FLYERS &  
IS NOT TO BE CONSIDERED LEGAL ADVICE. PLEASE SEEK INDIVIDUAL LEGAL  
ASSISTANCE TO ASSIST YOU WITH YOUR FAMILY'S NEEDS.**



# NYLAG

New York Legal Assistance Group

## NYLAG

NYLAG's lawyers are on the front lines, standing alongside immigrants as they fight tough legal battles. NYLAG lawyers can help in the following ways:

- Defending immigrants in removal proceedings
- Representing immigrants seeking asylum
- Working to secure green cards based on family status or humanitarian relief
- Helping immigrants secure citizenship
- Providing free community clinics and Know Your Rights workshops
- Working with survivors of intimate partner violence and human trafficking



[212.514.4274](tel:212.514.4274)



[pspp@nylag.org](mailto:pspp@nylag.org)



<https://nylag.org/gethelp/>



# UnLocal

Community Immigration  
Legal and Education Services

## UnLocal

Community-centered non-profit organization

UnLocal is a community-centered non-profit organization that provides **direct immigration legal representation, community education, outreach, and advocacy** for New York's undocumented immigrants. 



**646-216-8210**



**info@unlocal.org**



**www.unlocal.org**

# Standing With Immigrant Communities:



## Resources for Immigrant Families Amid Rising ICE Activity

This post offers resources and highlights organizations dedicated to supporting the needs of immigrant communities across New York.

It includes know-your-rights information, emergency planning tips, and details about trusted organizations working on the ground. No one should face this alone — we're stronger together.



[Swipe for Resources](#)




# Workshops at UnLocal



## New York State Dream Act - English

Workshop for undocumented or immigrant students about New York State financial aid to pay for college

 Monthly every first Wednesday  
RSVP: [bit.ly/NYSDA-UNLOCAL](https://bit.ly/NYSDA-UNLOCAL)



## New York State Dream Act - Español

Taller para estudiantes indocumentado o inmigrante sobre ayuda financiera estatal de Nueva York para sus estudios

 Mensualmente cada tercer Miércoles  
Confirme Aquí: [bit.ly/NYSDA-UNLOCAL](https://bit.ly/NYSDA-UNLOCAL)



## Resume Support

Need help updating your resume? Let us help you!

 Weekly on Wednesday  
RSVP: [tinyurl.com/UNLOCAL12](https://tinyurl.com/UNLOCAL12)





# Vocational Programs / Escuelas Técnicas

**NEW GUIDE**

## VOCATIONAL SCHOOLS FOR UNDOCUMENTED STUDENTS

Is a trade or technical school the right path for you? Read our new guide to learn about:

- ✓ Vocational schools as an alternative to 4-year colleges
- ✓ Vocational and trade careers
- ✓ Affordability
- ✓ Accessing professional licenses after vocational school

Visit [informedimmigrant.com/VocationalSchools](https://informedimmigrant.com/VocationalSchools) for more information!

**Informed Immigrant**

**NUEVA GUÍA**

## ESCUELAS TÉCNICAS PARA ESTUDIANTES INDOCUMENTADOS

¿Es una escuela vocacional o técnica el camino adecuado para ti? Lee nuestra nueva guía para aprender sobre:

- ✓ Las escuelas técnica como alternativa a las universidades de 4 años
- ✓ Carreras técnicas
- ✓ Cómo pagarlas
- ✓ Acceso a licencias profesionales después de la escuela técnica

Visita [InmigranteInformado.com/EscuelasTecnica](https://inmigranteinformado.com/EscuelasTecnica) para más información!

**inmigrante informado**

125+  
YEARS OF CHANGING LIVES



CATHOLIC  
CHARITIES  
Brooklyn &  
Queens

## Free In-Person English as a Second Language (ESL) Classes!

### Classes are ongoing:

Monday – Tuesday, 5:00 PM – 8:00 PM  
Monday – Thursday, 9:30 – 12:30 PM  
440 Watkins Street, Brooklyn, NY 11212

**For more information and to register:**  
347-915-0530 | [Quiara.Melo@ccbq.org](mailto:Quiara.Melo@ccbq.org)

Scan the QR  
code and apply  
online.

**Must be 18 or  
older to apply.**



Funded by

**NYC DYCD**  
The Department of Youth & Community Development

Visit [www.ccbq.org](http://www.ccbq.org) for more information.

125+  
YEARS OF CHANGING LIVES



CATHOLIC  
CHARITIES  
Brooklyn &  
Queens

## Inglés presencial gratuito como ¡Clases de segundo idioma (ESL)!

### Las clases continúan:

Lunes y Martes, de 5:00 p.m. a 8:00 p.m.  
Lunes a jueves, de 9:30 a 12:30 p.m.  
440 Watkins Street, Brooklyn, NY 11212

**Para más información y registrarse:**  
347-915-0530 | [Quiara.Melo@ccbq.org](mailto:Quiara.Melo@ccbq.org)

Escanee el código QR y  
presente su solicitud en  
línea.

**Debe tener 18 años o más  
para presentar la solicitud.**



**NYC DYCD**  
The Department of Youth & Community Development

Visite [www.ccbq.org](http://www.ccbq.org) para obtener más información.

# KNOWLEDGE IS POWER:

## KNOW YOUR RIGHTS & FAMILY PREPAREDNESS PLAN

### BE PROACTIVE: PREPARE YOURSELF IF YOU ARE STOPPED BY ICE/POLICE

#### Family Emergency Plan

An Emergency Plan is a document everyone should have to protect themselves and their families in case of an emergency. Informa a tus familiares de tu información de contacto y de dónde se encuentran en caso de una emergencia.

**DO YOUR OWN THING IMMEDIATELY PLUS!**

**ARRANGE WITH YOUR**

Keep it in a safe place with other important documents (your passport, medical information, and other important documents)

**IMPORTANT! INFORMATION OF FAMILY MEMBERS:**

Name/Phone Number

Name/Phone Number

Name/Phone Number

**EVERYONE OF THE HOUSE:**

Name of child

Date of birth and Social Security number

Name of Primary Doctor

Phone number of doctor

City of residence

Allergies and dietary restrictions

**YOUR INFORMATION:**

Name

Social Security Number/ID number

Phone number

Emergency Contact #1 Name

Phone Number

Emergency Contact #2 Name

Phone Number

Emergency Contact #3 Name

Phone Number

**YOUR INFORMATION:**

Country of origin

Local Embassy/Consulate number

Passport #

Information of immigration advisor

#### Gather the following:

- A folder for each family member.
- Copies of identity documents.
- Copies of immigration documents.
- Copies of medical records
- Bank information.
- Assign a trustworthy primary contact person.



another example

#### Local Immigration Legal Support:

- Kate Brown, Esq.
  - 856-210-9757
- Rayssa Rodriguez, Esq.
  - (215) 552-2942
- Camden Center for Law & Social Justice
  - 856-583-2950
- Clarissa Morales, Esq.
  - 848-274-0900

#### What to look for:

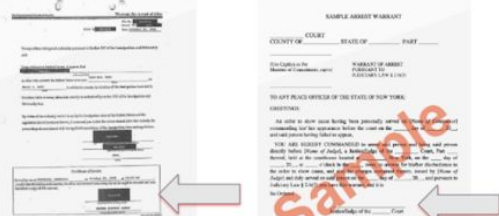
- Your name.
- Is it the right address?
- Is your name spelled correctly?
  - only the person, property, and areas specified may be searched.
- It is signed by a judge and has the name of a state/federal court at the top.

#### Administrative Warrant

- Does not allow ICE entry
- Signed by an ICE supervisor and not by a Judge
- May have "U.S. Department of Homeland Security" at top

#### Judicial Warrant

- Allow ICE to enter the home
- Signed by a Judge
- Will have name of a state/federal court at the top such as "Supreme Court of the State of New York"



# SABER ES PODER

## CONOZCA SUS DERECHOS Y PLAN DE PREPARACIÓN FAMILIAR

### SER PROACTIVO: PREPÁRESE SI LO DETIENE ICE O LA POLICÍA.

#### Plan De Emergencia Familiar

Un Plan de Emergencia es un documento que todos deberían tener para protegerse a sí mismos y a sus familias en caso de emergencia, si es un incidente, un terremoto o una redada de ICE.

**NO LLEVE ESTE DOCUMENTO CONTIGO**

Manténgalo en un lugar seguro con otros documentos importantes: su pasaporte, recetas de medicina, y/o otros documentos críticos.

**NUMEROS DE TELEFONO DE FAMILIARES IMPORTANTES**

Nombre/Número/Dirección:

Nombre/Número/Dirección:

Nombre/Número/Dirección:

Nombre/Número/Dirección:

**MIEMBROS DE EDAD**

Ciudad de residencia

nombre/número:

Nombre y de su doctor:

Número de teléfono de su doctor:

Tome estas medidas y cosas:

Alergias y requisitos dietéticos:

**INFORMACION**

Nombre: \_\_\_\_\_

Número de seguro social/ITIN número (si US born): \_\_\_\_\_

Número de teléfono (casa): \_\_\_\_\_

Número de teléfono (celular): \_\_\_\_\_

Contacto de emergencia #1 Nombre: \_\_\_\_\_

Número de teléfono: \_\_\_\_\_

Carné electrónico: \_\_\_\_\_

**SU INFORMACION:**

País de origen: \_\_\_\_\_

Número telefónico de la embajada local/consulado: \_\_\_\_\_

Necesidades de idioma/traducción: \_\_\_\_\_

Nombre de abogado de inmigración: \_\_\_\_\_

#### Reúna lo siguiente:

- Reúna lo siguiente:
- Una carpeta para cada miembro de la familia.
- Copias de documentos de identidad.
- Copias de documentos de inmigración.
- Copias de registros médicos.
- Información bancaria.
- Asigne una persona de contacto principal confiable.

#### Asistencia legal local de inmigración:

- Kate Brown, Esq.
  - 856-210-9757
- Rayssa Rodriguez, Esq.
  - (215) 552-2942
- Camden Center for Law & Social Justice
  - 856-583-2950
- Clarissa Morales, Esq.
  - 848-274-0900



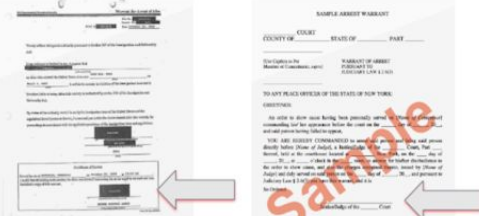
otro ejemplo

#### Administrative Warrant

- Does not allow ICE entry
- Signed by an ICE supervisor and not by a Judge
- May have "U.S. Department of Homeland Security" at top

#### Judicial Warrant

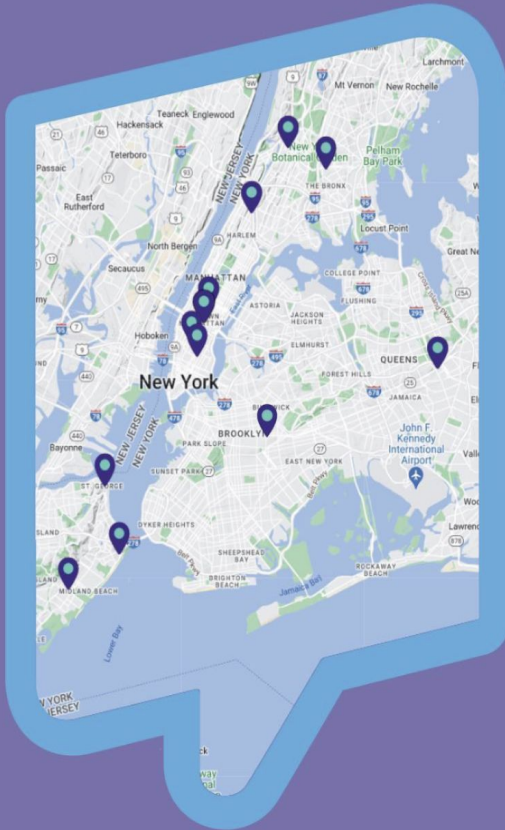
- Allow ICE to enter the home
- Signed by a Judge
- Will have name of a state/federal court at the top such as "Supreme Court of the State of New York"



#### Qué buscar:

- Su nombre.
- ¿Es la dirección correcta?
- ¿Está tu nombre escrito correctamente?
- Sólo se pueden registrar la persona, la propiedad y las áreas especificadas.
- Está firmado por un juez y tiene el nombre de un tribunal estatal/federal en la parte superior.

# New in-person classes now available!



We **Speak NYC** is excited to announce our relaunch of **FREE** in-person classes throughout the city.

Visit our website for class schedules and locations near you:

[nyc.gov/wespeaknyc](http://nyc.gov/wespeaknyc)



**NYC**  
Mayor's Office of  
Immigrant Affairs



## Learn English!

# Classes are Free!

We offer childcare age 6 and up if you come with your children  
*MUST REGISTER FOR CLASS*



### Eligibility:

- Any NYC resident without a US High School Equivalency or Diploma may register.  
*Proof of US residency NOT required*
- Languages: العربية, français, español, 한국어, 中国人, русский, shqipe

## Adult ESL

English as a Second Language  
at Grand Street Campus

**When:** Mon–Thurs, 6:00PM–8:30PM

**Where:** 850 Grand Street, Room 154, Brooklyn, NY 11211  
L-Train to Grand Street Station/ Bus Q54 or Q59 to Bushwick & Grand Street

**Register:** (347) 831-5392



Department of  
Youth & Community  
Development



St.Nicks Alliance

Where Opportunity Grows

# *Ms. Pink's Summer Receipe Pics*



RECIPE HERE:

<https://therecipecritic.com/pineapple-lemonade/>

Pineapple lemonade is the ultimate summer drink! It's the perfect combination of tart and sweet and will have you feeling like you're on vacation.



## Refreshing PINEAPPLE LEMONADE

1 cup sugar  
1 cup water  
1 cup lemon juice  
2 cups pineapple juice  
lemon & pineapple slices  
(for garnish)

RECIPE HERE:

<https://therecipecritic.com/avocado-egg-rolls/>

Avocado Egg Rolls are crispy on the outside with an avocado mixture inside that is bursting with flavor! Once these hit the table they don't last long!



## AVOCADO EGG ROLLS CHEESECAKE FACTORY COPYCAT

1 cup vegetable oil  
3 avocados  
1/4 cup red onion  
1 Roma tomato  
3 tbsp chopped cilantro  
1 tsp garlic powder  
lime juice  
salt and pepper  
8 egg roll wrappers

Recipe Here:

<https://therecipecritic.com/air-fryer-salmon/>

Melt-in-your-mouth brown sugar garlic air fryer salmon is juicy, tender and full of flavor. Salmon is so good, especially when it's cooked right, and the air fryer makes it perfect every time! It's an easy, hands-off way to make a scrumptious mea

## *brown sugar garlic* **AIR FRYER SALMON**

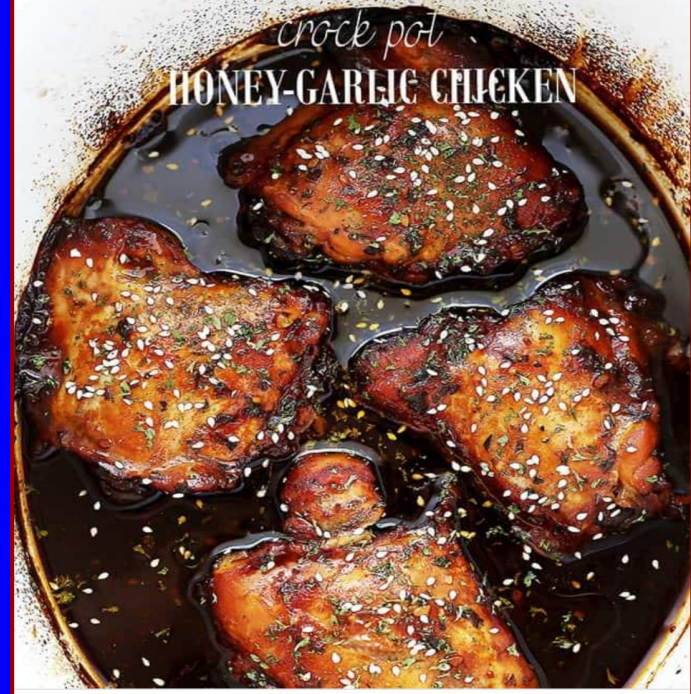
cooks in 10  
minutes!

1 lb salmon  
salt and pepper  
2 tbsp brown sugar  
1 tsp chili powder  
1/2 tsp paprika  
1 tsp Italian seasoning  
1 tsp garlic powder

Recipe Here:

<https://diethood.com/crock-pot-honey-garlic-chicken/>

Crockpot Honey Garlic Chicken is an easy slow cooker dinner, featuring a sticky-sweet sauce and juicy, perfectly cooked chicken thighs. Everyone will be fighting for the last piece!



Recipe Here:

<https://therecipecritic.com/avocado-basil-pasta/>

Avocado Basil Pasta is the perfect salad for summer! Full of ripe creamy avocados, crisp bacon and juicy tomatoes, you and yours truly are going to love this!



BEST BAKED EGGPLANT PARMESAN  
RECIPE:

<https://thestayathomechef.com/baked-eggplant-parmesan/>

REVIEW: ★★★★★ "Made this for my family after my daughter requested it. We loved it! It was so simple and easy to make. We will definitely be making it again and again!" --Dani



Recipe here:

<https://therecipecritic.com/italian-cream-cake/>

Take a bite of heaven with every forkful of this dreamy Italian cream cake. It's rich and nutty, covered with the most amazing cream cheese frosting! It's great for special occasions, but really, there's no wrong time to make it!

## Italian CREAM CAKE



- 2  $\frac{3}{4}$  cups cake flour
- 1  $\frac{1}{2}$  cups granulated sugar
- 2 tsp baking powder
- $\frac{1}{2}$  tsp baking soda
- $\frac{1}{2}$  tsp salt
- 1 cup buttermilk
- $\frac{3}{4}$  cup milk
- 1 tsp vanilla
- 1  $\frac{1}{2}$  tsp almond extract
- $\frac{1}{2}$  cup vegetable oil
- 4 large egg whites
- 1 cup coconut flakes
- 1 cup chopped pecans

### CREAM CHEESE FROSTING


- 1 cup unsalted butter
- 16 oz cream cheese
- $\frac{1}{2}$  tsp vanilla extract
- 1  $\frac{1}{2}$  tsp almond extract
- 8 cups powdered sugar

Recipe Here:

<http://therecipecritic.com/chocolate-chip-scones>

Chocolate chip scones are downright delicious. They're buttery and soft, with pockets of chocolate chips for a melty surprise in each bite. These homemade scones are great for an on-the-go breakfast or an afternoon snack when you're craving something sweet!

## CHOCOLATE CHIP SCONES



- 2 cups all-purpose flour
- $\frac{1}{2}$  cup granulated sugar
- 2 tsp baking powder
- $\frac{1}{2}$  tsp salt
- $\frac{1}{2}$  cup unsalted butter
- 1 cup mini chocolate chips
- $\frac{1}{2}$  cup heavy cream
- 1 large egg
- 2 tsp vanilla extract
- $\frac{1}{3}$  cup chocolate chips
- 1 tbsp vegetable oil



# Parenting Resources



## 5 boundaries teens may need to set with others

- 1 Explaining to a sibling that they need alone time and asking them to knock before coming into their room



- 2 Letting a friend know when they're not comfortable with an activity (like drinking) or a behavior (like looking at their phone while driving)



- 3 Asserting their preferences with a friend who always decides what they do together

- 4 Requesting that a romantic partner respect their time with others by not calling or texting while they're out with friends



- 5 Telling a friend who's often unprepared for class that they can't copy their homework

## How to PAUSE before responding to your child's behavior

### 1. Accountability.

Tell your kids/family you're going to try pauses; it changes the expectation that you'll respond immediately and allows them to remind you if you forget.



### 2. Awareness.

Notice your triggers and become aware of how your body feels when you start to get angry.



### 3. Slow down.

Practice talking more slowly and/or not reacting immediately in situations that aren't emotionally charged.



### 4. Destress.

Make space for self-care so you're not as close to the end of your fuse when tense situations arise.



### 5. Apologize.

If you do overreact or yell, offer a genuine apology and commit to continuing to practice. And give yourself grace, mistakes are part of learning!

# Back to School Tips For Parents:

1. **Stay Engaged:** Be involved in your teen's education without being overwhelming
2. **Communicate Regularly:** With both your teen and their teachers
3. **Support Independence:** Allow your teen to take increasing responsibility for their education
4. **Be Patient:** The transition to high school takes time for everyone



**Celebrate Progress: Acknowledge both big and small successes along the way**

# Parenting Tips for Families

## Supporting Your Teen's Independence

- **Encourage Self-Advocacy:** Teach your teen to communicate directly with teachers about questions or concerns
- **Gradual Release:** Allow increasing independence while maintaining appropriate oversight
- **Problem-Solving Partner:** Guide your teen through challenges rather than solving problems for them

## Staying Connected with School

- **Attend Orientation:** Participate in back-to-school events and parent orientations
- **Parent Portal Access:** Set up access to view grades and attendance regularly
- **Teacher Communication:** Establish positive relationships with teachers early in the year
- **School Events:** Attend parent-teacher conferences, school performances, and other events



## Academic Support at Home

- **Create a Study Space:** Designate a quiet, organized area for homework and studying
- **Establish Routines:** Help your teen develop consistent daily and weekly routines
- **Monitor Progress:** Check grades regularly but avoid micromanaging
- **Celebrate Success:** Acknowledge both effort and achievement
- **Support During Struggles:** Provide encouragement and help your teen access school resources



## Communication Strategies

- **Daily Check-ins:** Have regular conversations about school, friends, and activities
- **Listen Actively:** Give your teen your full attention when they want to talk
- **Ask Open-ended Questions:** "What was the best part of your day?" rather than "How was school?"
- **Be Patient:** Teens may not always want to share immediately
- **Stay Calm:** Respond to problems with support rather than punishment when possible

# Setting Appropriate Boundaries

- **Screen Time Limits:** Establish rules about phone and computer use during homework time
- **Curfews and Social Time:** Set reasonable limits that allow for social development
- **Academic Expectations:** Be clear about your expectations while remaining supportive
- **Consequences:** Implement fair and consistent consequences for not meeting expectations



# Supporting Social Development

- **Encourage Healthy Friendships:** Welcome your teen's friends and get to know them
- **Discuss Peer Pressure:** Have ongoing conversations about making good choices
- **Monitor Social Media:** Stay aware of your teen's online activities
- **Trust Building:** Give your teen opportunities to earn increased freedom through responsible behavior



# Warning Signs to Watch For

## Academic Red Flags



- **Sudden drop in grades:** May indicate difficulty with new expectations
- **Missing assignments:** Could signal organizational or time management issues
- **Avoidance of school:** May suggest academic or social struggles
- **Changes in attitude toward learning:** Loss of motivation or confidence

## Social and Emotional Concerns

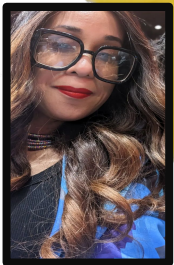
- **Withdrawal from family and friends:** May indicate depression or social issues
- **Extreme mood changes:** Beyond normal teenage mood fluctuations
- **Sleep or appetite changes:** Could signal stress or mental health concerns
- **Risky behaviors:** Experimenting with substances or other dangerous activities



## When to Seek Help

- **Contact school counselor / Academy Leaders:** For academic or social concerns
- **Reach out to teachers:** If your teen is struggling in specific subjects
- **Consider professional support:** For mental health or behavioral concerns
- **Utilize school resources:** Many schools have support services available





FAMILIES,

I HOPE YOU FOUND THIS PACKET HELPFUL. **OUR PARENT LEADERSHIP COUNCIL (PLC) ELECTIONS WILL TAKE PLACE SEPTEMBER 18th, 2025 VIRTUALLY AT OUR PLC MEETING PLEASE CONSIDER JOINING .** YOUR VOICE AND CONCERNS MATTER. FAMILY ENGAGEMENT IS VERY VITAL WITHIN OUR SCHOOL COMMUNITY. ALL INTERESTED PARTIES PLEASE EMAIL ME AT [mpink@thewcs.org](mailto:mpink@thewcs.org). HAVE A WONDERFUL REST OF YOUR SUMMER BREAK & WISHING YOU AN AMAZING SCHOOL YEAR!

WARMEST REGARDS,  
MS. PINK

