



WOMEN'S HISTORY MONTH EDITION
Resource Packet from your
Parent Coordinator Ms. Pink
March 2025





Hello Families & Scholars,

It's your Parent Coordinator Ms. Pink. I

hope all is well with you and your family. I put together this resource packet with some Amazing resources just for you. This month we Celebrate Women's History Month.

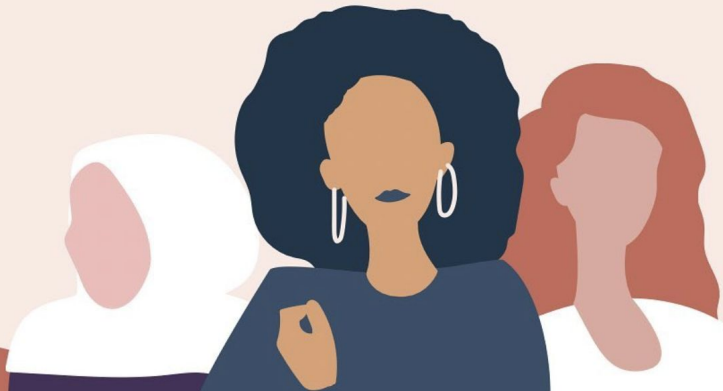
Scroll through the entire packet. Scroll through the Community Resources, Youth Opportunities, Trade School Programs, Parenting Tips and more. Remember I'm just an email away. You can reach me at mpink@thewe



Let's Celebrate Women's History Month



Women's History Month



Women's History Month is a celebration in the month of March to recognize and honor the contributions, achievements, and struggles of women.

Some struggles include:
limited education, limited
legal and reproductive rights,
and violence/harassment.

Contributions by Women

- **Ada Lovelace:** Considered world's first computer programmer
- **Marie Curie:** Nobel Prize for significant contributions to physics and chemistry
- **Amelia Earhart:** First woman to fly solo across the Atlantic
- **Rosalind Franklin:** Discovered DNA structure

How to Contribute?

- Support women owned businesses
- Support women's rights organization such as Planned Parenthood and the National Organization for Women
- Use your voice to advocate for change
- Educate yourself!



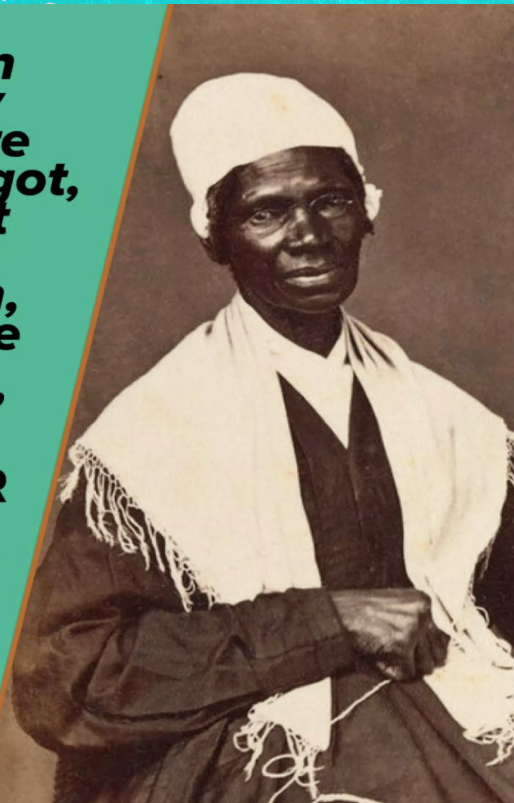


CELEBRATING WOMEN PAST & PRESENT

***“If women
want any
rights more
than they's got,
why don't
they just
take them,
and not be
talking
about it.”***

**SOJOURNER
TRUTH**

AMERICAN WOMEN'S
RIGHTS ACTIVIST



**WOMEN'S
HISTORY
MONTH**

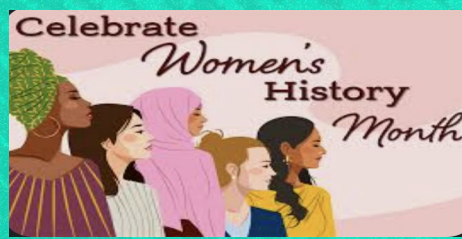
***“For there
is always light,
if only we're
brave enough
to see it,
if only we're
brave enough
to be it.”***

**AMANDA
GORMAN**

POET

**WOMEN'S
HISTORY
MONTH**





***“Always remember,
you have within
you the strength,
the patience,
and the passion
to reach for
the stars
to change
the world.”***

**HARRIET
TUBMAN**
AMERICAN
ABOLITIONIST

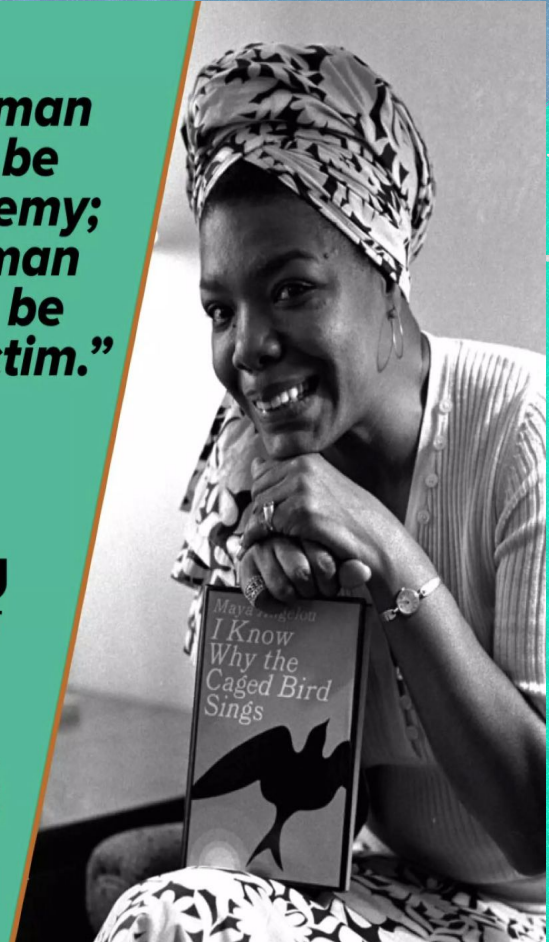
**WOMEN'S
HISTORY
MONTH**

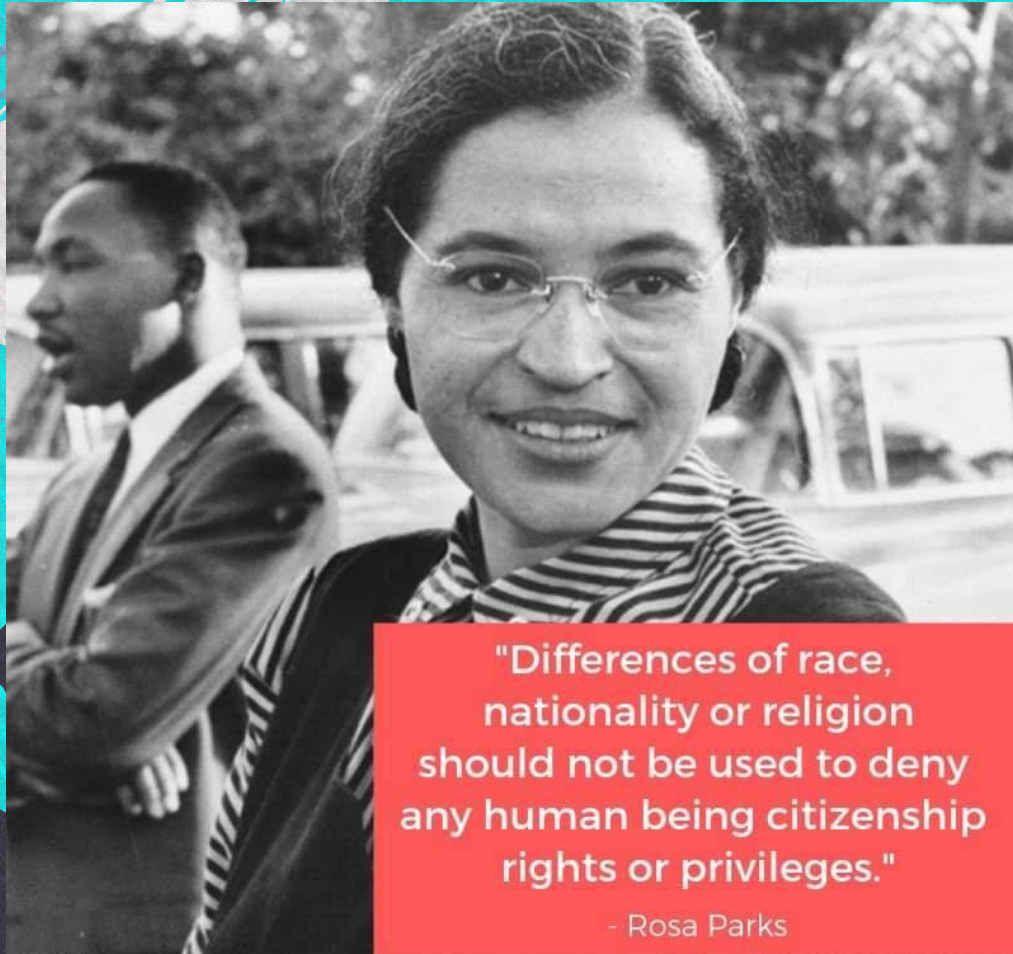


***“A wise woman
wishes to be
no one's enemy;
a wise woman
refuses to be
anyone's victim.”***

**MAYA
ANGELOU**
AMERICAN POET

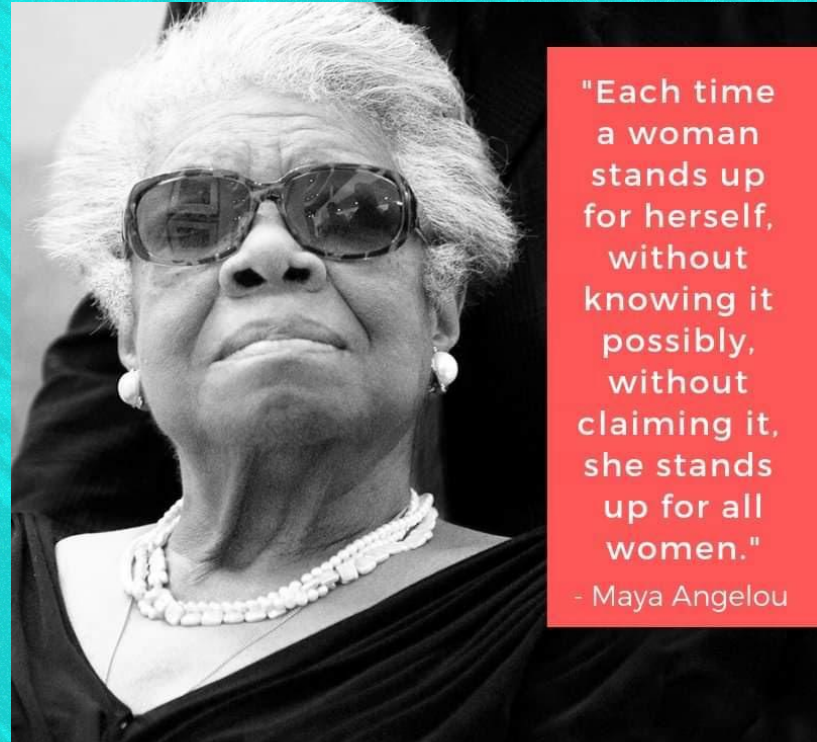
**WOMEN'S
HISTORY
MONTH**





"Differences of race,
nationality or religion
should not be used to deny
any human being citizenship
rights or privileges."

- Rosa Parks



"Each time
a woman
stands up
for herself,
without
knowing it
possibly,
without
claiming it,
she stands
up for all
women."

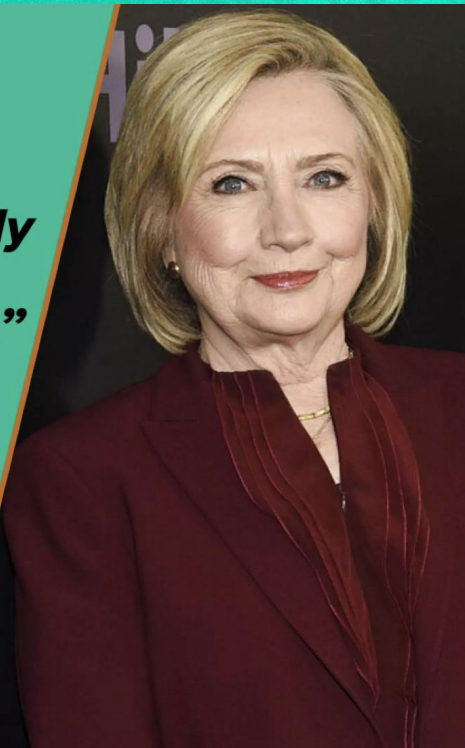
- Maya Angelou



***“Always
aim high,
work hard,
and care deeply
about what
you believe in.”***

**HILLARY
CLINTON**
FORMER U.S.
SECRETARY OF STATE

**WOMEN'S
HISTORY
MONTH**



***“Alone
we can do
so little;
together
we can do
so much.”***

**HELEN
KELLER**
AMERICAN
AUTHOR, EDUCATOR
& ACTIVIST

**WOMEN'S
HISTORY
MONTH**





***“Never
interrupt
someone
doing
something
you said
couldn’t
be done.”***

**AMELIA
EARHART**
AMERICAN AVIATOR

**WOMEN’S
HISTORY
MONTH**



***“How wonderful
it is that nobody
need wait a
single moment
before starting
to improve
the world.”***

**ANNE
FRANK**
GERMAN DIARIST

**WOMEN’S
HISTORY
MONTH**



***“I’m not the next
Usain Bolt or
Michael Phelps.
I’m the first
Simone Biles.”***

**SIMONE
BILES**
AMERICAN
GYMNAST

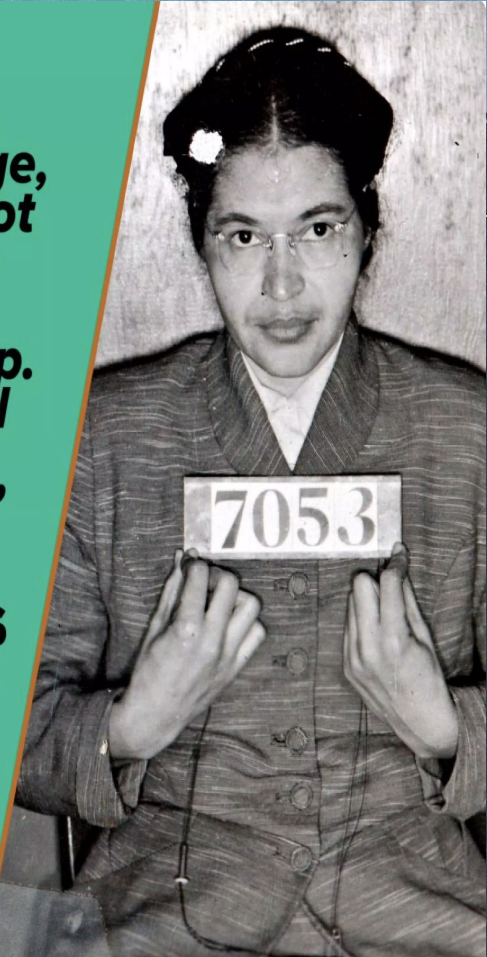
**WOMEN’S
HISTORY
MONTH**



***“To bring
about change,
you must not
be afraid
to take
the first step.
We will fail
when we
fail to try.”***

ROSA PARKS
AMERICAN ACTIVIST

**WOMEN’S
HISTORY
MONTH**



***“When the
whole world
is silent,
even one voice
becomes
powerful.”***

**MALALA
YOUSAFZAI**
PAKISTANI ACTIVIST

**WOMEN’S
HISTORY
MONTH**



***“Butterflies are
like women –
we may look
pretty
and delicate,
but baby, we
can fly through
a hurricane.”***

**BETTY
WHITE**
AMERICAN
ACTRESS

**WOMEN’S
HISTORY
MONTH**



***“Don’t be afraid.
Be focused.
Be determined.
Be hopeful.
Be empowered.”***

**MICHELLE
OBAMA**


**FORMER FIRST LADY OF
THE UNITED STATES**

**WOMEN’S
HISTORY
MONTH**





School Announcements & News from Principal Jacobson

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 2025						1
2	3 Rock the Regents Festival 2025 Begins	4	5	6	7	8 Open House @10am
9	10 Final Exams	11 Final Exams	12 PSAT Exam (Gr. 10) SAT Exam (Gr 11)	13 Final Exams	14 Final Exam Make-ups Trimester 2 Ends	15
16	17 Trimester 3 Begins	18 Grades Due @8am	19 Grade Verifications Due by noon	20 	21	22
23	24	25 Report Cards mailed	26	27	28	29
30	31 Eid al-Fitr, schools closed					



Important Announcements

- *3/12 PSAT (Grade 10) SAT (Grade 11)*
Trips/Remote Asynchronous (Grade 9 & 12)
- *3/13-3/14 Final Exams/Make-Ups; End of T₂*
- *3/17 Trimester 3 Begins*
- *3/31 Eid al-Fitr- School Closed*
- *4/2 WCHS Admission Lottery*
- *4/ 5 WCHS Open House at 10am*
- *4/14/25 through 4/21/205 SPRING BREAK-
SCHOOL CLOSED*

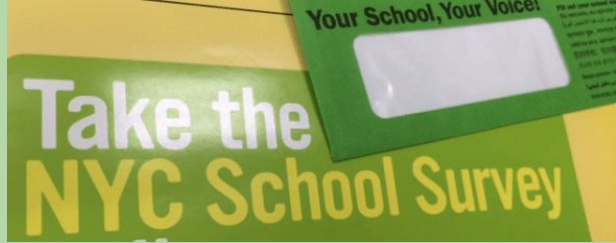




SCAN ME

NYC School Survey

February 10th-April 4th, 2025



- Parents: Go to NYCSchoolSurvey.org
- Select your language and click “Take the survey”
- Enter the letter “f” (lowercase) followed by your child’s nine-digit OSIS number. (The 9-digit # at the bottom of your child’s ID card)
 - Complete 1 survey for each child in school.
- Take a screenshot of the “Thank you” screen and email it to mmedina@thewcs.org to be entered in the WCHS raffle.

Your voice counts! We need your feedback!



WILLIAMSBURG
CHARTER HIGH SCHOOL



SCAN ME

Encuesta Escolar de NYC

Take the
NYC School Survey

Comienza el 10 de febrero de 2025

¡¡Fecha límite 4 de abril de 2025!!

- Padres: Entre a NYCSchoolSurvey.org
- Elige su idioma y haga clic en “Take the survey”
- Entre la letra “f” (minúscula) seguido por los 9-dígitos del número de OSIS de su hijo. (El # de 9-dígitos en la parte baja de la tarjeta de identificación de su hijo)
- Complete una encuesta por cada niño en la escuela.
- Tome una captura de la pantalla que dice “Gracias” y mándala por email a mmedina@thewcs.org para entrar en la rifa
¡Su voz cuenta! ¡Necesitamos sus comentarios!



WILLIAMSBURG
CHARTER HIGH SCHOOL

COMPLETE YOUR SCHOOL SURVEY TO BE ENTERED INTO OUR GRAND RAFFLE!



ONLINE at NYCSchoolSurvey.org using
your student's nine-digit identification
(OSIS) number from their student ID card.
Enter the letter "f" (lowercase) followed by
their student's nine-digit OSIS number,
and complete the survey.

Please complete your school survey from
February 10th to April 4th to be entered
into our
GRAND RAFFLE!

TAKE THE
SURVEY



When your survey is completed
PLEASE MAKE SURE TO EMAIL YOUR
CONFIRMATION TO MS. MEDINA AT
MMEDINA@THEWCS.ORG
TO MAKE SURE YOU ARE ENTERED
INTO OUR RAFFLE!



¡COMPLETE SU ENCUESTA ESCOLAR PARA ENTRAR EN NUESTRA GRAN RIFA!



EN NYCSchoolSurvey.org utilizando el
número de identificación de nueve dígitos
(OSIS) de su estudiante de su tarjeta de
identificación de estudiante. Ingrese la letra
"f" (minúscula) seguida del número OSIS de
nueve dígitos de su estudiante y complete la
encuesta.

¡Por favor complete su encuesta escolar del
10 de febrero hasta el 4 de abril para entrar
en nuestra GRAN RIFA!

TAKE THE
SURVEY



Después de llenar la encuesta
POR FAVOR ASEGÚRESE DE ENVIAR SU
CONFIRMACIÓN POR CORREO
ELECTRÓNICO A LA SRA. MEDINA EN
MMEDINA@THEWCS.ORG
PARA ASEGURARSE DE ENTRAR
EN NUESTRA RIFA!



Regents Review

June 2025 Regents Exam Dates	
Tuesday June 17, 2025- Wednesday, June 25, 2025	
Regents Review Sessions	Tuesday, March 11th - Friday, June 13, 2025

Spring Regents Review Schedule 3:10-4:10pm

Class	Teacher(s)	Days and Time	Rooms
Algebra	Ahmed	Monday, Tuesday & Thursday, Friday	319
Algebra	Chuang	Monday & Thursday	609
Algebra II	Jin	Monday, Tuesday, and Thursday	617
Geometry	Giscombe N	Monday, Tuesday, and Thursday	522
Chemistry	Solomon	Tuesday	532
Earth Science	Lara	Tuesday & Thursday	425
Biology /Living Environment	Reid	Monday, Tuesday, & Thursday	325
Global History	Mauro	Monday, Tuesday & Thursday	601
Global History (ENL)	Lara	Monday & Friday	330
US History	Burchett	Tuesday & Thursday	613
English	Doody	Monday	411
English	Karoutsos	Thursday	702

Repaso para los Regents

Fechas de los Exámenes Regents en Junio 2025	
Martes, 17 de junio de 2025 - Miércoles, 25 de junio de 2025	
Sesiones de Repaso para los Regents	Martes, 11 de marzo - Viernes, 13 de junio de 2025

Horario de Repaso para los Regents en Primavera 3:10-4:10pm

Clase	Maestro(s)	Días y Horas	Aulas
Álgebra	Ahmed	Lunes, martes, jueves y viernes	319
Álgebra	Chuang	Lunes y jueves	609
Álgebra II	Jin	Lunes, martes, y jueves	617
Geometría	Giscombe N	Lunes, martes, y jueves	522
Química	Solomon	Martes	532
Ciencia de la Tierra	Lara	Lunes y jueves	425
Biología	Reid	Lunes, martes, y jueves	325
Historia Global	Mauro	Lunes y martes, y jueves	601
Historia Global (ENL)	Lara	Lunes y viernes	330
Historia de los Estados Unidos	Burchett	Martes y jueves	613
Inglés	Doody	Lunes	411
Inglés	Karoutsos	Jueves	702



REGENTS EXAM SCHEDULE JUNE 2025

Early Regents Days										
June 10 Tuesday	June 11 Wednesday	June 17 Tuesday	June 18 Wednesday	June 19 Thursday	June 20 Friday	June 23 Monday	June 24 Tuesday	June 25 Wednesday	June 26 Thursday	June 27 Friday
8:15 AM	8:15 AM	8:15 AM	8:15 AM	Juneteenth Holiday Observed	8:15 AM	8:15 AM	8:15 AM	8:15 AM	RATING DAYS	
Life Science: Biology <i>(for students taking the class this school year)</i>	Geometry	English Language Arts	Global History & Geography II		U.S. History & Government	World Language Checkpoint B Exams Spanish French Latin	Physical Setting/ Chemistry	Algebra II		
12:15 PM		12:15 PM	12:15 PM		12:15 PM		12:15 PM			
Earth and Space Sciences <i>(for students taking the class this school year)</i>		Living Environment	Algebra I		Physical Setting/ Earth Science <i>(Lab Practical Required see information below)</i>		Physical Setting/ Physics			

** Students registered for the **Earth Science Regents on Fri., 6/20**, must take the Earth Science Lab Practical on Weds., 6/4 at 1:30pm. If students were absent they must attend the make-up Lab Practical on Mon., 6/9 after school at 3pm in Room 425.

Estudiantes programados para tomar el **Regents en Ciencias de la Tierra el viernes, 20 de junio, necesitan tomar la práctica de laboratorio el miércoles 4 de junio a las 1:30pm en sala 425. Si estudiantes están ausente, deben tomar la práctica de laboratorio el lunes, 9 de junio a las 3pm en sala 425.

Group 4 of Credit Recovery Starts on Tuesday March 18th. Credit Recovery contracts are available from your counselors and your Academy Leader's office- Ms. Angie (9th and 10th) and Ms. Martin(11th and 12th) for Group 4. Students must **READ** the contract, **SIGN WITH** your parents, and return it to smartin@thewcs.org.

Dates:

Monday	Tuesday	Wednesday	Thursday	Friday
No Credit Recovery	March 18th	No Credit Recovery	March 20th	March 21st
March 24th	March 25th	No Credit Recovery	March 27th	March 28th
No Credit Recovery	April 1st	No Credit Recovery	April 3rd	April 4th
April 7th	April 8th	No Credit Recovery	April 10th	April 11th
No Credit Recovery	April 22nd	No Credit Recovery	April 24th	April 25th

Courses Offered:

Teacher	Room	Period
English 9 , English 10 , English 11, English 12 Teacher Ms. Brown Support Teacher:Dilworth	213	0 Period
Living Environment, Earth Science , Chemistry Teacher Mr. Nunez Support Teacher:Dilworth	224	0 Period
US History/ Government Teacher: Mr. Fuller Support Teacher: Dilworth	218	9th Period
Global 9 Global 10 Teacher Mr. Frost Support Teacher: Dilworth	203	9th Period
Algebra 1, Geometry, Teacher: Mr. Jin Support Teacher: Dilworth	229	9th Period
English 9 , English 10 , English 11, English 12 Teacher: Mr. Nunez Support Teacher: Dilworth	213	9th Period

WILLIAMSBURG CHARTER STANDS AGAINST GUN VIOLENCE

Join us
Wednesday March 26th

**We invite students, staff and community members
to meet us at**

**Justice Gilbert Ramirez Park
AKA
White Park**

1:30 PM Sharp!

**We will then March in UNITY back to WCHS to sign
our**

GROW: anti-gun violence petition



WILLIAMSBURG CHARTER STANDS AGAINST GUN VIOLENCE

Únete a nosotros
miércoles 26 de marzo

**Invitamos a los estudiantes, el personal y los
miembros de la comunidad a reunirse con
nosotros en**

**Parque del juez Gilbert Ramírez
alias
parque blanco
¡1:30PM en punto!**

**Luego Marcharemos en UNIDAD de regreso a
WCHS**

**para firmar nuestro
CRECE: petición contra la violencia armada**





Youth Opportunities & Resources from Ms. Pink

Drop the Vape

Vapes can expose you to toxic and cancer-causing chemicals. More teens are trying to stop vaping than you think. You can too!

Text **DROPTHEVAPE** to **88709** to get advice and motivation from other teens. It's free, anonymous and confidential support, available 24/7.

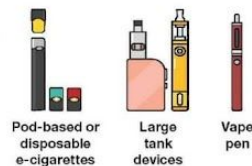
For more information, visit nyc.gov/health and search for **e-cigarettes**.



Teens and Vaping: What Are the Risks?

Electronic cigarettes (e-cigarettes) and vaping devices come in many forms, but they all heat liquids that are called e-liquids into aerosol. E-liquids usually contain nicotine, flavors and other chemicals.

Other names for e-cigarettes include vapes, vape pens, e-cigs or e-hookahs. While vape companies use tricks such as attractive packaging, flavors and advertising campaigns to make e-cigarettes seem harmless, they are not.



❑ E-cigarettes usually contain nicotine.

- Nicotine is addictive, especially for teens.
- Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- Most e-cigarette pods can have as much nicotine as a pack of cigarettes or more.

❑ Vaping can cause lung injury and affect lung health in other ways.

❑ The aerosol from heated e-liquids may contain harmful chemicals including:

- Formaldehyde, a cancer-causing chemical
- Benzene, a cancer-causing chemical
- Diacetyl from flavoring, which has been linked to lung disease
- Heavy metals such as nickel, tin and lead

❑ E-liquid ingredients are not closely regulated, and their long-term health effects are unknown.

❑ People have been poisoned by swallowing e-liquid or getting it on their skin or in their eyes.

❑ E-cigarettes are harmful to the environment and can contain plastic, electronic and hazardous waste.



nyc.gov/health 🔍 "e-cigarettes"



SYEP Applications are OPEN! The Deadline to submit applications is 3/14/2025. APPLY TODAY SCHOLARS!!!

NYC
Department of
Youth & Community
Development

Summer
Youth
Employment
Program

The **2025** Summer Youth Employment Program (SYEP) is now accepting applications.

APPLY NOW!

APPLY NOW

SYEP

Get Ready for a Fun and Rewarding Summer! JOIN THE SUMMER YOUTH EMPLOYMENT PROGRAM (SYEP) @ **Cypress Hills Local Development Corp.** Ages 16-24

Positions available:

- Health Care
- Childcare
- Admin
- Custodial
- Retail
- Food Services & More

APPLY NOW

<https://application.nycsyep.com/>

Deadline for all Application: Feb. 28, 2025

Contact us if you have any questions @ chldcsyep@cypresshills.org P: 646-801-0277



Forward!

Are you a young adult (17-24) feeling anxious about entering the workforce?

If you're feeling overwhelmed about stepping into the workforce, you're not alone. Our **FREE** Forward program is designed to help young adults aged 17-24 who may be struggling with anxiety, depression, or other mental health challenges that are holding them back from pursuing job opportunities or career growth.

Spaces are limited, so sign up today!

In this supportive environment, we'll provide:

- Resume Development
- Health Screening
- Career Counseling & Coaching
- Referral Services
- College Preparation
- Training & Credentialing
- Job Placement Assistance
- Financial Literacy

Building communities one life at a time

PROUDLY FUNDED BY

BUTLER FOUNDATION



Always wanted to start your own business?

Discover the next big thing by opening doors
for youth to collaborate and network

Young Sharks will be challenged to create a solution to a problem in their
community! They will launch micro-enterprises, generate real revenue,
and have the chance to win big! Show us how you will bring change!

Sharks meet once a week virtually, from **April**
to June to bring their business ideas to life!

Sign up Here!



Prizes!



1st	\$2,500
2nd	\$2,000
3rd	\$1,500



bit.ly/youngsharks25

BUILD YOUR FUTURE WITH US!



GET CERTIFIED THROUGH OUR TRAINING PROGRAMS!

- ✓ Retail Training
- ✓ Culinary Arts Training
- ✓ GED Courses
- ✓ Construction Training
- ✓ JOB PLACEMENT

ARE YOU ?

- Between the ages of 17.5 to 30
- A NYC resident
- Currently out-of-work
- Not enrolled in school

if so...JOIN US !



Enroll Now ➔



More Information:
youthjobs@qchnyc.org

WorksPlus

Are you connected to BedStuy, Brownsville, East New York, or Bushwick?

16-24 year olds can earn up to \$1500 for participating in this skill building and youth focused program.



**WANT TO LEARN MORE?
CONTACT:**

**(706) 386-8090
OR**

WORKSPUS@RISEBORO.ORG

CAREER READINESS WORKSHOPS:

Basic Job and life skills training
Linked-In
Enrolling in Education
Resume help
Interview skills
1 on 1 career counseling
Small in-person groups

***THOSE WITH PAST OR CURRENT CRIMINAL
JUSTICE INVOLVEMENT ARE ENCOURAGED TO
APPLY***

RiseBoro
COMMUNITY PARTNERSHIP

UNDOCUMENTED AND NEED FINANCIAL AID FOR COLLEGE?

UNIVERSITY

*You may be eligible to apply for TheDream.US if you are
undocumented, with or without DACA or TPS, and came to the U.S.
before age 16 and before November 1, 2019*



- AWARD IS UP TO \$33,000 FOR A BACHELOR'S DEGREE
- MUST BE ELIGIBLE FOR IN-STATE TUITION AT ONE OF OUR PARTNER COLLEGES

CLOSE TO **80**
PARTNER COLLEGES

**Deadline for the National
Scholarship is Feb 28, 2025**

www.thedream.us

APPLY TODAY!



**NATIONAL
SCHOLARSHIP**

A PROGRAM OF THE DREAM.US



EMPLOYMENT OPPORTUNITY ANNOUNCEMENT STATE OF NEW YORK UNIFIED COURT SYSTEM



POSITION TITLE: STUDENT AIDE I (Internship Opportunity)

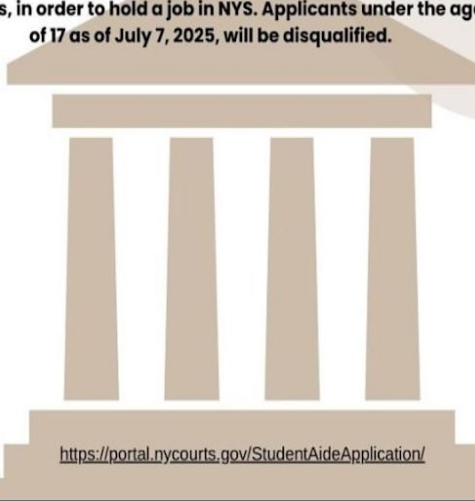
JG: NS LOCATION: Multiple positions are available throughout
New York State



BASE SALARY: \$18.00 Hourly

CLASSIFICATION: Full-time - Temporary (July 7 to August 13)

QUALIFICATIONS: High school students and recent high school graduates (within the last 2 years) 17 years or older at the time program starts, and college students. Those under the age of 18 must obtain an employment certificate, also called working papers, in order to hold a job in NYS. Applicants under the age of 17 as of July 7, 2025, will be disqualified.



<https://portal.nycourts.gov/StudentAideApplication/>





MENTOR TRAINING PROGRAM

We are looking for dope young women like **you** to join our Spring cohort. Come grow with us and mentor a young girl from Brooklyn. Paid mentorship training, trauma-informed coaching, life-skills training, community resources & networking.



GIVE BACK AND GET YOUR

Are you **between the ages of 17 and 24 years of age?**
Paid training program- earn **\$2,000**
16 week **FREE** trauma informed training



signup today

SESSIONS START MARCH 2025

FOR MORE INFORMATION

kaila@purelegacee.org
516.382.9954
www.purelegacee.org
519 Rockaway Avenue, Bklyn, NY

Center for Career & Professional Development



SPRING 2025 JOB & INTERNSHIP FAIR

Exciting opportunities for **students, alumni and recent grads** to make insider connections needed to land their next dream job or internship.

OVER 50 EMPLOYERS ATTENDING

- Bring multiple copies of your resume
- Research the participating companies and their job postings on Career Connect
- Prepare your professional pitch



**Wednesday,
April 2, 2025
11:00AM - 4:00PM**



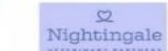
**GYM at LaGuardia
Community College,
M-Building, Room MB-42**

To **RSVP** and view **participating companies:**



<https://laguardia-csm.symplicity.com/events/Spring2025Fair>

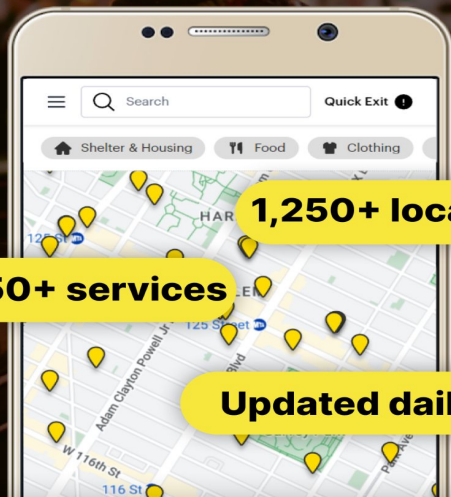
B-Building, Room 114 | Tel: (718) 482-5235 | Career@lagcc.cuny.edu



YourPeer NYC

YOU'RE NOT ALONE

Find shelter, food, clothing, showers
and more free services



1,250+ locations

2,450+ services

Updated daily

Find the right service
for you on yourpeer.nyc

YourPeer is a product of Streetlives, an NYC-based nonprofit. Please
visit <https://streetlives.nyc> for more information.



YourPeer • Services for Unhoused and Unstably Housed Youth

Provided by: Streetlives

Type: Online Directory

Resource for: High School Students • Homeless • Teenagers •
Youth

Keywords: Clothing • Food • Healthcare • Housing

YourPeer is a mobile-first web application designed to assist unhoused and unstably housed youth aged 16 to 24 in accessing vital services across New York City. Co-designed with input from the youth community, the platform provides a user-friendly experience to help users navigate and connect with over 2,500 peer-validated services at more than 1,300 locations citywide. By partnering with government agencies and service providers, YourPeer ensures its information remains accurate and up to date.

More info at:

Website: yourpeer.nyc

BROOKLYN DISTRICT ATTORNEY
Now Accepting Applications



2025 HIGH SCHOOL SUMMER INTERNSHIP

The Brooklyn District Attorney's Office is offering an internship to rising high school juniors and seniors during the summer. Selected students will receive a weekly stipend (pro-rated as necessary) of \$150.00.

July 7th - August 1st

Application Deadline:
March 21, 2025

STUDENT REQUIREMENTS

- ☐ Rising high school juniors and seniors who live in or attend high school in Brooklyn
- ☐ Resume (one page)
- ☐ Most recent transcript
- ☐ Working papers
- ☐ Personal Essay
(minimum of 300 words, double-spaced 12pt. font)

Why do you want an internship with the Brooklyn District Attorney's Office?

How will an internship at the District Attorney's Office support your career interests?

To apply, visit:
<http://www.brooklynnda.org/internships/>

@BrooklynDA.org
@BrooklynDAOOffice
@BrooklynDA

Are you
18-24?

You'll get:

- HSE
- Computer literacy
- Workplace success
- CPR certification
- Paid work experience
- Community service experience
- Leadership development

TWO CERTIFICATION TRACKS (choose one):

CONSTRUCTION



OSHA 30 • Flagger • Scaffolding • Site Safety
Fireguard F-60 • NCCER

HEALTH CARE



PCT • CNA
EKG/Phlebotomy



Requirements

- Proof of COVID-19 vaccination
- Not in school
- Out of work

North Brooklyn YouthBuild

IN-PERSON INFO SESSIONS:

- Construction — 1PM on Wed.
- Health Care — 1PM on Fri.

Sign up



Where:

St. Nicks Alliance Workforce, 92 Throop Avenue, Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact:

718-302-2057 ext. 450 or email: NBKYouthBuild@stnicksalliance.org
TTY Number: 800-662-1220

St. Nicks Alliance is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities.

75% of the total costs of North Brooklyn YouthBuild will be financed with federal money. \$1.5M in federal funds will go to the support of North Brooklyn YouthBuild.
25% of the total costs of North Brooklyn YouthBuild will be financed with non-government sources.



St. Nicks Alliance

Where Opportunity Grows

BKLYN PROM PROJECT

ANNOUNCING THE 12TH ANNUAL

Promwear Giveaway

OPEN TO NYC HS GRADUATING STUDENTS

MARCH 29, 2025 AT 11AM - 4PM

UAI MATH & SCIENCE FOR YOUNG WOMEN
283 ADAMS STREET BROOKLYN, NY 11201

SCAN TO REGISTER OR
VISIT BKLYNPROMPROJECT.ORG | @BROOKLYNPROMPROJECT



POWERED BY



SPONSORED BY



Corporate Council of Offices
of Metropolitan New York



BROOKLYN BOROUGH PRESIDENT
ANTONIO REYNOSO



KINGBRIDGE



KINGS PLAZA



Operation Prom
National Network



The Animation Project **ANIMATION TRAINING PROGRAM**

Info Session

**Monday, March 17th, 2025
11:00am-12:00pm on Zoom**

The Animation Project (TAP)'s Made in NY Animation Training Program provides hands-on supportive training in the animation pipeline to people ages 18-24. Trainees engage in training on industry-standard software and career readiness skill development.

Why attend the info session?

- Learn about TAP and TAP's Made in NY Animation Training Program
- Receive Curriculum and Schedule Info
- Learn the Application Criteria
- Know When, Where and How to Apply
- Get your Questions Answered

Acquire the tools you need to find success within the digital arts technology field.

RSVP NOW!



A program of the NYC Mayor's Office of Media & Entertainment

DEDALUS FOUNDATION

2025

HIGH SCHOOL SCHOLARSHIP

\$2,000 fine art scholarships

for graduating, college-bound seniors from New York
City public high schools, including charter schools

Learn more at www.dedalusfoundation.org

FAQs

What is the scholarship?

\$2,000 fine art scholarships to graduating seniors who intend to further their studies in fine arts or art history at an accredited college, university, or art school.

Who can apply?

Graduating, college-bound seniors from New York City public high schools, including charter schools, are eligible to apply.

How do I apply?

The High School Scholarship application is entirely online. We will ask you to provide a brief artist statement, a portfolio of eight images, and an optional link to a video of your sketchbook.

When can I apply?

The 2025 cycle is open now through April 23rd. Check our website, follow us on Instagram, or sign up for our newsletter to make sure you don't miss any news!

All questions can be directed to programs@dedalusfoundation.org

Introducing **free** online therapy *for NYC teens*



Brought to you by **NYC**
teenspace

School stress, relationships, friend
drama — teen life can be a lot.




Brought to you by **NYC**
teenspace



The NYC Health Department is offering teens mental health support. Now anyone 13-17 living in NYC has access to Talkspace at no cost.




Brought to you by 



Get matched with a therapist for 1-on-1 online support.

Visit talkspace.com/nyc to get started.



Brought to you by 

IMMIGRANT RESOURCES





About the New York Immigration Coalition

NYIC is an umbrella policy and advocacy organization that represents 200 immigrant and refugee rights groups throughout New York State. Our mission is to unite immigrants, members & allies so all New Yorkers can thrive. We envision a New York State that is stronger because all people are welcome, treated fairly, and given the chance to pursue their dreams.

Community Resources

The New York Immigration Coalition creates resources to empower immigrant New Yorkers. Our resources cover the following topics: Know Your Rights, Policy Guides, Health & Safety, Business & Finance. Below are previews of two of our resources.



NYS Community Toolkit

A resource guide created by NYIC for immigrants and allies, offering updates about policies and information about programs to connect immigrant New Yorkers with resources throughout the state. The toolkit is available in English, Spanish, Arabic, Bengali, Burmese, Chinese (Simplified), French, Karen, Nepali and Somali.



Immigrants & NY

We partnered with Center for Urban Pedagogy (CUP) and designer Luiza Dale to create a fold-out poster in English, Spanish, and French. The illustrated poster guides immigrants in New York State on how to avoid immigration scams, protect their families when interacting with ICE, and create a plan for their family in the event of deportation.

To find these and other NYIC community resources, go to nyic.org/kyr or scan this code:



Free Legal Service Providers

The following are organizations offering free legal resources in Brooklyn.

Arab American Association of New York

7111 5th Ave
718-745-3523, info@arabamericanny.org
arabamericanny.org

Areas of legal assistance: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Family-based petitions, Naturalization/Citizenship, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

Camba Legal Services

20 Snyder Avenue
718-940-6311, info@camba.org
camba.org

Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Habeas Corpus, NACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

If you have general immigration questions, call the Office for New Americans hotline at 1-800-566-7636 or the ActionNYC Hotline at 800-354-0365.

Immigrant Justice Corps at Brooklyn Public Library

1580 Rockaway Pkwy (at Ave J)
718-257-6547
bklynlibrary.org/locations/canarsie

Areas of legal assistance: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Naturalization/Citizenship, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS

Justice For Our Neighbors

260 Quincy St, John Wesley United Methodist Church
212-870-3785
ny-jfon.org

Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Habeas Corpus, Humanitarian Parole, NACARA, Naturalization/Citizenship, P1 or P2 for Afghans, Removal hearings, Special Immigrant Juvenile Status, Special Immigrant Visa (SIV), T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

For more free legal resources go to immigrationadvocates.org or scan this code



Free English classes for immigrant New Yorkers!



The NYC Mayor's Office of Immigrant Affairs has over 60 English Learning Centers across the five boroughs.

Each center offers free beginner and intermediate level in-person English classes for immigrant New Yorkers, regardless of immigration status or existing English language ability.



We offer:

- FREE practice materials
- A diverse community of English language learners
- Information on immigrant rights and resources
- A safe space to practice English



Immigrant New Yorkers will also learn about their rights, city services, and civic engagement while watching our award-winning **We Speak NYC** episodes.



Learn more:
nyc.gov/wespeaknyc



Email us:
wespeaknyc@cityhall.nyc.gov

Learn English!

Classes are Free!

plus

Job Placement Assistance



In-Person

ESOL Classes

SNAP RECIPIENTS WELCOME

Classes taught by NYS certified teachers

When: We have classes in the morning and evening, M-F 9AM-12PM, M-W 6-9PM, T-TH 6-9PM

Where: St.Nicks Alliance Workforce, 92 Throop Avenue, Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 ext. 403, adulteducationwfd@stnicksalliance.org



St.Nicks Alliance

Where Opportunity Grows

Free Immigration Legal Help

You can call the City-funded, free, and safe
MOIA Immigration Legal Support Hotline at

 **800-354-0365**

or **call 311** and say, "**Immigration Legal**" for

- Answers to **immigration policy questions**
- Information on how and where to find City-funded, **free, and safe immigration legal help**



NYC

Mayor's Office of
Immigrant Affairs



If you are a lawful permanent resident (green-card holder) and you are interested in **becoming a U.S. Citizen**, contact our hotline for free immigration legal help.



Ayuda legal de inmigración gratuita

Puede llamar a la **línea directa de asistencia legal de inmigración de MOIA**, gratuita y segura, financiada por la Ciudad, al

 **800-354-0365**

o **llame al 311** y diga "**Immigration Legal**" (Inmigración legal) para:

- Respuestas a **preguntas sobre políticas migratorias**
- Información sobre cómo y dónde recibir **ayuda gratuita y segura**, financiada por la Ciudad



NYC

Oficina de la Alcaldía para
Asuntos del Inmigrante



Si usted es residente permanente legal (titular de la tarjeta verde) y le interesa **adquirir la ciudadanía estadounidense**, llame a nuestra línea directa para recibir asistencia legal de inmigración gratuita.



KNOWLEDGE IS POWER: KNOW YOUR RIGHTS & FAMILY PREPAREDNESS PLAN

BE PROACTIVE: PREPARE YOURSELF IF YOU ARE STOPPED BY ICE/POLICE

Family Emergency Plan

An Emergency Plan is a document everyone should have to protect themselves and their families in case of an emergency, whether it's fire, an earthquake, or an encounter with an arrest and detention by ICE.

DO NOT LOSE YOUR EMERGENCY PLAN
Keep it in a safe place with other important documents: your passport, medical prescriptions, and other important documents.

SUPPORT KEY INFORMATION OF FAMILY MEMBERS OR FRIENDS

Name/Phone Number _____

Name/Phone Number _____

Name/Phone Number _____

EVERY ONE OF THE HOUSE

Name of child _____

Date of birth and Social Security number _____

Name of Primary doctor _____

Phone number of doctor _____

List of medications _____

Allergies and dietary restrictions _____

YOUR INFORMATION

Name _____

Social Security Number/ID number _____

Phone number _____

Emergency Contact's Name _____

Phone Number _____

Email _____

YOUR INFORMATION

Country of origin _____

Local Embassy/Consulate number _____

Translates languages _____

Information of immigration attorney _____

Gather the following:

- A folder for each family member.
- Copies of identity documents.
- Copies of immigration documents.
- Copies of medical records
- Bank information.
- Assign a trustworthy primary contact person.



another example

Local Immigration Legal Support:

- Kate Brown, Esq.
◦ 856-210-9757
- Rayssa Rodriguez, Esq.
◦ (215) 552-2942
- Camden Center for Law & Social Justice
◦ 856-583-2950
- Clarissa Morales, Esq.
◦ 848-274-0900

What to look for:

- Your name.
- Is it the right address?
- Is your name spelled correctly?
 - only the person, property, and areas specified may be searched.
- It is signed by a judge and has the name of a state/federal court at the top.

SABER ES PODER

CONOZCA SUS DERECHOS Y PLAN DE PREPARACIÓN FAMILIAR

SER PROACTIVO: PREPÁRESE SI LO DETIENE ICE O LA POLICÍA.

Plan De Emergencia Familiar

Un Plan de Emergencia es un documento que todos deberían tener para protegerse a sí mismos y a sus familias en caso de emergencia, si es un incendio, un terremoto o una visita de ICE.

NO LLEVE ESTE DOCUMENTO CONSIGO
Manténgalo en un lugar seguro con otros documentos importantes: su pasaporte, recetas de medicina, u otros documentos críticos.

NÚMERO DE TELÉFONO DE FAMILIARES IMPORTANTES

Nombre/Número/Dirección: _____

Nombre/Número/Dirección: _____

Nombre/Número/Dirección: _____

Nombre/Número/Dirección: _____

MEMBROS DE LA EDAD

Nombre/Número: _____

Nombre y de su doctor: _____

Número de teléfono de su doctor: _____

Tome estas medicinas y dosis: _____

Alergias y requisitos dietéticos: _____

INFORMACIÓN

Nombre: _____

Número de seguro social/ID (en US born): _____

Número de teléfono (casa): _____

Número de teléfono (celular): _____

Contacto de emergencia (si no tiene): _____

Número de teléfono: _____

Córeo electrónico: _____

SU INFORMACIÓN:

País de origen: _____

Número telefónico de la embajata local/consulate: _____

Traductores de idiomas: _____

Nombre de abogado de inmigración: _____

Reúna lo siguiente:

- Reúna lo siguiente:
- Una carpeta para cada miembro de la familia.
- Copias de documentos de identidad.
- Copias de documentos de inmigración.
- Copias de registros médicos.
- Información bancaria.
- Asigne una persona de contacto principal confiable.



otro ejemplo

Asistencia legal local de inmigración:

- Kate Brown, Esq.
◦ 856-210-9757
- Rayssa Rodriguez, Esq.
◦ (215) 552-2942
- Camden Center for Law & Social Justice
◦ 856-583-2950
- Clarissa Morales, Esq.
◦ 848-274-0900

Qué buscar:

- Su nombre.
- ¿Es la dirección correcta?
- ¿Está tu nombre escrito correctamente?
- Sólo se pueden registrar la persona, la propiedad y las áreas especificadas.
- Está firmado por un juez y tiene el nombre de un tribunal estatal/federal en la parte superior.

Administrative Warrant

- Does not allow ICE entry!
- Signed by an ICE supervisor and not by a Judge
- May have "U.S. Department of Homeland Security" at top

ADMINISTRATIVE WARRANT

COUNTY OF _____ STATE OF _____

TO ALL WHOM THESE PRESENTS SHALL COME: I, _____, ICE Supervisor, do hereby command you to appear before me at the time and place specified below for the purpose of being interviewed and processed for removal from the United States.

YOU ARE HEREBY COMMANDED to appear before me at the time and place specified below for the purpose of being interviewed and processed for removal from the United States.

IF YOU FAIL TO APPEAR, you will be subject to arrest and removal from the United States.

Signature of ICE Supervisor: _____

Date: _____

Judicial Warrant

- Allows ICE to enter the home
- Signed by a Judge
- Will have name of a state or federal court at the top such as "Supreme Court of the State of New York"

JUDICIAL WARRANT

COUNTY OF _____ STATE OF _____

TO ALL WHOM THESE PRESENTS SHALL COME: I, _____, Judge, do hereby command you to appear before me at the time and place specified below for the purpose of being interviewed and processed for removal from the United States.

YOU ARE HEREBY COMMANDED to appear before me at the time and place specified below for the purpose of being interviewed and processed for removal from the United States.

IF YOU FAIL TO APPEAR, you will be subject to arrest and removal from the United States.

Signature of Judge: _____

Date: _____

KNOWLEDGE IS POWER: FAMILY PREPAREDNESS PLAN

BE PROACTIVE:
PREPARE YOURSELF IF YOU ARE STOPPED BY ICE/POLICE

Family Emergency Plan

An Emergency Plan is a document everyone should have to protect themselves and their families in case of an emergency, whether it's fire, an earthquake, or an encounter with an armed and dangerous individual.

DO NOT CARRY YOUR EMERGENCY PLAN

KEEP IT IN A SAFE PLACE WITH OTHER IMPORTANT DOCUMENTS: your passport, medical prescriptions, and other identification documents.

IMPORTANT INFORMATION OF FAMILY MEMBERS OR INDIVIDUALS

Name/Phone Number

Name/Phone Number

Name/Phone Number

Name/Phone Number

Name/Phone Number

Name/Phone Number

Name/Phone Number

Name/Phone Number

Name/Phone Number

Name/Phone Number

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Name/Phone Number

Name/Phone Number

Gather the following:

- A folder for each family member.
- Copies of identity documents.
- Copies of immigration documents.
- Copies of medical records
- Bank information.
- Assign a trustworthy primary contact person.



Immigration Legal Support:

- immigrantjustice.org
- immigrationadvocates.org
- immi.org

SABER ES PODER: PLAN DE PREPARACION FAMILIAR

SER PROACTIVO:
PREPÁRESE SI LO DETIENE ICE O LA POLICÍA.

Plan De Emergencia Familiar

Un Plan de Emergencia es un documento que todos deberían tener para protegerse a sí mismos y a sus familias en caso de emergencia, si es un incidente, un terremoto o una redada de ICE

NO LLEVE ESTE DOCUMENTO CONSIGO

Manténgalo en un lugar seguro con otros documentos importantes: su pasaporte, recetas de medicina, y/u otros documentos críticos.

NÚMEROS DE TELÉFONO DE FAMILIARES IMPORTANTES

Nombre/Número/Dirección:

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Nombre/Número/Dirección:

Nombre/Número/Dirección:

Nombre/Número/Dirección:

INFORMACIÓN

Nombre:

Nombre de seguro social/ITIN número (si lo tiene):

Nombre de seguro social/ITIN número (si lo tiene):

Nombre de seguro social/ITIN número (si lo tiene):

Nombre de seguro social/ITIN número (si lo tiene):

Nombre de seguro social/ITIN número (si lo tiene):

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Nombre de seguro social/ITIN número (si lo tiene):

Nombre de seguro social/ITIN número (si lo tiene):

Reúna lo siguiente:

- Reúna lo siguiente:
- Una carpeta para cada miembro de la familia.
- Copias de documentos de identidad.
- Copias de documentos de inmigración.
- Copias de registros médicos.
- Información bancaria.
- Asigne una persona de contacto principal confiable.



Apoyo Legal de Inmigración:

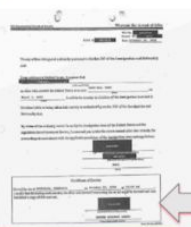
- immigrantjustice.org
- immigrationadvocates.org
- immi.org

Administrative Warrant

- Does not allow ICE entry
- Signed by an ICE supervisor and not by a Judge
- May have "U.S. Department of Homeland Security" at top

Judicial Warrant

- Allows ICE to enter the home
- Signed by a Judge
- Will have name of a state or federal court at the top such as "Supreme Court of the State of New York"

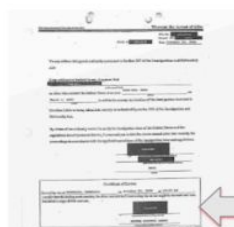


What to look for:

- Your name.
- Is it the right address?
- Is your name spelled correctly?
 - only the person, property, and areas specified may be searched.
- It is signed by a judge and has the name of a state/federal court at the top.

Administrative Warrant

- Does not allow ICE entry
- Signed by an ICE supervisor and not by a Judge
- May have "U.S. Department of Homeland Security" at top



Judicial Warrant

- Allows ICE to enter the home
- Signed by a Judge
- Will have name of a state or federal court at the top such as "Supreme Court of the State of New York"



Qué buscar:

- Su nombre.
- ¿Es la dirección correcta?
- ¿Está tu nombre escrito correctamente?
- Sólo se pueden registrar la persona, la propiedad y las áreas especificadas.
- Está firmado por un juez y tiene el nombre de un tribunal estatal/federal en la parte superior.

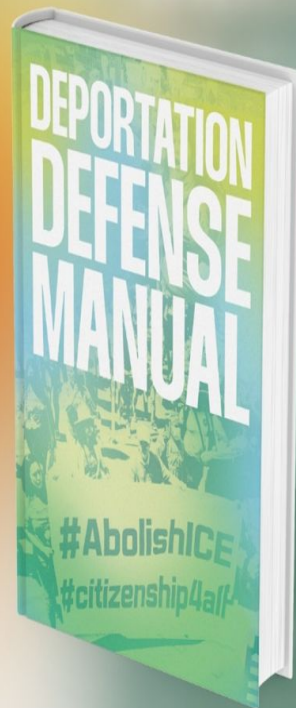


MAKE THE ROAD NY'S DEPORTATION DEFENSE MANUAL

A resource for individuals impacted by the escalation of immigration enforcement activity, and for individuals interested in becoming a support person for those affected.

DOWNLOAD TODAY!

deportationdefensemanual.org



Know Your Rights

Learn about your rights at home and in public spaces when interacting with ICE agents.

It includes resources on how to prepare in case you, or a family member, is detained by ICE.



PART ONE:
**KNOW
YOUR
RIGHTS**

Rapid Response to Raids

A guide on how to support someone who has been detained.

It includes information on how to locate a person, visit them, ensure their loved ones know what steps to take, and more.



PART TWO:
**RAPID
RESPONSE
TO RAIDS**

Deportation Defense

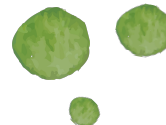
Learn how to fight deportation cases through organizing and community participation, how to organize a campaign, fundraise and how to become involved in the movement to end family separation.



PART THREE:
**DEPORTATION
DEFENSE**

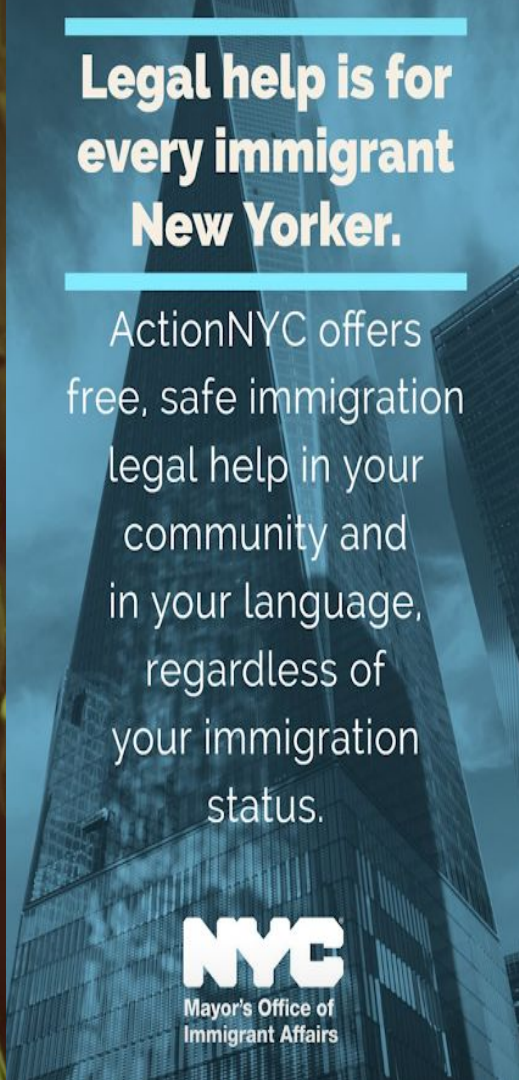
DOWNLOAD TODAY!

deportationdefensemanual.org





**Get help with
immigration legal
questions, emergency
family plans, and
more.**



**Legal help is for
every immigrant
New Yorker.**

ActionNYC offers
free, safe immigration
legal help in your
community and
in your language,
regardless of
your immigration
status.



**Call 1-800-354-0365
to access trusted
community
organizations
and attorneys.**



Know Your Rights! At the workplace



ICE MAY CONDUCT RAIDS IN AREAS OPEN TO THE PUBLIC

These include: eating areas, lobbies or waiting areas, and spaces that anyone can access.

While you may not expect ICE at your workplace, it is an unfortunate practice for people to “tip” ICE about potential undocumented workers at job sites. If they search your workplace, they might use the “tip” as **probable cause** to conduct a raid.



If your employer asks to reverify your employment:

- Check to see if they are asking everyone. If not, it could be discrimination.
- Ask for time to gather documents. Do not provide false documents.

TO LEARN MORE VISIT US AT: WEPROTECTUSNY.ORG

ICE MAY NOT ENTER NONPUBLIC AREAS WITHOUT A WARRANT

These include: places marked for “employees only,” kitchens, offices, back rooms, or inaccessible areas.

PREPARE YOUR WORKPLACE

- Ask your supervisor to put up signage requiring **consent and a judicial warrant** for law enforcement to enter.
- Designate a safe space for staff in a **staff-only** area in case of an ICE encounter.



What to do if ICE talks to you?



DO NOT: Lie, hand over false documents, or answer questions without a lawyer.

SAY: I want to remain silent and speak to a lawyer.



¡Conozca Sus Derechos! En el sitio de trabajo



ICE PUEDE HACER REDADAS EN LUGARES ABIERTOS AL PÚBLICO

Estos incluyen: Comedores, áreas de espera, y espacios que cualquiera pueda acceder.

Aunque nadie espera ver a ICE este en su lugar de trabajo, desafortunadamente hay practicas donde personas le “avisan” a ICE que hay trabajadores indocumentados en un lugar de trabajo. Si hacen una redada en su lugar de trabajo, puede que usen el aviso que recibieron como **causa probable**.



ICE NO PUEDE ENTRAR A LUGARES PRIVADOS SIN UNA ORDEN JUDICIAL

Estos incluyen: Los sitios marcados solo para empleados, cocinas, oficinas, áreas cerradas, o areas sin acceso al publico.

PREPARE SU SITIO DE TRABAJO

- Pídale permiso a su supervisor para agregar señalización requiriendo **consentimiento y una orden judicial** para que entre ICE.
- Designe un espacio seguro para el personal en un area solo para los empleados.



Si su empleador pide reaverificar su documentación:

- Mire si le están pidiendo lo mismo a todos. Si no, podría ser discriminación.
- Pida tiempo para buscar sus documentos. No proporcione documentos falsos.

¿Qué hacer si ICE lo cuestiona?



NO: Mienta, provea documentos falsos, o responda a las preguntas de ICE sin un abogado.

DIGA: Quisiera permanecer en silencio y quiero hablar con un abogado.



IF ICE SHOWS UP, KNOW YOUR RIGHTS!

If immigration (ICE) comes to your door or stops you in the streets, you have rights!

1. DO NOT OPEN THE DOOR

ICE does not have the right to enter your home without a valid warrant signed by a judge.



ICE will not always identify themselves as ICE. If there is a knock at your door and they say "Police" it could very well be ICE. ICE will often say they are police to gain access to homes. If at any point they try to enter, or do enter, continue to say **"I DO NOT CONSENT"**.

If they insist they have a warrant ask them to slip it under the door.



Don't run and most importantly do not lie about your name, age, immigration status, etc.

Anything you say or do can be used against you.



If ICE questions you, under the 5th Amendment, you have the right to remain silent and to not incriminate yourself.

2. REMAIN CALM



If you are detained, ask for an immigration attorney immediately. Although immigration does not provide attorneys, once you ask for an attorney they should no longer question you.

3. DO NOT SIGN ANYTHING



Ask to have documents translated. If you do not speak English ask for an interpreter.

Have an attorney look over any documents that ICE gives you.

4. RECORD



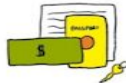
If you witness someone being detained by ICE, you have the right to record as long as you do not interfere with the arrest.

Pictures, videos, and any information you can gather, can help verify an immigration raid and also help someone's immigration case.

5. MAKE A FAMILY PLAN



If you have children, identify a caretaker.



Make sure your family is prepared if ICE arrives at your home. Have all your personal documents and finances secure.



Make sure you have at least one number memorized in case of an emergency.



SI ICE VIENE, CONOCE TUS DERECHOS!

Si inmigración (ICE) llega a tu puerta o te detiene en las calles, ¡tienes derechos!

1. NO ABRIR LA PUERTA

ICE no tiene derecho a ingresar a su hogar sin una orden válida firmada por un juez.



ICE no siempre se identificará como ICE. Si alguien toca a su puerta y dice "Policía", podría ser ICE. ICE a menudo dirá que son policías para obtener acceso a hogares. Si en algún momento intentan ingresar o lo hacen, continúe diciendo

"NO DOY MI CONSENTIMIENTO".

Si insisten en que tienen una orden, pídeles que la metan debajo de la puerta.



No corra y, lo más importante, no mienta sobre su nombre, edad, estado de inmigración, etc.

Cualquier cosa que diga o haga se puede usar en su contra.



Si ICE lo cuestiona, bajo la 5ta Enmienda, tiene derecho a permanecer en silencio y no incriminarse.

2. PERMANECER EN CALMA



Si está detenido, solicite un abogado de inmigración inmediatamente. Aunque la inmigración no proporciona abogados, una vez que solicite un abogado, ya no deben interrogarlo.

3. NO FIRME NADA



Pida que le traduzcan los documentos. Si no habla inglés pida un intérprete.

Haga que un abogado revise cualquier documento que ICE le entregue.

4. GRABAR



Si es testigo de una redada por ICE, tiene derecho a grabar siempre y cuando no interfiera con el arresto.

Las fotos, los videos y cualquier información que pueda reunir, pueden ayudar a verificar una redada de inmigración y también ayudar con el caso de inmigración de alguien.

5. HACER UN PLAN FAMILIAR



Si tiene hijos, identifique a alguien que los pueda cuidar.



Asegúrese de que su familia esté preparada si ICE llega a su hogar. Tenga todos sus documentos personales y de finanzas seguros.



Asegúrese de tener al menos un número memorizado en caso de una emergencia.



Learn English with We Speak NYC.

- Practice speaking English for free
- Get to know your community
- Build confidence
- Learn about City services and resources

Get started at nyc.gov/WeSpeakNYC



Aprende inglés con We Speak NYC.

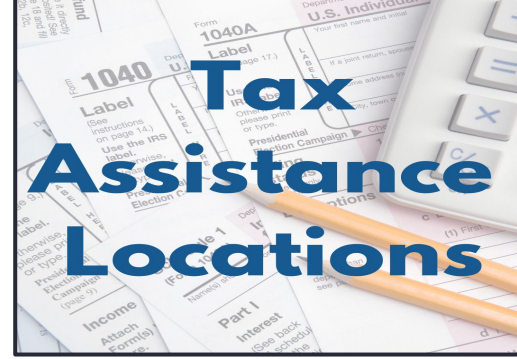
- Practica la conversación en inglés
- Conoce tu comunidad
- Habla con más confianza
- Obtén más información sobre los recursos de la ciudad

Comienza aquí: nyc.gov/WeSpeakNYC



A decorative border surrounds the central text, featuring stylized flowers in blue, white, and red, along with white and blue leaves and swirling lines. The background is a solid dark navy blue.

Community Resources



TAX HELP: Visit nyc.gov/taxprep to explore NYC Department of Consumer and Worker Protection's resources to prepare your 2024 taxes for free. What documents do I need to file? Other free tax preparation services in Brooklyn.

- **Brooklyn Public Library**
 - Free tax assistance is available to those who qualify, in collaboration with several providers and the Department of Consumer and Worker Protection.
 - Specific services vary by provider, as well as hours and availability at specific branches. For the most up-to-date information please visit bklynlibrary.org/tax-help
- **Grow Brooklyn Free Tax Prep**
 - Available to families with dependents who earned \$85,000 or less, individuals who earned \$59,000 or less, and self-employed filers with expenses of \$35,000 or less in 2024.
 - Locations throughout Brooklyn.
 - Make an appointment online or call 347-682-5606 Tuesday-Friday 12PM- 8PM/Saturday 12PM-4PM. For more information email freetaxes@growbrooklyn.org.

TAX HELP CONTINUED

- **Community Tax Aid**

- Free virtual tax preparation for families with dependents who earned \$67,000 or less and individuals who earned \$35,000 or less, with less than \$11,000 Investment Income (Capital Gains, Interest, Dividends ...).
- In-person assistance at 3 locations: Bedford-Stuyvesant, Manhattan and Queens. Appointments available after submitting tax documents to Community Tax Aid.
- For information visit www.ctanyc.org, call 646-200-5080 or email generalinfo@ctanyc.org.

- **IRS – Free Tax Return Preparation for Qualifying Taxpayers**

- IRS's Volunteer Income Tax Assistance (VITA) and Tax Counseling for the Elderly (TCE) programs offer free basic tax return preparation to qualified individuals. Sites are operated by IRS partners and staffed by volunteers. A majority of the TCE sites are operated by the AARP Foundation's Tax Aide program.
- Find a site using the VITA Locator Tool at irs.treasury.gov/freetaxprep or call 800-906-9887. To locate the nearest AARP TCE Tax-Aide site between January and April use the AARP Site Locator Tool or call 888-227-7669.

Open Door Family Life Center

FOOD PANTRY

RESOURCES
FROM MS.PINK



EVERY SATURDAY - 8:30AM - 10:30AM
999 Greene Avenue, Brooklyn, NY 11221

www.opendoorflc.org

Expecting
Relief



January 17, 31

February 14, 28

March 14, 28

April 11, 25

May 9, 23

June 13

Escanee el código QR y
regístrese para reservar su
bolsa de comida
(opcional)



Expecting Relief
Community Pantry Boutique
2832 Fulton St
Brooklyn NY 11207



www.expectingrelief.org



[expectingrelief](https://www.instagram.com/expectingrelief)

**COMIDA
ASISTENCIA**
2025 FECHAS
2pm-3:30pm

Benefits

ACCESS NYC helps New Yorkers identify and apply for eligible benefits. There are over 30 programs you or your family may be eligible for regardless of immigration status and even if you are already receiving benefits or have a job. Call 718-557-1399 or visit access.nyc.gov.

Unemployment Assistance:

To apply for temporary income for eligible workers who lose their jobs through no fault of their own, call 888-209-8124 or visit ny.gov/services/get-unemploymentassistance.

Financial Counseling:

For free, one-on-one financial counseling, visit nyc.gov/talkmoney

Internationally Trained Nurse?

Improve your English skills and become a licensed nurse in New York

The National Council Licensure Examination for Registered Nurses (NCLEX-RN) Preparation Course for English Language Learners is offered at no-cost for internationally trained nurses.

This program can help you:



Improve your English language skills



Learn about nursing in the U.S. healthcare system



Prepare for the NCLEX-RN exam to become re-licensed in New York State

Learn more and apply:

nyc.gov/healthcaretraining



Careers
Businesses
neighborhoods



Eligibility Requirements

- ☑ Be an English Language Learner
- ☑ Have high-intermediate level of spoken English
- ☑ Have a nursing degree from a country other than the United States
- ☑ Be a New York City resident and legally authorized to work in the United States
- ☑ Submit nurse license verification application to CGFNS International and NYS Education Department
- ☑ Make no more than \$40,000 annually if employed
- ☑ Have reliable internet and a working computer to use during the training program
- ☑ Be vaccinated against COVID-19, except for those with an approved reasonable accommodation



WE ARE HIRING

Career Opportunities

Case Worker (Bilingual in Spanish) One Stop \$46k

**4 Program Coordinator \$41k Bilingual in Spanish helpful
CFO \$180k+**

**Health Advocate \$52-\$54 hourly (time limited assignment)
IT Manager \$80k**

**PACT Project Part Time (evening hours) Coordinator \$42k
Veteran's Program Director \$80k**

Grants Writer \$70k

Home Health Aides and PCA \$19.15/hr - \$22.64/hr

Per Diem Field RN - Bilingual in Spanish helpful \$65k - \$75k

How to Apply

email your resume to: jobs@raintotalcare.org
or call: 718-892-5520



Become a mentee and accelerate your career

Receive invaluable guidance and achieve your professional goals with the support of an experienced mentor.



Why Having a Mentor is Important

50% of jobs come through a personal connection. Mentors introduce you.

Mentors teach you job search strategies, and support you.

A year after the program, more than 80% of mentees are employed.

The StreetWise Program Offers

- ✔ Strong marketable resume
- ✔ Personalized career advice and guidance
- ✔ Valuable industry knowledge
- ✔ An expanded professional network
- ✔ Core networking strategies & techniques
- ✔ Actionable career goals
- ✔ Confident interview skills
- ✔ Guidance on creating a strong LinkedIn profile

StreetWise Bridge



StreetWise Bridge is our signature mentoring program that provides adults from under-served communities with

- ✔ the professional skills ✔ confidence ✔ social capital
needed to launch their careers.

For more information contact María Elena Fraga, Recruitment Manager
maria-elena@streetwisepartners.org



Register for
an information
session

streetwisepartners.org



This is
Your
Time .



BRIDGING ACCESS TO CARE

HOUSING IS YOUR RIGHT

LET US GIVE YOU ACCESS

ARE YOU SEEKING HOUSING ASSISTANCE?

OUR GBHI PROGRAM PROVIDES ESSENTIAL RESOURCES AND SERVICES TO HELP INDIVIDUALS WHO USE SUBSTANCES AND ARE IN NEED OF HOUSING ASSISTANCE.

SERVICES INCLUDE:

- SUBSTANCE USE TREATMENT WITH A HARM REDUCTION APPROACH
- ASSISTANCE IN HOUSING NEEDS
- MENTAL HEALTH & SUBSTANCE USE SCREENING

ELIGIBILITY:

- INDIVIDUALS LOOKING FOR HOUSING SUPPORT OR ASSISTANCE
- INDIVIDUALS WHO ENGAGE IN SUBSTANCE USE

CONTACT US

2261 Church Avenue, Brooklyn, NY 11226
GBHIREFERRALS@BAC-NY
347-505-5119



BRIDGING ACCESS to CARE Inc.

DO YOU HAVE CONCERNS ABOUT SUBSTANCE USE AND HOUSING AND DON'T KNOW WHERE TO GO?

IF YOU'RE BETWEEN THE AGES OF 18-25,
JOIN **TREE YOUTH SERVICES** AND REACH YOUR FULL POTENTIAL!

OUR PROGRAM OFFERS:

- Support for substance use issues
- Housing support
- Referral to mental health, vocational services
- Tobacco cessation
- Harm reduction education and supplies
- Hepatitis C, STI, and HIV Testing
- Support groups

LOCATED AT:

Flatbush Gardens
3301 Foster Ave
Brooklyn, NY 11210

METRO CARDS TO BE DISTRIBUTED



CONTACT:

Treereferrals@bac-ny.org

347-505-7373



BRIDGING ACCESS to CARE Inc.

FIRST STEPS

A SUPPORTIVE SPACE FOR SUBSTANCE USERS

We work with individuals looking to start
managing their substance use
using a trauma-informed and harm reduction approach.

WE ACCEPT ALL MAJOR INSURANCE

NOW ACCEPTING WALK-INS

WE OFFER:

- Individual Counseling
- Support Groups
- Social Services
- Medication Management
- Supportive Housing Referrals/Resources

LOCATED AT:

2261 Church Ave
Brooklyn, NY 11226

CONTACT:

FirstStepsReferral@bac-ny.org

347-505-5119

WWW.BAC-NY.ORG

Want a career where you're in demand?

Gain professional skills in:

- database and query basics
- dashboard basics, incl. Tableau
- troubleshooting and Linux file systems
- cloud networks and network security

Graduates will be prepared for these positions:

- associate data analyst
- business systems analyst
- IT data application support associate
- technical support specialist
- information security analyst
- IT security

Requirements:

- Must be 18 years or older and have a legal right to work in the United States
- Must have a government issued photo ID
- Must bring proof of COVID-19 vaccination (highly advised)
- Interest in Tech

Earn a Google Professional Certificate
Job assistance through St. Nicks Alliance and
Google Employer Consortium



TECH Literacy

*in Data Analytics, IT Support,
and Cybersecurity*

TRAINING IS FREE

MUST ATTEND INFO SESSION: TUESDAYS AT 1PM

Where: St. Nicks Alliance Workforce, 92 Throop Avenue, Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 Ext. 450 or TechLiteracy@stnicksalliance.org

**SIGN UP
HERE**



St. Nicks Alliance

Where Opportunity Grows

Join Our Outstanding Home Care Team!

St. Nicks Alliance Home Care is hiring Personal Care Aides

**JOBS AVAILABLE FOR
ALL HOURS & DAYS**

Special Needs for:
LIVE-IN (24-HOUR) AND WEEKEND



Please bring :

- Valid PCA or HHA certificate
- Photo I.D.
- Social Security Card
- Two personal references
- Flu/COVID-19 Vaccination documentation

We Offer:

- Hourly rate from \$19.15/hour; rate of \$28.73 on holidays
- Live-in rate \$248.95/day weekdays; \$373.43/day holidays
- Health, pension and education benefits available through Local 1199 SEIU
- Jobs available in Brooklyn, Queens and Manhattan.
- Weekends, weekdays, live-ins, day or night shifts, permanent and replacement cases available!

CALL FOR AN APPOINTMENT AND MORE INFORMATION!

Where: St. Nicks Alliance, 2 Kingsland Avenue, 2nd Floor Brooklyn, NY 11211
Contact Info: 718.388.5654 Ext. 235 or Ext. 206 or email: hchire@stnicksalliance.org

2 Kingsland Avenue, Brooklyn, NY 11211 www.stnicksalliance.org
718.388.5454



St. Nicks Alliance

Where Opportunity Grows

Get Happy and Healthy!

Lunch (Mon–Fri) 12PM–1PM
suggested donation \$1.50

Monday
Arts & Crafts

Tuesday
Shiatsu Chair Massage

Wednesday
Chair Body Strengthening

Thursday
Technology

Friday
Chair Yoga, Qigong, & Dance Class

Additional Activities:

bingo • dominoes
group discussions • lectures
computer lab • parties • trips
outdoor gatherings • food pantry



**Cooper
Park**
older adult center



St.Nicks Alliance

Where Opportunity Grows

NYC Department for
the Aging

Ser Feliz y Saludable!

Almuerzo (L–V) 12PM–1PM
donación sugerida \$1.50

Lunes
Artes y Manualidades

Martes
Masaje en Silla Shiatsu

Miércoles
Fortalecimiento Corporal en Silla

Jueves
Tecnología

Viernes
Yoga en Silla, Qigong, y Clase de Baile

Additional Activities:

dominó • despensa de alimentos
discusiones en grupo • conferencias
laboratorio de computación • viajes
reuniones al aire libre • bingo • fiestas



**Cooper
Park**
older adult center

Hours: Lunes–Viernes, 9AM–4PM

Where: 288 Frost Street, Brooklyn, NY 11222

Contact: Denise Perez, (718) 227-3652 Ext. 904, dperez@stnicksalliance.org

NYC Department for
the Aging



St.Nicks Alliance

Where Opportunity Grows



YOU ARE INVITED TO A

Community Baby Shower

SUNDAY, MAY 4, 2025 - 12:30 PM - 3:30 PM

**PS 276 - THE LOUIS MARSHAL SCHOOL
1070 E 83RD STREET, BROOKLYN, NY 11236**

Join us for a special Community Baby Shower designed just for expectant parents and families with children under 1 year old.

- FREE MATERNITY & BABY SUPPLIES
- GIVEAWAYS & RESOURCE TABLES
- FUN ACTIVITIES, GAMES, AND CRAFTS LIKE BIB DECORATING
- MEET STAFF THAT HELP THROUGH THE LABOR AND DELIVERY PROCESS
- HEALTH AND WELLNESS REPRESENTATIVES
- LIGHT REFRESHMENTS



RSVP Today!



**BROOKLYN BOROUGH PRESIDENT
ANTONIO REYNOSO**

invites you to

BROOKLYN'S 2025 STATE OF THE BOROUGH

Thursday, April 10, 2025

Doors Open at 6 PM & Program Begins at 7 PM

Boys and Girls High School

1700 Fulton St., Brooklyn, NY 11213

B46 & B46-SBS, B25, B26, B15, B65

Limited parking available on site



RSVP AT [BIT.LY/BKSOTB25](https://bit.ly/BKSOTB25) OR SCAN:

This activity is not sponsored or endorsed by the NYC Department of Education or the City of New York.



NYC Brooklyn 18

Department of Health



How do I apply for Affordable Housing?

Learn how to:

- use NYC Housing Connect
- create a profile
- search for an apartment
- avoid errors that disqualify applications

You must:

- bring accurate information about your household size and income
- have access to an email account



2025 Affordable Housing in-person Workshops

2ND MONDAY of the month at **6PM–8PM**

DATES: JAN 13, FEB 10, MAR 10, APR 14, MAY 12, JUN 9

Where: 211 Ainslie Street, Brooklyn

Advance Registration Required:
(include: name, address, and phone
number in the email)

CPU@stnicksalliance.org

Scan to RSVP



St.Nicks Alliance

Where Opportunity Grows

¿Cómo solicito Vivienda Asequible?

Aprenda cómo:

- usar NYC Housing Connect
- crear un perfil
- buscar apartamentos
- evitar errores que puedan descalificar sus solicitudes

Por favor traer:

- Información precisa del tamaño de su hogar y ingreso
- Tener acceso a un correo electrónico



2025 Taller de Vivienda Asequible en persona

SEGUNDO LUNES DE CADA MES, **6pm–8pm**

FECHAS: EN 13, FEB 10, MAR 10, ABR 14, MAY 12, JUN 9

Localización: 211 Ainslie Street, Brooklyn

Registración es un requisito:
(Incluir: nombre, dirección, y número
de teléfono en el correo electrónico)

CPU@stnicksalliance.org

Scan to RSVP



St.Nicks Alliance

Where Opportunity Grows



Job Fair

Wednesday March 19th 2025

10:30am - 12:30pm

330 Powell Street Brooklyn NY 11212

*****Allied Universal** will be onsite recruiting for Licensed & Unlicensed Security Guards. **Must have 8 & 16 hour Security Certificates and F02, NY Security Guard License** a plus! Immediate Hire! **Pay \$16+ and UP per hour.**

PLEASE BE INTERVIEW READY, DRESSED PROFESSIONAL AND RESUME IN HAND!

Email or Call:

Rupert Stewart

O: 347-599-9658

Email: rstewart@fedcap.org

Must be a resident of Van Dyke, Brownsville or Tilden Houses!!



Fifth Avenue Committee
Our Community. Our Future.

FREE GED PREP CLASSES

Prepare to take and pass the GED to earn your High School Equivalency diploma.

- Daytime class covering all 4 subjects on GED: Math, Science, Social Studies and Language Arts
- Class meets 12pm-3pm on Mondays and Wednesdays
- Class will be held in person at 294 Smith St., Brooklyn, NY 11231

To get more information and sign up for our GED program, **call: 718-624-3475 ext. 214**





**69TH PRECINCT
COMMUNITY COUNCIL**

IN-PERSON

JOB FAIR

**Friday
April 4, 2025
10AM – 2PM**



Scan to RSVP

**HES - Gymnasium
9502 Seaview Ave, Brooklyn, NY 11236**

- Bring plenty of resumes.
- Professional Attire & be prepared to interview for Open Positions.
- This is a FREE community event.

Please RSVP and see Job Vendor list at:

<https://2025CanarsieJobFair.eventbrite.com>

For More Information:

**69th Precinct Community Council, 718.257.6205
Congressman Hakeem Jeffries, 718.373.0033**

**In
Partnership
with**

**CONGRESSMAN
HAKEEM JEFFRIES**

**&
HES**

**Senator
Roxanne Persaud**

**Assemblywoman
Jaime Williams**

**Assemblywoman
Monique Chandler-
Waterman**

**Councilwoman
Mercedes Narcisse**

POSITION OPENINGS:

Administrative Assistants,
Attorneys, Bank Tellers, Camp
Counselors, Construction
workers, Customer Service
Agents, Delivery Drivers, Flight
Attendants, Information
Technologists, Law Enforcement
Officers, Mail Handlers, Medical
Technicians, Maintenance
workers, Nurses, Security
Guards, Social Workers,
Summer Youth Jobs, Teachers,
Warehouse workers, Jobs for
Veterans and much more

Meet top talent and build your dream team!

25TH ANNUAL DR. KING



CAREER FAIR

April 10, 2025 | 11:00 am - 3:00 pm

Empire State Plaza Convention Center

Register Now:

on.ny.gov/exhibitdrk

WE ARE YOUR DOL



**Office of
General Services**

REBOUND

LIFE SKILLS PRESENTS RESOURCE FRIDAY

FRIDAY

03.21.2025

12:00 pm - 1:00 pm

Join Us

Learn about the training and certification programs available for young adults 16-24 yrs old

- College & FAFSA Help
- Barbershop Program
- Food Protection License
- OSHA 10/ OSHA 30
- And much more!

Location

876 Schenck Avenue
Brooklyn, NY 11207

📞 332-323-9812



Register Here



WOMEN'S *Virtual* CIRCLE

Join our virtual circle, a welcoming space for the women of the East Flatbush community! We invite you to our Weekly WEBEX meeting, where you can connect, share experiences, and support one another in a safe and nurturing environment. Together, let's build a strong community and empower each other. We can't wait to see you there!



weekly

**EVERY
TUESDAY!!!**

TAP IN

6:30 pm - 7:30

Join WEBEX Meeting

**Meeting ID:
2537 297 4079
Passcode: 1234**

OR

SCAN



**CALL IN:
1-844-621-3956
Access code:
2537 297 4079**

JOIN US

FREE WORKSHOP!

Protect Your Money: Debt Collection & Financial Scams

Debt collectors & scammers use intimidation & deception to scare people, but **we have the power to push back!**

Join **New Economy Project & Bk Coop** to learn your rights & how to protect your loved ones from scams.



Thurs. March 27th | 5:30 - 7:30PM



Bk Coop - 1474 Myrtle Ave. Bushwick

Scan to register



Hosted by:



MOTHERS!

Do you wish you had more time for **you**?

We do too. Help us figure out how best to connect moms living in the same neighborhood

The **Free Time for Wellness** project provides:

- Free fitness classes (weekly one-hour fitness class) for 12 weeks
- Possible free childcare and grocery delivery
- Opportunities to connect with other mothers

Participants will be asked to:

- Complete 2 Surveys
- Wear an activity watch



COLUMBIA

WEST SIDE
CAMPAIGN AGAINST HUNGER

shapeup
NYC jovie

Participants will receive:

- Up to \$150 in gift-cards for your time
- Free fitness classes

Who can join?

Mothers over the age of 18 with children 12 years old or younger. Mothers must own a mobile phone. Mothers that speak English or Spanish.

Contact Us

To enroll scan the QR code or call (347) 460-7589

WhatsApp number: 917-574-7512

For more information contact: freetime@cumc.columbia.edu

Fitness Class

**Mondays at 6:30 pm in
McCarren Play Center**

Body Weight Interval Training

Start Date: **3/31/2025**

Fitness Class

**Tuesdays at 10:00 am in
Highbridge Recreation Center**

Yoga en Español

Start Date: **4/1/2025**

Fitness Class

**Saturdays at 11:30 am in
St. James Recreation Center**

Yoga

Start Date: **4/5/2025**



Columbia University IRB
IRB #A448022 (YELMMS) IRB Approval Date:
04/02/2024 For use until modified or study is
closed



ENROLL HERE



Brooklyn North Army Recruiting Company



Minimum Requirements: 17-42 years old; must be a US citizen or permanent resident to apply

ACTIVE DUTY (Full-time)

WORK FULL TIME AND EARN YOUR DEGREE WHILE SERVING IN THE ARMY

- ENLISTMENT BONUS up to \$40,000

BENEFITS WHILE ON ACTIVE DUTY:

- Free MEDICAL Coverage
- Life Insurance
- Free DENTAL Coverage
- Tax-Free Shopping
- Free OPTICAL Coverage
- Military Discounts
- 30 Days ANNUAL PAID VACATION
- Home Buying Assistance
- HOUSING ALLOWANCE

EDUCATION INCENTIVES:

POST-9/11 GI Bill:

- Provides up to **\$100,648** for continued education after your service in the United States Army
- Monthly Housing Allowance of up to **\$2,929** per month
- **\$1,000** a year to use for books and supplies

TUITION ASSISTANCE (While Serving)

100% tuition paid each year up to **\$4,000**

- STUDENT LOAN REPAYMENT up to **\$65,000**

GUARANTEED TRAINING OF CHOICE IN OVER 150 NON COMBAT JOBS!

- Construction/Engineering
- Aviation/Transportation
- Legal Administrator/Paralegal
- Cyber/Security
- Mechanical Maintenance
- Law Enforcement
- Various Medical Positions
- Dental Specialist
- IT (Information Technology)
- Human Resource
- And 140 more to choose...

ARMY RESERVE (Part-time)

EARN COLLEGE CREDITS FOR THE SKILL TRAINING YOU RECEIVE THROUGH THE ARMY RESERVES AND STAY LOCAL

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Brooklyn, NY 11237
SSG Tapia, Michael
Call or Text
(347) 733-2989**



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WORK WITH US!

Explore open positions at the Office of the Public Advocate: advocate.nyc.gov/opportunities



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A decorative border surrounds the text, featuring stylized flowers in blue, white, and red, along with white leaves and blue and white swirling lines. The background is dark blue with a lighter blue curved shape on the left side.

Parenting Resources

ALTERNATIVES

to “How was your day?”

SKIP the “I don’t know”
INSPIRE a conversation!

What were some of the feelings you felt today? Can you name them?

What was one thing that made you laugh today?

What did you play at recess today? Who did you play with?

What was the best part of the day? And the worst?

What was your favorite lesson your teacher taught you today?

7 WAYS TO SHOW UP FOR YOUR TEEN



Get interested in their interests, talk about what they want to & stay up late with them.

Hold them accountable. Help them earn privileges & rewards. Boundaries are still important.



Listen to understand. Ask questions. Try not to lecture



Praise them directly & to others: “I’m so proud of who you are.”



Speak up for issues they are passionate about. If you don’t know, let them teach you.



Be a safe person while respecting their privacy. Be their home base.



Their pain is real. Believe them when they say they are hurting.

PEER SUPPORT GROUPS FOR PARENTS OF LGBTQ+ KIDS



ONLINE:

6:00 – 7:30 PM

English every third Tuesday of the month
Spanish every fourth Tuesday of the month

YOU'RE NOT ALONE. JOIN US!

CONTACT US OR SCAN TO REGISTER:

Email: gloria.soto@camba.org
alex.rocha-alvarez@camba.org



10 Tips for healthy co-parenting

1. Put your ego aside
2. Have the parenting talk
3. Practice healthy communication
4. Check in with children
5. Set healthy co-parenting boundaries
6. Come up with a plan for co-parenting
7. Prepare kids for blended families
8. Strive for unity as parents
9. Consider therapy when faced with unresolved conflicts
10. Seek out resources for a healthy co-parenting



How parents can support **teens with depression**



If you are noticing that your teen may be suffering from depression, there are many steps that can be taken. Read more to get helpful tips on how best to support your teen!



3.7 million adolescents aged 12-17 have suffered from depression **in the past year.**

There are common stressors that can be associated with a teen's risk for depression, including increased **stress about school**, worries about **friends or family**, self-esteem **issues**, body image **concerns**, or other **stressful life events**

Here are a few signs that your teen may be at risk for depression:

- Starting to avoid friends and/or things they used to like to do
- Headaches or stomachaches
- Easily upset
- Changes in their behavior
- Declining school performance



It's important to remember that formal diagnoses should come from **professionals**. Recognizing signs of emotional distress in teenagers may indicate a need for some **extra support**. Keep in mind that these behavioral changes should be ongoing for **weeks or months** to raise concern.

What can you do? **Communicate with your teen**

Building a **welcoming** and judgment-free environment for your teenager to share their thoughts and worries can **promote conversation**. Hearing what they want to express can foster an encouraging environment.

I can tell you are feeling sad. I'm here to listen to you and support you. I can also help you find someone else to talk to, like a counselor or therapist.



Educate yourself & seek **professional help**

Taking time to learn about depression and its signs can **foster empathy** for their experience and enable you to offer the right kind of **assistance** to them.



If you think your teenager might be struggling with depression, reaching out to a **mental health expert** or a **trained therapist** can offer a diagnosis and suggest suitable treatment choices.

Organizations like Mental Health America, The Trevor Project, and The National Institute of Mental Health are all great resources for teens with depression.

Encourage healthy habits & **foster supportive relationships**



Encourage your teenager to participate in activities they like. Spending time with **friends** or engaging in **hobbies** that bring them joy are also great steps.

Supportive relationships can play a significant role in managing and recovering from depression. Encouraging your teenager to maintain **positive and supportive relationships** with family members and friends can help your teen recover.

Be supportive & understanding **with your teen**

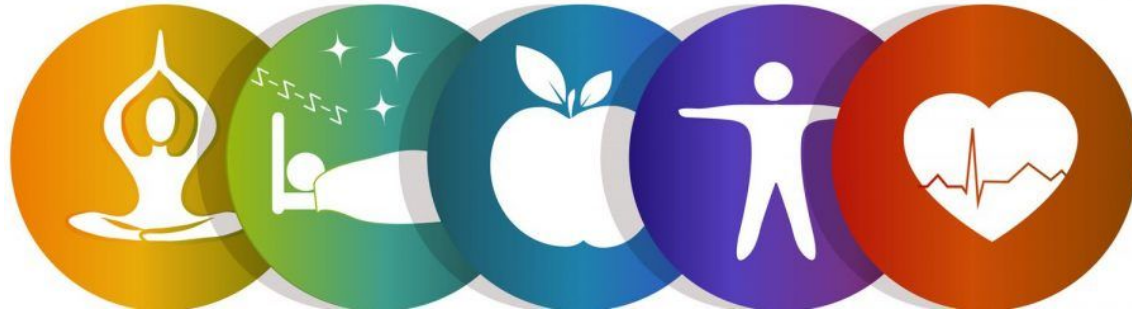
Always remember that the healing process **takes time**. Being patient and continuing to provide **unconditional love and support** to your teenager throughout their journey towards recovery can help them during this process.

Remember, **you are not alone**, and seeking professional help can be supplemental for you and your teenager's well-being.



Health & Wellness Resources

WELLNESS



Women's Preventive Healthcare Checklist

Exam	Frequency / Age
Annual physical	Yearly for all ages
Cervical cancer screening	Every 3 years for ages 21–29
Cervical cancer screening + HPV testing	Every 3–5 years for ages 30–65
Breast exam	Yearly during your routine physical and self-checks at home for age 25 onward
Mammogram	Yearly or every other year for ages 40–74
Colon cancer screening	Every 5–10 years for ages 45–75
Bone density test	Frequency varies for age 65 or older and 64 or younger if you've gone through menopause

6 Ways to Celebrate Women's History Month



Purchase items from a business owned by a woman



Learn and research Women's History



Find a local initiative for women in your area to support



Attend or Create events Honoring Women's History



Honor a woman with flowers, a monetary gift, or kind words



Donate to causes that impact young women

Mental Health Services:

NYC Well provides free, confidential mental health support 24/7. To speak to a counselor:

- Call 888-NYC-WELL (888-692-9355)
- Text “WELL” to 65173
- Chat at nyc.gov/nycwell.

To find mental health and substance use resources in your neighborhood, visit

nycwell.cityofnewyork.us/en/find-services.



officeofmentalhealth

Need to talk?

Crisis Text Line:
Text GOT5 to 741741

988 Crisis Lifeline:
Call/Text 988 or chat
988lifeline.org

Trevor Lifeline:
1-866-488-7386
Trevor Text:
Text START to 678678



Office of
Mental Health

A NEW CRISIS RESOURCE FOR NY

988
SUICIDE
& CRISIS
LIFELINE



Office of
Mental Health

GOING TO SCHOOL WITH FOOD ALLERGIES

Work together to form
a partnership with your
child's school.



Preparing food for someone with food allergies?

- Read all ingredient labels
- Wash your hands
- Prepare foods on a clean surface
- Use clean and separate utensils, cookware and dishes

NYC Health + Hospitals/Woodhull partnered with the "WICK Against Violence"



Mission Statement: NYC Health + Hospitals/Woodhull has partnered with the "WICK Against Violence", a program of the Public Safety Coalition, to enhance the hospital's existing violence prevention efforts by inviting violence interruption and mediation services into the hospital to support victims of violence. We provide a collaborative community-based approach to those more likely to be impacted by gun violence and provide them with access to resources and services in an effort to prevent future violence and break the cycle of violence. The program is geared to be the hub that provides compassionate, comprehensive care and innovative strategies to steer high-risk New Yorkers away from a culture of violence and guns.

Services provided:

- ✦ CV (Cure Violence) interruption and mediation services.
- ✦ Engage in supportive conversations.
- ✦ Exchange contact information with family/victim for follow up assistance.



For more information, please contact:

Jessica Arocho
Director of Community Affairs
Program Coordinator
718-963-8140

Totteanna Conley
Community Liaison Worker
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

NYC
HEALTH +
HOSPITALS

Woodhull

NYC Health + Hospitals/Woodhull en asociación con el "WICK Against Violence"



Declaración de objetivos: NYC Health + Hospitals/Woodhull se ha asociado con el "WICK Against Violence", un programa de la Coalición de Seguridad pública, para mejorar los esfuerzos existentes de prevención de la violencia del hospital invitando servicios de interrupción de la violencia y mediación al hospital para apoyar a las víctimas de la violencia. Proporcionamos un enfoque colaborativo basado en la comunidad para aquellos que tienen más probabilidades de verse afectados por la violencia armada y les brindamos acceso a recursos y servicios en un esfuerzo por prevenir la violencia futura y romper el ciclo de violencia. El programa está orientado a ser el centro que brinda atención, compasiva e integral y estrategias innovadoras para alejar a los neoyorquinos de alto riesgo de una cultura de violencia y armas.

Servicios prestados:

- ✦ Servicios de interrupción y mediación de CV (Curar la violencia (*Cure Violence*))
- ✦ Participar en conversaciones de apoyo.
- ✦ Intercambiar información de contacto con la familia/víctima para asistencia de seguimiento



Para obtener más información, póngase en contacto con:

Jessica Arocho
Directora de asuntos comunitarios
Coordinadora del programa
718-963-8140

Totteanna Conley
Trabajadora de enlace comunitario
718-963-8934

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Drop the Vape

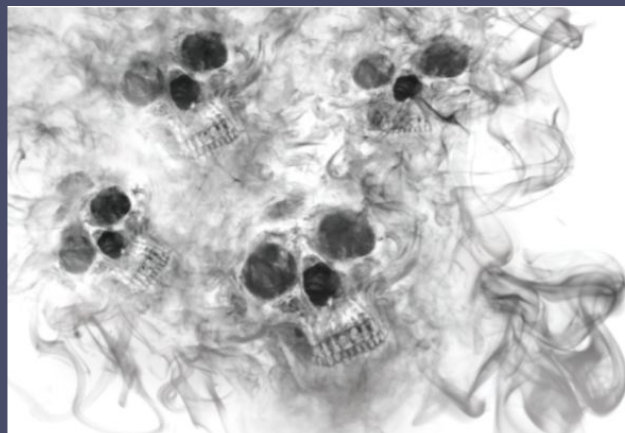


Vapes can expose you to toxic and cancer-causing chemicals. More teens are trying to stop vaping than you think. You can too!

Text **DROP THE VAPE** to **88709** to get advice and motivation from other teens. It's free, anonymous and confidential support, available 24/7.

Resource from
Ms. Pink

For more information, visit nyc.gov/health and search for **e-cigarettes**.



THE TRUTH ABOUT E-CIGARETTES VAPING &

E-cigarettes almost always contain nicotine.

- ❑ Nicotine is addictive, especially for teenagers.
- ❑ Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- ❑ Nicotine can be toxic. People have been poisoned by swallowing vaping liquid or getting it on their skin or in their eyes.

Vaping can expose you and others around you to harmful chemicals, such as:

- ❑ Formaldehyde (a cancer-causing chemical)
- ❑ Benzene (a cancer-causing chemical)
- ❑ Diacetyl from flavoring (which has been linked to lung disease)
- ❑ Heavy metals (such as nickel, tin and lead)

For more information about how you can defeat flavors (including menthol) and end nicotine dependence, email tobacco@health.nyc.gov. To find more information about e-cigarettes, visit nyc.gov/health and search for **e-cigarettes**.



Resource from
Ms. Pink

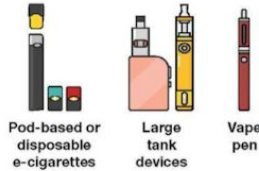


Teens and Vaping:

What Are the Risks?

Electronic cigarettes (e-cigarettes) and vaping devices come in many forms, but they all heat liquids that are called e-liquids into aerosol. E-liquids usually contain nicotine, flavors and other chemicals.

Other names for e-cigarettes include vapes, vape pens, e-cigs or e-hookahs. While vape companies use tricks such as attractive packaging, flavors and advertising campaigns to make e-cigarettes seem harmless, they are not.



❑ E-cigarettes usually contain nicotine.

- Nicotine is addictive, especially for teens.
- Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- Most e-cigarette pods can have as much nicotine as a pack of cigarettes or more.

❑ Vaping can cause lung injury and affect lung health in other ways.

❑ The aerosol from heated e-liquids may contain harmful chemicals including:

- Formaldehyde, a cancer-causing chemical
- Benzene, a cancer-causing chemical
- Diacetyl from flavoring, which has been linked to lung disease
- Heavy metals such as nickel, tin and lead

❑ E-liquid ingredients are not closely regulated, and their long-term health effects are unknown.

❑ People have been poisoned by swallowing e-liquid or getting it on their skin or in their eyes.

❑ E-cigarettes are harmful to the environment and can contain plastic, electronic and hazardous waste.



Need help quitting vaping? Text **DROPTHEVAPE** to **88709** for free, 24/7 and confidential support. For more information, visit nyc.gov/health and search for **e-cigarettes**.

6 SIGNS THAT YOUR CHILD MAY BE VAPING



Increased secrecy



Disappearing money



Unwillingness to
stay home



Increased thirst



Desire for spicy or
salty foods



Increased irritability or
mood changes

Tips for Coping with Stressful Events

- ♥ **Take care of yourself.**
Make sure to eat well, exercise and get enough rest. Avoid smoking or using alcohol and drugs to cope.
- ♥ **Stay connected.**
Stay connected with family and friends. Talk with someone you trust and who can offer support.
- ♥ **Take a break.**
Take some time for you. Do something that will give you fulfillment.

For free mental health support, call or text **988** or chat at **nyc.gov/988**.



Tips for Coping with Stressful Events

- ♥ **Limit your exposure.** Set a time to turn off the television and computer, and put down newspapers.
- ♥ **Stick to routines.** Try as much as possible to keep daily routines or create new ones, if needed, to help you cope with the changes. Take time to think about other important parts of your life, and remind yourself of what you enjoy and feel good about.
- ♥ **Ask for help.** Make sure you have what you need to feel safe and comfortable. If you feel overwhelmed, ask for help.



NYC 24-Hour Domestic Violence Hotline: 1-800-621-HOPE

**DOMESTIC
VIOLENCE
SUPPORT**

Survivors of domestic violence may receive temporary housing, emergency shelter and supportive services for themselves and their children. All programs provide a safe environment as well as counseling, advocacy and referral services.

Domestic violence and abuse can include:

- Hitting, slapping, kicking or using any other kind of physical violence against you
- Forcing you to have sex when you don't want to, or to do sexual things you don't want to do
- Threatening to hurt you, your children, or someone else you care about or your pet
- Constantly insulting and criticizing you
- Stalking, obsessively checking up on or otherwise trying to control your behavior

If you or someone you know is experiencing this kind of behavior from a partner, please call New York City's 24 hour Domestic Violence Hotline, 1-800-621-HOPE.





FAMILIES,
I HOPE YOU FOUND THIS PACKET HELPFUL.
OUR NEXT VIRTUAL PARENT LEADERSHIP
COUNCIL (PLC) MEETING WILL TAKE PLACE
ON MARCH 27th, 2025 AT 6pm . YOUR VOICE
& CONCERNS MATTER. FAMILY
ENGAGEMENT IS VERY VITAL WITHIN OUR
SCHOOL COMMUNITY. REMEMBER, I'M JUST
AN EMAIL AWAY. HAVE A WONDERFUL DAY!

WARM REGARDS,
MS. PINK

