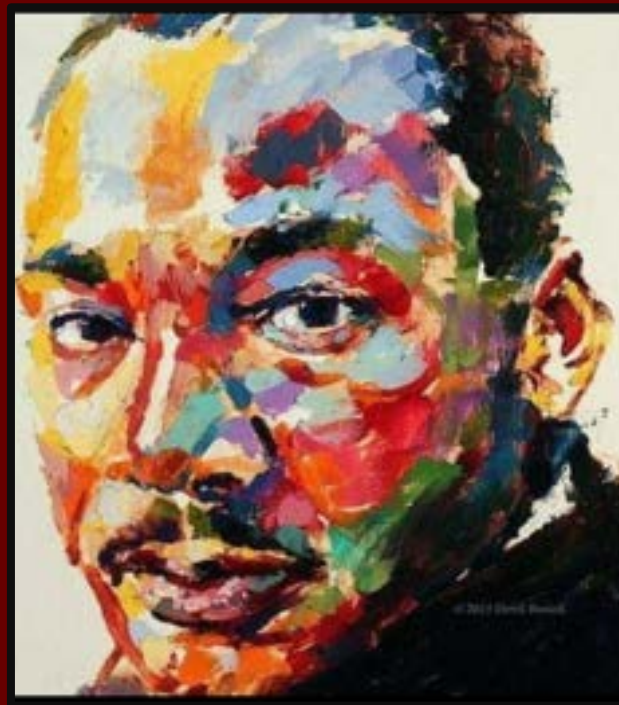


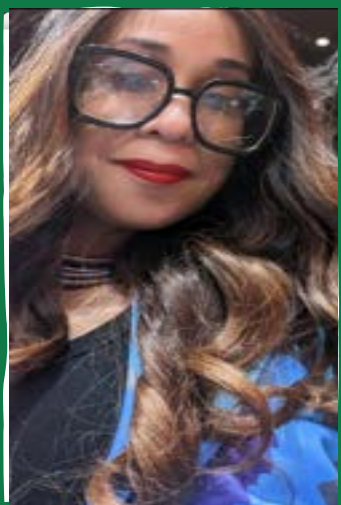
JANUARY 2025 NEWS & RESOURCES FROM YOUR PARENT COORDINATOR MS. PINK





*Hello Families,
It's your Parent Coordinator Ms. Pink. I hope all is well with you and your family. I put together this resource packet for you with some Amazing resources just for you. Scroll through the entire packet and take advantage of the MLK Day Events, Youth Opportunities for your scholar, Trade School Programs, Parenting Tips, Health resources and more. Remember I'm just an email away. You can reach me at mpink@thewcs.org*





Ms. Melody Pink

**Parent Coordinator &
Liaison to the Parent Leadership
Council (PLC) at Williamsburg
Charter High School (WCHS)**

Email: mpink@thewcs.org



OUR THOUGHTS AND PRAYERS ARE WITH THOSE AFFECTED BY THE WILDFIRES IN CALIFORNIA. EVERYONE SHOULD HAVE A DISASTER TO GO BAG READY FOR ANY EMERGENCY. HERE ARE A FEW TIPS.



**EVERYONE
SHOULD HAVE
A DISASTER
GO BAG.**

Here are some things you should be packing in yours.

PHOTO VIA CBS NEWS

GO BAG ESSENTIALS:

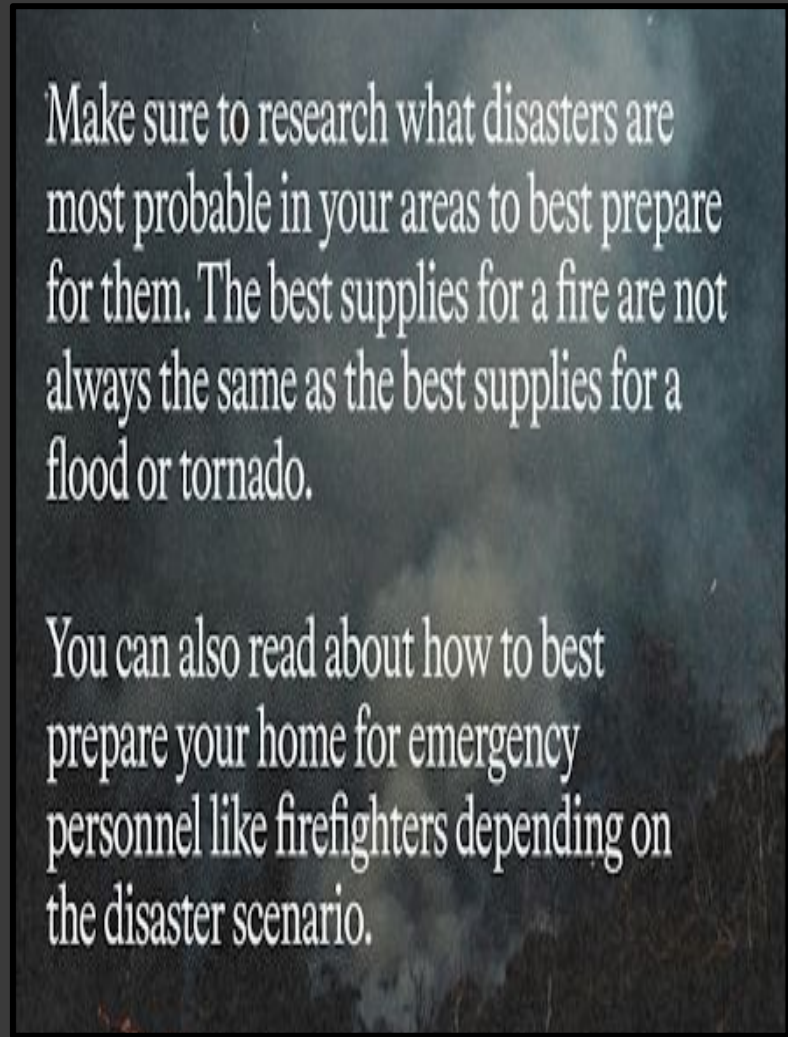
- Medications
- 3 days of non-perishable food and disposable cutlery as needed
- Important documents (insurance papers, identification, etc.)
- First aid kit
- Backup chargers and batteries
- Battery-powered or hand-crank flashlight and radio
- Any necessary disability care items (glasses, cane, etc.)
- Physical map of your area with exit routes marked
- Physical list of emergency contact names, addresses, and phone numbers
- High quality respirator masks
- Cash in small bills
- A permanent marker
- Water bottles
- Menstrual supplies

GO BAG ESSENTIALS FOR PETS:

- Medications
- 3 days of food (wet food is best for hydration)
- Leash
- ID collar
- Bowls
- Foot protection
- Carrier for small pets

Households should have bags ready ahead of time, not just when a disaster happens.

This means you may not be able to put medications, glasses, cash, or other similar items in your bag. Instead, create a paper list of these “day-of” items to grab and place this in your bag. When a disaster happens, you may be too frazzled to remember these off the top of your head.



Make sure to research what disasters are most probable in your areas to best prepare for them. The best supplies for a fire are not always the same as the best supplies for a flood or tornado.

You can also read about how to best prepare your home for emergency personnel like firefighters depending on the disaster scenario.

The climate crisis is here. It's time to adequately prepare for a climate emergency in your area.

Share this post with your loved ones and start the conversation with them about disaster preparedness.

HOW CAN WE HELP THOSE AFFECTED BY THE WILDFIRES IN CALIFORNIA ???

California Wildfires

What to know and
how to help.



If you need help:

Shelters are open in Southern California providing food, health services and other support.

How to find shelter:

-  Call 1-800-RED CROSS
-  Visit [redcross.org/shelters](https://www.redcross.org/shelters)
-  Use the Red Cross Emergency app

Be ready to evacuate.

- ➔ Park your car **facing the direction** of your evacuation route.
- ➔ Keep pets **in one room** so you can quickly grab them.
- ➔ Leave a **go-bag** with emergency supplies by the door.

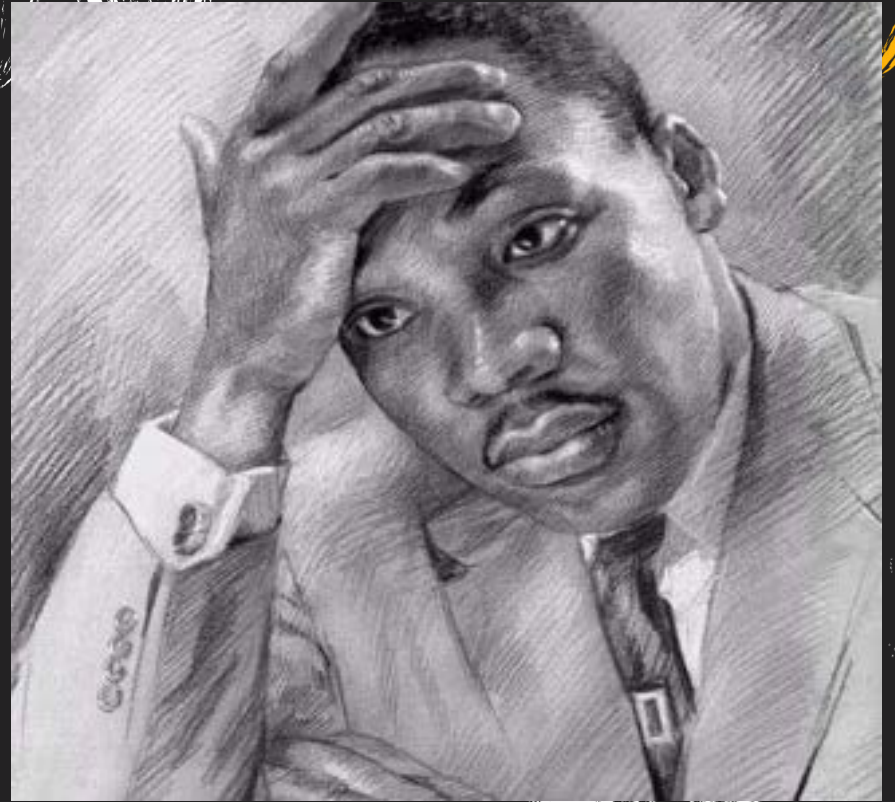
How to help:

Support people affected by fires, floods and other crises across the country.

Text **REDCROSS** to **90999** to donate.

Sign up to **volunteer**.

**Let's Celebrate
& Honor the
Life of Martin
Luther King Jr.**



"Everybody can be great... because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."

Martin Luther King, Jr.



Remembering Martin Luther King Jr.

He was a Christian minister and activist who became the most visible spokesperson and leader in the Civil Rights Movement from 1955 until his assassination in 1968. Born in Atlanta, Georgia, King is best known for advancing Civil Rights through nonviolence and civil disobedience, inspired by his Christian beliefs and the nonviolent activism of Mahatma Gandhi. Today and every day, Honor his Legacy and his Dream deferred by moving equality forward.

Monday January 20, 2025



Apollo Education invites the community to join this year's MLK Young Changemakers event, honoring Dr. King's powerful legacy in a modern context. *MLK Young Changemakers* is a series of conversations in recognition of Dr. King's impact and the National Youth Day of Service where local and national youth leaders will explore how environmental and food justice impact our lives and communities.

This year's *MLK Young Changemakers: Feeding Our Future* focuses on Dr. King's lasting impact on modern environmental advocacy as young advocates honor Dr. King's legacy in a way that matters now: by tackling food and environmental justice head-on. Come to The Apollo Stages at The Victoria to support a new generation passionate about a better future. This is your chance to connect, speak up, and drive change.

This event is curated by The Apollo's Apprentices. Visit this site for more details:

<https://www.apollotheater.org/event/mlk-young-changemakers-25>



About the event

Dr. Martin Luther King Day of Action on Immigration

Join us for an inspiring and engaged day focused on the needs of our Immigrant neighbors.

Starting at 12 PM with refreshments, we'll hear from from our keynote speaker Reverend Paul Fleck , Director of Immigration Law and Justice <https://www.iljny.org/> at 12:30 PM.

1:00 PM – 2:15 Breakout Sessions (attendees should only choose one breakout):

Workplace Protections: Learn strategies to support vulnerable workers and communities

Houses of Worship as Safe Places: Explore how faith spaces can serve as sanctuaries.

Fundraising for Bonds or Legal Services: Empower religious organizations to fund critical legal needs.

Standby Guardianships for U.S. Citizen Children: Protect families and ensure stability for children.

Sandwich-Making for the CHiPS organization: Help assemble meals for neighbors in need.

We will gather to debrief after the breakout sessions and finish by 3 PM





Monday, January 20, 2025 at 1 PM – 3 PM

MLK Day of Service Coastal Cleanup

Public · Event by Snug Harbor Cultural Center and Botanical Garden



Snug Harbor Cultural Center and Botanical Garden

Staten Island Children's Museum, 1000 Richmond Ter, Staten Island, NY 10301, United States · 74 mi

What to expect

Honor MLK's legacy through environmental stewardship! Work together with a team of volunteers to clean up Snug Harbor's adjacent shoreline, removing litter and debris to protect local wildlife and improve the health of our coastal ecosystem.

WHEN: January 20 | 1:00 PM – 3:00 PM

WHERE: Meet at the North Gate of Snug Harbor on Richmond Terrace

ADMISSION: Free | Registration required here:

<https://snugharbor.my.salesforce-sites.com/ticket/#/events/a0SQg000005241RMAQ>

After the cleanup is finished, stick around a free tour of the Carl Grillo Glass House as thanks to our volunteers.

This event is open to all ages. Come dressed in sturdy boots or shoes, long pants, and clothing that can get dirty. A chaperone must accompany volunteers under 18. Supplies will be provided—just bring your enthusiasm and a commitment to making a difference!

NONVIOLENCE365® LUNCH & LEARN



The Courageous Path: Mission Possible with Nonviolence365



Join us this King Holiday for this empowering and engaging NV365 workshop. This workshop will explore how we can protect freedom, justice, and democracy through the practical application of Nonviolence365 (Kingian Nonviolence).



MONDAY, JANUARY 13, 2025
12:30 PM EST

VIRTUAL

FREE
Scholarship Application
& Registration Required



REGISTER AT
KINGCENTER.EVENTS.COM/NV365

*I have dream
that my
four little
children
will one
day live in
a nation
where they
will not be
judged by
the color
of their
skin, but
by the
content of
their
character.*

*Every
nation
must re-
develop an
overriding
loyalty to
manhood
as a whole
in order
to preserve
the best in
their
individual
societies.*

*Those
who are
not
looking
for
happiness
are the
most
likely to
find it,
because
those
who are
searching
forget
that the
surest
way to be
happy is
to seek
happiness
for
others.*



ALPHA PHI ALPHA FRATERNITY, INC.
THE BROTHERS OF THE GAMMA IOTA LAMBDA CHAPTER
PRESENTS OUR

10TH ANNUAL

MLK DAY OF SERVICE

MONDAY, JANUARY 20TH, 2025
11AM - 2PM
803 STERLING PLACE, BROOKLYN, NY 11216

JOIN US IN SERVING THE BROOKLYN COMMUNITY:

- CLOTHING DISTRIBUTION
- HOT MEALS SERVED
- TOILETRY GIVEAWAYS
- FREE HAIRCUTS
- HEALTH AND DENTAL SCREENINGS

*...the
ultimate
measure of a
man is not
where he
stands in
moments of
comfort and
convenience,
but where he
stands at
times of
challenge
and
controversy.*

*There
comes a
time when
we must
take a
position
that is
neither
safe nor
popular nor
popular,
but to
must take
it because
the
conscience
tells him it
is right.*

*If you
can't fix
this man,
if you can't
see this
world, if
you can't
walk this
street, but
whatever
you do you
have to
keep
moving
forward.*

*If you're
hater is not
a searcher
for
conscience
but a
wielder of
conscience.
Life's most
persistent
and urgent
question is,
"What are
you doing
for others?"*





*School
Announcements &
News from
Principal Jacobson*

JANUARY 2025 WCHS CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Winter Recess, school closed	2	3	4
5	6	7	8 Earth Science Lab Practical Exam @1:30pm	9 Earth Science Lab Make-Up @3pm	10	11 Open House @10am Rock the Regents 2025 Showcase
12	13 Midterm Exams	14 Midterm Exams	15 Midterm Exams	16 Midterm Exams	17 Midterm Make-ups Rock the Regents 2025 Headliner	18
19	20 Rev. Dr. Martin Luther King Jr. Day, schools closed	21 REGENTS EXAMS	22 REGENTS EXAMS	23 REGENTS EXAMS	24 REGENTS EXAMS	25
26	27 PD Day no school for students	28 Midterm Grades Due @8am	29 Lunar New Year, school closed	30  PLG Meeting Going On Virtual PLC Meeting @6pm	31 Progress Reports released to students	



9th Grade Team

Academy Leader: Ms. Angie
ahelliger@thewcs.org

Counselor: TBD reach out to Ms. Angie
ahelliger@thewcs.org and
Ms. Sales ssales@thewcs.org **for now**

IFSC: Ms. Bolnick bbolnick@thewcs.org

11th Grade Team

Academy Leader: Ms. Martin
smartin@thewcs.org

Counselor: Ms. Augustin (Until December)
gaugustin@thewcs.org
Ms. Sales (After December)
ssales@thewcs.org

IFSC: Ms. Bolnick bbolnick@thewcs.org

10th Grade Team

Academy Leader: Ms. Angie
ahelliger@thewcs.org

Counselor: TBD reach out to Ms. Angie
ahelliger@thewcs.org and
Ms. Sales ssales@thewcs.org **for now**
Ms. Augustin gaugustin@thewcs.org (After
December)

IFSC: Ms. G hgozikowski@thewcs.org

12th Grade Team

Academy Leader: Ms. Martin
smartin@thewcs.org

Counselor: Ms. Sales (Until December) Ms. Sales
ssales@thewcs.org
Ms. Chery (After December) nchery@thewcs.org

IFSC: Ms. St. Fleur estfleur@thewcs.org

ADDITIONAL SUPPORT:

FAMILY & COMMUNITY ENGAGEMENT DEPARTMENT:

**PARENT
COORDINATOR**
MELODY PINK
mpink@thewcs.org

**ENROLLMENT
COORDINATOR**
JUSTIN USHER
jusher@thewcs.org

Rally for Facilities Funding for All Charter Schools



YOUR CHILD IS ONE OF 24,000 NYC PUBLIC SCHOOL STUDENTS PAYING RENT FOR THEIR CLASSROOMS. WE NEED YOUR HELP TO MAKE SURE YOUR CHILD'S SCHOOL GETS THE FUNDING IT DESERVES!

Traditional public schools get extra money from the government to cover building costs, but the law providing that funding doesn't cover all charter schools.

Help us convince Governor Hochul and other elected leaders in Albany to fully fund facilities access for every NYC student, including YOURS!

**YOU CAN MAKE A DIFFERENCE!
YOUR VOICE MATTERS!**

Scan the QR code to help us in the fight for your child's education.



SU HIJO ES UNO DE LOS 24,000 ESTUDIANTES DE ESCUELAS PÚBLICAS DE LA CIUDAD DE NUEVA YORK QUE PAGAN ALQUILER POR SUS AULAS. ¡NECESITAMOS SU AYUDA PARA ASEGURARNOS DE QUE LA ESCUELA DE SU HIJO OBTENGA LOS FONDOS QUE MERECE!

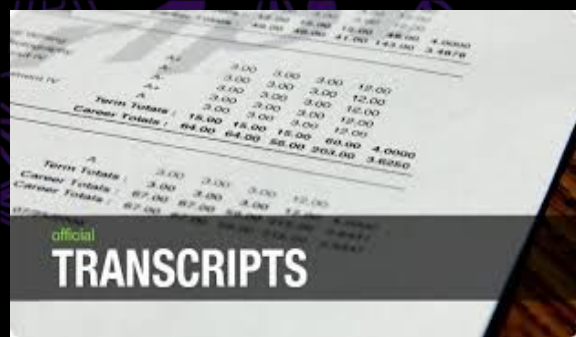
Las escuelas públicas tradicionales reciben dinero extra del gobierno para cubrir los costos de construcción, pero la ley que establece esa financiación no cubre todas las escuelas chárter.

Ayúdenos a convencer a la gobernadora Hochul y a otros líderes electos en Albany de que financien completamente el acceso a las instalaciones para todos los estudiantes de la ciudad de Nueva York, incluido el SUYO!

¡TÚ PUEDES MARCAR LA DIFERENCIA! ¡TU VOZ IMPORTA!

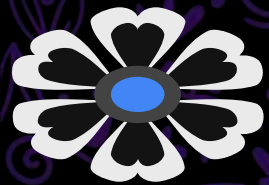
Escanear el código QR para ayudarnos en la lucha por la educación de tu hijo.





***IF YOU NEED A COPY OF
YOUR SCHOLAR'S
TRANSCRIPT, NEED TO
UPDATE YOUR ADDRESS or
LETTER OF ATTENDANCE
PLEASE EMAIL:***

***Ms. Cooper at
ecooper@thewcs.org***



JANUARY 2025 REGENTS REVIEW SESSIONS

ALGEBRA I & II

Algebra I with Ms. Ahmed
Days: Tuesday & Friday,
in room 319

Ms. Chuang Days:
Monday & Thursday in
room 609

Algebra 2 with Mr. Jin
Days: Monday, Tuesday &
Thursday in room 617

REQUIREMENTS

~ Attend Regents
Review afterschool to
earn a reward!

~ Must attend at least
7 review sessions by
January 17th



GEOMETRY & CHEMISTRY

Geometry

with Ms. Giscombe. Days:
Monday, Tuesday,
Thursday, room 522



Chemistry with Mr.
Solomon. On Tuesdays
in room 532



LIVING ENVIRONMENT & EARTH SCIENCE

Living Environment with Ms.
Reid. Days: Monday, Tuesday,
Thursday in room 325

Earth Science with Mr.
Duncanson. Days: Monday,
Tuesday, Thursday & Friday
in room 425



GLOBAL HISTORY

Global History (ENL)
with Ms. Lara. Days:
Monday & Friday in
room 330



Global History with Mr. Mauro.
Days: Monday, Tuesday,
Thursday in room 601

US HISTORY & ENGLISH

US History with Ms.
Burchett. Days: Tuesday
& Thursday in
room 613

English with Ms.
Doody. Day:
Mondays in room
411

With Ms. K. Day:
Thursdays in room
702

SESIONES DE REPASO PARA LOS REGENTS EN ENERO 2025

ALGEBRA I & II

Algebra I con la Sra.
Ahmed Días: martes y
viernes en el aula 319

Con la Sra. Chuang
Días: Lunes & jueves en
el aula 609

Algebra 2 con el Sr. Jin
Días: Lunes, martes & jueves
en el aula 617

REQUISITOS

~ ¡Asista a Repaso para los
Regents después de clases
para recibir un premio!

~ Debe asistir por lo
menos 7 sesiones de
repaso antes del 17 de
enero



GEOMETRÍA Y QUÍMICA

Geometría

con la Sra. Giscombe. Días:
Lunes, martes,
jueves, aula 522



Química con el Sr.
Solomon. Martes en el
aula 532



BIOLOGÍA Y CIENCIA DE LA TIERRA

Biología con la Sra. Reid.
Días: Lunes, martes, jueves en
el aula 325

Ciencia de la Tierra con el Sr.
Duncanson. Días: Lunes,
martes, jueves y viernes en
el aula 425



HISTORIA GLOBAL

Historia Global (ENL)
con la Sra. Lara. Días:
Lunes y viernes en el
aula 330



Historia Global con el Sr.
Mauro. Días: Lunes, martes,
jueves en el aula 601

HISTORIA DE EEUU E INGLÉS

**Historia de
EEUU** con la
Sra. Burchett.
Días: Martes y
jueves en el
aula 613

Inglés con la Sra.
Doody. Día: Lunes
en el aula 411
Con la Sra. K. Día:
Jueves en el aula
702

REGENTS EXAMINATION SCHEDULE: JANUARY 2025

JANUARY 21 TUESDAY	JANUARY 22 WEDNESDAY	JANUARY 23 THURSDAY	JANUARY 24 FRIDAY
8:15 a.m.	8:15 a.m.	8:15 a.m.	8:15 a.m.
English Language Arts	Geometry U.S. History & Government	Global History & Geography II	Living Environment
12:15 p.m.	12:15 p.m.	12:15 p.m.	<u>Uniform Admission Deadlines</u>
Physical Setting/Earth Science Physical Setting/Chemistry	Algebra I Physical Setting/Physics*	Algebra II	Morning Examinations – 10:00 a.m. Afternoon Examinations – 2:00 p.m.

The Earth Science Lab Practical will be on Wednesday January 8th after school at 1:30pm in Room 425. Students registered for the Earth Science Regents on Tues., 1/21, must take the Earth Science Lab Practical on Weds., 1/8. If students were absent they must attend the make-up Lab Practical on Thurs., 1/9 after school at 3pm in Room 425.

La Práctica de Ciencias de la Tierra será el miércoles, 8 de enero a la 1:30pm de la tarde en la sala 425. Estudiantes programados para tomar el Regents en Ciencias de la Tierra el martes, 21 de enero, necesitan tomar la práctica de laboratorio el miércoles 8 de enero. Si estudiantes están ausente, deben tomar la práctica de laboratorio el jueves, 9 de enero a las 3pm en sala 425.

CLUB ADAM, INCORPORATED
IN ASSOCIATION WITH
THE WILLIAMSBURG CHARTER HIGH SCHOOL

PRESENT

THE RETURN OF RHONDA ROSS!

TO THE WILLIAMSBURG CHARTER HIGH SCHOOL
198 VARET STREET
BROOKLYN, NEW YORK 11206

FRIDAY JANUARY 17, 2025

1-3 PM

CONTACT: TONY FELTON, PRESIDENT
917/405/9468

www.clubadaminc.org



Roco
the Regents

WILLIAMSBURG CHARTER HIGH SCHOOL PRESENTS:

Winter Ball



Event Details

TIME: 3:00 - 5:30 PM
DATE: FRIDAY, 01/17/24
LOCATION: WCHS CAFE
198 VARET STREET
BROOKLYN, NY 11206



FORMAL ATTIRE IS REQUIRED IN ORDER TO ATTEND

Roco
the Regents

WILLIAMSBURG CHARTER HIGH SCHOOL PRESENTA:

Gala de Invierno



Detalles del Evento

HORA: 3:00 - 5:30 PM
FECHA: VIERNES, 01/17/24
UBICACIÓN: WCHS CAFE
198 VARET STREET
BROOKLYN, NY 11206



SE REQUIERE VESTIMENTA FORMAL



Monday, Tuesday, Thursday & Friday

Time: 3:10pm - 4:10pm

First Name	Last Name	After School Club	Which day(s)?	Room
Elodie	St. Fleur	Book Club	Thursday	531
Melissa	Wade	Botany Club	Monday	532
Seth	Falla	Ceramics Club	Monday	106
Daniel	Vileneuve	Chess Club	Tuesday	414
Athena	Karoutsos	Creative Writing Club	Tuesday	702
Reuben	Dilworth	DeeJaying	Thursday	810/811
Peggy	Doody	ELA Homework Help	Tuesday, Thursday	411
Enrique	Duplat	ENL Homework Helper	Monday & Friday	223
Laura	Pazour	Knitting Club	Tuesday	522
Joy	Chuang	Mo- Math Club	Monday, Tuesday & Thursday	609
Jennifer	Parker-Sparks	Music Lab	Tuesday	201
Reuben	Dilworth	Music Production	Tuesday	810/811
Brooke	Bolnick	Rainbow Coalition	Monday	801
Jeremy	Kronenberg	Rainbow Coalition	Monday	801
Brianna	Martino	Senior Committee	Monday	712
Ryland	Frost	Super Hero Club	Tuesday	309
Darien	Long	Super Hero Club	Thursday	309
Robert	Passetsky	Weightlifting Club	Monday	129



Lunes, Martes, Jueves y Viernes

Hora: 3:10pm - 4:10pm

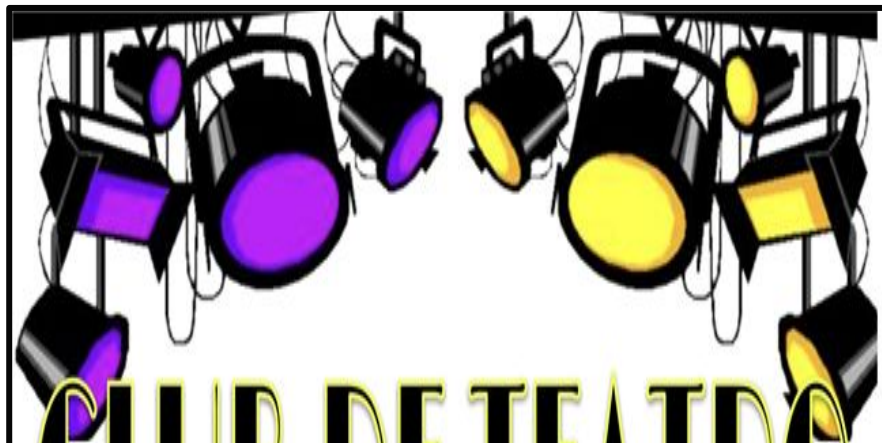
Nombre	Apellido	Club Después de Escuela	Días	Salón
Elodie	St. Fleur	Club de Libros	Jueves	531
Melissa	Wade	Club de Botánica	Lunes	532
Seth	Falla	Club de Cerámica	Lunes	106
Daniel	Vileneuve	Club de Ajedrez	Martes	414
Athena	Karoutsos	Club de Escritura Creativa	Martes	702
Reuben	Dilworth	DeeJaying	Jueves	810/811
Peggy	Doody	Ayuda con Tarea de Inglés	Martes, Jueves	411
Enrique	Duplat	Ayuda con Tarea de ENL	Lunes & Viernes	223
Laura	Pazour	Club de Tejido	Martes	522
Joy	Chuang	Club de Tutoría de Matemática	Lunes, Martes, y Jueves	609
Jennifer	Parker-Sparks	Laboratorio de Música	Martes	201
Reuben	Dilworth	Producción de Música	Martes	810/811
Brooke	Bolnick	Coalición Arcoiris	Lunes	801
Jeremy	Kronenberg	Coalición Arcoiris	Lunes	801
Brianna	Martino	Comité de Cuarto Año	Lunes	712
Ryland	Frost	Club de Superhéroes	Martes	309
Darien	Long	Club de Superhéroes	Jueves	309
Robert	Passetsky	Club de Levantamiento de Pesas	Lunes	129



DRAMA CLUB

with Mr. K
Fridays 3pm
Room 801

Come join the fun and explore all things Theatre- Movie Musicals,
Fun Theatre Projects, Chatting about all that's happening on the
The Great White Way!



CLUB DE TEATRO

Con el Sr. K
Viernes 3pm
Sala 801

¡Únase a la diversión y explore todo lo relacionado con el teatro:
películas musicales, proyectos de teatro divertidos y charle sobre
todo lo que sucede en The Great White Way!

WILLIAMSBURG
CHARTER HIGH SCHOOL



Parent/Teacher Conferences

SAVE THE DATE

February 5th 2PM - 4PM

February 6th 4PM - 7PM



Parents will have a chance to meet with their student's individual teachers!

We will have raffles, prizes, and snacks!!

WILLIAMSBURG
CHARTER HIGH SCHOOL



En-
Persona

Conferencias entre Padres/ Maestros

GUARDE LA FECHA

5 de febrero 2PM - 4PM

6 de febrero 4PM - 7PM



¡Los padres tendrán la oportunidad de reunirse con los maestros individuales de sus estudiantes!

¡Habrán rifas, premios, y aperitivos!

Youth Opportunities & Resources



Science Leadership in Medicine (SLiM)

Fostering the professional development and empowerment of future underrepresented leaders in healthcare, medicine, and science



Tentative Program Schedule

- 02/18: Welcome Session
- 02/25: Day in Internal Medicine
- 03/03: Day in Neurosurgery
- 03/10: Financing higher education
- 03/17: Day in Sports Medicine
- 03/24: Day in Psychiatry
- 04/07: Day in Gross Anatomy
- 04/14: Day in surgery
- 04/20: BLMiM Annual conference

Apply by scanning the QR code or the Link Below:



<https://bit.ly/SLiM2024>

SLiM 2024 Program Overview

- Science and Leadership in Medicine (SLiM) is a 8-week virtual (zoom) program created to expose high school and undergraduate students to various careers in medicine and science.
- Black and Latino Men in Medicine (BLMiM) employs its network of hospital administrators, faculty, trainees, and medical students at Weill Cornell and beyond to facilitate medicine and science exposure, and promote leadership development.
- Students will work with underrepresented physicians and scientists from a variety of fields in order to gain a deeper understanding of the day-to-day duties required of a doctor.
- BLMiM provides mentorship opportunities to facilitate professional relationships that will support for our students' academic endeavors, while inspiring their interest in careers in medicine and science.

<https://www.blmim.com>

For more information email BLMiM@gmail.com or find us on Instagram [@theblmim](https://www.instagram.com/theblmim)

GREENPOINT YMCA TEEN PROGRAMS

The Y gives teens, boys and girls, grades 9-12, a safe space to socialize and be themselves. Teens can play a sport, work on leadership skills, prep for college, and give back through Y programs designed for them.



COLLEGE ACCESS & CAREER READINESS

COLLEGE & CAREER READINESS OFFICE HOURS

Grades 9-12 | Every Wednesday & Thursday
3 PM - 6 PM

One-on-one and group sessions with Ms. Russell for personalized support in navigating college admissions, financial aid, career preparation, and more. Topics covered:

- Resume & Job Application Assistance
- College Applications & FAFSA
- Internships & Scholarships
- General YMCA Information
- SVEP Application Assistance

Location: Greenpoint YMCA, 99 Meserole Ave., Brooklyn, NY 11222

Registration Ongoing. Email Ms. Russell at brussell@ymcanc.org to make an appointment.



FITNESS & SPORTS

TEEN CENTER |

SATURDAY NIGHT LIGHTS (COED)

Ages 11-14 | Saturdays 5 PM - 7 PM

Ages 15-18 | Saturdays 7 PM - 9 PM

Saturday Night Lights is a youth development program that offers free, high-quality sports like basketball and fitness activities, where students can engage in recreational activities, socialize, and participate in leadership-building events.

Location: Greenpoint YMCA, 99 Meserole Ave., Brooklyn, NY 11222
Registration Ongoing



TEEN FITNESS ORIENTATION

Ages 11-18 | By appointment only

To start your teen's fitness experience off on the right foot, we require a teen orientation to teach them gym etiquette, proper equipment use, and safe workout practices. Stop by the Member Services desk to make an appointment.
Location: Greenpoint YMCA

TEEN OPEN GYM | BASKETBALL

Ages 14-18 | Mon, Tues, Thurs 5 PM - 8 PM
Fri 5 PM - 7 PM

Teen Open Gym provides young people with a safe space to socialize, seek support, and engage in youth-centered activities that promote physical fitness, social interaction, and personal growth, including basketball.

Location: Greenpoint YMCA, 99 Meserole Ave., Brooklyn, NY 11222
Registration Ongoing



YMCA OF GREATER
NEW YORK

Where there's a Y,
there's a way.

To register and for info, contact Brittany Russell, YMCA Teen Coordinator at brussell@ymcanc.org or at 212-912-2268.




Free practice SAT or ACT!

Register today for a free test
Martin Luther King Jr. Weekend.
Call 1-800-EDUCATE today!

Time is running out.



 The Brooklyn DA's Office is now accepting applications for two one-week internships for high school students during the mid-winter and spring breaks.

BROOKLYN DISTRICT ATTORNEY
Now Accepting Applications



2025 HIGH SCHOOL INTERNSHIP

WINTER & SPRING

The Brooklyn District Attorney's Office is offering an internship to high school juniors and seniors during the winter and spring. Selected students will receive a weekly stipend (pro-rated as necessary) of \$150.00.

Winter Session

February 18th - 21st

Spring Session

April 14th - 18th

Application Deadline:
January 17, 2025

STUDENT REQUIREMENTS

- High School Juniors and Seniors who live in or attend High School in Brooklyn
- Resume (one page)
- Most recent transcript
- Working papers
- Personal Essay

(minimum of 300 words, double-spaced 12pt font)

Why do you want an internship with the Brooklyn District Attorney's Office?

How will an internship at the District Attorney's Office support your career interests?

To apply, visit:
<http://www.brooklyn-da.org/internships/>

Summer Opportunities Fair for Teens



Internships



Volunteer



Job Opportunities

Saturday, January 25
12pm
Central Library
89-11 Merrick Boulevard, Jamaica

RB Education

This Is Your Year to Thrive!
New Year, New You!



EARN YOUR ASSOCIATE DEGREE

Register for hybrid two-year degree with
CUNY Kingsborough Community College.

WHERE: RB Youth Center

WHEN: January 14 & January 28
5:30 pm - 6:30 PM



Funding Provided by Assemblywoman Marisa Davis.
In collaboration with CUNY Kingsborough Community College.

RiseBoro
COMMUNITY PARTNERSHIP

For more information contact Derise by email at:
dcombes@riseboros.org

Youth Center 1406 Gates Avenue Brooklyn, NY 11237

The 15th Annual



SATURDAY
JANUARY 25TH

11am to 3pm

Curtis High School

105 Hamilton Avenue
Staten Island, NY

Register here:
<https://bit.ly/SIHBCUFair2025>

#SIHBCUEXPERIENCE
#SIHBCUFAIR

SCAN HERE TO REGISTER



Email: sihbcufair@gmail.com
Facebook: @SIHBCUExperience
Instagram: @sihbcufair
TikTok: @sihbcufair
Bluesky: @SIHBCUFair



Over **30+**
HBCUs are Invited!
A FAMILY FRIENDLY EVENT!

Sponsored by:



- Dozens of HBCU to choose from!
- High School SENIORS! Bring your unofficial transcript & test scores! Must have a 2.0 GPA!
- On the spot admissions to select HBCUs!
- International & Transfer Student recruitment!
- STEM opportunities at HBCUs!
- Students with IEPs are welcome!
- Workshops for parents and students!
- Scholarship Information!
- DJ Tystorm, Delaware State alum!
- Co-MCs: Kiara Brown, Howard, class of '23 & Ishia Williams, Virginia State, Class of '23

5 min bus ride on SS2 from the Staten Island Ferry!



Announcing
Look Back Give Back Foundation, Inc.'s



2025
8 Scholarships Available

- \$6,000 Yates Chisolm Legacy Scholarship
- \$5,000 Albert Burks, Jr, Presidential Scholarship
- \$4,000 Life's Journey Memorial Scholarship
- \$4,000 Life's Journey Memorial Scholarship
- \$2,500 Robert Basely Memorial Scholarship
- \$2,000 Wille & Robertha Bloodworth Legacy Scholarship
- \$1,500 Give Back Book Scholarship
- \$1,000 Butch & Stella Jackson Legacy Scholarship

\$26K IN SCHOLARSHIPS

Applications will open

Jan 1st

Application Deadline

March 15th

www.lookbackgivebackfoundation.com

McDonald's HACER National Scholarship:

(Visit this link: <https://www.tun.com/scholarships/mcdonalds-hacer-national-scholarship/>) The McDonald's Hispanic American Commitment to Education Resources (HACER) scholarship provides resources for Hispanic students entering college. Intended to help outstanding Hispanic high school seniors, the program offers generous scholarships based on academic achievement, financial need, community involvement, and their performance in an interview during the application period. The number of winners and the total amount awarded varies by year. To apply, interested students must submit an online application. Applicants are required to submit a personal statement, a transcript, a letter of recommendation, a list of community service work, and a completed FAFSA and/or Form 1040. Applicants will also need to participate in an interview, which may be conducted in-person or by phone. **Award:** Up to \$100,000 (over 4 years)

Eligibility:

- Must be a high school senior
- Must be a legal U.S. resident
- Must be younger than 21 years of age
- Must have a minimum cumulative GPA of 2.8
- Must be eligible to attend a two- or four-year college or university with a full-time course of study
- Must enroll and attend an accredited college or university in the academic year after your selection (scholarship funds are paid directly to the institution)
- Must have at least one parent of Hispanic heritage

Eligible Grade Levels: High School Senior **Eligible Majors:** All majors **Residency Requirement:** No residency requirement

Minimum GPA: 2.8 **Deadline:** February 6, 2025

Please note that scholarship deadlines often change, so make sure to check the scholarship sponsor's website for up-to-date deadlines.

Ready to join the best New York Based Organization?



Project New Yorker's

REMOTE INTERNSHIP

IS LIVE!!

DEADLINE: JANUARY 17, 2025

WHO CAN APPLY?

- School Students
- College Students
- Graduates

WHAT WILL YOU GET?

- Letter of Recommendation
- Receive Cash Rewards or Gifts
- Earn Crests, T-shirts & Badges
- Access Free Courses
- International Networking
- Flexible Work Schedule

-Our Partners-



Who Can Apply to Project New Yorker 2025?

- * School Students
- * College Students
- * Graduates

¿What's in it for You?

1. Verified Letters of Recommendation
2. Cash Rewards, Gifts & Exclusive Merchandise
3. Free Skill-Building Courses
4. International Networking & Flexible Schedules
5. Deadline: January 17, 2025
6. Apply Now: <https://forms.gle/oowjQ3mzkm9PByVTA>
7. For any query, email careers@projectnewyorker.org

The 2025–26 FAFSA® form is now available ,
and you'll need a [StudentAid.gov](https://studentaid.gov) account to
complete it.

Follow these steps to be prepped and ready.

[StudentAid.gov/create-account](https://studentaid.gov/create-account)

How To Create a StudentAid.gov Account

1



Visit
[StudentAid.gov/create-account](https://studentaid.gov/create-account)
and select "Get Started"

2



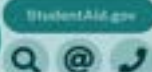
Create a unique username
and password.

3



Enter your personal information,
including your name, date of
birth, and Social Security
number (if you have one).

4



Provide your contact information,
including an email address (one
you can access in the future) and
phone number. Remember, an
email and phone number can only
be associated with one
StudentAid.gov account.

5



Set up challenge questions
in case you forget your
username or password in the
future and need to unlock
your account.

6



Confirm and verify the
information you provided.

FederalStudentAid

Tuition is just the tip of the iceberg!

Learn how to navigate college costs, get the most
out of your aid offer, and choose your best fit.

[StudentAid.gov/articles/
evaluating-financial-aid-offers](https://studentaid.gov/articles/evaluating-financial-aid-offers)

Additional College Expenses




FederalStudentAid



THE MET

THE MET

2025 SUMMER INTERNSHIP



The Met offers **paid** opportunities for undergraduate and graduate students, as well as recent graduates, to **explore museum careers** and **gain professional experience** during the summer.

Application deadline:
January 15, 2025, 5 pm (ET)



APPLY NOW



 **BMCC** Internships
and Experiential Learning
© 2025 BMCC. All rights reserved.

ALL workers, including young workers, have the right to speak up. Employers cannot fire or punish workers for reporting a problem at their workplace. Learn more about youth workers' rights with the Youth Worker Bills of Rights: <https://dol.ny.gov/youthworkers>

YOUTH WORKER

KNOW YOUR RIGHTS

You have the right to
SPEAK UP



WE ARE YOUR DOL





Bronx Youth Center 24-hour Drop-In Center



SHELTER SUPPORT



CASE MANAGEMENT



MENTAL HEALTH HUB



BENEFITS NAVIGATION



FINANCIAL COUNSELING

BASIC NEED SERVICES

SHOWER & LAUNDRY

MEALS

- Breakfast, Lunch, Dinner, Snacks

HYGIENE KITS

- Soap, deodorant, toothbrush, menstrual products, etc.

DOOR STORE

- Crisis clothing (underwear, socks)

RESTING SPACE

- Quiet space available to recharge
- First come first served

CONNECT WITH US!

General questions: 2999 3rd Avenue, 1st FL.
dropinservices@door.org Bronx, NY 10455

Shelter access: door.org
shelterinfo@door.org 646-661-4585



Centro de atención ubicado en la sala 109

Abierto para Servicios las 24hrs



APOYO DE REFUGIO



GESTIÓN DE CASOS



CENTRO DE SALUD MENTAL



NAVEGACIÓN DE BENEFICIOS



ASESORAMIENTO FINANCIERO

SERVICIOS DE NECESIDADES BÁSICAS

DUCHA Y LAVANDERÍA

ALIMENTOS

- Desayuno, Almuerzo y Cena

ESTUCHE DE HIGIENE

- Jabón, desodorante, cepillo de dientes, productos menstruales, etc.

TIENDA DOOR

- Ropa, zapatos, calcetines, ropa interior

ESPACIO DE DESCANSO

- Espacio tranquilo disponible para recargar

¡CONÉCTATE CON NOSOTROS!

Preguntas generales: 2999 3rd Avenue, 1st FL.
dropinservices@door.org Bronx, NY 10455

Acceso a el albergue: door.org
shelterinfo@door.org 646-661-4585

Introducing free online therapy

for NYC teens



Brought to you by NYC



School stress, relationships, friend
drama – teen life can be a lot.



Brought to you by NYC



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briar pines
fear been b
Lumen
in aspen



The NYC Health Department is offering teens mental health support. Now anyone 13-17 living in NYC has access to Talkspace at no cost.



Brought to you by 



Get matched with a therapist for 1-on-1 online support.

Visit talkspace.com/nyc to get started.



Brought to you by 



Have a Question about Homework?

A qualified, licensed classroom teacher
is available

Monday – Thursday, 4 p.m. – 7 p.m.
when school is in session.

Call the Dial-A-Teacher Hotline at
(212) 777-3380

RUNAWAY HOMELESS YOUTH NYC

Department of
Youth & Community
Development


RUNAWAY & HOMELESS YOUTH SERVICES

Drop-in Centers

Young people between the ages of 14 to 24 are welcome! Food, clothing, showers, laundry and case management services are available. Receive referrals to crisis services programs and additional support services.

*Please call to verify times of operation and intake.

Manhattan

All Forney Center
321 West 125th Street
New York, NY, 10027
(212) 206-0674 

The Door
655 Broome Street
New York, NY, 10013
(212) 941-9000
Mon-Fri: 8am-6pm

Safe Horizon Streetwork Harlem
209 West 125th Street
New York, NY, 10027
(212) 695-2220
Mon, Tues, Thurs-Sun: 12pm-6pm

Bronx

**Cardinal McCloskey
Community Services**
333 East 140th Street
Bronx, N.Y. 10451
(718) 963-8496
(917) 334-0067 

Brooklyn

SCO Family of Services
774 Rockaway Avenue
Brooklyn, NY, 11211
(718) 686-3860 

Queens

Sheltering Arms/Safe Space
195-19 Jamaica Avenue, 2nd floor
Jamaica, NY 11432
(718) 626-2400 ext. 2077 

Sheltering Arms

(Far Rockaway Site)
1900 Central Avenue
Far Rockaway, NY, 11691
(718) 471-6828 ext. 2123
Mon-Thurs 2pm-6pm
Fri: 11am-7pm, Sat: 12pm-6pm

Staten Island

Project Hospitality
27 Platt Richmond Avenue
Staten Island, N.Y. 10302
(718) 876-4752
DYCD Outreach@projecthospitality.org

Crisis Services Programs

These DYCD-funded programs provide emergency shelter and crisis intervention services for young people between the ages of 16 and 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites. These voluntary, short-term residential programs provide emergency shelter and crisis intervention services aimed at reuniting youth with their families or, if family reunification is not possible, arranging appropriate transitional and long-term placements.

Bronx

The Bridge*
(347) 275-2749

ibster@covnathous.org
Female Identifying/Mother/Young Adult

Maya's Place*
(718) 583-2380

Female Identifying/Mother + Child

Brooklyn

All Forney Center*
Contact Drop-in Center
(212) 206-0674 or
(646) 944-7193

janion@allforneycenter.org

Manhattan

Covenant House
Unit 21 (and
Mother + Child)
(212) 613-0300

**Safe Horizon
Streetwork Harlem**
(917) 607-1660

**Sheltering
Arms/Safe Space***
(917) 410-3700
(347) 296-7044
*Male Identifying Youth

Queens

All Forney Center
Homeless Young Adult
(Ages 21 to 24)
(646) 944-7193

janion@allforneycenter.org

Transitional Independent Living Programs

Transitional Independent Living (TIL) facilities provide homeless youth between the ages of 16 to 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites, with support and shelter as they work to establish independence. A young person in need of longer-term residential services should first visit our Crisis Shelter and obtain a referral to Transitional Independent Living facilities. Youth may stay in the Transitional Independent Living facilities for up to 24 months. Services offered at TILs include:

Services Available at Crisis Services Programs and TILs

- Educational Programs • Vocational Training • Job Placement Assistance
- Counseling • Basic Life Skills Training • Mental Health Services • Housing Referrals And Placement • Family Reunification Assistance (when applicable)

Street Outreach

Vans traveling in all 5 boroughs provide clothing, food, information about and transportation to crisis services programs and drop-in centers.



For updated locations and information follow
Streetwork on Instagram @streetworknyc

KEY:  = Open 24 hours, 7 days a week; due to COVID-19, please call first.



DYCD
Community
Connect

Contact DYCD Community Connect at 1.800.246.4648 or
646.243.6900; Monday-Friday, 9am-5pm



nycyouth

IMMIGRANT RESOURCES



You may have heard of ICE and its relationship to immigrant communities. Knowing your rights and what to do when interacting with ICE can help you and your family stay safer.

Es posible que haya oído hablar del ICE y su relación con las comunidades inmigrantes. Conocer sus derechos y qué hacer al interactuar con ICE puede ayudarle a usted y a su familia a estar más protegidos.

Vous avez peut-être entendu parler de l'ICE et de la façon dont ses agents agissent avec les immigrants. Il est important de connaître vos droits et quoi faire face à l'ICE pour vous protéger, vous et votre famille.

What is at risk of being removed by ICE?

ICE agents can enter your home without notice. ICE agents can remove you from your home and your family. ICE agents can remove you from your job. ICE agents can remove you from your school. ICE agents can remove you from your community.

¿Quién está en riesgo de ser removido por ICE?

Los agentes de ICE pueden entrar en su hogar sin aviso. Los agentes de ICE pueden removerlo de su hogar y a su familia. Los agentes de ICE pueden removerlo de su trabajo. Los agentes de ICE pueden removerlo de su escuela. Los agentes de ICE pueden removerlo de su comunidad.

Qui peut être arrêté par l'ICE?

Les agents de l'ICE peuvent entrer dans votre domicile sans préavis. Les agents de l'ICE peuvent vous enlever de votre domicile et votre famille. Les agents de l'ICE peuvent vous enlever de votre travail. Les agents de l'ICE peuvent vous enlever de votre école. Les agents de l'ICE peuvent vous enlever de votre communauté.



ICE agents approach you.

- ICE agents can enter your home without notice.
- ICE agents can remove you from your home and your family.
- ICE agents can remove you from your job.
- ICE agents can remove you from your school.
- ICE agents can remove you from your community.

ICE se les aproxima.

- Los agentes de ICE pueden entrar en su hogar sin aviso.
- Los agentes de ICE pueden removerlo de su hogar y a su familia.
- Los agentes de ICE pueden removerlo de su trabajo.
- Los agentes de ICE pueden removerlo de su escuela.
- Los agentes de ICE pueden removerlo de su comunidad.

ICE vous aborde.

- Les agents de l'ICE peuvent entrer dans votre domicile sans préavis.
- Les agents de l'ICE peuvent vous enlever de votre domicile et votre famille.
- Les agents de l'ICE peuvent vous enlever de votre travail.
- Les agents de l'ICE peuvent vous enlever de votre école.
- Les agents de l'ICE peuvent vous enlever de votre communauté.

ICE asks you for an ID.

- ICE agents can ask you for an ID.
- ICE agents can ask you for your Social Security Number.
- ICE agents can ask you for your driver's license.
- ICE agents can ask you for your passport.
- ICE agents can ask you for your birth certificate.

ICE le pide identificación.

- Los agentes de ICE pueden pedirle su identificación.
- Los agentes de ICE pueden pedirle su número de Seguro Social.
- Los agentes de ICE pueden pedirle su licencia de conducir.
- Los agentes de ICE pueden pedirle su pasaporte.
- Los agentes de ICE pueden pedirle su certificado de nacimiento.

ICE vous demande ses documents d'identité.

- Les agents de l'ICE peuvent vous demander ses documents d'identité.
- Les agents de l'ICE peuvent vous demander son numéro de Sécurité Sociale.
- Les agents de l'ICE peuvent vous demander son permis de conduire.
- Les agents de l'ICE peuvent vous demander son passeport.
- Les agents de l'ICE peuvent vous demander son acte de naissance.



If you see ICE interacting with someone.

- ICE agents can enter your home without notice.
- ICE agents can remove you from your home and your family.
- ICE agents can remove you from your job.
- ICE agents can remove you from your school.
- ICE agents can remove you from your community.

Si usted ve a ICE interactuando con alguien.

- Los agentes de ICE pueden entrar en su hogar sin aviso.
- Los agentes de ICE pueden removerlo de su hogar y a su familia.
- Los agentes de ICE pueden removerlo de su trabajo.
- Los agentes de ICE pueden removerlo de su escuela.
- Los agentes de ICE pueden removerlo de su comunidad.

Si vous êtes témoin d'une interaction de l'ICE.

- Les agents de l'ICE peuvent entrer dans votre domicile sans préavis.
- Les agents de l'ICE peuvent vous enlever de votre domicile et votre famille.
- Les agents de l'ICE peuvent vous enlever de votre travail.
- Les agents de l'ICE peuvent vous enlever de votre école.
- Les agents de l'ICE peuvent vous enlever de votre communauté.

For help, call
Para obtener ayuda, llame a
Pour obtenir de l'aide, appelez

Office for New Americans Hotline
1-800-566-7636

Immigrant Defense Project
1-212-725-6422

New York Immigration Coalition
1-212-627-2227

ActionNYC
1-800-354-6365

Make a plan!

For yourself

If you're concerned about your immigration status, you can start by making a safety plan.

- Find an immigration lawyer that can help you with your case or any questions you may have (see next page).
- Save money for emergencies.
- Make a child safety plan (see below).

- Try to memorize or carry with you:**
- Family and friends' phone numbers
 - Office for New Americans 1-800-566-7636
 - Alert Registration Number (ARN), if you have it

* You can call the toll-free number for law support regardless of your immigration status.

¡Haga un plan!

Para usted mismo

If you're concerned about your immigration status, you can start by making a safety plan.

- Encuentre un abogado de inmigración que pueda ayudarlo con su caso o sus preguntas (véase la página siguiente).
- Ahorre dinero para emergencias.
- Haga un plan de seguridad para su hijo (véase a continuación).

- Tente de memorizar o llevar con usted:**
- Números de teléfonos de familiares y amigos
 - Office for New Americans 1-800-566-7636
 - El número de registro de alerta (ARN), si lo tiene

* Usted puede llamar a este número gratuito para recibir apoyo legal sin importar su estatus migratorio.



Faites un plan!

Pour vous

If you're concerned about your immigration status, you can start by making a safety plan.

- Trouvez un avocat en immigration qui pourra vous aider pour votre dossier et vos questions (voir la page suivante).
- Économisez de l'argent de côté pour les situations d'urgence.
- Élaborez un plan de secours pour vos enfants (voir ci-dessous).

- Mémorisez ou ayez toujours sur vous:**
- Les numéros de téléphones de vos proches et amis
 - Office for New Americans 1-800-566-7636
 - Votre numéro de dossier d'immigration (ARN), si vous l'en avez un

* Vous pouvez appeler ce numéro gratuit en cas d'urgence, quel que soit votre statut d'immigration.

For your child

- Write down and carry the contact information of your child's daycare or school.
- Decide on and choose someone you trust to care for your child in the event of an emergency. This person should be someone your child trusts. They can be an undocumented immigrant.

- The person that agrees to act as a caregiver will need your child's:**
- School's contact information
 - Medical information and if they have any special needs
 - Local area's contact information

- Let other people close to your child know about your plan.
- Contact a family law attorney to discuss other options for the care of your child.

- Make copies of important documents and give them to the person who will care for your child.**
- Passports and/or other ID documents
 - Birth certificates
 - Medical and school records

Para su hijo

- Escriba y lleve a cabo la información de contacto de su hijo's guardería y escuela.
- Decida y elija a alguien que usted confíe para cuidar a su hijo en caso de emergencia. Esta persona debe ser alguien a quien su hijo confíe. Pueden ser un inmigrante indocumentado.

- La persona que está de acuerdo en cuidar a su hijo necesitará que usted proporcione:**
- Información de contacto de la escuela
 - Información médica y si necesita alguna atención especial
 - Información de contacto de las áreas cercanas

- Hágale saber a otras personas cercanas a su hijo acerca de su plan.
- Contacte a un abogado de familia para discutir otras opciones para el cuidado de su hijo.

- Haga copias de los documentos importantes y entregue a la persona que cuidará de su hijo:**
- Pasaportes y otros documentos de identidad
 - Certificados de nacimiento
 - Registros médicos y escolares



Pour votre enfant

- Écrivez et ayez à disposition les coordonnées de votre enfant's garderie et école.
- Choisissez et choisissez quelqu'un que vous faites confiance pour s'occuper de votre enfant en cas d'urgence. Cette personne doit être quelqu'un que votre enfant aime et à qui il ou elle fait confiance. Ils peuvent être un immigré indocumenté.

- La personne qui veut de s'occuper de votre enfant devra vous fournir des informations sur:**
- Informations de contact de la école
 - Informations médicales et si votre enfant a besoin d'une attention spéciale
 - Informations de contact de vos zones proches

- Informez d'autres personnes proches à votre enfant de votre plan.
- Contactez un avocat en droit de la famille pour discuter les autres options qui existent pour votre enfant.

- Faites des copies des documents importants et remettez-les à la personne qui s'occupera de votre enfant:**
- Pasaports et autres documents d'identité
 - Actes de naissance
 - Cartes de santé et dossiers scolaires

Para su hijo

- Escriba y lleve a cabo la información de contacto de su hijo's guardería y escuela.
- Decida y elija a alguien que usted confíe para cuidar a su hijo en caso de emergencia. Esta persona debe ser alguien a quien su hijo confíe. Pueden ser un inmigrante indocumentado.

- La persona que está de acuerdo en cuidar a su hijo necesitará que usted proporcione:**
- Información de contacto de la escuela
 - Información médica y si necesita alguna atención especial
 - Información de contacto de las áreas cercanas

- Hágale saber a otras personas cercanas a su hijo acerca de su plan.
- Contacte a un abogado de familia para discutir otras opciones para el cuidado de su hijo.

- Haga copias de los documentos importantes y entregue a la persona que cuidará de su hijo:**
- Pasaportes y otros documentos de identidad
 - Certificados de nacimiento
 - Registros médicos y escolares

About the New York Immigration Coalition

NYIC is an umbrella policy and advocacy organization that represents 200 immigrant and refugee rights groups throughout New York State. Our mission is to unite immigrants, members & allies so all New Yorkers can thrive. We envision a New York State that is stronger because all people are welcome, treated fairly, and given the chance to pursue their dreams.

Community Resources

The New York Immigration Coalition creates resources to empower immigrant New Yorkers. Our resources cover the following topics: Know Your Rights, Policy Guides, Health & Safety, Business & Finance. Below are previews of two of our resources.



NYIC Community Toolkit

A resource guide created by NYIC for immigrants and allies, offering updates about policies and information about programs to connect immigrant New Yorkers with resources throughout the state. The toolkit is available in English, Spanish, Arabic, Bengali, Burmese, Chinese (Simplified), French, Karen, Nepali and Somali.



Immigrants & NY

We partnered with Center for Urban Pedagogy (CUP) and designer Luiza Dale to create a fold-out poster in English, Spanish, and French. The illustrated poster guides immigrants in New York State on how to avoid immigration scans, protect their families when interacting with ICE, and create a plan for their family in the event of deportation.

To find these and other NYIC community resources, go to nyic.org/nyr or scan this code:



Free Legal Service Providers

The following are organizations offering free legal resources in Brooklyn.

Arab American Association of New York

7111 5th Ave
718-745-3523, info@arabamericanny.org
arabamericanny.org

Areas of legal assistance: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Family-based petitions, Naturalization/Citizenship, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

Comba Legal Services

20 Snyder Avenue
718-940-6311, info@comba.org
comba.org

Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Habeas Corpus, IACARA, Naturalization/Citizenship, Removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

If you have general immigration questions, call the Office for New Americans hotline at 1-800-566-7636 or the ActionNYC Hotline at 800-354-0365.

Immigrant Justice Corps at Brooklyn Public Library

1580 Rockaway Pkwy (at Ave J)
718-267-6547
bklynlibrary.org/locations/candace

Areas of legal assistance: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Naturalization/Citizenship, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS

Justice For Our Neighbors

260 QuinCY St, John Wesley United Methodist Church
212-670-3780
ny-jfon.org

Areas of legal assistance: Adjustment of Status, Asylum applications, Consular Processing, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Habeas Corpus, Humanitarian Parole, IACARA, Naturalization/Citizenship, P1 or P2 for Afghans, Removal hearings, Special Immigrant Juvenile Status, Special Immigrant Visa (SIV), T visas, Temporary Protected Status (TPS), U visas, Violence Against Women Act (VAWA) petitions

Types of legal assistance: Help completing forms, Filings with USCIS, Representation at Asylum Interviews (Credible Fear Interviews, Reasonable Fear Interviews), Representation before the Immigration Court, Representation before the Board of Immigration Appeals (BIA), Federal court appeals

For more free legal resources go to immigrationsadvocates.org or scan this code





FREE ONLINE Citizenship Classes

Prepare for the U.S. citizenship test and interview

Schedule Monday & Wednesday
6:00-8:00 pm
Dates January 22 - April 2
Levels Beginner English
Intermediate English



To register: Fill out the interest form
tinyurl.com/RiisCitizenship

Call (646) 397-5771

Email eminaya@riissettlement.org

Visit Jacob A. Riis Neighborhood Settlement,
10-25 41st Ave, Long Island City, NY 11101





Free, safe **immigration legal help**
is available for every New Yorker.
Your immigration status does
not matter.

For any questions or concerns you have about
immigration status, including court and office
closures, call the **ActionNYC hotline** at:
800-354-0365 • Monday to Friday • 9 a.m.–6 p.m.



NYC
Mayor's Office of
Immigrant Affairs





A Resource Guide for Immigrant New Yorkers

All New Yorkers Can Seek Care and Support Without Fear



IMMIGRATION LEGAL HELP

Call ActionNYC at **800-354-0365**, from Monday to Friday, 9AM to 6PM for free, safe immigration legal help. Get help only from a trusted, licensed attorney or an accredited representative.



SUPPORTING IMMIGRANT FAMILIES

Health Care

- Getting vaccinated, care, testing, or treatment for COVID-19 will not affect your immigration status. Find a free testing site near you at nyc.gov/covidtest or call **212-COVID19 (212-268-4319)**.
- Enroll in health insurance plans, including free plans at nyc.gov/getcoverednyc or call **311**. If you do not qualify for health insurance, NYC Care guarantees services at little to no cost. Immigration status does not matter. Call **646-NYC-Care (646-692-2273)** or visit nycare.nyc.
- Feeling stressed or anxious? Talk to an NYC Well counselor for confidential support and to connect to mental health care and substance use resources. Visit nyc.gov/nycwell, call **800-NYC-Well (800-692-9355)**, or text WELL to 65173.



Education

- All NYC children age 4 are eligible for Pre-K and can attend public school until they turn 21. In some neighborhoods "3-K" may also be available to children age 3. To enroll, visit schools.nyc.gov/enrollment or call 311.
- Learn English for Free with We Speak NYC. Intermediate English language learners can visit wespeaknyc.cityofnewyork.us to sign up for online conversation classes.

Emergency Food

- There are free vegetarian, halal, and kosher meals available at locations across NYC. Delivery options are available for eligible New Yorkers. Learn more at nyc.gov/getfood or call 311 and say "Get Food."

KEEPING OUR COMMUNITIES SAFE

Public Safety

- By law, the NYPD cannot ask about the immigration status of crime victims, witnesses, or other people who ask for help. Anyone who has been the victim of a crime or has witnessed a crime should call **911**.

Protections Against Discrimination

- Discrimination, retaliation, and harassment against anyone on the basis of their race, religion, or immigration status is not tolerated in New York City. To report harassment or discrimination, call the NYC Commission on Human Rights at **212-416-0197**.



IDNYC

- IDNYC is a free government issued photo ID card for all NYC residents ages 10 and above and provides access to a wide range of services and discounts. IDNYC applicants' information is confidential. Immigration status does not matter. Renew online or make an appointment to enroll at nyc.gov/idnyc or call 311.

Protections Against Domestic Violence

- The City is here to help you if you are experiencing abuse. You can visit nyc.gov/nychope or call NYC's Domestic Violence Hotline at **800-623-HOPE**.



YOU HAVE RIGHTS

Know Your Rights with ICE (Immigration Enforcement)

- The City does not conduct immigration enforcement. If you are approached by federal immigration enforcement, you have rights. Visit nyc.gov/knowyourrights or call ActionNYC at **800-354-0365** for free and safe immigration legal help.

Tenant Rights

- If you are a residential renter and need help with any issues related to eviction or your landlord, visit nyc.gov/tenantprotection or call 311 and say "tenant helpline" for free legal help. For additional housing support go to nyc.gov/housing.

Workers' Rights

- You have a right to paid sick leave under New York City Law. Immigration status does not matter. Immigrant New Yorkers with work authorization may qualify for unemployment insurance benefits. Visit nyc.gov/workers for resources or call **212-436-0381**.

Ask MOIA Hotline

- If you have questions about immigration or how to access City services, help in your language is available. Call the Mayor's Office of Immigrant Affairs (MOIA) hotline at **212-788-7654** from Monday to Friday, 9AM to 5PM, or email askmoia@cityhall.nyc.gov.

English

NYC Mayor's Office of Immigrant Affairs

RESOURCES FOR IMMIGRANT NEW YORKERS

REGARDLESS OF YOUR IMMIGRATION STATUS, NEW YORK CITY IS HERE TO HELP.



Immigration Legal Help

For free and safe immigration legal help, call **800-354-0365**, from Monday to Friday, 9AM to 6PM.



NYC ID Card

Apply for an IDNYC, the free municipal identification card for all NYC residents ages 10 and above. Renew online or make an appointment to enroll, call **311** or visit nyc.gov/idnyc



English Classes

Take free English classes anytime, anywhere. Visit wespeaknyc.cityofnewyork.us for more information.



Healthcare

NYC Health + Hospitals (H+H) can provide emergency care, basic health care, check-ups, immunizations, and more. Call **718-387-6407** to be directed to the center nearest to you. To enroll in health insurance plans, including the NYC Care program call, **646-NYC-CARE 646-692-2273** or visit nycare.nyc



Mental Health

For confidential support and connections to mental health care and substance use resources, call **888-692-9355** or **988**, text WELL to 65173, or visit mentalhealthforall.nyc.gov



Emergencies

In an emergency, call **911**. An emergency is any situation that requires immediate assistance from the police, fire department, or ambulance. By law, the New York City Police Department cannot ask about the immigration status of crime victims, witnesses, or other people who ask for help.



Public Education

All NYC children ages 4 to 21 can attend public school. To enroll, visit schools.nyc.gov/fwc or call 311.



General City Resources and Information

Need to access city resources or want to report a problem? Call **311** or visit portal311.nyc.gov



NYC Immigrant Affairs Hotline

Call our hotline at **212-788-7654** from Monday to Friday, 9AM to 5PM, or email us at askmoia@cityhall.nyc.gov

NYC Immigrant Resources

New York is a city of immigrants.

We have free and safe services to support our newest New Yorkers at every step of their journey:

- ★ Legal help
- ★ Health care
- ★ English classes
- ★ Mental health support
- ★ Access to public education



All at nyc.gov/immigrant



FREE LEGAL CONSULTATION

 MUST CALL FOR AN APPOINTMENT

CONNECT & SPEAK WITH A LAWYER

WHERE WE CAN HELP!

- ✓ TEMPORARY PROTECTED STATUS (TPS)
- ✓ IMMIGRATION REFERRALS
- ✓ REQUEST FOR EVIDENCE (RFE)
- ✓ FAMILY REUNIFICATION PAROLE PROCESSES
- ✓ APPLICATION FOR EMPLOYMENT AUTHORIZATION (EAD)
- ✓ MORE...



SUPPORTED BY

-  NEW YORK CITY COUNCIL MEMBER
FARAH N. LOUIS
DISTRICT 46
-  New York City Council
RITA JOSEPH
DISTRICT 46
-  New York City Council
MERCEDES NARCISSE
DISTRICT 46

FOR MORE INFORMATION
POU PLIS ENFOMASYON

 718.362.3162 |  info@lohnyc.org

  Community Legal Resource Network
CUNY SCHOOL OF LAW

Who Can Answer Your Immigration Questions?

- **Private Attorneys:** Call the American Immigration Lawyers Association at 1-800-954-0254 for a referral.
- **Attorneys or Accredited Representatives at Board of Immigration Appeals-Recognized Non-Profit Organizations:** A list of these organizations can be found at <https://www.immigrationdivocates.org/legaldirectory/>

How to Avoid Fraud

- Only go to an attorney or Department of Justice accredited representative if you have immigration questions. Notaries or Notary Publics are not attorneys and cannot give legal advice. Attorneys from other countries who are not licensed by a state in the United States cannot give legal advice.
- Lawyers must have a license from a U.S. state to practice law – ask to see their law license.
- Accredited representatives have to be accredited and work for an agency recognized by the Board of Immigration Appeals. Ask to see their accreditation documents and confirm they work or volunteer for a nonprofit organization and their accreditation is not expired.
- Never sign an application with false information.
- Review all information on an immigration application before signing.
- Never sign a blank form.
- Ask for copies of everything you sign.
- Be skeptical of social media and other advertisements promising quick or new immigration relief.
- If the advice sounds too good to be true, get a second opinion before filing an immigration application.

Be Alert for Digital Scams

- The U.S. government (including Department of Homeland Security, U.S. Citizenship and Immigration Services, Immigration and Customs Enforcement, and State Department) will never contact you via WhatsApp or social media.
- With limited exceptions, such as people who are released from detention and told they must check in with ICE via telephone, the U.S. government generally does not contact individuals by phone.
- If you receive an unexpected message or phone call from someone who claims they are an immigration officer or other government official, do not respond or share personal information. Do not wire or transfer money to pay a "processing fee" or for any other reason.
- If in doubt, consult an attorney or accredited representative before taking any action.

What You Should Know

- You cannot apply for lawful permanent residency because you have been in the United States for a long time unless you have lived here continuously since January 1, 1972.
- If you apply for employment authorization or lawful permanent residence or other immigration benefits when you do not qualify, the Department of Homeland Security may start removal proceedings against you, which may result in your deportation.
- A lawful permanent resident may lose this status if he/she commits a crime or if he/she is outside the United States for more than six months without advance permission from the Department of Homeland Security.

If You Are A Victim of Immigration Fraud, Report It!

People in Illinois and Chicago should report immigration fraud to the following offices:

Attorney General of Illinois
<https://illinoisattorneygeneral.gov/Rights-of-the-Prospective-Legal-Immigrant>
1-800-386-5438 or 1-800-310-8396 (Spanish)

Call 311, use ICH311 mobile app, or
311.chicago.gov (Chicago Police)

Illinois Registration and Disciplinary Commission
<https://www.ircdc.org/homeFraudComplaint>

Cook County State's Attorney Consumer Fraud
Complaint Form
https://www.cookcounty.stateil.us/attorney_consumer_fraud_complaint_form

People in Indiana should report immigration fraud to the following office:
Attorney General of Indiana
www.in.gov/attorneygeneral
1-800-382-5516

City of Chicago Business Affairs and Consumer
Protection
BACP.ConsumerProtection.Services

For additional resources, see StopKnowsFraud.org

Visit the following link or scan the QR code below to view this page on our website:

<https://immigrantjustice.org/know-your-rights/avoid-immigration-fraud>



/ImmigrantJustice



@nipc



Immigrantjustice.org/raction



/ImmigrantJustice



National Immigrant
Justice Center



immigrantjustice.org/donate



We Speak NYC (WSNYC) is the City's free English language learning and conversation program developed and administered by the **Mayor's Office of Immigrant Affairs** (MOIA). WSNYC provides conversation classes where participants can practice speaking English while learning about immigrant rights, city services and civic engagement.

Our classes meet **once a week** for 7 to 10 week cycles. Each week, we gather for **two hours** to watch and discuss a different episode from our award-winning video series. The videos help learners develop their English skills as well as their knowledge of NYC culture and resources. There is no English skill level requirement, but the material is most useful for **high-beginner to intermediate level learners**.

Anyone with access to a computer, smartphone, or tablet can join our **online classes** from anywhere. We also offer **in-person classes** across all five boroughs; community organizations, schools, faith-based institutions and NYC Public library locations.

Visit our website to check out our class schedules, register for an online class, or locate in-person classes near you. Come to class ready to **learn, practice your conversation skills, and meet other English language learners!**

We look forward to learning together!

Learn more: nyc.gov/wespeaknyc
Email us: wespeaknyc@cityhall.nyc.gov

We offer:

- **Free** English conversation classes, in person or online
- **Free** supplemental English practice materials
- Join a diverse community of English language learners
- A safe space to build your confidence speaking in English
- Information on rights and resources for immigrant New Yorkers

"Improved my pronunciation, got rid of my fear of speaking, and is an excellent class."

-WSNYC learner



**Si tiene algún problema,
no diga nada y entregue
esta tarjeta al oficial.
¡Usted tiene el derecho
a permanecer en silencio!**

Para reportar alguna actividad
de ICE en la ciudad de Nueva
York, llame al Proyecto
de Defensa de Inmigrantes:
212 725 6422

Para informar una actividad
de ICE fuera de la ciudad
Nueva York, llame a United
We Dream:
1 844 363 1423

Para asistencia legal llame
a The New Americans Hotline:
1 800 566 7636



If you have contact with an agent, say:

- ✓ I wish to exercise my Fifth Amendment right to **remain silent**.
- ✓ **I do not wish to speak with you** or answer your questions.
- ✓ **I do not give you permission to enter my home** without a warrant signed by a judge.
- ✓ **I do not give permission to search my home** or any of my belongings.
- ✓ If I am detained, **I want to contact my attorney** immediately.
- ✓ **I refuse to sign** anything without advice from an attorney.

nyic.org
New York City Immigration Coalition



Learn English with We Speak NYC.

- Practice speaking English for free
- Get to know your community
- Build confidence
- Learn about City services and resources

Get started at nyc.gov/WeSpeakNYC



Aprende inglés con We Speak NYC.

- Practica la conversación en inglés
- Conoce tu comunidad
- Habla con más confianza
- Obtén más información sobre los recursos de la ciudad

Comienza aquí: nyc.gov/WeSpeakNYC



Community Resources





Become an IRS-Certified Volunteer Tax Intern for VITA*

Paid Training & Job Placement This Tax Season!

Train to Make a Difference in Your Community!

Open to individuals 18 and older. No experience required! Help members of your community file their taxes for free and gain the tax credits to which they are entitled, while learning valuable skills.

UPDATED: Training begins January 18, 2025; Tax prep job at a Grow Brooklyn location starts January 28, 2025 for successful candidates.



*This is not a CPA course:

- This training focuses solely on the skills needed to assist individuals and families through IRS-approved VITA programs.
- Participants will receive IRS VITA certification, enabling them to prepare basic tax returns under the supervision of the VITA program.

What's The Timeline

Duration:

All trainees will receive 40 hours of paid training at \$16.50/hour.

Trainee graduates will receive paid internship at a VITA tax location for the **13-week tax season** at \$20/hour through April 15, 2025. Pay is bi-weekly.

Apply Here:



<https://bit.ly/taxvolprep>

Questions on getting started? staffing@growbrooklyn.org

Who Can Train Then Earn

Eligible Candidates:

- Individuals aged 18+ with daytime availability looking for a short term entry-level opportunity. (training will be a mix of day and evening sessions; preparer job is daytime.)
- Career changers or those re-entering the workforce.
 - High school graduates/ GED holders,
 - those on a Gap Year, and
 - those considering alternative career paths/mid-career change.
- Community-focused individuals with an interest in financial literacy, accounting, or social impact.

What You'll Learn

- Learn and understand VITA basic tax principles, forms, and filing processes.
- Gain hands-on experience with tax software for VITA Free Tax sites
- Pass the IRS VITA certification exams.

Program Timeline:

- Hours 1-20: Foundations of VITA Tax Prep Practical Skills and Hands-On Training
- Hours 21-40: Advanced Scenarios, Review, Certification
- Beginning January 28, 2025: Placement at tax sites





Career Fair

Wednesday
January 15, 2025
10:00am to 2:00pm

Location:
David N. Dinkins Municipal Building
1 Centre Street, North (Mezzanine)
New York, NY 10007




MARK LEVINE


MANAGING SENIOR PRESIDENT

To pre-register to attend, please

Scan the QR Code OR Send updated resume to:



BusinessLinkRecruitment
@fra.nyc.gov


 Security Check to enter building.

Positions Available include and are not limited to the following:

<ul style="list-style-type: none"> • Administrative Assistant • Case Manager • Counselor • Delivery/Driver • Direct Care Worker • Employment Coordinator • Home Health Aide 	<ul style="list-style-type: none"> • Housing Specialist • Maintenance Worker • Personal Care Assistant • Porter • Program Aide • Receptionist • Residence Counselor 	<ul style="list-style-type: none"> • Residential Aide • Safety Monitor • Sales Associate • Security • Shift Supervisor • Social Worker • and Many More!!
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ICW SWIM @ BROOKLYN COLLEGE WINTER 2025

Water Fun!



FREE LEARN-TO-SWIM @ BROOKLYN COLLEGE

Sundays 1-1:45 p.m. in January,
February and March, 2025.
2900 Bedford Avenue, Brooklyn

- **For Children and Adults**
- **You MUST be registered**
- **Free Community Swim:**
1:50-2:50 p.m. for beginning
to experienced swimmers
- **Please support our efforts to**
grow swimming in Midwood

For more information:

917-605-5624

community.wellness.nyc@gmail.com

INCLUSIVE
COMMUNITY
WELLNESS



UNITED WAY CONNECT2CARE
New York City

FREE LUNCH & LEARNS

PROSPECT PARK BOATHOUSE (Nearest Entrance: Lincoln Road)

Wednesday, January 15

12-2 pm

Diabetes Care and Prevention

Thursday, January 30

12-2 pm

Hypertension Care and Prevention



RSVP: prospectpark.org/c2c

718-469-4679 x 1232

Make 2025 your healthiest year yet, right in the heart of Brooklyn's Backyard! Connect2Care provides access to primary healthcare services to New Yorkers who are under or uninsured, and educates our community on important health conditions. Each presentation is led by a doctor, and some include free medical screenings.

Mark Your Calendar for upcoming events:

Weds, Feb 12 + 26, Mar 12 + 26. Topics soon to be announced!

Presented in partnership with NHS Brooklyn + Prospect Park Alliance



Building Communities. Transforming Lives.

Snow Removal Employment

Registration for Emergency
Snow Shovelers is now open!

Pay is \$18.54 per hour
\$27.81 per hour after 40 hrs in a week



❄️❄️ Hey NYC, wanna help **New York City Department of Sanitation** keep NYC moving after the next snowstorm and get paid to do it??? ❄️❄️

The Department of Sanitation (DSNY) hires temporary Emergency Snow Shovelers to remove snow and ice from bus stops, crosswalks, fire hydrants, and other locations throughout the City.

Visit on.nyc.gov/SnowEmploy to schedule a registration appointment and find out what you need to bring with you.

NYDIS' Winter 2025 NYC Faith Sector Summit

Register Now!



Nourishing NYC: A Faith and Community Call to Action on Food Insecurity

Connect with community and faith thought leaders to strategize around collaborative solutions to reduce food insecurity in NYC.

Wednesday, January 15th from 9:30 AM - 2:30 PM

Metropolitan College of New York (MCNY)

60 West St, New York, NY 10006

Lunch provided. Halal, Kosher & Vegetarian

FREE Registration: https://NYDIS_Winter_2025_Summit.eventbrite.com



In partnership with:



FEEDING AMERICA

STRUGGLING WITH RISING FOOD COSTS?

Find Relief with SNAP



Meet with a SNAP Specialist from Met Council at the D46 Community Office.

Call (718) 241-9330 for an Appointment.

- **Personalized Assistance:** One-on-one help with your SNAP application.
- **Information & Guidance:** Clear answers to your questions about SNAP benefits.
- **Eligibility Check:** Find out if you qualify and learn how to maximize your benefits.

Every Other Friday

10:00AM - 3:00PM

Beginning September 13, 2024

Community Office of

Council Member Mercedes Narcisse

5827 Flatlands Ave. Brooklyn, NY 11234



CITY COUNCIL MEMBER
MERCEDES NARCISSE
64TH COUNCIL DISTRICT



MET COUNCIL
Stretching the Budget. Serving the poor.
Changing Lives.

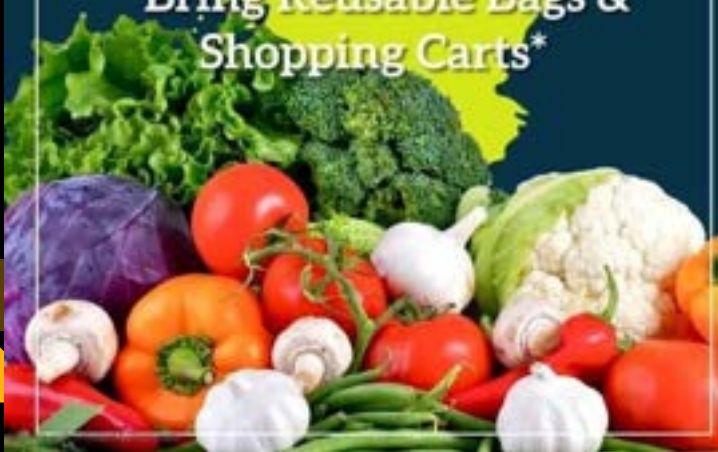


WE LOVE OUR COMMUNITY PANTRY

Each & Every Wednesday
@ 3PM

**1585 Fulton St
Brooklyn, NY 11213**

* Bring Reusable Bags &
Shopping Carts*



Open Door Family Life Center

FOOD PANTRY

RESOURCES
FROM MS.PINK



EVERY SATURDAY - 8:30AM - 10:30AM
999 Greene Avenue, Brooklyn, NY 11221

www.opendoorflc.org



Brooklyn North Army Recruiting Company



Minimum Requirements: 17-42 years old; must be a US citizen or permanent resident to apply

ACTIVE DUTY (Full-time)

WORK FULL TIME AND EARN YOUR DEGREE WHILE SERVING IN THE ARMY

- ENLISTMENT BONUS up to \$40,000

BENEFITS WHILE ON ACTIVE DUTY:

- Free MEDICAL Coverage
- Free DENTAL Coverage
- Free OPTICAL Coverage
- 30 Days ANNUAL PAID VACATION
- Home Buying Assistance
- HOUSING ALLOWANCE
- Life Insurance
- Tax-Free Shopping
- Military Discounts

EDUCATION INCENTIVES:

POST-9/11 GI Bill:

- Provides up to \$100,648 for continued education after your service in the United States Army
- Monthly Housing Allowance of up to \$2,929 per month
- \$1,000 a year to use for books and supplies

TUITION ASSISTANCE (While Serving)

100% tuition paid each year up to \$4,000

- STUDENT LOAN REPAYMENT up to \$65,000

GUARANTEED TRAINING OF CHOICE IN OVER 150 NON-COMBAT JOBS!

- Construction/Engineering
 - Legal Administrator/Paralegal
 - Mechanical Maintenance
 - Various Medical Positions
 - IT (Information Technology)
 - Aviation/Transportation
 - Cyber/Security
 - Law Enforcement
 - Dental Specialist
 - Human Resource
- And 140 more to choose...

ARMY RESERVE (Part-time)

EARN COLLEGE CREDITS FOR THE SKILL TRAINING YOU RECEIVE THROUGH THE ARMY RESERVES AND STAY LOCAL.

Your obligation is working 39 days a year, which consists of working one weekend each month and a 2-week (15 days) consecutive annual training. Normally the annual training will be in the summer. Flexibility! Stay within a 50 mile radius of your home zip code! Those willing to travel can receive extra pay for lodging and travel.

BENEFITS WHILE IN THE RESERVES

- Low Cost Medical
- Low Cost Dental
- Low Cost Vision
- Life Insurance up to \$400,000
- Tax Free Shopping
- Military Discounts

EDUCATION INCENTIVES

- Selective Reserve GI Bill (\$14,292) + Kicker up to an additional \$350 per month

TUITION ASSISTANCE

100% tuition paid each year up to \$4,000

- STUDENT LOAN REPAYMENT up to \$50,000

- ENLISTMENT BONUS up to \$20,000

GUARANTEED TRAINING OF CHOICE IN OVER 120 JOBS!

- Construction/Engineering
 - Computer Information System
 - Mechanical Maintenance
 - Military Intelligence
 - Psychological Operations
 - Transportation
 - Law Enforcement
 - Medical Specialist
 - Civil Affairs
 - Logistics
- And 110 more to choose...

**481 Knickerbocker Avenue
Brooklyn, NY 11237
SSG Tapia, Michael
Call or Text
(347) 733-2989**



JOIN OUR TEAM!



JUMAANE D. WILLIAMS



WORK WITH US!

Explore open positions at the Office of the Public Advocate: advocate.nyc.gov/opportunities



NOW HIRING PARAPROFESSIONALS

DO YOU LOVE WORKING WITH CHILDREN?

DO YOU HAVE A CARING HEART?

District 75 is seeking compassionate, dedicated individuals who care deeply about students with special needs. Perfect for parents or community members seeking a new career.

Learn More:

Contact the District
Office at 212-802-1501
Immediate Availability



NYC Office of
Public Schools Food & Nutrition
Services

WE'RE HIRING FOOD SERVICE SUPERHEROES

Looking for dedicated, service-oriented employees to work year-round as entry-level food service roles within school kitchens throughout our 5 boroughs.

WE OFFER:

- WORK MONDAY TO FRIDAY
- PART-TIME EMPLOYMENT WITH FULL BENEFITS
- MEDICAL COVERAGE
- PRESCRIPTION COVERAGE
- DENTAL & VISION
- SICK DAYS
- PAID HOLIDAYS
- RETIREMENT PLAN(S)
- FREE STAFF MEALS

IN-PERSON INTERVIEWS ARE BY APPOINTMENTS ONLY.

LOCATION: 44-38 VERNON BLVD
LONG ISLAND CITY, NY 11101
7:30 AM - 1:30 PM

JOBS DATES:

January	1/11/2025
February	2/16/2025
March	3/18/2025
April	4/8/2025
May	5/13/2025
June	6/14/2025

TO APPLY:



SCAN THE QR CODE OR VISIT
SCHOOLS.NYC.GOV/FOODSERVICEJOBS
TO SCHEDULE AN APPOINTMENT.

CALL (718) 707-6490 IF YOU HAVE ANY QUESTIONS.





**1st & 3rd Tuesday
of each Month
12:30PM-1:30PM
@ 5827 Flatlands Ave.
Brooklyn, NY 11234**



CITY COUNCIL MEMBER
**MERCEDES
NARCISSE**
46TH COUNCIL DISTRICT

- ✓ You can apply for the Senior Half-Fare MetroCard and receive one on site.
- ✓ Please carry proof of age (65 years & older) photo I.D. required.
- ✓ You can also add money to your Senior Half-Fare MetroCard.



Office of
Mental Health

**No exams,
just opportunities.**

**Apply today:
ny.gov/omhjobs**

Summer Opportunities Fair for Teens



Internships



Volunteer



Job Opportunities

Saturday, January 25
12pm
Central Library
89-11 Merrick Boulevard, Jamaica

RB Education

This Is Your Year to Thrive!
New Year, New You!



EARN YOUR ASSOCIATE DEGREE

Register for hybrid two-year degree with
CUNY Kingsborough Community College.

WHERE: RB Youth Center

WHEN: January 14 & January 28
5:30 pm - 6:30 PM



Funding Provided by Assemblywoman Marisa Davis.
In collaboration with CUNY Kingsborough Community College.

RiseBoro
COMMUNITY PARTNERSHIP

For more information contact Derise by email at:
dcombes@riseboros.org

Youth Center 1406 Gates Avenue Brooklyn, NY 11237



Production Assistant Training Program

APPLY TO OUR APRIL 2025 TRAINING CYCLE!

This FREE program trains New Yorkers to work entry-level jobs in TV and Film. This is your opportunity to break into the entertainment industry! We are looking for applicants who are:

- low-income
- unemployed
- formerly incarcerated
- veterans
- refugees
- new immigrants
- NYCHA residents

To learn how to apply, contact pa@bwiny.org



Transparent Language is now at BPL!

What is Transparent Language?

A free, fun, and engaging experience for BPL library cardholders of all levels looking to build their listening, speaking, reading, and writing skills in an another language, including:

- 110 languages to choose from, as well as English for speakers of over 30 languages
- an American Sign Language course
- an American Citizenship Test Prep course
- Kidspeak - lessons customized for kids, in English, Chinese, French, German, Italian and Spanish.


Transparent Language
Online



bit.ly/bklynTL

How do I access Transparent Language?

To access using a web browser:

1. Use the QR code or link on this flyer to visit BPL's Transparent Language page.
2. Click "Visit this Resource." If you are already logged in to the BPL website, you will automatically be logged in to Transparent. Otherwise, you will first need to log in to the website.

To access using the free app:

1. Download the app from the Apple Store or Google Play Store and open it.
2. Follow the web browser instructions above. However, if you are in a web browser on a smartphone or tablet, step 2 will automatically open the app and log you in with your library card barcode.


Bklyn
Public Library

*Available exclusively for NYCHA public housing residents.

Get started today!

on.nyc.gov/mynycha



 NYCHA public housing residents - Need repairs? Don't wait!





MyNYCHA has you covered. Submit your ticket and get the help you need!


 on.nyc.gov/mynycha

[#MyNYCHA](#) [#NYCHA](#)

*Available exclusively for NYCHA public housing residents.

Do You or Someone You Know Meet the Below Eligibility Requirements?

-  17 - 24 years old
-  Pursuing a GED
-  NYCHA Public Housing or Section 8 resident in Brownsville or Ocean Hill
-  Committed to 6 months of Education & Construction training

 Complete our interest form today: on.nyc.gov/youthbuild

YouthBuild is a free, 6-month program offering:

- Hands-on construction experience
- Leadership development
- Industry-recognized certifications
- Academic support and personalized case management 

The total cost of this program is \$1.76M, including \$1.38M (78.4%) from the US Department of Labor and \$380K (21.6%) from non-governmental sources. This is an equal opportunity program. Reasonable accommodations are available upon request.

[#NYCHAYouth](#)



NYCHA YOUTHBUILD

The NYC Access HRA Child Support Mobile App is Popular with Parents Who Have a Child Support Case.

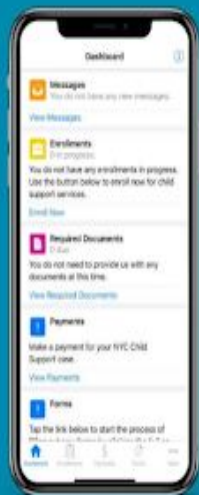
Visit nyc.gov/accesshra to learn more.



NYC Child Support - ACCESS HRA Mobile App

Use the app to:

- Enroll for child support services
- Update your contact information
- Submit a debt reduction form
- Submit a challenge to an enforcement action
- Make a fee-free credit card payment*



*Allow 2-3 business days for credit/debit card and PayPal processing.

NYSOFA recognizes the impact winter isolation can have on mental, emotional, and physical health. We're reminding older New Yorkers about our partnership with **GetSetUp**, an online platform offering free wellness, educational, and social engagement opportunities. <https://aging.ny.gov/news/virtual-platform-new-york-state-office-aging-and-getsetup-offer-winter-wellness-initiative>



Ready to Learn More?

Explore interactive virtual classes for older adults by older adults at:

www.getsetup.io/nystate



Heat & Safety Tips for NYC Tenants



Building owners are legally required to provide heat and hot water to their tenants.

Hot water must be provided 365 days per year at a constant minimum temperature of 120 degrees Fahrenheit.

Heat must be provided between October 1st and May 31st (also known as "Heat Season") at specific temperatures. Learn more at nyc.gov/TenantRights



Remove or cover your window A/C units



Shrink wrap your windows to keep the heat inside



Move furniture away from radiators or baseboards



Lower your blinds or draw your curtains at night



Do NOT turn on your ovens to increase heat



Keep space heaters three feet away from flammable materials

HEAP

Get financial assistance to heat your home with the Home Energy Assistance Program (HEAP): on.nyc.gov/HEAP



Document insufficient home heat by writing to your landlord and taking photos of the thermometer displaying cold temperatures

ASP Alternate Side Parking Rules 2025 Suspension Calendar

The 2025 ASP Suspension Calendar is here!



Download a PDF or ICS file & add it to your Google or Outlook Calendar



New Year's Day*	Jan 1, Wed
Three Kings' Day	Jan 6, Mon
Martin Luther King, Jr.'s Birthday	Jan 20, Mon
Lower New Year's Eve	Jan 20, Tue
Lower New Year	Jan 21, Wed
Lincoln's Birthday	Feb 12, Wed
Washington's Birthday (Pres. Day)	Feb 17, Mon
Ash Wednesday	Mar 3, Wed
Purim	Mar 14, Fri
Mat-Fat (Eid Al-Fit)	Mar 21-Apr 1, Mon-Tue
Passover	Apr 13-14, Sun-Mon
Holy Thursday	Apr 17, Thurs
Holy Thursday (Orthodox)	Apr 17, Thurs
Good Friday	Apr 18, Fri
Good Friday (Orthodox)	Apr 18, Fri
Passover (7th/8th Days)	Apr 19-20, Sat-Sun
Memorial Day*	May 26, Mon
University of the Ascension	May 29, Thurs
Shavuoth (2 Days)	June 2-3, Mon-Tue
Eid-Adha (Eid Al-Adha)	June 9-7, Fri-Sat
Jubilee/Leviticus	June 16, Thurs
Independence Day*	July 4, Fri
Tisha B'Shva	Aug 1, Sun
Fest of the Assumption	Aug 15, Fri
Labour Day*	Sept 1, Mon
Rosh Hashanah	Sept 23-24, Sun-Wed
Yom Kippur	Oct 2, Thurs
Sukkot (2 Days)	Oct 7 & 8, Tue-Wed
Columnus Day	Oct 11, Mon
Shemini Atzereth	Oct 14, Thu
Simchas Torah	Oct 15, Wed
Diwali	Oct 20, Mon
All Saints' Day	Nov 1, Sat
Erntedankfest	Nov 4, Tue
Wollrabt Day	Nov 11, Tue
Thanksgiving Day*	Nov 27, Thurs
Immaculate Conception	Dec 8, Mon
Christmas Day*	Dec 25, Thurs

The 2025 ASP Calendar is here! 🚗 🗺️

Download a printable version or learn how you can import it right into your Google Calendar or Microsoft Outlook at on.nyc.gov/ASPCalendar!

How to apply for half-off NYC transit fares:

- Confirm you're between ages* 18-64.

- Prepare your documents: proof of identity, NYC residency, and income.

- Head to [nyc.gov/fairfares](https://www.nyc.gov/fairfares) to check eligibility and apply!

**If you're 65+ or have a disability, at any income level, apply for discounted rides at [mta.info/reduced-fare](https://www.mta.info/reduced-fare)*

SATURDAY
1/25/25



FROM 11AM
TO 2PM



CLOTHING SWAP



AT HOPE GARDENS COMMUNITY CENTER
422 CENTRAL AVE, BROOKLYN, NY 11221

WHAT TO BRING: GENTLY WORN WINTER CLOTHES, SHOES, ACCESSORIES.
ALL SIZES AND AGES WELCOME. PLEASE DO NOT BRING OR LEAVE WITH
MORE THAN A GARBAGE BAG SIZE OF ITEMS. EARLY DROP OFF THE
WEEK BEFORE IS HIGHLY ENCOURAGED.



STRIVE[®]
NEW YORK

NONCLINICAL HEALTHCARE TRAINING

**OPEN
ENROLLMENT**

9-WEEK PROGRAM, MON-FRI

- ➔ **FREE** training & certification
- ➔ CPR, Food Service, Patient Customer Service
- ➔ **LIFETIME** job placement assistance

START THE PATH TO YOUR **NEW CAREER**

STRIVE.ORG/NYPROGRAMS

FUTURE LEADERS

Justice Impacted 18-24

STRIVE[®]
NEW YORK

Nonclinical Healthcare Training

FREE

5 weeks | Mon-Fri

- ✔ Phlebotomy, EKG & CPR
- ✔ Placement Assistance
- ✔ Earn-as-you-learn

**OPEN
ENROLLMENT**

WWW.STRIVE.ORG/NYPROGRAMS



Looking to start a career in technology?

with paid internship & employment assistance!

Get the tools
for **SUCCESS**
in a tech career

Get Certified in:

- MS Excel
- SQL
- Tableau

Classes will cover:

- Interviewing skills
- Data analyst tools



Program Eligibility:

- Ages 18+ and able to work in U.S.
- Must pass TABE exam
- Bring government issued ID
- Bring proof of COVID-19 vaccination

Data Analytics Training

sign
up



Join the info Session: **TUES at 1PM**

*be prepared to stay at least 3 hours**

**includes a math and reading test for those interested in moving forward*

Where: St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 Ext. 450 or TechLiteracy@stnicksalliance.org

110 Bedford Avenue, Brooklyn, NY 11211
718.302.2057 www.stnicksalliance.org

BANK OF AMERICA



Brooklynn
Foundation



St.Nicks Alliance

Where Opportunity Grows

Interested in a career in HVAC or
Building Maintenance?



Requirements:

- Must pass TABE Math Test with a minimum 7th grade reading level
- Must be physically fit and able to lift at least 50 pounds
- Must be 18 years or older and have a legal right to work in the United States
- Must have a government issued photo ID
- Must bring proof of COVID-19 vaccination

On-Track to HVAC Online Info Session

(currently, classes offered are only in English)

**THOSE INTERESTED MUST ATTEND
OUR FREE INFO SESSION!**

Sign up



When: Wednesdays at 1pm

Where: St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact Info: (718) 302-2057 Ext. 450, skilledbuild@stnicksalliance.org



St.Nicks Alliance

Where Opportunity Grows

Learn English!

Classes are
Free!

plus

Job Placement
Assistance



In-Person

ESOL Classes

**SIGN
UP**



SNAP RECIPIENTS WELCOME

Classes taught by NYS certified teachers

When: We have classes in the morning and evening, M-F 9am-12pm, M-W 6-9pm, T-TH 6-9pm

Where: St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 ext. 403, adulteducationwfd@stnicksalliance.org



St.Nicks Alliance

Where Opportunity Grows

You'll **EARN \$** while you **TRAIN!**

Secure these certifications:
OSHA 30
Flagger
Scaffolding
Site Safety
Fireguard F-60

Are You:

- 18-24-years old
- Not in school or working
- Vaccinated against COVID-19



Construction Trades
FREE Training and Certification!

IN PERSON INFO SESSION EVERY WEDNESDAY AT 1PM

*Be prepared to stay at least 3 hours**

*Includes a math and reading test for those interested in moving forward

Sign up



Where: St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact: 718-302-2057 ext. 450 or TrainandEarn@stnicksalliance.org
TTY Number: 800-662-1220

St. Nicks Alliance is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities.

ACCESS-VR



TRAIN & LEARN



St.Nicks Alliance

Where Opportunity Grows

Want the skills to build a career in construction?
OR
Do you have construction skills and need work?

Secure these certifications:
OSHA 30
Flagger
Scaffolding
Site Safety
F-60



Requirements:

- Must pass 7000 MTO Test with a minimum 70% grade reading test
- Must be physically fit and able to lift at least 50 pounds
- Must be 18 years or older and have a legal right to work in the United States
- Must have a government issued photo ID
- Must bring proof of COVID-19 vaccination

Construction Laborer Training

(currently, classes offered are only in English)

THOSE INTERESTED MUST ATTEND OUR FREE INFO SESSION!

Sign up



When: Wednesdays at 1pm

Where: St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

Contact Info: (718) 302-2057 Ext. 450, skilledbuild@stnicksalliance.org



You'll **EARN \$** while you **TRAIN!**

- Internship and Employment
- Workplace Readiness
- Financial Literacy Education
- Opening a Bank Account

Are You:

- 18-24 years old
- Not in school
- Not working
- Vaccinated for COVID-19



Home Health Aide

FREE Training and Certification!

IN PERSON INFO SESSION EVERY FRIDAY AT 1PM
*Be prepared to stay at least 3 hours**

*Includes a math and reading test for those interested in moving forward

Sign up



Where: St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)
Contact: 718-302-2057 ext. 450 or TrainandEarn@stnicksalliance.org
TTY Number: 800-662-1220

St. Nicks Alliance is an Equal Opportunity Employer Program. Auxiliary aids and services are available upon request to individuals with disabilities.

ACCES-VR



Manhattan



St. Nicks Alliance

Where Opportunity Grows



PER SCHOLAS

Powered by



A TECHNOLOGY
TRAINING
PARTNERSHIP

IT TRAINING IN CYBERSECURITY

FREE training program in
technology.



Cypress Hills ENY Community Center
276 Chestnut Street Brooklyn NY 11208

Per Scholas

IT Training in Cybersecurity

Scholarships to earn the CompTIA A+ Certification and Google IT Support Professional Certificate. Members will learn the fundamentals of IT Support, computer hardware, operating systems, device management, troubleshooting across systems, and more.

Applicants must:

- Be 18+ years old.
- Have a high school diploma or H. S. E.
- Have a passion for IT (some tech experience and knowledge in troubleshooting are required.)
- Pass the assessment tests and interview.
- Be available Mon-Friday from 9 am-4 pm for 15 weeks of training.
- Be authorized to work in the United States.

For more information, call Nadine at 845-328-2570 or email ittraining@cypresshills.org

APPLY HERE





CAREERS THAT CARE

FREE training programs in
healthcare.

Cypress Hills ENY Community Center
276 Chestnut Street Brooklyn NY 11208

CTC

Careers That Care

A program designed to provide members interested in an entry-level healthcare career with scholarships to attend a training program in:

- Certified Nursing Assistant

Applicants must:

- Be 18+ years old.
- Have a high school diploma or H.S.E.
- Provide proof of vaccination.
- Be eligible to work in the U.S.
- Not be enrolled in school or working.

For more information, call Stephanie at (272) 242-9176 or email stephaniea@cypresshills.org

APPLY HERE



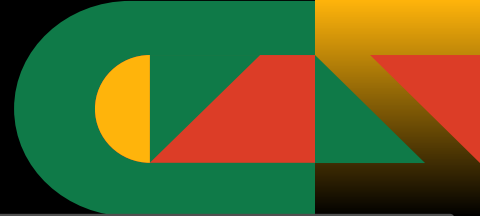
SURVIVOR SUPPORT

If you or someone you know was hurt or passed away due to gun violence, we are available to support you.



The Survivor Support program assists youth, adults, and caregivers who have been affected by gun violence related crimes in New York City's five boroughs.

NYAGV
NEW YORKERS AGAINST GUN VIOLENCE



A survivor advocate on staff is prepared to assist with any of the following needs:

- Direct social and emotional support
- Assistance with immediate needs (housing, food, clothing, etc.)
- Inform you of your rights according to NYS
- Discuss whether you qualify for OVS compensation, which may cover
- Gather documentation and walk you through the application process
- Refer you to longer term support services



For help, call **1-800-247-8035** or find resources near you by visiting [OVS Resource Connect](#).

Click [Exit Site](#) if you need to leave the page immediately for your safety.



Victim Compensation

File a claim for compensation online or download a paper application.

Parenting Resources





We provide prevention services aimed at youth, families, and communities that exhibit higher risk factors and lower protective factors related to substance use and misuse. This is achieved through collaborative partnerships with various community stakeholders.

PreVenture

PreVenture is an evidence-based prevention initiative designed to enhance mental health and delay substance use among youth.

The program comprises two 90-minute workshops that are entirely voluntary and confidential. Participants will learn how to establish long-term goals and understand how their daily actions and decisions can facilitate the achievement of these goals. Each workshop is accompanied by a workbook that reinforces the concepts covered, allowing participants to retain and apply what they have learned.

Contact Us:

- 718-381-9653 ext.3231
- lsancho@riseboro.org
- jsalazar@riseboro.org
- 1474 Gates Ave, Brooklyn, NY, 11237



SMART TALK: CANNABIS PREVENTION & AWARENESS CURRICULUM

Our new Smart Talk: Cannabis Prevention & Awareness Curriculum, which is part of the Stanford Cannabis Awareness & Prevention Toolkit, is a 5-lesson theory-based and evidence-informed curriculum created by the Stanford REACH Lab as well as by our Youth Action Board, educators, healthcare providers, and scientists across the U.S.

ECHO offers lessons for youth grades K-12!

Five 50-minute Lessons or organize and plan your own curriculum

- Lesson 1**
Full of Potential: Your Brain, Cannabis, and You
- Lesson 2**
Healthy Body, Healthy Youth: Effects of Cannabis on The Body
- Lesson 3**
Healthy People, Healthy Community
- Lesson 4**
Exploring Marketing & Marketing Tactics Used in Media
- Lesson 5**
Be Your Strength, Stress, Coping, and Wellness

GOALS FOR THIS CURRICULUM

- Increase their knowledge about cannabis and the **harm** they can cause.
- Gain awareness of strategies manufacturers and sellers of cannabis products employ to increase use among adolescents, such as **deceptive** and **creative marketing strategies**.
- Introduce **harm reduction** and **refusal skills** among a spectrum of users (from users who use often, to those who experiment, and to those who don't use cannabis).
- Ultimately, **prevent** and **reduce** cannabis use of any type.

- 718-381-9653 ext.5251
- lsancho@riseboro.org
- jsalazar@riseboro.org

Struggling to Meaningfully Connect With Your Teen?



*Scroll Through for Ways To
Positively Engage With Your Teen*

Why Is It So Challenging To Talk With My Teen?

There are many reasons why your teen may be hesitant to talk to you.

Teens may think thoughts like:

- *My parents always overreact.*
- *Why are my parents so noisy and intrusive?*
- *How can they possibly imagine how my life feels?*
- *How can I mention taboo subjects like sex, drugs, and other issues to my parents?*
- *Mom always wants to go deep, personal or bring up how I feel. Bleugh!*



Action Steps To Ensure Positive Connection with Your Teen



Seize opportunities to affirm your teen.

- Express things they do right, not just the things they do wrong. Be specific in praise and try to praise effort and character traits rather than focusing solely on accomplishments.

Be approachable.

- Build a habit of saying something like, "Tonight I need to _ but if you want to come by and chat, I can make time for that." Pay attention to times in the day when your teen seems more talkative than usual, and be around them then. Parents often find talking in the car between activities is a good time to talk.

Explore your similarities and differences.

- Consider their personality profile. How is it different from yours? What excites and irritates them? What is your teen's love language?



How to Talk to a Teenager

Bring up topics in the right context.

- Bringing up a tough topic right as your teen gets home from school, or while you're mid-grocery-shopping may not be the best course of action. **Choose a time in a private, neutral space** to broach a tough conversation.

Ask about their experiences with curiosity, not judgement.

- Give your teen **time** and **space** to talk about their own experiences with the topic at hand. Ask **respectful, open ended questions** for teens with **curiosity**, rather than judgement.

Remain calm throughout the entirety of your chat.

- **Keep your tone of voice and your behavior warm** for the whole conversation. Making your child feel judged or that you are disappointed in them for anything they share with you may negatively affect their probability of talking to you about these topics in the future.



At the tail end of your conversation, make sure you let your teen know that you're **grateful for their openness and honesty**.

If your child feels comfortable sharing their experiences, worries, and dreams with you, they will **be less likely to hide their problems from you**, and **more likely to ask for help when they need it**.

Opening the door to healthy conversations with your teen is **key** in making them feel **supported** and **loved!**



Health & Wellness Resources

WELLNESS



ALTERNATIVES

to "How was your day?"

SKIP the "I don't know"s
INSPIRE a conversation!

What were some of the feelings you felt today? Can you name them?

What was one thing that made you laugh today?

What did you play at recess today? Who did you play with?

What was the best part of the day? And the worst?

What was your favorite lesson your teacher taught you today?

7 WAYS TO SHOW UP FOR YOUR TEEN



Get interested in their interests, talk about what they want to & stay up late with them.

Hold them accountable. Help them earn privileges & rewards. Boundaries are still important.



Listen to understand. Ask questions. Try not to lecture



Praise them directly & to others: "I'm so proud of who you are."



Speak up for issues they are passionate about if you don't know, let them teach you.



Be a safe person while respecting their privacy. Be their home base.



Their pain is real. Believe them when they say they are hurting.

Drop the Vape

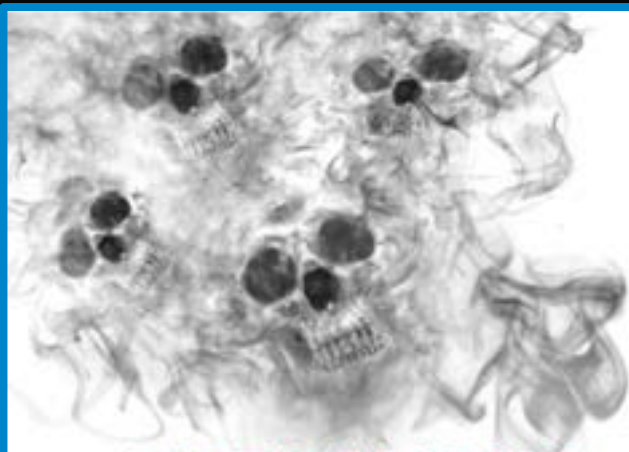


Vapes can expose you to toxic and cancer-causing chemicals. More teens are trying to stop vaping than you think. You can too!

Text **DROPTHEVAPE** to **88709** to get advice and motivation from other teens. It's free, anonymous and confidential support, available 24/7.

Resource from
Ms. Pink

For more information, visit nyc.gov/health and search for e-cigarettes.



THE TRUTH ABOUT E-CIGARETTES VAPING &

E-cigarettes almost always contain nicotine.

- Nicotine is addictive, especially for teenagers.
- Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- Nicotine can be toxic. People have been poisoned by swallowing vaping liquid or getting it on their skin or in their eyes.

Vaping can expose you and others around you to harmful chemicals, such as:

- Formaldehyde (a cancer-causing chemical)
- Benzene (a cancer-causing chemical)
- Diacetyl from flavoring (which has been linked to lung disease)
- Heavy metals (such as nickel, tin and lead)

For more information about how you can defeat flavors (including menthol) and end nicotine dependence, email tobacco@health.nyc.gov. To find more information about e-cigarettes, visit nyc.gov/health and search for e-cigarettes.



Resource from
Ms. Pink

Mental Health Services:

NYC Well provides free, confidential mental health support 24/7. To speak to a counselor:

- **Call 888-NYC-WELL (888-692-9355)**
- **Text “WELL” to 65173**
- **Chat at nyc.gov/nycwell.**

To find mental health and substance use resources in your neighborhood, visit

nycwell.cityofnewyork.us/en/find-services.

NYC Health + Hospitals/Woodhull partnered with the "WICK Against Violence"

NYC
HEALTH+
HOSPITALS

Woodhull

In partnership with

THE WICK
AGAINST
VIOLENCE

Mission Statement: NYC Health + Hospitals/Woodhull has partnered with the "WICK Against Violence", a program of the Public Safety Coalition, to enhance the hospital's existing violence prevention efforts by inviting violence interruption and mediation services into the hospital to support victims of violence. We provide a collaborative community based approach to those more likely to be impacted by gun violence and provide them with access to resources and services in an effort to prevent future violence and break the cycle of violence. The program is geared to be the hub that provides compassionate, comprehensive care and innovative strategies to steer high-risk New Yorkers away from a culture of violence and guns.

Services provided:

- ✦ CV (Cure Violence) interruption and mediation services.
- ✦ Engage in supportive conversations.
- ✦ Exchange contact information with family/victim for follow up assistance.



For more information, please contact:

Jessica Arocho
Director of Community Affairs
Program Coordinator
718-963-8140

Totteanna Conley
Community Liaison Worker
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

NYC
HEALTH+
HOSPITALS

Woodhull

NYC Health + Hospitals/Woodhull en asociación con el "WICK Against Violence"

NYC
HEALTH+
HOSPITALS

Woodhull

In partnership with

THE WICK
AGAINST
VIOLENCE

Declaración de objetivos: NYC Health + Hospitals/Woodhull se ha asociado con el "WICK Against Violence", un programa de la Coalición de Seguridad pública, para mejorar los esfuerzos existentes de prevención de la violencia del hospital invitando servicios de interrupción de la violencia y mediación al hospital para apoyar a las víctimas de la violencia. Proporcionamos un enfoque colaborativo basado en la comunidad para aquellos que tienen más probabilidades de verse afectados por la violencia armada y les brindamos acceso a recursos y servicios en un esfuerzo por prevenir la violencia futura y romper el ciclo de violencia. El programa está orientado a ser el centro que brinda atención, compasión e integral y estrategias innovadoras para alejar a los neoyorquinos de alto riesgo de una cultura de violencia y armas.

Servicios prestados:

- ✦ Servicios de interrupción y mediación de CV (Curar la violencia (Cure Violence))
- ✦ Participar en conversaciones de apoyo.
- ✦ Intercambiar información de contacto con la familia/víctima para asistencia de seguimiento



Para obtener más información, póngase en contacto con:

Jessica Arocho
Directora de asuntos comunitarios
Coordinadora del programa
718-963-8140

Totteanna Conley
Trabajadora de enlace comunitario
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

NYC
HEALTH+
HOSPITALS

Woodhull

ABLE!

What does that stand for?

Adolescent Becoming Leaders Empowered!

The ABLE Program assists students in:
To give our youth the opportunity to reach their fullest potential, reducing the number of unplanned pregnancies and providing them with the tools to become effective adults.

ABLE is a program developed by Woodhull Medical Center. This program does the following:

- Education classes on Pregnancy Prevention
- Encourage teens to go beyond their best and find new opportunities.
- Helping teens become aware of the consequences of STD's as well as the consequences.



Adolescent Practice at Woodhull Medical Center

Both regular primary care and sexual/reproductive care are provided. Primary care means you can get regular check-ups, sports physicals and exams for working papers, immunizations ("shots"), care for conditions such as asthma, advice about eating and exercise, and care when you feel sick. Sexual/reproductive care includes things like birth control, pregnancy testing, treatment for STD's and HIV/STI testing.

Walk-ins are welcome during hours of operation. If you're an adolescent under the age of 18, you do not need to have someone with you to get sexual/reproductive health care services. You can ask for a confidential visit when making an appointment.

Address: 51st Broadway, Brooklyn, NY 11203
Crown Street/51st Broadway & Flushing Ave.

Clinic location: Main Floor. No on-site

Phone: 718-224-2000

Hours: Monday - 9:00 AM to 12:00 PM

Wednesday - 9:00 AM to 1:00 PM

Thursday - 9:00 AM to 1:00 PM

You can call or text the ABLE Program at 718-224-2000

ABLE Adolescents Becoming Leaders Empowered



ABLE is a Comprehensive Adolescent Pregnancy Prevention (CAPP) Program

SAFE

What is safe? We everyone all know the word but it's just in like a deeper perspective.

- Safe is when all of us know how to use a condom.
- Safe is protecting yourself from an unwanted pregnancy when you need to have sex.
- Safe is not engaging in risky behaviors.
- Safe is being abstinent!



Abstinence is the only 100% tested method that is 100% effective against STIs, HIV and pregnancy.

SMART

Smarts don't measure intelligence and they don't measure maturity. So why worry so much to educate yourself - so why wait to be a leader!

- Respect yourself first.
- If you are sexually active get tested every 3 to 6 months
- Be smart about the choices you make because there will be consequences.
- Don't give in to their Pressure.



STD's that start with the letter H, such as Herpes, HIV, HPV have no cure and can only be treated with medication.

SUCCESSFUL

Most of us believe having sex when we're not ready to avoid, as well as wanting or dividing. Little do we know that we are falling into your pressure. How do we overcome your pressure? How do we overcome fear? How do we become successful? We should be making guide to prepare for our future.

- Stay in school!
- Be a leader not a follower and think before you act!
- Stay fit! It's okay to say no to drugs and sex.



Let's go Polymorphic Coexistence (Universal and Extended), Tested Often, Birth Control.

PSYCHIATRY SERVICES

The Department of Psychiatry offers comprehensive mental health and substance abuse treatment services. Through individual and group treatment programs, the treatment services are provided by a multidisciplinary staff consisting of psychiatrists, psychologists, nurse practitioners, social workers, nurses, therapists, and other mental health and medical consultants. Treatment of mental health conditions includes: bipolar disorder, major depressive disorder, anxiety disorders, post-traumatic stress disorder, obsessive-compulsive disorder, and personality disorders. All patients receive individual and group therapy. We are contacted in order to provide the most comprehensive and appropriate care to our patients.

HOURS OF OPERATION

OUTPATIENT MENTAL HEALTH
Monday - Friday, 9:00 am - 5:00 pm
Rueck 3A, 122 (Adult); 3A, 111 (Child)

OUTPATIENT CHEMICAL DEPENDENCY
Rueck 1A, 200

INPATIENT A&D/CPD
2A-7, 27 (Inpatient)

OUTPATIENT DETOX SERVICE
Monday - Friday, 8:00 am - 4:00 pm
Rueck 1A, 200

APPOINTMENTS

To make an appointment, please call the specific listed program.

AFTER HOUR URGENT CALLS

For mental health concerns after hours, you may call the CPDP Unit: 718.943.8479 or Rueck 3B, 200: 718.943.7439

DIRECTIONS TO WOODHULL MEDICAL CENTER, NEW YORK, NY

51st Street at Broadway, Brooklyn 11203

By Subway

Take the F or M Train to Broadway - 51st Street Station. Exit at 51st Street and Broadway. The Woodhull Medical Center is located at 51st Street and Broadway. For more information, please call 718.224.2000.

By Car

From I-495, take the Brooklyn Expressway (Exit 10) to the Flushing Avenue Exit (Exit 11). Turn right onto Flushing Avenue. Turn left onto 51st Street. Turn right onto Broadway. The Woodhull Medical Center is located at 51st Street and Broadway. For more information, please call 718.224.2000.

By Bus

Take the B67 Bus to Broadway - 51st Street Station. Exit at 51st Street and Broadway. The Woodhull Medical Center is located at 51st Street and Broadway. For more information, please call 718.224.2000.

By Taxi

Call 718.943.8479 for more information.



EMERGENCY SERVICES: POLIUM US
https://www.woodhull.com/our-services/emergency-services

Psychiatry Services



EMERGENCY SERVICES
WOODHULL HOSPITALS
Woodhull

SAFE

What is safe? We everyone all know the word but it's just in like a deeper perspective.

- Safe is when all of us know how to use a condom.
- Safe is protecting yourself from an unwanted pregnancy when you need to have sex.
- Safe is not engaging in risky behaviors.
- Safe is being abstinent!



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Let's go Polymorphic Coexistence (Universal and Extended), Tested Often, Birth Control.



Our mission is to provide the highest quality of mental health care to our patients. We are committed to providing the highest quality of care to our patients. We are committed to providing the highest quality of care to our patients.

Psychiatry Services

Comprehensive Psychiatric Emergency Program (CPEP)
CPEP is a 24-hour emergency care to individuals in crisis. In addition to a Psychiatric Emergency Room, the CPEP also has an all-symptoms mental health and an outreach crisis team. For information, call 718.943.8479 or 718.943.8479.

The Adult Inpatient Service provides 24-hour care for individuals requiring intensive care for acute, chronic, or severe mental health conditions. Patients are treated in a safe and secure environment. For information, call 718.943.8479.

The Outpatient Adult Mental Health Practice offers a wide variety of treatment and support services for adults ages 18 and over. Services include individual, couples, and family therapy, stress management, and cognitive behavioral therapy. For information, call 718.943.8479.

The Outpatient Child and Adolescent Practice provides care for children ages 3 through 18, and their families. The clinical services include individual, couples, and family therapy, medication management, and parent counseling. For information, call 718.943.8479.

The Ambulatory Detox Service is an outpatient treatment program for individuals requiring medically supervised detoxification and/or withdrawal management. For information, call 718.943.8479.

The Chemical Dependency Outpatient Practice provides the detoxification phase of the treatment for individuals with substance use disorders. For information, call 718.943.8479.

Assertive Community Treatment (ACT) is a specialized, intensive, community-based program for individuals with serious mental illness. For information, call 718.943.8479.

The Multiple Crisis Management Team provides 24-hour mental health care to individuals in crisis. For information, call 718.943.8479.

Psychiatry Directory at Woodhull	
Adult Treatment Services 718.943.8479 718.943.8479 718.943.8479	Outpatient Adult Mental Health Practice 718.943.8479 718.943.8479 718.943.8479
Child and Adolescent Practice 718.943.8479 718.943.8479 718.943.8479	Chemical Dependency Outpatient Practice 718.943.8479 718.943.8479 718.943.8479
Emergency Services 718.943.8479 718.943.8479 718.943.8479	Multiple Crisis Management Team 718.943.8479 718.943.8479 718.943.8479



officeofmentalhealth

Need to talk?

Crisis Text Line:
Text GOT5 to 741741

988 Crisis Lifeline:
Call/Text 988 or chat
988lifeline.org

Trevor Lifeline:
1-866-488-7386

Trevor Text:
Text START to 678678



A NEW CRISIS RESOURCE FOR NY



Need to talk?
**WE HEAR
YOU.**

988.ny.gov



Thinking about getting immunized for flu, COVID-19 and RSV this respiratory virus season? You can make 1 appointment to receive flu, COVID-19, and RSV (if eligible), all at the same visit. Or, you can get each at a separate appointments.

No matter which appointment option you choose, both are safe and either one can help protect you from serious illness.

Consider your options and decide what choice is best for you: <https://bit.ly/47F80ha>



Stay informed:

Get flu, COVID-19, and RSV (if eligible) immunizations together or at separate visits. The choice is yours.



GOING TO SCHOOL WITH FOOD ALLERGIES

Work together to form
a partnership with your
child's school.



kidswithfoodallergies.org/school



Preparing food for someone with food allergies?

- Read all ingredient labels
- Wash your hands
- Prepare foods on a clean surface
- Use clean and separate utensils, cookware and dishes



kidswithfoodallergies.org



Practice self-compassion.

Be kind to yourself. Try to limit and course correct your self-judgments.



Make time for yourself.

Allow time for rest. Pay attention to when your self-care battery is running low—and take the time to recharge.



Set manageable goals for yourself.

Write goals down—they will lead to bigger accomplishments in the end.

5 TIPS to TAKE CARE of YOUR MENTAL HEALTH

Notice the moments of joy in your day—no matter how big or small.

When you take time to notice positive moments in your day, your experience of that day becomes better.

Gather strength from others & build a support system.

Countless other people have faced similar stresses or challenges. Reach out to friends, family, or a therapist.

Physical Activity Ideas For

Self-Care



Yoga



Dancing



Working out



Going for a run/walk



Volunteering



Going out with friends

FAMILIES,

I HOPE YOU FOUND THIS PACKET HELPFUL. OUR NEXT VIRTUAL PARENT LEADERSHIP COUNCIL (PLC) MEETING WILL TAKE PLACE ON JANUARY 30th, 2025 at 6pm. YOUR VOICE AND CONCERNS MATTER. FAMILY ENGAGEMENT IS VERY VITAL WITHIN OUR SCHOOL COMMUNITY. WE LOOK FORWARD TO SEEING YOU AT OUR MANDATORY VIRTUAL PLC MEETING. REMEMBER, I'M JUST AN EMAIL AWAY. HAVE A WONDERFUL DAY!

WARM REGARDS,
MS. PINK

