



Hello Families & Scholars, It's your Parent Coordinator Ms. Pink. I

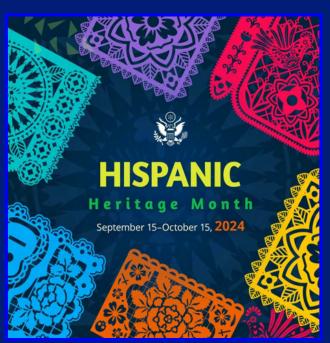
hope all is well with you and your family. I put together this resource packet with some Amazing resources just for you. Scroll through the entire packet filled with Community Resources, Job Opportunities, Trade School Programs, Parenting Tips and more. Remember I'm just an email away.



You can reach me at mpink@thewcs.org



# CELEBRATING HISPANIC HERITAGE MONTH 2024















Hispanic Heritage Month - a celebration of the impact and influence Hispanic Culture has had on our nation. The timing has historical significance, as 9/15 marks the anniversary of independence of five Latin American countries: Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. It also nods to Mexico and Chile, which celebrate their independence on Sept. 16 and Sept. 18.





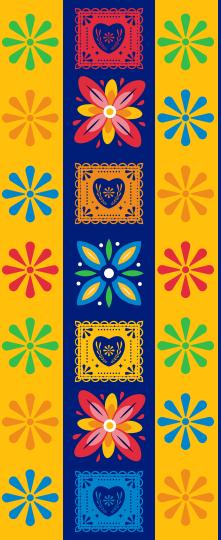


Arturo Alfonso Schomburg, also Arthur Schomburg born on January 24, 1874, was a Afro-Puerto Rican historian, writer, and activist and a avid collector of materials on Africa and its Diaspora, amassing over 10,000 documents. In 1926 his personal collection was added to the Division of Negro Literature, History and Prints of the Harlem branch of The New York Public Library and he served as curator from 1932 until his death on June 8, 1938. Today, the Schomburg Center for Research in Black Culture of The New York Public Library is one of the foremost research centers on Africa and the Diaspora, with more than 10 million items.









It's Hispanic Heritage Month! Lucila Padron was born in Puerto Rico in 1916 and moved to New York, and later Brooklyn, as a teenager. She worked in the Cappa-Espinelli garment factory in Williamsburg, Brooklyn and was a member of the International Ladies Garment Workers Union (ILGWU). Click here to hear more of stories like Lucila's, collected as part of our Hispanic Communities Documentation Project: https://bklynlib.org/3sY3eeJ

[Needlework], circa 1970, M1990.58.5; Hispanic Communities Documentation Project records and oral histories, Brooklyn Public Library, Center for Brooklyn History.









⊇ September marks Hispanic Heritage Month!
 ⊇ Discover amazing books that honor and explore Hispanic culture, history, and stories, both at the library and online:
 <a href="https://livebrary.overdrive.com/collection">https://livebrary.overdrive.com/collection</a>

/1590236





# HONORING OUR NYC COUNCIL MEMBERS OF HISPANIC/LATINX ORIGIN



SHAUN ABREU



ALEXA AVILÉS CD-38 | BROOKLYN



DIANA
AYALA
DEPUTY SPEAKER

CO-22 | QUEENS



CARMEN
DE LA ROSA
CD-10 | MANHATTAN



AMANDA FARÍAS MAJORITY LEADER



FELIZ CD-15 | BRONX



GUTIÉRREZ
CD-34 | BROOKLYN/QUEENS



CRYSTAL HUDSON CD-35 | BROOKLYN



CHRISTOPHER MARTE CD-1 | MANHATTAN



FRANCISCO MOYA CD-21 | QUEENS



SANDY NURSE CD-37 | BROOKLYN



CARLINA RIVERA



RAFAEL SALAMANCA CD-17 I BRONX



PIERINA SANCHEZ CD-14 | BRONX











# September







2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day: School Closed	3	Honor Rell Celebration T3 SY23/23 10/11/12 Advisory and 3rd National honor Society Interest Meeting (Class 2026)	5 Sophomore & Junior Parent/Student Orientation @6pm	6 Karaoke in the Cafe (Ms. Johnson and NHS Bake Sale)	7
8	9 STAR Testing (in class) Freshman Parent/Student Orientation @6pm	STAR Testing (in class) After School Club Fair	STAR Testing (in class)  Moment of Silence for Victims of 911	STAR Testing (in class)	STAR Make-ups (in class)  PBIS Redemption: No Uniform Violations	14 Open House @10am Senior Parent/Student Orientation @10am
15 HHM begins	16 Introduction of Advisory Cereal Box Contest	After School Club Fair	18 -Class of 2025 Senior Kickoff Event during advisory -Culture Day (Wear your Flag)	19	20 Frida Kahlo Friday Flower Activity Teacher/Staff Denim Day Fundraiser	21
22	Mary A	PLC 24 Meeting	25 Hispanic Heritage College Panel Advisory	26	27 Hispanic Heritage Jeopardy in the Cafe during lunch (Guzman)	28
29		TRTUAL PLC MEETING AT 6PM	9/25/24 VIRTUAL CURRICULUM NIGHT AT 6PM			School Days: 20 Instructional Hours: 125 Total School Days: 25













# October







2024

			The state of the s	MILLS THE STATE OF		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Rosh Hashanah, school closed	4 Rosh Hashanah, school closed	5
6	7	8 Midterm Exams	9 Midterm Exams Hispanic Heritage Brunch/ Performance 1:30-3pm	10 Midterm Exams	Midterm Make-Ups Karaoke in the Cafe (Ms. Johnson and NHS) Fright Fest Trip 3PM-12AM	12
13	14 Italian Heritage/Indigenous Peoples' Day, school closed	15 Midterm Grades Due @8am Unity Day: Wear an orange shirt for Bullying Prevention and Awareness	PSAT 8/9 (Gr. 9) PSAT/NMSQT (Gr. 11) Advisory Trips (Gr. 10) Senior Picnic (Gr. 12)	17 National Honor Society Induction @ 5pm	18 Progress Reports Released to Students NHS Bake Sale PBIS: Passing All Classes for a prize	19 Open House 10am
20	21	22	Parent-Teacher Conferences 2-4pm Staff and Students wear Purple Go Purple Domestic Violence Awareness IFSC Plan awareness lesson for advisory and lunch activity	24 Parent-Teacher Conferences 4-7pm	25 WCHS Staff & Teachers Wear Pink & \$5 Denim Day	26
27 Making strides Against Breast Cancer Walk- Coney Island	28 Student Council Campaigning Begins	29	PLC Meeting Going On	Halloween Party during Lunch Periods Dress Down Day: Students may wear costumes: NO MASK  WCHS Pumpkin Carving (NHS-Lunch Periods)		

VIRTUAL PLC MEETING AT 6PM





# Virtual PLC Meeting & PLC Elections









# **COME JOIN US!**

DATE: TUESDAY SEPTEMBER 24TH,

2024

TIME: 6PM

LOCATION: VIRTUALLY, CHECK YOUR EMAIL FOR LOGIN DETAILS. FOR FURTHER DETAILS EMAIL MS. PINK AT MPINK@THEWCS.ORG



## HEALTH+ Woodhull

Our first presenter will be Ms. Gwendollyn D. Murph Director of **Woodhull Hospital** Volunteer Services, She will discuss their upcoming Career Day open to grade 12 scholars to learn about paths in healthcare. Slots are limited, first come, first served.



Our second presenter will be Ms. Brittney Russell. she is the Teen Program Coordinator at GreenPoint YMCA.. She will discuss Rowe Academy it is a comprehensive college and career access program designed for students attending high school.



# Reunión y Elecciones del PLC Virtul









# ¡Ven y únete a nosotros!

FECHA: MARTES, 24 DE SEPTIEMBRE DE 2024

HORA: 6PM

LUGAR: VIRTUAL, REVISE SU CORREO ELECTRONICO PARA LOS DETALLES. PARA MAS INFORMACION MANDE UN EMAIL A LA SRA. PINK A MPINK@THEWCS.ORG



## HEALTH+ Woodhull

Nuestro primer presentador será Sra. Gwendollyn D. Murph Directora de Servicios Voluntarios en el Hospital Woodhull. Ella hablará sobre su próximo Día de Carrera, abierto a estudiantes de grado 12 para aprender sobre caminos en el cuidado de la salud. Los cupos son limitados, por orden de llegada.



Nuestro segundo presentador será Sra. Brittney Russell, ella es la Coordinadora del Programa para Adolescentes en GreenPoint YMCA.. Ella hablará sobre Rowe Academy, que es un programa integral de acceso a la universidad y carreras diseñado para estudiantes que asisten a la escuela secundaria.













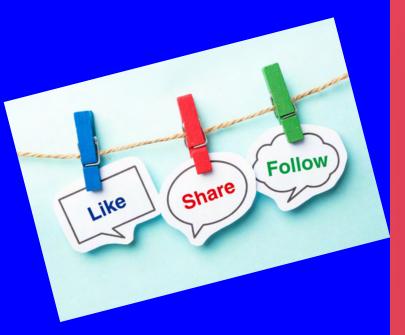








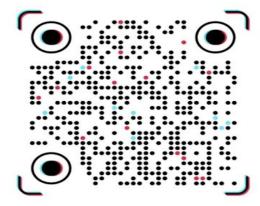




# Follow us on TikTok 🐯



## Williamsburg Charter



Scan QR code to follow account



@ TIKTOK.COM







WCHS!
What makes Charter special?
Go to Niche.com and submit a review!





Creating in Community since 2004

Click here to fill out survey about your experience at WCHS

THANK YOU!



# CELEBRATING **20 YEARS**OF CREATING BRIGHTER FUTURES!



SCAN WITH YOUR PHONE FOR MORE INFO www.thewcs.org/apply

- College and Career Courses
   + Advanced Classes + Honor Classes
- English as a new language services
- 25 Sports + club activities
   + internships and M+RE!

Like a private school BUT FREE!

(347) 217 6995 | ADMISSIONS@THEWCS.ORG



**AHORA!** 

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GRADOS 9-12

## ¡CELEBRANDO **20 AÑOS** CREANDO FUTUROS MÁS BRILLANTES!



ESCANEE EL ENLACE CON SU TELÉFONO PARA MÁS INFORMACIÓN

www.thewcs.org/apply

- Cursos universitarios y profesionales + Clases avanzadas + Clases de honor
- Servicios de inglés como nuevo idioma
- ¡Deportes, actividades de clubes y prácticas!Como una escuela privada pero gratis!

¡Como una escuela privada PERO GRATIS!

(347) 217 6995 | ADMISSIONS@THEWCS.ORG

## 9th Grade Team

Academy Leader: Ms. Angie ahelliger@thewcs.org

Counselor: TBD reach out to Ms. Angle ahelliger@thewcs.org and Ms. Sales ssales@thewcs.org for now

IFSC: Ms. Bolnick bbolnick@thewcs.org

## 11th Grade Team

Academy Leader: Ms. Martin smartin@thewcs.org

Counselor: Ms. Augustin ( Until December) gaugustin@thewcs.org Ms. Sales ( After December) ssales@thewcs.org

IFSC: Ms. Bolnick bbolnick@thewcs.org

## 10th Grade Team

Academy Leader: Ms. Angie ahelliger@thewcs.org

Counselor: TBD reach out to Ms. Angle ahelliger@thewcs.org and Ms. Sales <u>ssales@thewcs.org for now</u> Ms. Augustin gaugustin@thewcs.org (Al

Ms. Augustin gaugustin@thewcs.org (After December)

IFSC: Ms. G bgozikowski@thewcs.org

## 12th Grade Team

Academy Leader: Ms. Martin smartin@thewcs.org

Counselor: Ms. Sales (Until December)Ms. Sales ssales@thewcs.org
Ms. Chery ( After December) nchery@thewcs.org

IFSC: Ms. St. Fleur estfleur@thewcs.org



















Attention High School Students!
There are only 3 Days Left to Apply!
@youthconstruct is accepting applications for its
Fall ACED Cohort 4. The Deadline is 9/20!
Scan To Apply

Go to: https://youthconstruct.org/apply

or-







## We Are The Difference Makers!

The YouthBridge-Brooklyn Fellowship Program activates teens across different ethnic and religious backgrounds to become leaders and upstanding role models to effect positive change in their communities in a safe, supportive, and enriching environment.

Over 7 months, teens will visit educational and cultural institutions across New York City, and participate in skill-building workshops, and service projects.

Sessions occur twice a month from 5-7 pm across Brooklyn from October through May 2025. Application deadline is September 6th.

Learn more at: jcrcny.org/youthbridge-brooklyn/

apply here:

https://jcrcny.wufoo.com/forms/m1tmzrfw1jo6kgp/



Contact: RobinsonLK@jcrcny.org 332 228 4967



YouthBridge is looking for 2 or 3 students for their fellowship program.

Our next session begin October 28th at 5pm, please see links belows

## **Application link:**

https://jcrcny.wufoo.com/forms/mltmzrfwljo6kgp/

YouthBridge-Brooklyn

https://www.jcrcny.org/you thbridge-brooklyn/





Calling all students in and around New York!
Don't miss out on the 13th Annual New York Black
College Expo happening on Saturday, September
28th at a NEW LOCATION...in partnership with Jay
Z's Rocnation School of Music, Sports &
Entertainment @LIU in Brooklyn. Get accepted to
your dream college, win scholarships, and learn
about Financial Aid, Jobs and Internships, Meet
celebrities and more!. This event is FREE and full
of opportunities to help you reach your academic
goals. Don't miss out, register now!



# Stay connected by checking our Instagram Stories regularly!

We share valuable resources, opportunities, and partner updates to keep you informed about what's happening in our city!

## Follow us @nycyouth









## Today at Apple - Apple Williamsburg



Workshop: Dream Up Designs with Kids of Immigrants

Thursday, October 3rd-7:00PM - 8:00PM

Turn ideas into inspiring designs with the cofounders of Kids of Immigrants. They'll share their story, demonstrating how they create ideas and products with intention and purpose.

You'll explore their design process from concept to creation using tools on Mac. Then sketch a design that showcases your style on iPad with Apple Pencil. Devices provided.

Sign language supported.



**RSVP** 



D



Daniel Buezo

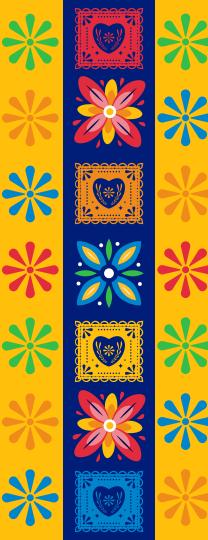




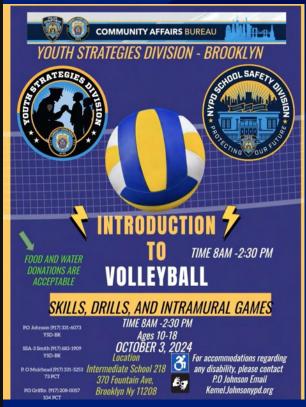












**OPEN TO ALL STUDENTS!** 

# BOOKMARK DESIGN CONTEST

bit.ly/nycpsbookmark

Submit your Adobe Express bookmark design by September 27th!

Winning designs will be printed for school libraries!







## Instructions

Create your own bookmark design!

You can start from scratch, use a template (like this one), or upload a photo of your design.

Download your design & submit by September 27th.

Judges will select winning designs to print for school libraries. Three overall winners will also receive a PIZZA PARTY from Adobe!





Envie su diseño de marcador de Adobe Express antes del 27 de septiembre!

Los diseños ganadores se imprimirán para las bibliotecas escolares!



Gran premio: ¡fiesta de pizza!





## Instructions

Create your own bookmark design!

You can start from scratch, use a template (like this one), or upload a photo of your design.

Download your design & submit by September 27th.

Judges will select winning designs to print for school libraries. Three overall winners will also receive a PIZZA PARTY from Adobe!

















## **TEEN LEADERSHIP CIRCLES**

INSPIRING ALL GIRLS TO BE STRONG, SMART, AND BOLD



of New York City



## FREE LEADERSHIP PROGRAM FOR GIRLS

## WHO WE ARE

Girls Inc. of New York City (GINYC) delivers life transforming programs to girls and young women throughout New York City. Through education and advocacy, we prepare girls to navigate gender, economic, and social barriers to advance to a more equitable world.

## STUDENT LEADERS NEEDED!

Girls Inc. of New York City recognizes the untapped leadership potential in every girl. Our Teen Leadership Circles (TLC) provides an intensive training and personal development program for high school girls. Through their participation, girls are trained to become Peer Leaders at their schools.

As Peer Leaders, students will educate and support their peers by creating girl-only safe spaces where they will facilitate workshops on the many challenges faced as growing, young women.

Programs are more sustainable and effective when youth are partners in their design, development, and implementation. Each club will feel different with your student population in mind. It's up to the students to create a club they enjoy!

To express interest and nominate students, please complete our interest form









For More Information Contact: Adjua Thomas TLC@girlsincnyc.org





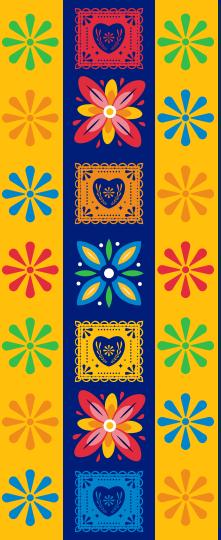
















≥ Calling All High School Students! ≥ Are you passionate about making a difference and looking for a way to earn volunteer hours while gaining valuable skills? We're excited to introduce our Teen Adviser Volunteer Program at Canarsie Library!

What's the Teen Adviser Program?
Be a Leader: Join our biweekly Youth Advisory
Board and help amplify the voices in your
community.

Gain Skills: Participate in exclusive training sessions with the Youth Advocacy Corps to learn how to support your peers and tackle community challenges.

Make an Impact: Use your new skills to assess community needs and collaborate with library staff to create positive change.

Why Get Involved?

Earn volunteer hours for school!

Enjoy free food at training sessions and score some free swag.

Be part of a dynamic team that's making a real difference in the community.

Training Dates:

October 11, 18, and 25 (after school)

🔎 Requirements:

Ages 14-19

Complete the required trainings on the dates above

Accumulate a total of 55 volunteer hours by July 1st



How to Apply?

Attend one of our upcoming volunteer sessions (September 25th & September 26th)
Grab a flyer at the library and chat with us!

Grab a flyer at the library and chat with us!
Fill out a volunteer form (available at the reference desk)

Don't miss out on this fantastic opportunity to develop your leadership skills and make a real impact.

Let's make a difference together! \*\*



September 25th recruitment session:

https://www.bklynlibrary.org/calendar/teens-get -involved-your-canarsie-library-20240925-0300pm September 26th recruitment session:

https://www.bklynlibrary.org/calendar/teens-get -involved-your-canarsie-library-20240926-0300pm

## IT'S YOUR LIBRARY

Make your voice heard as a Teen Adviser tod

#### What you go

- Food during your training hours.
   Free advocate training via the
   Youth Advocacy Corps Oct. 11,
- 18 and 25
   Custom designed swag
- Resume and job-building use
   Certified volunteer hours
- Mentorship and networking
- A say in your library!

- Requirement
- A minimum of 55 volunteer hours must be completed before July 2st.
   These hours will include as hours of training, 19 hours of youth advisor board meetings, 15 hours contributing to implementing ideas from the Youth Advisory Board, and 15 hours of library community engagement
- + Be between the ages of 14-15



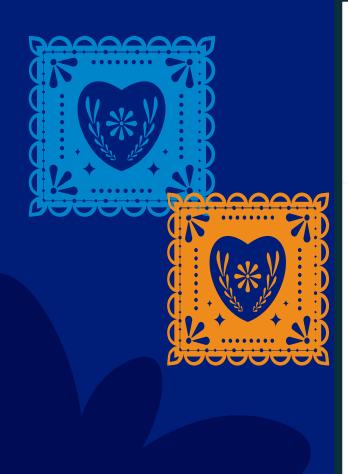












Sharing this **FREE** incredible Educational opportunity available to middles school and high school students for the **Fall 2024**, where students can take classes at the City College of New York Campus, and be part of a one of a kind learning experience that explores Research, STEAM Academics, & Hands-on projects!

## Application link:

https://stem-institute.dreamclass.io/pages/admissions/form/osFhKx



## BROWNSVILLE **ACADEMY** HIGH SCHOOL



Recover credits, build job skills, and plan your future beyond high school

Open Enrollment

Every Thursday In Person & Virtual 8A.M-10A.M

1150 E. New York Ave. Brooklyn, NY 11212



INVITING ALL COUNSELORS & COMMUNITY MEMBERS

CURRENT STUDENTS WHO REFER A STUDENT WILL RECEIEVE A \$50 AMAZON SHOPPING SPREE

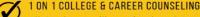


#### PAID INTERNSHIP

All Students will receive a paid Internship







All Students will receive I on I Support and have a Successful Post Graduation



## PERSONALIZED LEARNING ENVIORNMENT

All Students will receive a personalized academic plan with smaller classes and online opportunities

Contact: CSD Ms. Shemeta Sbahair@newyorkedge.org

#### Mission

Brownsville Academy High School (BAHS) - A new opportunity to achieve your full potential.

school community dedicated to providing a renewed experience for all scholars to excel in college, careers, and life. We aim to do this through a safe, nurturing, academically rigorous and scholarcentered environment. Our goal is to foster compassionate and independent thinkers who achieve academic excellence through problem-solving,

exchanging of ideas, collaboration with others, service, and internships.



## What We Do:

#### **Academic Supports**

#### College Preparation

#### Job and Career Development

#### Counseling and Guidance

Extracurriculars

#### CAMBA and New York Edge

The Community School at Brownsville Academy High School offers paid internships that assist overaged/under-credited students overcome obstacles to earn their high school diploma and lead them towards employment after graduation. We partner with various organizations to bring additional programs and services to the students of Brownsville Academy High School. We offer mental health counseling, arts, driver's education courses, and various other opportunities that interest students. In addition, we have created the Brownsville Marketplace, a free pantry for students and families to shop for basic



New York Edge at Brownsville Academy High School is a Community School strategy to organize resources and share leadership to integrate social services into the fabric of the school. This means that we pay explicit attention to the students' social and emotional development as well as their academic learning, recognizing that they are intertwined and mutually reinforcing. An integral part of this approach is the integration and alignment of school- and community-based services throughout an expanded learning day (such as health, mental health, counseling and academic enrichment).



#### Habits of Being "I am B.A.H.S.!"

Benevolent: I am a future leader, and will be kind and caring towards others. I will help those in need and encourage others to do better.

Accountable: I am accountable for my actions. I am responsible for being present, prompt, and prepared for school everyday. I will remain committed by setting goals and making time for completing my assignments and studying.

Honest: I will accept responsibility for my actions. I know if I misrepresent the truth, the trust of others will be difficult to obtain. I will be honest if and when I need help.

Skilled: I will work diligently to become skilled at everything I do. I will be involved and share what I learn with others. I know that I have the knowledge, and ability to go to college, enter the workforce and be successful in life.



#### FOR MORE INFORMATION

#### Contact

Shakera Smith **Parent Coordinator** ssmith2@brownsvilleacademy.com

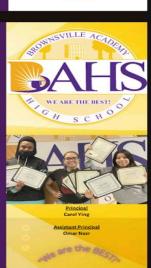
> **Ashlev Thomas** LTW Program Director ashlev.thomas@camba.org

Shemeta Bahair **Community School Director** sbahair@newyorkedge.org

#### Check us out!



1150 E New York Ave Brooklyn, NY 11212 Phone: (718) 778-7305 Fax: (718) 778-7385





















Join 2024-2025 Student Wellness Advocates Today!



Are you a high schooler at a NYC public school looking for a way to make a difference in your school community and citywide while getting paid for your contributions?

## **Student Wellness Advocates:**

- Support the NYC Public Schools Citywide Wellness Policy which includes NYC's vision for health and physical education, physical activity, food and nutrition, and wellness-related programs.
- Meet biweekly from November to May to connect in virtual and in-person spaces with a collaborative group of 15-20 citywide students and partner with city leaders to promote wellness citywide in school communities.

\$tipends will be provided!





**APPLY HERE** by Monday, October 21st





Office of **School Wellness** Schools Programs





Class of 2025: Chat 1:1 with a free college advisor this summer.

Matriculate advisors can help you with:

Exploring colleges

College applications

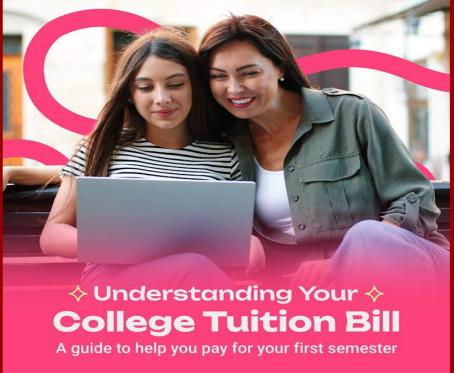
Financial aid opportunities and more!

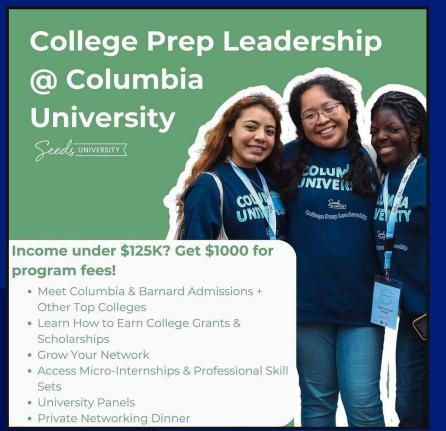
See if you qualify for a free college advisor and apply: <a href="http://spr.ly/6188iZRb0">http://spr.ly/6188iZRb0</a>

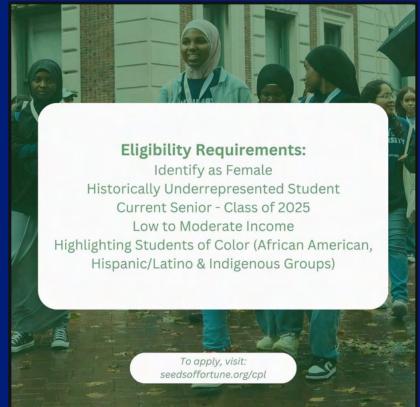


If your student is heading to college in the fall, they should expect to see their first tuition bill this month.

This bill is time-sensitive, so here are some resources to help you navigate the process. http://spr.ly/61819xfxt











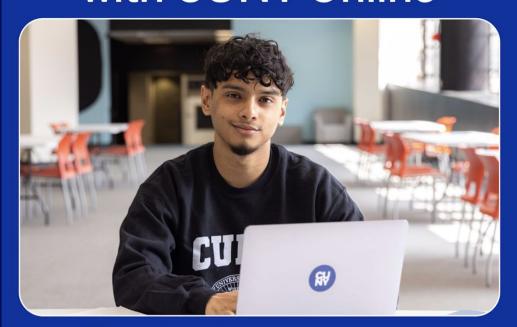








# Learn While You Earn with CUNY Online













# How to Sign Up for NYC Teenspace

NYC Teenspace is a free mental health support program available to any teenager age 13 to 17 living in New York City. To register:

1 Visit talkspace.com/nyc and enter your address and birthday.



- 2 Enter your parent or guardian's information and email address so they can provide consent.
- 3 Complete a simple online assessment to share your mental health needs and preferences.

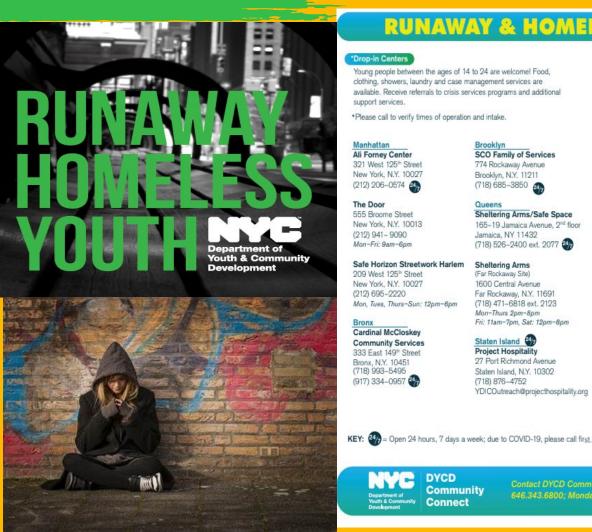
You will then get matched with a licensed therapist for ongoing virtual support, access to online mental health exercises or both.











# **RUNAWAY & HOMELESS YOUTH SERVICES**

# \*Drop-in Centers

Young people between the ages of 14 to 24 are welcome! Food, clothing, showers, laundry and case management services are available. Receive referrals to crisis services programs and additional support services.

\*Please call to verify times of operation and intake.

# Manhattan

Ali Forney Center

321 West 125th Street New York, N.Y. 10027 (212) 206-0574

### The Door

555 Broome Street New York, N.Y. 10013 (212) 941-9090 Mon-Fri: 9am-6pm

# Safe Horizon Streetwork Harlem

209 West 195th Street New York, N.Y. 10027 (212) 695-2220 Mon, Tues, Thurs-Sun: 12pm-6pm

# Bronx Cardinal McCloskey

Community Services 333 East 149th Street Bronx, N.Y. 10451

(718) 993-5495

(917) 334-0957

# Brooklyn

SCO Family of Services 774 Rockaway Avenue

Brooklyn, N.Y. 11211 (718) 685-3850

# Queens

Sheltering Arms/Safe Space

165-19 Jamaica Avenue, 2nd floor Jamaica, NY 11432 (718) 526-2400 ext. 2077

## Sheltering Arms (Far Rockaway Site)

1600 Central Avenue Far Rockaway, N.Y. 11691 (718) 471-6818 ext. 2123 Mon-Thurs 2pm-8pm Fri: 11am-7pm, Sat: 12pm-8pm

# Staten Island Project Hospitality

27 Port Richmond Avenue Staten Island, N.Y. 10302 (718) 876-4752 YDICOutreach@projecthospitality.org

# Crisis Services Programs

These DYCD-funded programs provide emergency shelter and crisis intervention services for young people between the ages of 16 and 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites. These voluntary, short-term residential programs provide emergency shelter and crisis intervention services aimed at reuniting youth with their families or, if family reunification is not possible, arranging appropriate transitional and long-term placements.

# Bronx

The Bridge\* (347) 275-2749 abarber@covenanthouse.org

"Female Identifying/HomelessYoung Adult

## Maya's Place\* (718) 583-2380

\*Female Identifying/Mother + Child

# Brooklyn Ali Forney Center\*

\*Contact Drop-in Center (212) 206-0574 or (646) 944-7193

jcarrion@aliforneycenter.org

### Manhattan

Covenant House Under 21 (and Mother + Child) (212) 613-0300

Queens

Ali Forney Center

Homeless Young Adult

(Ages 21 to 24)

(646) 944-7193

Safe Horizon Streetwork Harlem (917) 507-1562

Sheltering Arms/Safe Space\* (917) 410-3790 (347) 266-7044 "Male Identifying Youth

# icarrion@alifornevcenter.org Transitional Independent Living Programs

Transitional Independent Living (TIL) facilities provide homeless youth between the ages of 16 to 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites, with support and shelter as they work to establish independence. A young person in need of longer-term residential services should first visit our Crisis Shelter and obtain a referral to Transitional Independent Living facilities. Youth may stay in the Transitional Independent Living facilities for up to 24 months. Services offered at TILs include:

# Services Available at Crisis Services Programs and TILs

- \* Educational Programs \* Vocational Training \* Job Placement Assistance
- · Counseling · Basic Life Skills Training · Mental Health Services · Housing Referrals And Placement • Family Reunification Assistance (when applicable)

# Street Outreach

Vans traveling in all 5 boroughs provide clothing, food, information about and transportation to crisis services programs and drop-in centers.





Contact DYCD Community Connect at 1.800.246.4646 or



# Community Resources





Voting Tip: Remember to check both sides of your ballot to make sure it's fully complete before scanning it in. Find Early Voting hours, your poll site, and more information about the General Election at vote.nyc #VoteNYC

# Don't forget to flip your ballot!



- Complete both sides of both ballots
- **Insert ballot into** scanner one sheet at a time
- second sheet





ALERT: Your poll site may have changed. Check your poll site today to ensure you know where your assigned polling location is: https://bit.ly/3joWHQr #VoteNYC

# YOUR POLL SITE **MAY HAVE CHANGED**

Check your poll site today



VOTE.NYC

Korean Language classes are back! Klass Buddy offers the most enjoyable way to start learning Korean. Beginner and Intermediate classes will be held on Saturdays--RSVP today!



For more Info, call or text Mr. Caleb @631-327-7994

# **Macon Library**

361 Lewis Ave. at Macon St. Brooklyn, NY 11233



# Inclusive Services Family Resource Fair!

Saturday, Sept. 21, 2024 11:00 am – 2:00 pm Central Library Plaza 10 Grand Army Plaza Brooklyn, NY 11238

Join us for the 10<sup>th</sup> Inclusive Services Family Resource Fair. Connect with a range of health, education and recreation resources for children and teens with disabilities, their families and service providers. Learn about advocacy and self-advocacy. Make a craft!

Se habla español.

For more information, call (929) 549-1014 or go to https://www.bklynlibrary.org/inclusive-services

Are you interested in setting up a free table or activity? Contact <a href="mailto:inclusiveservicesevents@bklynlibrary.org">inclusiveservicesevents@bklynlibrary.org</a> or (929) 549-1014 by September 13 for more information or to reserve a table.







Inclusive Services is partially funded by Coordinated Outreach Library Services aid from the New York State Education Department, administered by the State Library's Division of Library Development. Additional support is provided by Stop & Stor Chartalle Fund and through endowment funds established by The Joseph LeRoy and Ann C. Warner Fund and the Ilma F. Kern Foundation

# ¡Feria de recursos familiares de Servicios Inclusivos!

Sábado, 21 de septiembre de 2024 11:00 am – 2:00 pm Central Library Plaza 10 Grand Army Plaza Brooklyn, NY 11238

Únase a nosotros para la 10ª Feria de recursos familiares de servicios inclusivos. Conéctese con una variedad de recursos de salud, educación y recreación para niños y adolescentes con desabilidades, sus familias y proveedores de servicios. Aprenda sobre abogacía, apoyo y autorrepresentación. ¡Haga una manualidad!

Para más información llame al (929) 549-1014 o visite https://www.bklynlibrary.org/inclusiveservices

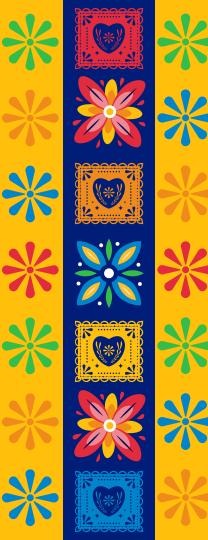
¿Le interesa tener una mesa gratis con información o una actividad? Contacte a inclusiveservicesevents@bklynlibrary.org o (929) 549-1014 antes de 13 de septiembre para más información o para reservar una mesa.



Inclusive Services is partially funded by Coordinated Outreach Ultrary
Services and from the New York State Education Department, Administered by
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provided by Stop & Stor Charlathe Fund and through endowment funds
established by The Joseph LeRoy and Ann C. Warner Fund and the Ilma F.
Kern Foundation.









Sons of Kings Lodge #123 In Partnership With Senator Kevin Parker Presents



# The 6th Annual Edward Swire Memorial Blood Drive "Donations Saves Lives" National Sickle Cell Awareness Month

Saturday, September 21, 2024 12:00pm - 6:00pm

Vanderveer Park United Methodist Church Fellowship Hall 3114 Glenwood Road Brooklyn, NY 11210

To make an appointment or for information go to:



Donor Portal - New York Blood Center (nybc.org) https://donate.nybc.org/donor/schedules/drive\_schedule/301634

Appointments are preferred however walk-ins will be welcomed if space permits. Please remember to eat, drink, and bring your ID with your name and photo. Mask requirements may change depending on CDC guidelines. Visit nybc.org/coronavirus for complete COVID-IS safety protocols.

# \*THIS EVENT IS FREE AND OPEN TO THE PUBLIC\*

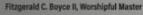


FOR MORE INFORMATION, PLEASE CONTACT 1-800-933-8L00D/ Or CALL THE DISTRICT OFFICE AT (718)-629-6401









MW Darren M. Morton, EdD Grandmaster





# Catalytic Converter Theft Prevention

A catalytic converter is a part of your engine's exhaust system. Catalytic converters contain platinum, palladium and rhodium — precious metals more valuable than gold.

# Three ways to protect against catalytic-converter theft:

- Etch your license plate number or VIN onto your catalytic converter
- 2. Park in well-lit areas
- 3. Install an anti-theft device

# CALL 911 if you observe catalytic-converter theft in your neighborhood



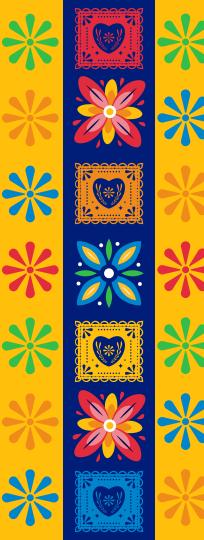






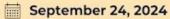






# L.E.S.E.N

# Fall Entry-level and mid-level roles - paying up to \$40/hr! 2024 Job Fair



- - Manny Cantor Center 197 E. Broadway, Manhattan

Scan the QR code to register



# Companies Include:

- · Uncommon Goods
- · Breaking Ground
- Vital Gym LES
- · The Imogen Foundation
- . The NY Dept of Civil Service
- 1199 SEIU
- Harlem Children's Zone and others!

or visit this site to register: https://tinyurl.com/3p7ysxyp





# Looking to start a career in technology?

# Get the tools for SUCCESS in a tech career

# Get Certified in:

• MS Excel • SQL • Tableau

# Classes will cover:

- Interviewing skills
- Data analyst tools

# Program Eligibility:

- Ages 18+ and able to work in U.S.
- · Must pass TABE exam
- Bring government issued ID
- . Bring proof of COVID-19 vaccination



# Data Analytics

Training





Join the info Session: TUES at 1PM

"includes a math and reading test for those interested in moving forward

Where: St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206

(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

718-302-2057 Ext. 450 or TechLiteracy@stnicksalliance.org Contact:

BANK OF AMERICA





be prepared to stay at least 3 hours\*

# Interested in a career in HVAC or **Building Maintenance?**

Secure these certifications:

- OSHA 30
- 10-hr site safety
- Building Operations & Maintenance
- GPRO Mechanical
- Firequard F-60
- Fireguard G-60





# Requirements:

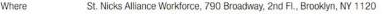
- with a minimum 7th grade reading level
- Must be physically fit and able to lift at least 50 pounds
- . Must be 18 years or older and have a legal right
- . Must have a government issued photo ID

# On-Track to HVAC Online Info Session

Sign up

# THOSE INTERESTED MUST ATTEND OUR FREE INFO SESSION!

When: Wednesdays at 1<sub>PM</sub>



(J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

(718) 302-2057 Ext. 450, skilledbuild@stnicksalliance.org Contact Info:





# Learn English!

# Classes are Free!

plus

Job Placement Assistance







In-Person

# ESOL Classes

# SNAP RECIPIENTS WELCOME

# Classes taught by NYS certified teachers

When: We have classes in the morning and evening, M-F 9AM-12PM, M-W 6-9PM, T-TH 6-9PM

Where: St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206
(J/M Train to Flushing Avenue) and B/46/47/57/15 buses to Flushing Avenue)

(J/M Irain to Flushing Avenue and 6/46/47/57/15 buses to Flus

Contact: 718-302-2057 ext. 403, adulteducationwfd@stnicksalliance.org





# You'll **EARN** \$ while you **TRAIN**!

Secure
these certifications:
OSHA 30
Flagger
Scaffolding
Site Safety
Fireguard F-60

# Are You:

 18–24-years old
 Not in school or working
 Vaccinated

against COVID-19



# **Construction Trades**

FREE Training and Certification!

# IN PERSON INFO SESSION EVERY WEDNESDAY AT 1 PM Be prepared to stay at least 3 hours\*

\*includes a math and reading test for those interested in moving forward





Where: Contact: St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206 (J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue) 718-302-2057 ext. 450 or TrainandEarn@stnicksalliance.org TTY Number: 800-662-1220

St. Nicks Alliance is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities.











Brooklyn, NY 11232

**MODEL CASTING CALL** all genders, all sizes, ages 8+









# FREE LEGAL HELP, **EDUCATION, & COUNSELING FOR HOMEOWNERS**



Join Access Justice Brooklyn and IMPACCT Brooklyn for a free workshop for homeowners.

Meet one-on-one with attorneys to address issues related to foreclosure, Department of Buildings violations, and any other homeowner-related concerns. Bring your questions and relevant paperwork!

Wednesday, September 25, 2024 from 5:30-7:30 PM IMPACCT Brooklyn 226 Lefferts Place, Brooklyn, NY 11238



RSVP online or call (718) 624-3894: bit.ly/ajbhomehelp925

Walk-ins welcome, priority will be given to those who RSVP.



For more counseling information, visit impacetbrooklyn.org or call (917) 582-7656.



FOR MORE LEGAL INFORMATION VISIT: ACCESSJUSTICEBROOKLYN.ORG

















# RRIBIS LIEGAL AIDVICE

SEPTEMBER 5th and 19th OCTOBER 3rd, 17th, and 31st NOVEMBER 14th DECEMBER 12th

Consult with an experienced civil attorney at our office. Walk-ins are welcome but appointments are encouraged.

1360 Fulton Street, Suite 500

Corner of Fulton St. & New York Ave.



10AM to 5PM















# HOUSING SERVICES

We offer two in-office housing services, free of charge, for our constituents. Services will be provided at our office at 1360 Fulton Street Suite 500. Call 718-919-0740 for more information.

# AFFORDABLE HOUSING COUNSELING

Every Tuesday, our office hosts an experienced affordable housing counselor to help constituents with assistance on applying for the NYC Affordable Housing Lottery. This resource is provided in partnership with CUFFH.

Services are provided from 11AM to 4PM.

# HOMEOWNERSHIP AND FINANCIAL COUNSELING

Every other Thursday, our office hosts an experienced homeownership and financial counselor to guide constituents with matters relating to homeownership, foreclosure, and financing. This resource is provided in partnership with Neighborhood Housing Services of Bedford-Stuyvesant.

Services will begin Thursday, October 10th and will be provided from 10AM to 3PM.











PRESENTS

# R(O) A A IN

AT BROWER PARK

**SEPTEMBER 21, 2024** 

LIVE DJ WITH DJ FREI **SPEECH AND DJ BRINA PAYNE** 





**LUTHER: NEVER TOO MUCH FILM SCREENING WITH** REMARKS FROM THE MEMBERS OF THE FILM TEAM

DON'T MISS THE FINAL **ROLL IN OF THE SEASON** 













# HOMEOWNERSHIP& FINANCIAL COUNSELING

in partnership with
Neighborhood Housing Services of Bedford-Stuyvesant

Starting Thursday, October 10th, our office will host an experienced homeownership and financial counselor to guide constituents with matters relating to homeownership, foreclosure, and financing.

Services will be provided from 10AM to 3PM at our office at 1360 Fulton Street Suite 500. Call 718-919-0740 for more information.





# Liz Krueger

STATE SENATOR | 28th District



# OLDER ADULT BENEFITS CLINIC

OCTOBER 1ST, 10AM-2PM 211 EAST 43RD STREET, SUITE 2000

Attendees will meet one-on-one with a benefits expert from <u>LiveOn NY</u> to be screened for public benefits and begin eligible benefits applications.

To participate in this event, you must make an appointment in advance, be 62 years or older, and live in <u>Senate District 28</u>. Space is very limited and appointments will be first-come first-served.

TO RSVP PLEASE CALL 212-490-9535

# Benefits include:

SNAP (food stamps)
HEAP
SCRIE/DRIE
Medicaid
Medicare Savings Program
EPIC
Property tax exemptions
Energy Affordability Program
Lifeline
One Shot Deal
Public Assistance



















LevelUp is partnering with Grow with Google to provide free Google Certificates through an online training platform called Coursea. Registrants must live in Brooklyn and have an active BPL Library card account.

For more information or to apply https://www.bklynlibrary.org/business/levelup https://www.grow.google



Grow with Google

# LevelUP x Grow with Google

### What is the LevelUP x Grow with Google Partnership?

<u>LevelUP</u> is partnering with <u>Grow with Google</u> to provide free Google Certificate Courses to the LevelUP/Brooklyn Public Library Community through Coursera, an online training platform.

### Which Google Certificate Courses are being offered?

- · Cybersecurity
- Data Analytics
- . Digital Marketing and E-Commerce
- · IT Support
- · Project Management
- UX Design

### Application Requirements:

- Applicants must live in Brooklyn and have a BPL library card
- Sign up for a library card <u>here</u>: https://www.bklynlibrary.org/card/

### Contact Us

business@bklynlibrary.org

### More Information:

https://www.bklynlibrary.org/business/levelup https://www.grow.google

Scan the QR Code below to apply









Building Communities. Transforming Lives.

# Foreclosure & Mortgage Help

- Behind paying your mortgage?
- Lost income or have unexpected bills, making it difficult to pay your mortgage?
- Not sure how you'll pay your mortgage, property taxes, water bill, or homeowner insurance?
- Need help understanding your options?

Contact us for FREE counseling by HUD-certified housing professionals





Call 718-469-4679 x1201 Email info@nhsbrooklyn.org Visit www.nhsbrooklyn.org







Tuesday, October 1, 2024 from 10am-3pm

Join the nation's largest municipal health care system and be a part of the heartbeat of NYC. We're offering exciting nursing opportunities in all five boroughs of New York City where you can thrive personally and professionally. You'll enjoy competitive compensation while delivering patient-centered care that makes a difference. We're dedicated to inclusivity and foster a kind, supportive environment. Apply today. Reimagined Care. Build a Career.

Please bring your resume for same day interview and same day job offers will be extended to qualified RN candidates.

## Register today!

Scan QR code to register, or go to https://nychealthandh ospitals.surveymonke v.com/r/7GFWY85





bit.ly/flood092524

For anyone who CAN'T AFFORD to lose everything



# WEDNESDAY, SEPTEMBER 25 | 6:00PM-7:30PM

- · See where your home will be on the new FEMA flood maps
- · Find out if you need flood insurance or not
- · Avoid an ugly surprise when you buy or sell your house

ATTENTION! If you live, work, or plan to buy or sell a home in any of these coastal zip codes, you need to join this webinar!

11209	11220	11229	11235
11211	11222	11231	11236
11214	11223	11232	11239
11215	11224	11234	11251























# **Check Out More Courses At Our** Website

Soulfulsynergy.org/courses/



Go To Soulfulsynergy.org/courses/

# 2024

# **OSHA 30 Hour** Construction Training

The OSHA 30 Hour Construction Industry Training course is a comprehensive safety program designed for anyone involved in the construction industry.

# MASTERIES:

- OSHA Rules Mastery
- Hazard Recognition
- Kev Safety Training
- Legal Compliance
- Leadership Skills
- · Certification: Earn industry recognition for expertise.



**Enroll Now** 

# FUNDAMENTALS OF **BUILDING GREEN**





following components:

- · Economic and health benefits from green buildings
- Causes and impacts of a changing climate
- Transitioning to sustainable operations
- Complying with green codes and standards
- Understanding LEED
- Overview of green building strategies
- · The importance of







## This 6 hour course includes the following components:

- · Describe how high-quality CPR improves
- · Explain the concepts of the Chain of Survival
- · Recognize when someone needs CPR
- · Perform high-quality CPR for an adult, child and
- . Demonstrate how to use an AED on an adult, child and infant

**Enroll Now** 

A Google Map used to locate essential resources such as food, shelter, clothing, substance abuse, mental health, education, employment, legal, & health services throughout the New York City Metropolitan Area.



- Hundreds of resources!
- Support in all 5 boroughs!
- · Filter by category!

Brooklyn Justice Initiatives

Interactive Resource Guide



bit.ly/bjiresourceguide



# **NYC Aging Providers**

NYC Open Data lists all of our providers of older adult centers and naturally occurring retirement communities throughout the city. Find one on their website today to see how they can help your family age-in-place.





# Open Door Family Life Center PANTRY

EVERY SATURDAY - 8:30AM - 10:30AM 999 Greene Avenue, Brooklyn, NY 11221

www.opendoorflc.org



We are the experts!@Legal Hand Crown Heights Brooklyn for any Civil Legal Issue!!!!

# SCHEDULE A MEETING TODAY!

We offer the following referral and support services:

- •Rental Arrears
- Immigration Issues
- Report Repairs
- Source of Income

Discrimination

- Eviction Prevention
- · Family and Elder Law etc..

Get in touch with us! DM us on InstaGram @legalhandbk or call to make an appointment 718-619-4248 For collaborations, email us info@legalhand.org







# What You Get

- Training in clean energy, solar, and heat pump installation, construction, and more
- · Multiple industry certifications including site safety training, OSHA 30, and more
- Hands- on learning to prepare you for future clean energy and constructionrelated employment
- \$1,500 stipend for completion of the program

# Who You Are

- Authorized NYCHA resident
- Fully vaccinated
- 18+ years of age
- . H.S. graduate or G.E.D. holder
- . Legally able to work in the U.S.

# Able to...

- Commit to 280 hours of classes in person and hard-skills training
- · Attend classes in the evening

# Register for an info session

Visit https://selfserve.nycha.info/ or Call the REES hotline: (718) 289-8100





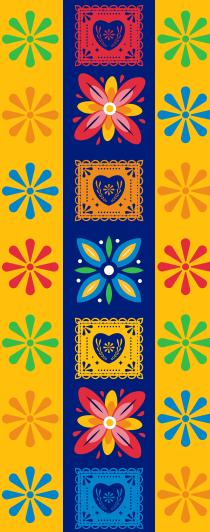














For more info call: 718-443-1205



# Health & Wellness Resources





# September is Suicide Prevention Month.

If you're struggling, know that help is available.



# Mental Health Crisis Resources

988 Suicide & Crisis Lifeline

Call or Text 988

Chat via 988lifeline.org/chat

# **Crisis Text Line**

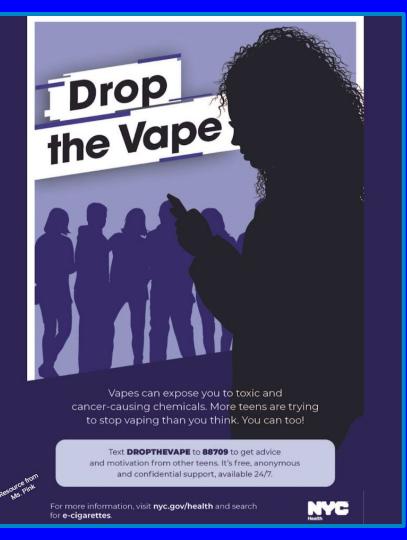
Text COALITION to 741-741

Chat via <u>crisistextline.org</u>

# The Trevor Project (LGBTQ+ Community)

Text START to 678-678 | Call 1-866-488-7386

Chat via thetrevorproject.org/get-help





# E-CIGARETTES VAPING

# E-cigarettes almost always contain nicotine.

- Nicotine is addictive, especially for teenagers.
- Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- Nicotine can be toxic. People have been poisoned by swallowing vaping liquid or getting it on their skin or in their eyes.

# Vaping can expose you and others around you to harmful chemicals, such as:

- □ Formaldehyde (a cancer-causing chemical)
- Benzene (a cancer-causing chemical)
- ☐ Diacetyl from flavoring (which has been linked to lung disease)
- ☐ Heavy metals (such as nickel, tin and lead)

For more information about how you can defeat flavors (including menthol) and end nicotine dependence, small **tobacco@health.nyc.gov**. To find more information about e-cigarettes, visit **nyc.gov/health** and search for e-cigarettes.





Resource from Ms. Pink



# There is NO CURE for food allergies yet.



# The social impact of food allergies on families:



# 9 out of 10

avoid certain restaurants



# 8 out of 10

change family traditions



# 5 out of 10

skip important school functions



# 4.5 out of 10

avoid airline travel (due to food allergy)



kidswithfoodallergies.org

Source: My Life With Food Allergies Survey, April 2019.



kidswithfoodallergies.org

# NYC Health + Hospitals/Woodhull partnered with the "WICK Against Violence"



Mission Statement: NYC Health + Hospitals/Woodhull has partnered with the "WICK Against Violence", a program of the Public Safety Coalition, to enhance the hospital's existing violence prevention efforts by inviting violence interruption and mediation services into the hospital to support victims of violence. We provide a collaborative community-based approach to those more likely to be impacted by gun violence and provide them with access to resources and services in an effort to prevent future violence and break the cycle of violence. The program is geared to be the hub that provides compassionate, comprehensive care and innovative strategies to steer high-risk New Yorkers away from a culture of violence and guns.

# Services provided:

- + CV (Cure Violence) interruption and mediation services.
- Engage in supportive conversations.
- + Exchange contact information with family/victim for follow up assistance.



NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

# For more information, please contact:

Jessica Arocho Director of Community Affairs Program Coordinator 718-963-8140

Totteanna Conley Community Liaison Worker 718-963-8934

> HEALTH+ HOSPITALS Woodhull

NYC Health + Hospitals/Woodhull en asociación con el "WICK Against Violence"



Declaración de objetivos: NYC Health + Hospitals/Woodhull se ha asociado con el "WICK Against Violence", un programa de la Coalición de Seguridad pública, para mejorar los esfuerzos existentes de prevención de la violencia del hospital invitado servicios de interrupción de la violencia y mediación al hospital para apoyar a las vicitamas de la violencia. Proporcionamos un enfoque colaborativo basado en la comunidad para aquellos que tienen más probabilidades de verse afectados por la violencia armada y les brindamos acceso a recursos y servicios en un esfuerzo por prevenir la violencia futura y romper el ciclo de violencia. El programa está orientado a ser el centro que brinda atención, compasiva e integral y estrategias innovadoras para alejar a los neoyorquinos de alto riesgo de una cultura de violencia y armas.

### Servicios prestados:

- + Servicios de interrupción y mediación de CV (Curar la violencia (Cure Violence))
- + Participar en conversaciones de apoyo.
- + Intercambiar información de contacto con la familia/víctima para asistencia de sequimiento



Para obtener más información, póngase en contacto con:

Jessica Arocho Directora de asuntos comunitarios Coordinadora del programa 718-963-8140

Totteanna Conley
Trabajadora de enlace comunitario
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

HEALTH+ HOSPITALS Woodhull

### ABLE!

What does that stand for? Adolescents Becoming Leaders Empowered

The ABLE Program mission statement is :

To give our youth the opportunity to reach their fullest potential, reducing the number of unplanned pregnancies and providing them with the tools to become effective adults.

ABLE is a program developed by Woodhull Medical Center. This program does the following:

- · Educates Teens on Pregnancy Prevention
- · Encourage teens to go beyond their borders and find new opportunities.
- · Helping teens become aware of the transmission of STD's as well as the conse-



### **Adolescent Practice at Woodhull Medical Center**

Both regular primary care and sexual/ reproductive care are provided. Primary care means you can get regular checkups, sports physicals and exams for working papers, immunizations ("shots"), care for conditions such as asthma, advice about eating and exercise, and care when you feel sick. Sexual/reproductive care includes things like birth control, pregnancy testing, treatment for STIs and HIV/STI

testing. Walk-ins are welcome during hours of operation. If you're an adolescent under the age of 18, you do not need to have anyone with you to get sexual/ reproductive health care services. You can ask for a confidential visit when

making an appointment. Address: 760 Broadway, Brooklyn, NY 11206 Cross street(s): Broadway & Flushing Ave-

Clinic location: Main Floor, Rm 2c-230 Phone: 718-388-5889 Hours: Tuesday: 9:00 AM to 12:00 PM Wednesday: 9:00 AM to 5:00 PM Thursday: 9:00 AM to 4:00 PM



You can call or text the ABLE Program at 929-287-0780

# ABLE Adolescents Becoming

Leaders Empowered





ABLE is a Comprehensive Adolescent Pregnancy Prevention (CAPP) Program

### SAFE

What is safe? We teenagers all know the word but let's put it into a deeper perspective:

- Safe is when all of us know how to use a condom
- · Safe is protecting yourself from unplanned pregnancies when you want to have sex
- Safe is not engaging in risky behaviors.
- · Safe is being Abstinent!



Abstinence is the only birth effective against STIs. HIV and pregnancy.

### SMART

Grades don't measure intelligence and Age doesn't measure maturity. You are never too young to educate yourself - So why wait? Be a Lender!

- · Respect yourself first.
- · If you are sexually active get tested every 3 to 6 months
- · Be smart about the choices you make because there will be consequences.
- · Don't give in to Peer Pressure.



STI's that start with the letter H, (such as Herpes, HPV, HIV) have no cure and can only be treated with

### SUCCESSFUL

Most of us believe having sex when we're not ready is cool, as well as smoking or drinking. Little do we know that we are falling into peer pressure. How do we overcome peer pressure? How do we overcome fear? How do we become successful? We should be making goals to prepare for our future.

- Stay in School!
- . Be a Leader not a follower and think before you act!
- · Say No! It's okay to say no to drugs and



Latex or Polyurethane Condoms (Internal and External), Dental Dams, Birth Control.

### **PSYCHIATRY SERVICES**

The Department of Psychiatry offers comprehensive mental health and substance abuse treatment services. through various inpatient and outpatient treatment programs. The treatment services are provided by a multidisciplinary staff consisting of psychiatrists, psychologists. nurse practitioners, social workers, nurses, creative arts therapists, addiction counselors. and medical consultants. Treatment of patients may include individual, family, group therapies, psychoeducational activitie and medication management. All relevant services, within and outside, the hospital are contacted in order to provide the most comprehensive and appropriate care to our

### HOURS OF OPERATION

**OUTPATIENT MENTAL HEALTH** Monday - Friday, 9:00 am - 5:00 pm Room# 5A-122 (Adult) 5A-111 (Child)

CUITPATIENT CHEMICAL DEPENDENCY Room# 9A-200

INPATIENT AND CPEP

**OUTPATIENT DETOX SERVICE** Monday - Friday, 8:00 am - 4:00 pm Room# 9A-256

### APPOINTMENTS

To make an appointment, please call the specific listed programs

### AFTER HOUR URGENT CALLS

For mental health concerns after hours, please call the CPEP Unit 718.963.8439 or Room# 9A-200 718.963.7939

### **DIRECTIONS TO WOODHULL**



# Psychiatry Services



HEALTH+ HOSPITALS Woodhull





# **Psychiatry Services**

### Comprehensive Psychiatric Emergency Program (CPEP)

provides 24-hour, 7-day-a-week emergency care to individuals in crisis. In addition to a Psychiatric Emergency Room, the CPEP also has six (6) extended observation beds and an outreach crisis team. For information. call 718.963.8794 or 718.963.8439.

The Adult Inpatient Service operates both voluntary and involuntary patients is and psychopharmacological interventions by multidisciplinary treatment teams. For more information, call 718.963.5723 or 718.963.8236.

# The Outpatient Adult Mental

Health Practice offers a wide variety of assessment and treatment approaches to adults ages 18 and over. Services include psychiatric evaluation, individual and group tion management. The co-located Center for Integrated Health (CIH), is a primary care practice team that offers on site medi-cal assessments and follow-up for patients attending our mental health outpatient practice in conjunction with a psychiatric liaison. For information, call 718.963.7908 or 718.963.8988.

# The Outpatient Child and Adolescent Practice responds to the

special needs of children between the ages of 5 through 18, and their families. The clinipsychological testing; individual, group, play and family therapy; medication management; and parent counseling. This ser-For information, call 718.963.7923.

# The Ambulatory Detox Service

is an outpatient treatment program for individuals requiring detoxification from drugs and/or alcohol which allows patient to stay at home in the evening and return each morning for treatment. The program operates Monday to Friday from 8 AM - 4 PM. To make a referral, call 718.963.5910 or 718.630.3280.

### The Chemical Dependency **Outpatient Practice follows the**

continuum and incorporates individual and group therapy services, education. Alcoholics Anonymous and Narcotics

To make a referral, call 718.963.5910 or 718.963.8913.

# **Assertive Community Treatment**

Assertive Community Treatment (ACT) is a service delivery model that provides comprehensive, community-based treatment to individuals with serious and pensistent mental illness, who are not able to participate in traditional onsiste based programs. The services provided by the ACT team induced a full range of clinical treatment, psychosocial rehabilitation, and comment for services provides and comment to service services and since the comment of the c

The Mobile Crisis Management Team provides urgent mental health care and crisis management to patients in the community. The service operates between 8 am through 5:30 pm, Monday through Friday and between 8:30 pm on Saturdays. Family members and com-

**Psychiatry Directory at Woodhull** 

Adult Inpatient Serv 718.963.5723 718.963.8236 718.963.5848 Assertive Community Treatment (ACT) Referrals: 212.801.3343 718.963.5910 718.963.8913 Clinical Psychology Internship Program 718.963.5832 or 718.963.8490

ric Emergency Program (CPEP) 718.963.8794

Outpatient Adult Mental Health Practice 718.963.7908 718.963.8988 Outpatient Child and Adolescent Practice 718.963.7923 Mobile Crisis Managem Teams 718.260.7725 Referrals: NYC WELL (TALK.TEXT.CHAT 24/7)

Outpatient Detox Ser 718.963.5910 718.963.8913 718.630.3280





Facts: The flu vaccine can

- Prevent you from getting the flu
- Make the flu less severe if you do get it
- Keep you from spreading flu to your coworkers, family and other people

Learn more: http://osha.gov/seasonal-flu

@CDCFlu #NIAM





# **Mental Health Services:**

NYC Well provides free, confidential mental health support 24/7. To speak to a counselor:

- Call 888-NYC-WELL (888-692-9355)
- Text "WELL" to 65173
- Chat at nyc.gov/nycwell.

To find mental health and substance use resources in your neighborhood, visit

nycwell.cityofnewyork.us/en/find-services.



- STI prevention, testing, and care
- HIV prevention (PEP and PrEP), testing, and care
- Mpox and other vaccinations
- + Reproductive health A LGBTQIA+ health
- Information and resources

Low- to no-cost care is available at many facilities, including all City-run sites.



Now, with #ACCESSHRA, you can apply for Medicaid, HEAP, and child support services. Visit nyc.gov/accesshra





# Parenting Resources



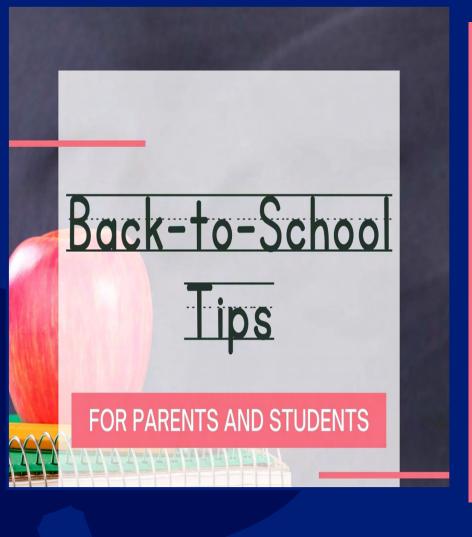






# Tips for Strengthening Parent-Teacher Relationships

- Try to attend parentteacher conferences and school events.
- Ask the teacher how to best support them.
- Reinforce the teacher's classroom rules and expectations at home.
- Be patient when awaiting responses to non-urgent matters.
- Set a positive example by demonstrating a positive attitude toward education.



# O1 Create a Comfortable, Distraction-Free Study Space

Students...Find a space in your home where you can't hear any background noise, like your parent' conference call or sibling's loud music.

Make sure to keep all distractions "out of sight and out of mind." This includes placing your gaming console in a drawer, keeping pets in another room, or temporarily shutting off notifications for social media apps.



















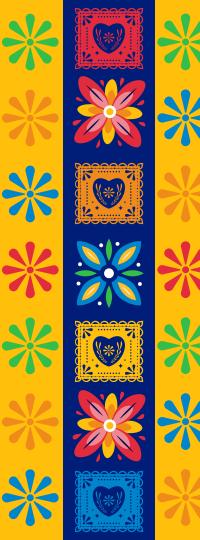
# 02 Help Your Teen Develop Healthy Ways to Manage Stress

Parents...High school is tough harder classes, more extracurricular activities, and college/post-grad decision deadlines getting closer each day.

Help your teen manage this stress by promoting healthy ways to cope. Some options include:

- Taking daily walks
- Keeping a journal of thei thoughts/feelings
- Expressing themselves creatively through artistic outlets
- Talking to a licensed counselor
- Getting enough sleep
- Making healthy eating choice





## 03 Use Class Time Wisely

Students...You've heard it before, but if you find yourself with free time after your teacher is done wit that day's lesson or lecture, take advantage of it!

Use that extra class time to get a jump on some homework or studying while it's still fresh in you mind.

And...so you have less to do at







### 04 Start "School Time" Early

Parents...After a few months of sleeping in, late nights, and afternoon naps, it can be difficult for your school-aged child to get back into the swing of things.

Put your child back on a "school day schedule" in the few weeks leading up to the first day. Having them wake up at a consistent time and go to bed at a reasonable hour will help ease the transition and set them up for success!

















# 4 ways to talk "with" your teen, not "at" them

### 1. Give them autonomy.

Showing your teen how to problem solve on their own is also a great start to forging a healthy, communicative relationship.

### 2. Look at the situation through their point of view.

Try putting yourself in your kid's shoes, and discuss together a plan of how to tackle a tough issue.

### 3. Work out "shared solutions."

State the problem and what your goals are, and then ask your child to suggest solutions to the problem.

### 4. Provide supportive guardrails.

It's the difference between simply telling your teen what to do, and providing support and guidance toward a solution.







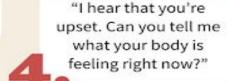
# 5 things to say to coach your kids through hard moments

"It's OK to feel your feelings. I'm going to stay right here with you until you feel better."

"I know it hurts.
I promise you
aren't always
going to feel
like this."



"Let's take some deep breaths together and see if that helps."





"You're a kind person, and I know you love your sister. Sometimes we say things we don't mean when we're angry. What do you think would make her feel better?"





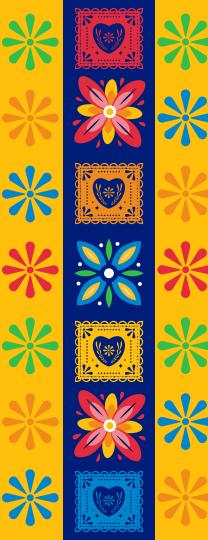












### **Pathways to Care**







# Tips for identifying students with possible mental health concerns:

- · Consistent sadness and/or irritability (for two or more weeks)
- Decreasing communication in class
- Decreasing motivation to complete assignments (a decline from previous levels of engagement)
- Change in self-care routine for an extended period
- Using language or another indication of self-harm or harm towards others

#### Connecting to mental health resources

- Reach out to your school mental health support staff: Guidance Counselor, Social Worker, Parent Coordinator
- · Introduce the youth to mental health professional staff
- Contact your nearest H+H Child and Mental Health Adolescent Clinic

#### Clinic contact information

New York City Health + Hospitals is the largest public health care system in the US, with 11 Acute Care Hospitals and 70 healthcare sites across NYC and a comprehensive continuum of behavioral healthcare services for children and adolescents at 12 Child and Adolescent Mental Health Clinics.

Clinics may accept youth 18 years of age or younger. If you are referring a youth older than the age of 18 or referring a parent or guardian, the clinic will direct you to an appropriate mental health team.

Bellevue Hospital Center	212-562-3536 or 212-562-8856
Coney Island Hospital	
	718-616-5397
East New York D&TC	718-240-0600
Elmhurst Hospital Center	718-334-1502
Gouverneur Healthcare Service	212-238-7820
Harlem Hospital Center	212-939-3370 or 212-939-3127
Kings County Hospital Center	718-245-2520
Lincoln Hospital and Mental Health Center	718-579-5156, 718-579-5898 or
	718-579-4760
Metropolitan Hospital Center	212-423-6945
Morrisania D&TC	
Queens Hopital Center	
Woodhull Medical and Mental Health Center	



# IMMIGRANT RESOURCES





# REGARDLESS OF YOUR IMMIGRATION STATUS, NEW YORK CITY IS HERE TO HELP.



#### **Immigration Legal Help**

For free and safe immigration legal help, call 800-354-0365, from Monday to Friday, 9AM to 6PM.



#### **NYC ID Card**

Apply for an IDNYC, the free municipal identification card for all NYC residents ages 10 and above. Renew online or make an appointment to enroll, call 311 or visit nyc.gov/idnyc



#### **English Classes**

Take **free English** classes anytime, anywhere. Visit **wespeaknyc.cityofnewyork.us** for more information.



#### Healthcare

NYC Health + Hospitals (H+H) can provide emergency care, basic health care, check-ups, immunizations, and more. Call 718-387-6407 to be directed to the center nearest to you. To enroll in health insurance plans, including the NYC Care program call, 646-NYC-CARE 646-692-2273 or visit nyccare.nyc



#### **Mental Health**

For confidential support and connections to mental health care and substance use resources, call 888-692-9355 or 988, text WELL to 65173, or visit mentalhealthforall.nyc.gov



#### **Emergencies**

In an emergency, call 911. An emergency is any situation that requires immediate assistance from the police, fire department, or ambulance. By law, the New York City Police Department cannot ask about the immigration status of crime victims, witnesses, or other people who ask for help.



#### **Public Education**

All NYC children ages 4 to 21 can attend public school. To enroll, visit schools.nyc.gov/fwc or call 311.



#### **General City Resources and Information**

Need to access city resources or want to report a problem? Call 311 or visit portal.311.nyc.gov



#### **NYC Immigrant Affairs Hotline**

**Call our hotline at 212-788-7654** from Monday to Friday, 9AM to 5PM, or email us at **askmoia@cityhall.nyc.gov** 







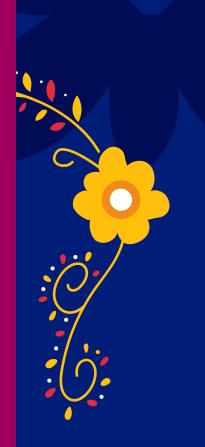




Free, safe immigration legal help is available for every New Yorker. Your immigration status does not matter.

For any questions or concerns you have about immigration status, including court and office closures, call the **ActionNYC hotline** at: **800-354-0365** • Monday to Friday • 9 a.m.-6 p.m.





# <u>Immigration Legal Help</u>

- Free, safe immigration legal help is available through ActionNYC.
   Call the ActionNYC hotline at 1-800-354-0365 during business hours Monday through Friday.
- Beware of unlicensed immigration service providers who take advantage of their customers. Get help only from a trusted, licensed attorney or accredited representative. For questions about this, call the New Americans Hotline at 1-800-566-7636 between 9AM-8PM on Monday through Friday.

# RB Education English? KINGSBOROUGH ENGLISHED TO THE PROPERTY OF THE PROPERTY SECONMENT.

# **Intensive ESOL program**English for Speakers of Other Languages

#### Classes will be on:

Monday - Thursday 5pm - 10pm (in person ) & Fridays 5pm-10pm (virtually)

#### Classes will start:

September 23rd and end December 19th 2024

Students will complete assignments on their own schedules, work in groups, and have one-on-one time with instructors.

These ESOL classes will prepare you to start a college program in March.

Must register by September 18th, and have GED/High School diploma.



#### COME LEARN WITH US!

#### RiseBoro

Funding provided by: Assemblywoman Maritza Davila & CUNY Kingsborough COMMUNITY PARTNERSHI Contact Andy Marie for more information (788 381–9655 6vs. 328 amorto inference of the contact of the con

# FREE LEGAL OSSE IMMIGRATION ADVICE

Consult with an experienced civil attorney at our office about immigration issues.
Walk-ins are welcome but appointments are encouraged.

### **2024 DATES**

September 4th and 18th October 2nd,16th, and 30th November 13th and 27th December 11th



1360 Fulton St.
Suite 500
Corner of Fulton
St. & New York Ave.
10 AM - 5 PM























# Learn English with We Speak NYC.

- Practice speaking English for free
- Get to know your community
- Build confidence
- Learn about City services and resources

Get started at nyc.gov/WeSpeakNYC







# Aprende inglés con We Speak NYC.

- Practica la conversación en inglés
- Conoce tu comunidad
- Habla con más confianza
- Obtén más información sobre los recursos de la ciudad

Comienza aquí: nyc.gov/WeSpeakNYC



# If you have contact with an agent, say:

- I agent, say:

  I wish to exercise my

  Fifth Amendment right

  to remain silent.
- ✓ I do not wish to speak with you or answer your questions.
- ✓ I do not give you permission to enter my home without a warrant signed by a judge.
- ✓ I do not give permission to search my home or any of my belongings.
- ✓ If I am detained, I want to contact my attorney immediately.
- ✓ I refuse to sign anything without advice from an attorney.

New York City Immigration Coalition nvic.ord

Si tiene algún problema, no diga nada y entregue esta tarjeta al oficial. ¡Usted tiene el derecho a permanecer en silencio!

Para reportar alguna actividad de ICE en la ciudad de Nueva York, llame al Proyecto de Defensa de Inmigrantes: 212 725 6422

Para informar una actividad de ICE fuera de la ciudad Nueva York, llame a United We Dream:

18443631423

Para asistencia legal llame a The New Americans Hotline: 1800 566 7636













We Speak NYC (WSNYC) is the City's free English language learning and conversation program developed and administered by the Mayor's Office of ImmIgrant Affairs (MOIA). WSNYC provides conversation classes where participants can practice speaking English while learning about immigrant rights, city services and civic engagement.

Our classes meet **once a week** for 7 to 10 week cycles. Each week, we gather for **two hours** to watch and discuss a different episode from our award-winning video series. The videos help learners develop their English skills as well as their knowledge of NYC culture and resources. There is no English skill level requirement, but the material is most useful for **hlgh-beginner to Intermediate level learners**.

Anyone with access to a computer, smartphone, or tablet can join our **online classes** from anywhere. We also offer **in-person classes** across all five boroughs; community organizations, schools, faith-based institutions and NYC Public library locations.

Visit our website to check out our class schedules, register for an online class, or locate in-person classes near you. Come to class ready to learn, practice your conversation skills, and meet other English language learners!

We look forward to learning together!

Learn more: nyc.gov/wespeaknyc Email us: wespeaknyc@cityhall.nyc.gov

#### We offer:

- Free English conversation classes, in person or online
- Free supplemental English practice materials
- Join a diverse community of English language learners
- A safe space to build your confidence speaking in English
- Information on rights and resources for immigrant New Yorkers

"Improved my pronounciation, got rid of my fear of speaking, and is an excellent class."

-WSNYC learner









### FAMILIES,

I HOPE YOU FOUND THIS PACKET HELPFUL. OUR PARENT LEADERSHIP COUNCIL (PLC) ELECTIONS WILL TAKE PLACE ON SEPTEMBER 24TH, 2024 VIRTUALLY AT 6PM, PLEASE CONSIDER JOINING . YOUR VOICE AND CONCERNS MATTER. FAMILY ENGAGEMENT IS VERY VITAL WITHIN **OUR SCHOOL COMMUNITY. ALL** INTERESTED PARTIES PLEASE EMAIL ME AT mpink@thewcs.org. REMEMBER, AS ALWAYS, I'M JUST AN EMAIL AWAY. HAVE A WONDERFUL DAY!

WARM REGARDS. MS. PINK



























