





Hello Families & Scholars,

It's your Parent Coordinator Ms. Pink. I hope all is well with you and your family. I put together this resource packet with some Amazing resources just for you. Scroll through the entire packet filled with Community Resources, Job Opportunities, Trade School Programs, Parenting Tips and more. Remember I'm just an email away.



You can reach me at mpink@thewcs.org





Let's Talk about Back to School...



Scholars return Back to School August 26th, 2024

August 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Summer School Report Cards Issued	2	3
4	5	6	7	8	9	10 Open House @10am
11	12	13	14	Rock the Regents Review Session 10am-2:30pm	16 All Faculty/Staff PD Earth Science Lab Practical @1pm Rm 425	17
18	REGENTS EXAMS All Faculty/Staff PD	20 REGENTS EXAMS All Faculty/Staff PD	21 All Faculty/Staff PD	Freshman Bridge All Faculty/Staff PD	23 Freshman Bridge/Family Day All Faculty/Staff PD	24
25	26 First Day of School Weds. Schedule	27 Weds. Schedule	28 Weds. Schedule	29 Weds. Schedule	30 Weds. Schedule	31
						School Days: 5 Instructional Hours; 31.25
						Total School Days: 5

THE WILLIAMSBURG CHARTER HIGH SCHOOL

ROCK THE REGENTS 2024!!

PIZZA, RAFFLES, GAMES & MORE

FREE DRINKS // MORE INFO: WWW.ROCKMUSIC.COM

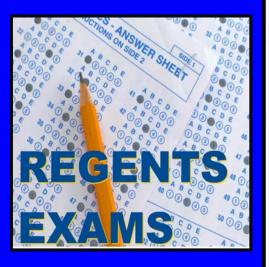
AUGUST 15TH, 2024 10AM - 2:30PM



August 15th All day Regents Review 10- 2:30PM

Subject	ubject Session 1 10am-12pm		Room Number	
ELA	Karoutsos/ Doody	Karoutsos/ Doody	402	
ELA/ SS ELL SUPPORT	Nunez	Nunez	409	
Algebra	Ahmed/ Dilworth	Ahmed/ Dilworth	411	
Geometry	Giscombe/ Yoon	Giscombe/ Yoon	414	
Algebra 2	Chuang/ Dilworth	Chuang/ Dilworth	419	
Global	Frost	Frost	424	
US History	Fuller	Fuller	425	
Science Waldron/ Ibara- Lara		Waldron/ Ibarra-Lara	430	

Music and Pizza will be served at 12pm in Cafe



August 2024 Regents Examination Schedule

Students who sign up for the Earth Science Regents on Tues., 8/20, must take the Earth Science Lab Practical on Fri., 8/16 at 1pm in Room 425. / Estudiantes programados para tomar el Regents en Ciencias de la Tierra el martes, 20 de agosto necesitan tomar la práctica de laboratorio el viernes 16 de agosto a la 1pm en el salón 425.

MONDAY, August 19	TUESDAY, August 20		
8:30 a.m.	8:30 a.m.		
Algebra l English Language Arts	United States History and Government Physical Setting/Earth Science Physical Setting/Chemistry		
12:30 p.m.	12:30 p.m.		
Global History and Geography II Algebra II	Geometry Living Environment		

Uniform Admission Deadline

Morning Examinations: 9:15 a.m.

Afternoon Examinations: 1:15 p.m.

SIGN UP FOR AUGUST REGENTS!

¡REGÍSTRESE PARA LOS EXÁMENES REGENTS DE AGOSTO!

Students should sign up to take August Regents Exams by completing the form at the QR code below / Los estudiantes deben inscribirse para tomar los exámenes Regents de agosto completando el formulario en el código QR de abajo





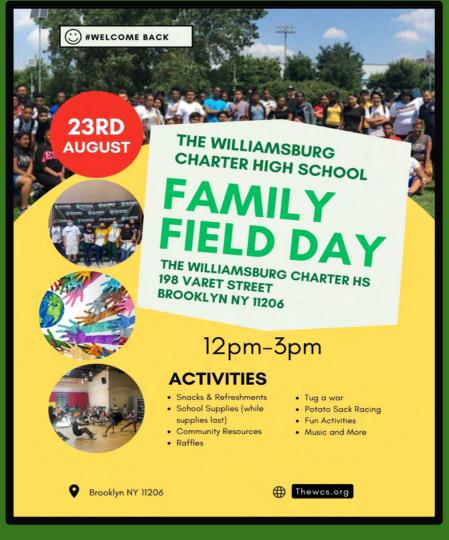














Williamsburg Charter High School



Please be advised that ALL returning students are required to have an <u>updated Medical</u>

Form in their file for the 2024-25 school year.

10th grade students must also return the attached Dental Record Form.

12th graders must be vaccinated for meningitis.

In addition, please fill out the attached annual Emergency Contact Form. Make sure to include email addresses and return the form with your child's medical forms.

Medical Forms should be submitted no later than Fri., Aug. 23, 2024.

Medical/Dental/Emergency Contact Forms are to be returned to 198 Varet Street.

Summer hours are Mon-Fri. 8:00am-2:45pm If you have any questions please contact the school. Phone: 718-782-9830 Email: ecooper@thewcs.org

Williamsburg Charter High School



Favor de tener en cuenta que se requiere que TODOS los estudiantes tengan <u>un formulario</u> <u>médico</u> en su archivo para el año escolar 2024-25. Los estudiantes del décimo (10mo) grado también deben entregar el adjunto formulario dental. Los estudiantes del duodécimo (12) grado tendrán que estar vacunados contra la meningitis.

Adicionalmente, por favor complete el adjunto formulario de contacto de emergencia. Asegúrese de incluir su dirección electrónica y devuelva el formulario junto con los formularios médicos del niño (a).

Debe entregar los formularios médicos a más tardar el Viernes, 23 de agosto de 2024.

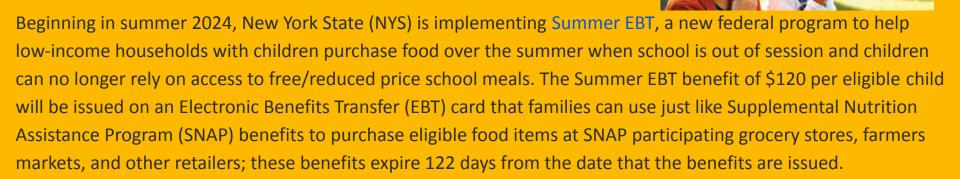
Los formularios médicos/dental/contacto de emergencia deben ser devueltos al 198 Varet Street.

El horario de verano es de lunes a jueves 8:00am-2:45pm. Si tiene alguna pregunta, por favor contacte a la escuela Teléfono: 718-782-9830 Email: ecooper@thewcs.org

NYC DOE Summer Meals

Starting June 27 and through August 30, free summer meals will be available to all children and teens ages 18 years and younger at locations throughout New York City from 8:00–9:15 a.m. for breakfast and 11:00 a.m.–1:15 p.m. for lunch (times are subject to change). No registration, documentation, or ID

is required. Please note there is no service on Independence Day, July 4. Summer P-EBT



Please note that this is not a DOE program. For questions, visit OTDA.NY.gov/SummerEBT and then call the Summer EBT Customer Service Helpline (1-833-452-0096) if further assistance is needed. The helpline will be able to answer questions about a specific child's eligibility beginning **July 1**.

Summer EBT Food Benefits

Learn how New York's Summer EBT program can help feed kids this summer!

The new Summer Electronic Benefits Transfer (EBT) program will help families buy food for their schoolaged children during the summer. Families will get \$120 in food benefits for each eligible child.

Eligible children will receive Summer EBT food benefits on an EBT card. Families can use their Summer EBT food benefits to buy food like fruits, vegetables, meat, whole grains, and dairy at **authorized retail food stores. farmers markets.** and anywhere else SNAP is accepted.

Most children will be automatically eligible for Summer EBT and do not need to do anything to enroll. However, some children may need to apply. An online application will be available in July.

Automatically Eligible:

 The child received SNAP, Temporary Assistance, or Medicaid at any time in the 2023-24 school year.

OF

- The child has been determined eligible by their school for free/reduced-price meals through the National School Lunch Program during the 2023-24 school year.
- Automatically eligible children do not need to apply.

Must Apply:

· The child is not automatically eligible,

AND

 The household meets the income requirements for free/reduced-price school meals.

AND

- The child attends a school that participates in the National School Lunch Program,
- · An online application will be available in July.

Unused Summer EBT benefits expire and are removed from the EBT card 4 months after the date they are issued. Families should use their benefits soon after they are received.

To learn more about Summer EBT, including when and how food benefits will be issued, and how to use them, visit **otda.ny.gov/SummerEBT**.



For more information, visit: otda.ny.gov/SummerEBT



Free summer meals are back! Anyone 18 years old or younger can receive meals at select NYC public schools, parks, libraries and more.

No registration required.

Find a participating location and learn more at schools.nyc.gov/SummerMeals





WCHS!

What makes Charter special?
Go to Niche.com & submit a review!







Creating in Community since 2004

Click here to fill out survey about your experience at WCHS

THANK YOU!



CELEBRATING **20 YEARS**OF CREATING BRIGHTER FUTURES!



SCAN WITH YOUR PHONE FOR MORE INFO www.thewcs.org/apply

- College and Career Courses
 + Advanced Classes + Honor Classes
- English as a new language services
- 25 Sports + club activities
 + internships and M+RE!

Like a private school BUT FREE!

(347) 217 6995 | ADMISSIONS@THEWCS.ORG



AHORA!

RESORTED STANDARD
U.S. POSTAGE PAID
2EVERYDOOR
ECRWSS

LOCAL POSTAL CUSTOMER

198 Varet Street Brooklyn NY 11206



GRADOS 9-12

¡CELEBRANDO **20 AÑOS** CREANDO FUTUROS MÁS BRILLANTES!



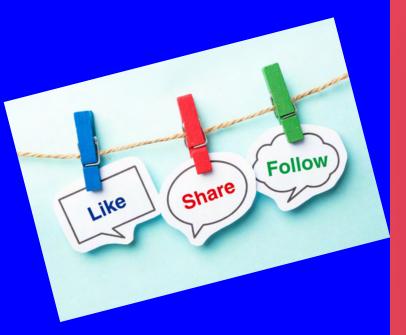
ESCANEE EL ENLACE CON SU TELÉFONO PARA MÁS INFORMACIÓN

www.thewcs.org/apply

- Cursos universitarios y profesionales + Clases avanzadas + Clases de honor
- Servicios de inglés como nuevo idioma
- ¡Deportes, actividades de clubes y prácticas!Como una escuela privada pero gratis!

¡Como una escuela privada PERO GRATIS!

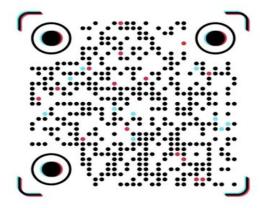
(347) 217 6995 | ADMISSIONS@THEWCS.ORG



Follow us on TikTok 🐯



Williamsburg Charter



Scan QR code to follow account



@ TIKTOK.COM



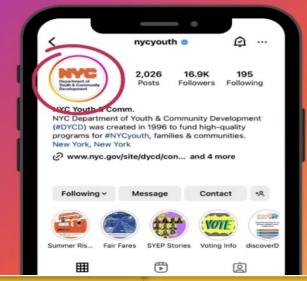




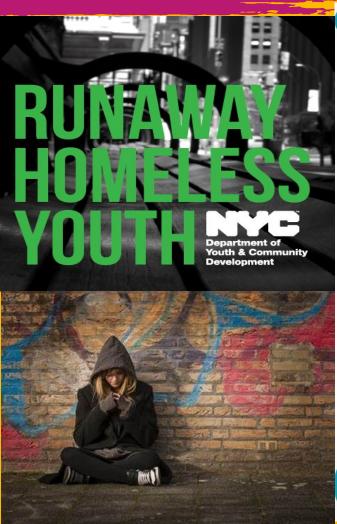
Stay connected by checking our Instagram Stories regularly!

We share valuable resources, opportunities, and partner updates to keep you informed about what's happening in our city!

Follow us @nycyouth







RUNAWAY & HOMELESS YOUTH SERVICES

*Drop-in Centers

Young people between the ages of 14 to 24 are welcome! Food, clothing, showers, laundry and case management services are available. Receive referrals to crisis services programs and additional support services.

*Please call to verify times of operation and intake.

Manhattan

Ali Forney Center

321 West 125th Street New York, N.Y. 10027 (212) 206-0574

The Door

555 Broome Street New York, N.Y. 10013 (212) 941-9090 Mon-Fri: 9am-6pm

Safe Horizon Streetwork Harlem

209 West 195th Street New York, N.Y. 10027 (212) 695-2220 Mon, Tues, Thurs-Sun: 12pm-6pm

Bronx Cardinal McCloskey

Community Services 333 East 149th Street Bronx, N.Y. 10451

(718) 993-5495 (917) 334-0957

Brooklyn

SCO Family of Services 774 Rockaway Avenue

Brooklyn, N.Y. 11211 (718) 685-3850

Queens

Sheltering Arms/Safe Space

165-19 Jamaica Avenue, 2nd floor Jamaica, NY 11432 (718) 526-2400 ext. 2077

Sheltering Arms

(Far Rockaway Site) 1600 Central Avenue Far Rockaway, N.Y. 11691 (718) 471-6818 ext. 2123 Mon-Thurs 2pm-8pm Fri: 11am-7pm, Sat: 12pm-8pm

Staten Island Project Hospitality

27 Port Richmond Avenue Staten Island, N.Y. 10302 (718) 876-4752 YDICOutreach@projecthospitality.org

Crisis Services Programs

Bronx

(347) 275-2749

Maya's Place* (718) 583-2380

*Female Identifying/Mother + Child

Brooklyn

Ali Forney Center*

*Contact Drop-in Center

(212) 206-0574 or

(646) 944-7193

jcarrion@aliforneycenter.org

These DYCD-funded programs provide emergency shelter and crisis intervention services for young people between the ages of 16 and 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites. These voluntary, short-term residential programs provide emergency shelter and crisis intervention services aimed at reuniting youth with their families or, if family reunification is not possible, arranging appropriate transitional and long-term placements.

Manhattan Covenant House The Bridge*

Under 21 (and Mother + Child) abarber@covenanthouse.org (212) 613-0300 "Female Identifying/HomelessYoung Adult

Safe Horizon Streetwork Harlem (917) 507-1562

> Sheltering Arms/Safe Space* (917) 410-3790 (347) 266-7044 "Male Identifying Youth

Queens Ali Forney Center

Homeless Young Adult (Ages 21 to 24) (646) 944-7193 icarrion@alifornevcenter.org

Transitional Independent Living Programs

Transitional Independent Living (TIL) facilities provide homeless youth between the ages of 16 to 20 or between the ages of 21 through 24 for Homeless Young Adult (HYA) sites, with support and shelter as they work to establish independence. A young person in need of longer-term residential services should first visit our Crisis Shelter and obtain a referral to Transitional Independent Living facilities. Youth may stay in the Transitional Independent Living facilities for up to 24 months. Services offered at TILs include:

Services Available at Crisis Services Programs and TILs

- * Educational Programs * Vocational Training * Job Placement Assistance
- · Counseling · Basic Life Skills Training · Mental Health Services · Housing Referrals And Placement • Family Reunification Assistance (when applicable)

Street Outreach

Vans traveling in all 5 boroughs provide clothing, food, information about and transportation to crisis services programs and drop-in centers.





KEY: 243 = Open 24 hours, 7 days a week; due to COVID-19, please call first.



Contact DYCD Community Connect at 1.800.246.4646 or



How to Sign Up for NYC Teenspace

NYC Teenspace is a free mental health support program available to any teenager age 13 to 17 living in New York City. To register:

1 Visit talkspace.com/nyc and enter your address and birthday.



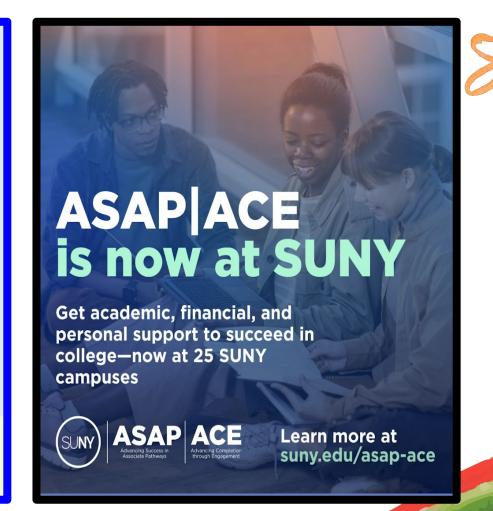
- 2 Enter your parent or guardian's information and email address so they can provide consent.
- 3 Complete a simple online assessment to share your mental health needs and preferences.

You will then get matched with a licensed therapist for ongoing virtual support, access to online mental health exercises or both.

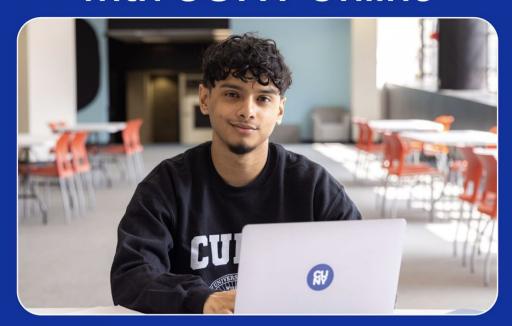








Learn While You Earn with CUNY Online



Study Anywhere, On Your Terms









Class of 2025: Chat 1:1 with a free college advisor this summer.

Matriculate advisors can help you with:

Exploring colleges

College applications

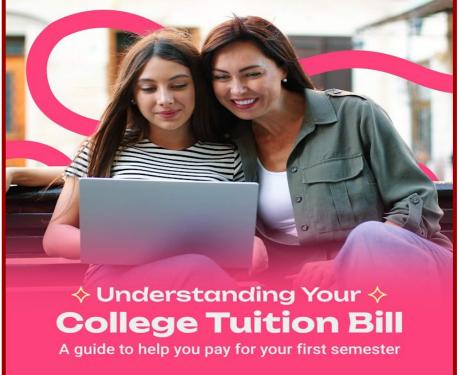
Financial aid opportunities and more!

See if you qualify for a free college advisor and apply: http://spr.ly/6188iZRb0



If your student is heading to college in the fall, they should expect to see their first tuition bill this month.

This bill is time-sensitive, so here are some resources to help you navigate the process. http://spr.ly/61819xfxt



Community Resources



Check Out More Courses At Our Website

Soulfulsynergy.org/courses/



Go To Soulfulsynergy.org/courses/

2024 8-HOUR FALL **PREVENTION** OVERVIEW: This 8-hour course is intended to educate workers on how to avoid accidents and injuries while working on roofs, leading edges, ladders, or scaffolds by defining **Enroll Now** the regulations and safety rules associated with fall hazards on construction sites.



OSHA 30 Hour Construction Training

The OSHA 30 Hour Construction Industry Training course is a comprehensive safety program designed for anyone involved in the construction industry.

MASTERIES:

- OSHA Rules Mastery
- Hazard Recognition
- Key Safety Training
- Legal Compliance
- Leadership Skills
- · Certification: Earn industry recognition for expertise.



FUNDAMENTALS OF **BUILDING GREEN**





following components:

- · Economic and health benefits from green buildings
- Causes and impacts of a changing climate
- Transitioning to sustainable operations
- Complying with green codes and standards
- Understanding LEED
- Overview of green building strategies
- · The importance of





This 6 hour course includes the following components:

- · Describe how high-quality CPR improves
- · Explain the concepts of the Chain of Survival
- · Recognize when someone needs CPR
- · Perform high-quality CPR for an adult, child and
- . Demonstrate how to use an AED on an adult, child and infant

Enroll Now





1931 Mott Avenue, 3rd Fl. Room 312, Far Rockaway, NY, 11691

Prescreening Monday-Friday 9:00AM-3:00PM

Shuttle Bus Driver \$19.00/hr

Bartender \$19.00/hr Baggage Handler \$19.00/hr







Cook \$19.00/hr

Warehouse Agent \$19.00/hr





Want more info? Contact the RCC Account Manager.

Frances Beaubrun: fbeaubrun@caony.com

James Horiuchi: jhoriuchi@caony.com

Register with CAO!



All registrants are required to present original documents during prescreening.

State ID, Social Security Card, & Work Documents

Check our website for updates at: www.caonynj.com

Rockaway Career Center

1931 Mott Avenue, 3rd Fl. Room 312 Far Rockaway, NY 11691

Phone: 347-562-2113

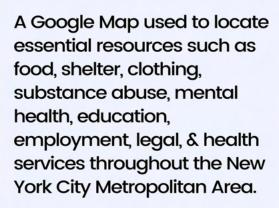
Follow us on Social Media













- · Hundreds of resources!
- Support in all 5 boroughs!
- Filter by category!

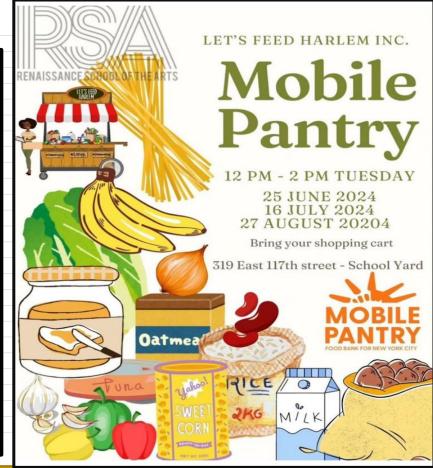
Brooklyn Justice Initiatives

Interactive Resource Guide



bit.ly/bjiresourceguide

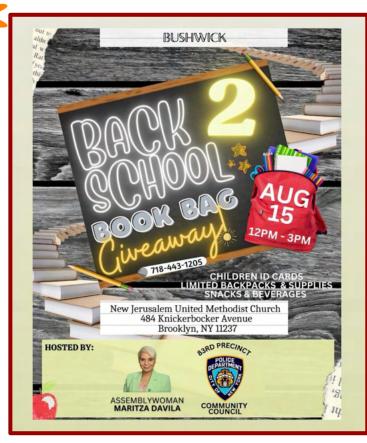


















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Hosted by Pentecostal Church of God Bishop Edward J. Williams, Pastor

When: Saturday, August 17, 2024

Time: 11:00am - 3:00pm

Location: Pentecostal Church of God 2310 Cortelyou Road, Brooklyn NY 11226

student <u>must</u> be present to receive supplies under age 12 must be accompanied by a guardian first come, first served!

FREE
backpacks
& school
supplies
while supplies last



This year across the city, Summer Streets will be expanded to <u>7am to 3pm</u> for more time to play, walk, bike, or skate down miles of streets closed to cars and open for NYC families and friends. See you <u>August 24</u> on Eastern Parkway!





We're hiring! The New York State Education Department (NYSED) is seeking diverse, qualified candidates to join our team through the NY HELPS program. No exam is required.

Explore the career opportunities at NYSED and apply today! https://bit.ly/3VXsLB0









Retail Program

About the Program:

Queens Community House offers 3-week VIRTUAL training program where participants will study toward the National Retail Federation (NRF) Exam to achieve certification to prepare them for the workforce. A 6-week paid internship is offered in the retail field

Certifications Offered:

- · Retail Industry Fundamentals
- · Customer Service & Sales
- · Business of Retail
- Warehouse, Inventory & Logistics

Eligibility:

- · Must be 18-24 years old
- · Out-of-school or out-of-work
- NYC residents authorized to work in the USA



REGISTER NOW

CONTACT US: (347) 571-0000 youthjobs@qchnyc.org



@QCH_YES
@QNSCONNECT
@OCHNYC



The MTA is hiring 2,000 Bus Operators



Open House: Saturday, August 17 9 a.m. - 12 noon 75 West 205 St., Bronx, NY

More about the event and requirements:



mta.info/busjobfair

The MTA and its subsidiary and affiliated agencies are Equal Opportunity Employers, including with respect to veteran status and individuals with disabilities.





Virtual Job Fair

Wednesday, August 21, 2024 Time: 10:00am - 1:00pm

Hiring!

Licensed Practical Nurses Registered Nurse Managers



Get Hired in Real Time!

Join Zoom Meeting

https://us06web.zoom.us/j/86780352344? pwd=63DlxNCbrCbf2HpyuoehJ3reBW0J87.

1

Meeting ID: 867 8035 2344 Passcode: 746504

JOIN OUR TEAM TODAY

We Offer Great Pay, Benefits and PTO

BMS Family Health & Wellness Centers www.bmsfhc.org/careers

BMS is proud to partner with Workforce 1 Healthcare Career Center

EMAIL YOUR RESUME JOBS@BMSFHC.ORG (ADD JOB TITLE TO SUBJECT) OR SCAN ORCODE TO MEET US ON ZOOM



Hiring Recruitment Event

AUGUST 13th, 2024 11am-12:30pm 1 Edgewater St Suite 305A Staten Island NY 10305



Positions Available

Security
Clerical
Retail and Food Service
Warehouse/Stock Associates
And many more....

For More Information Call (917) 338-5204 (718) 285-8528

Resume and Interview attire Required

Must have a valid NYS LD







A PROUD PARTNER OF THE AMERICAN JOB CENTER NETWORK

SERVING NYCHA RESIDENTS. 18-59 OF BERRY HOMES, MARINERS HARBOR, RICHMOND TERRACE, SOUTH BEACH, STAPLETON, TODT HILL, AND WEST BRIGHTON HOUSES AND 10301, 10303, 10304, 10305 10306, 10310, 10314

FREE YORK HITECTURE

AUGUST 19 - 23, 2024 9:00AM - 2:00PM

SCO FAMILY SERVICES 161st Street, Jamaica, NY 11432



APPLY TODAY! - FIRST COME - FIRST SERVED www.hiphoparchitecture.com/newyork



Join us as we explore Hip Hip culture as an inspiration for design!

During the program participants will:

- Learn about architecture
- Create a 3D model
- Write and record a song
- Create a music video

Who should attend?

New York 6th - 12th graders interested in Hip Hop and architecture. No prior experience required.

Participants will have a chance to win cool prizes!



Event Sponsors: Henricksen

Allsteel HOD SCO



Candidates will be expected to secure premises and personnel by patrolling property and inspecting areas and access points. Candidates must be able/willing to work indoors/outdoors and perform guard patrols at needed.

Requirements:

- NYS Security Guard License
- Must have a P15 Fire Guard License
- High School Diploma or GED
- New York State ID



Resume and Interview attire required

Jobs-Plus of Staten Island - EQUUS Workforce Solutions is a NO COST program serving NYCHA residents from: Mariners Harbor Houses, Richmond Terrace Houses, Todt Hill Houses, Berry Houses, South Beach Houses, Stapleton Houses, West Brighton Houses

T C M is Hiring Recruitment Event on 8/27/2024 @ 2pm 1 Edgewater St,305A Staten Island, NY 10305



Available Positions: Relocation Specialist \$30-\$33/hr Outreach Manager \$36-\$38/hr Call Center Agents \$27-\$30/hr

To register or for more information Call (917) 338-5204 or (718) 285-8528

SCAN ME



Resume & Interview attire Required

Jobs-Plus of Staten Island-EQUUSWorkforce Solutions a NO COST program serving NYCHA residents from: Mariners Harbor Houses, RichmondTerraceHouses, TodtHill Houses, BerryHouses, SouthBeachHouses, Stapleton Houses, WestBrighton Houses





WE ARE HIRING!

NYC Health + Hospitals
Special Officer Recruitment Even

for all NYC Health + Hospitals Facilities located in all 5 boroughs

THURSDAY, AUGUST 22, 2024
2 SESSIONS: 10:00AM AND 2:00PM
NYC HEALTH + HOSPITALS/HARLEM
512 LENOX AVENUE (136TH STREET) NEW YORK, NY 10037
MAIN FLOOR, ART GALLERY

Please scan the QR code or email your resume to
HarlemCareersanychhc.org
Subject line: Special Officer



REQUIREMENTS:

- Minimum 20 years of age
- United States Citizen
- · Resident of New York City (live in one of the 5 boroughs)
- High School Diploma or GED (a higher level education degree is acceptable)

NYC Health + Hospitals offers a competitive benefits package that includes:

- Hire In Rate is \$36,955/year, with annual automatic increases until Officers reach the current maximum rate of \$53,264, after completion of five years of service.
- Special Officers are entitled to additional \$5,000 per year to be trained in the operation of Weapons Detection Scanning System
- · On-the-job training at the NYC Health + Hospitals Police Academy
- Comprehensive health benefits
- Annual Uniform Allowance
- Retirement Savings and Pension Plan
- · Paid holidays and vacation in accordance with collectively bargained contracts
- College tuition discounts and professional development opportunities
- Multiple employee discount programs
- Professional growth and promotional opportunities

ABOUT NYC HEALTH + HOSPITALS

MYC Health + Hospitals in the Largest public health care system in the United States. We provide excential copations, regulatoris and home based sorvices to more than one million New Yorkers every year. We offer a competitive health care gatego where eighthy. NYC Health + Hospitals' complyers were hospitals to perived complementors, personalized care for all New Yorkers. We are committed to providing a person current care in environment and are looking for individuals that exemply our ICAEL (Integrity, Compassion, Accountabley, Respect, and Excellenced values. NYC Health + Hospitals' from the Interviews Chomestonian Place's Statement Place's Statement







BECOME A SUBSTITUTE PARAPROFESSIONAL IN MANHATTAN



- · Flexible Schedule
 - short-term and long-term jobs
- \$176.82 per day (based on a 6 Hour 50 Minute school day)
- Based on eligibility and performance, a substitute assignment <u>can</u> lead to full-time paraprofessional employment which includes health insurance and pension

Manhattan Hiring Event August 28, 2024

Scan the QR Code to Request an Invitation to the Hiring Event.

https://app.smartsheet.com/b/form/ecf 512d4a109466dad142ec7300b8081



AVAILABLE OFFICE POSITIONS

- ► ENTRY MID SENIOR LEVEL FIELD SALES AND OFFICE ROLES
- CERTIFIED MEDICAL ASSISTANTS
- MULTILINGUAL ROLES: ENGLISH, SPANISH, RUSSIAN, CHINESE
- ► JOBS AVAILABLE ACROSS BROOKLYN, BRONX, JAMAICA, MANHATTAN, STATEN ISLAND, AND WESTCHESTER

TRUECARE

HEALTHCARE JOB FAIR

WEDNESDAY, AUGUST 14

10:00 AM - 2:00 PM BROOKLYN SQUARE

3611 14th Avenue, 3rd Floor, Suite 340 Brooklyn, NY 11218

₩ 00 to Church Avenue | ₩ 835, B67, B69

We will be conducting on-site, one-on-one interviews for immediate hire

At True Care, our people are vital to our mission.

Join our diverse team of compassionate healthcare professionals, all with a shared goal of providing an outstanding home care experience to those who need it most.

We offer competitive pay, growth opportunities, paid time off and comprehensive benefits

- Please bring your resume
- Experience in a clerical or administrative healthcare setting preferred, but not necessary
- Business attire suggested

- High school diploma/ GED required
- Bilingual English/ Spanish is a plus
- · Walk-ins are welcome
- This hiring event is for office positions only



Contact us to reserve a one-on-one interview slot.

CALL OR TEXT 718-637-7185
or EMAIL talentacquisition@truecareny.com



NYC GOVERNMENT CAREERS CIVIL SERVICE

101 INFORMATION SESSION





Are you looking for more than just a job? Find your true passion with a career in city government!

You can serve your fellow New Yorkers at one of 80+ city agencies. Build a fulfilling career and go to work with purpose every day. Let the team from the Office of Citywide Recruitment at DCAS help you find your calling in education, health & social services, law enforcement, IT, engineering and more!

Job Security. Great Benefits. A Rewarding Mission!

DISCUSSION & INSIGHT

Obtain a career in city government

Sectors include

- Education 3
- Health & Social Services
 - Law Enforcement 🔇
 - IT, Engineering & More

REGISTRATION

https://shorturl.at/GWD25



Purslane



In Person Hiring Event THURSDAY, AUGUST 22ND

9 Bond Street 5th Fl. Brooklyn, NY 11201

9:45 AM, 10:45 AM & 11:45 AM

OPEN POSITIONS:

EVENT

BARTENDER
CATERING SERVER
WAYFINDER/EVENT SECURITY
DRIVER/CATEING WAREHOUSE
SUPPORT

Strong attention to detail and organizational skills Clean driving record and background check Experience operating large vehicles and navigating traffic patterns and routes through all New York City boroughs. Professional, proactive, and flexible attitude. Fluent in verbal and written English Physical ability to stand for long periods and lift 50lbs, including overhead.

Experience in events, warehouse, and/or kitchen operations

Join Our Team!

Send Your Resume to:

jharris@grantassociatesinc.com

FOR MORE INFORMATION

Text: (347) 977-6893

RSVP: https://shorturl.at/bpw7G



NYC Benefit Program

Walk-in Services: BronxWorks 1130 Grand Concourse. **Bronx NY 10456**

MAIN LINE # (718) 508-3040 **Ask for NYC Benefits Program**

WHAT BENEFITS CAN I APPLY FOR?



Supplemental Nutrition Assistance









Grant







Health Insurance (Medicaid or Medicare)



...and more!

FOR MORE INFO CONTACT:

Fatoumatta Jaiteh. Outreach Enroller fjaiteh@bronxworks.org (917) 574-8461





Programa de Beneficios NYC

Servicios sni cita previa: BronxWorks 1130 Grand Concourse, **Bronx NY 10456**

LÍNEA PRINCIPAL # (718) 508-3040 Pregunte por el programa de beneficios de NYC

¿QUÉ BENEFICIOS PUEDO SOLICITAR?













emergencia







...y más!

PARA MAS INFORMACION CONTACTE:

Fatoumatta Jaiteh. Reclutador de extensión fiaiteh@bronxworks.org (917) 574-8461





WEEKLY INFO SESSION

790 Broadway, Brooklyn. 1:00 PM

Monday: Financial Services and Customer Service

Contact: <u>careerservices@stnicksalliance.org</u>

Tuesday: Tech and Digital Literacy

Contact: <u>techliteracy@stnicksalliance.org</u>

Wednesday: Green Trades (Construction, Environmental Remediation, HVAC, and Greenscaping)

Contact: greentrades@stnicksalliance.org

Thursday: Employment and Job Club

Contact: careerservices@stnicksalliance.org

Friday: Healthcare Training

Contact: healthcaretraining@stnicksalliance.org



Is your passion helping people?

This 5-week training sets you on a path of successful career growth

Classes will cover:

- Interviewing skills
- Customer service
- Personal finance
- Effective communication
- Career Pathways

- · Able to work in U.S.



IN-PERSON

Customer Service

IN PERSON INFO SESSION EVERY MONDAY AT 1PM





St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206 Where: (J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

718-302-2057 Ext. 450 or CareerServices@stnicksalliance.org Contact:





You'll **EARN** \$ while you **TRAIN**!

Secure these certifications: MOS excel

Comptia A+

Are You:

- 16-24-years old
 - Not in school or working
 - Vaccinated

against COVID-19



IT Help Desk Support

FREE Training and Certification!

IN PERSON INFO SESSION EVERY TUESDAY AT 1PM Be prepared to stay at least 3 hours*

Sign up *includes a math and reading test for those interested in moving forward



Where: Contact: St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206 (J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue) 718-302-2057 ext. 450 or TrainandEarn@stnicksalliance.org TTY Number: 800-662-1220

St. Nicks Alliance is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities.

2 Kingsland Avenue, Brooklyn, NY 11211









GET PAID while you **GET CERTIFIED** in a new career!



Requirements

- Proof of COVID-19 vaccination
- Not in school
- · Out of work

YouthBuild

IN-PERSON INFO SESSIONS:

- . Construction 1PM on Wed.
 - Health Care 1PM ON Fri.

TTY Number: 800-662-1220



North Brooklyn



St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206 (J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue) 718-302-2057 ext. 450 or email: NBKYouthBuild@stnicksalliance.org

St. Nicks Alliance is an Equal Opportunity Employer/Program. Auxiliary aids and services are available upon request to individuals with disabilities. 75% of the total costs of North Brooklyn YouthBuild will be financed with federal money. \$1.5M in federal funds will go to the support of North North Brooklyn YouthBuild. 25% of the total costs of North North Brooklyn YouthBuild will be financed with non-government sources.





Looking for a Job?



Employment Services Informational Session

Every Thurs.











Manufacturing, Supermarkets/Pharmacy, & Transportation

Join St. Nicks Alliance Workforce Development's

Job Club

FOR THOSE 18-YEARS OLD AND UP

PLEASE BRING PROOF OF COVID-19 VACCINATION

St.Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206 Where: (J/M Train to Flushing Avenue and B/46/47/57/15 buses to Flushing Avenue)

(718) 302-2057 Ext. 450 or Careerservices@stnicksalliance.org Contact Info:





FUTURE LEADERS



Justice Impacted 18-24

Nonclinical Healthcare Training





VISIT STRIVE.ORG/NYPROGRAMS



We are the experts!@Legal Hand Crown Heights Brooklyn for any Civil Legal Issue!!!!

SCHEDULE A MEETING TODAY!

We offer the following referral and support services:

- •Rental Arrears
- Immigration Issues
- Report Repairs
- Source of Income

Discrimination

- Eviction Prevention
- · Family and Elder Law etc..

Get in touch with us! DM us on InstaGram @legalhandbk or call to make an appointment 718-619-4248 For collaborations, email us info@legalhand.org







NYCHA Clean Energy Academy

What You Get

- · Training in clean energy, solar, and heat pump installation, construction, and more
- Multiple industry certifications including site safety training, OSHA 30, and more
- Hands- on learning to prepare you for future clean energy and constructionrelated employment
- \$1,500 stipend for completion of the program

Who You Are

- Authorized NYCHA resident
- Fully vaccinated
- 18+ years of age
- . H.S. graduate or G.E.D. holder
- . Legally able to work in the U.S.

Able to...

- Commit to 280 hours of classes in person and hard-skills training
- · Attend classes in the evening

Register for an info session

Visit https://selfserve.nycha.info/ or Call the REES hotline: (718) 289-8100















Aug. 21 12pm-2pm

850 Grand Street (school yard) Bk, NY

Entrance on

Bushwick Avenue & Mauier Street

SIGN UP FOR: GED AND ESL CLASSES

First come, first served

FREE bookbags full of SCHOOL SUPPLIES









United for Brownsville & Brownsville Partnership





Come Join Us 2024 bookbag & supply giveaway

Saturday, August 24th from 11 AM to 3 PM

GJC tabling programs/resource partners

- America Works
- · Brooklyn Library
- . Community Action for Healthy Homes
- Grow Brooklyn
- Jeremiah Program
- United for Brownsville

*Creating a successful school year for

Brownsville students*



To pick up a book bag, you will need to click on the QR Code to register, and the child must be with a parent or guardian.

One bag per child ages 3 to 16.

Location: 519 Rockaway Avenue, Brooklyn, NY 11212
Transportation 3 Train to Rockaway Ave. Walk to Sutter Ave.
or 60 Bus to Rockaway Ave. & Sutter











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WOODHULL **FARMSTAND**

GRAHAM AVE & BROADWAY

At This Farmstand:

Buy fresh, locally-grown vegetables, fruits, eggs, honey, bread, and more.





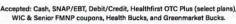












Spend \$2 in SNAP / EBT / P-EBT, get a bonus \$2 in Health Bucks.











- Cross at crosswalks & wait for signal
- Pay Attention
- NEVER assume drivers see you. Just because you have the right-of-way doesn't mean that you should put your life at risk

Make Eye-Contact with drivers before crossing

VISION ZER



ALWAYS LOOK OUT TAKE SPECIAL CARE FOLLOW THE FOR PEDESTRIANS WHEN TURNING SPEED LIMIT

BE EXTRA CAUTIOUS AT NIGHT OR IN BAD WEATHER



JFK AIRPORT FLIGHT ATTENDANT HIRING EVENT



\$25.08/hr

New Clients: Register with CAO

Call to schedule an appointment: (347) 562-2113

Existing Clients:

Email your Account Manager to apply

REGISTER HERE



Qualifications:

- · Possess and maintain a valid passport and equivalent travel documents
- · Must be at least 21 years of age
- · At least 1 year of customer service experience
- · Ability to report to work at your assigned base within 2 hours

www.caonynj.com



Business attire recommended



Masks recommended



(347) 562-2113

social distancing



- Social Security Card (unlaminated)
 State Driver's License, Learner's Permit,
- **Working Documents Required** Will be Drug Tested (cannabis included

Rockaway Career Center









Follow us on Social Media





stnicksalliance.org/careers or scan QR code

Make a difference in a child's life as an:

Where Opportunity Grows

Afterschool Director Afterschool Assistant Director Afterschool Group Leader K-5 Literacy Curriculum Writer UPK/3K Head Teacher **UPK/3K Assistant Teacher** Social Worker



Bklyn Adult Learning

NATIONAL HOSPITALITY **CERTIFICATION TRAINING**

Are you interested in working in the hospitality industry? Earn a nationally recognized hospitality certification as a Front Desk Representative or Guestroom Attendant at the Brooklyn Public Library.

- HANDS ON
- HYBRID CLASSES
- 10-WEEK DURATION



TWO PROGRAM TYPES

Obtain a nationally recognized hospitality certification for one of the following:

- · FrontDesk Representative
- · Guestroom Attendant



HYBRID CLASSES

- Morning and evening class
- · Classes meet 3 days a week (two in-person and one over zoom).
- . 10-week duration with cycles starting in Aug, Sept and Jan.



CERTIFICATION FEE - COVERED

- · Must meet all attendance requirements and pass certification exams with a score of 70% or higher.
- . BPL will cover the cost of your exam fees, if you meet attendance and participation requirements.

Questions ?

@ 732-930-0082 (call or text)

Admissionsebklynlibrary.org



WORKFORCE

ENROLLMENT

REQUIREMENTS

NYC resident w/NY State ID or proof of

Must have a laptop and/or desktop

computer with working camera to

Must attend all days to complete the

BRONX WORKFORCE 1 CAREER CENTER 400 EAST FORDHAM ROAD, 9TH FLR BRONX, NY 10458

SST 10 HR & SST 40 HR

A NEW YORK CITY REQUIREMENT FOR THE

CONSTRUCTION FIELD

As of March 1st 2021, NYC Local Law 196 states all workers on major construction sites must be able to show proof they have satisfied their Site Safety Training requirement to be able to work

Are you equipped to start work with the right qualifications?

If you are employed in the construction field or looking for entry level employment within the construction field, take advantage of this opportunity

FREE OF CHARGE



18 years or older

attend the sessions.

residency.

+718-960-7098



Email carlos.santiago@rws-





SCAN OR CODE TO REGISTER





2024 NY.CITY

JOBS & CAREER F A I R

WEDNESDAY, AUGUST 14 | 9AM TO 4PM The City College of New York | Shepard Hall 160 CONVENT AVE. (WEST 139TH STREET, NY)

40+ COMPANIES & GOVERNMENT AGENCIES WILL BE HIRING!
ALL INTERESTED INDIVIDUALS ARE INVITED!

Find Your Job Opportunity! Launch Your Dream Career! Join us for a day of great information!

Why You Should Attend?

- Many too ampleyon for to for
- Explore diverse career paths
- Learn about the emerging job markets
- To meet with businesses who are hiring
- To meet with government agencies who are hiring And invite family members and business associates

Featured Panel Discussions: 1. The Future of Green lobs:

- 1. The Future of Green Jobs: Sustainable Employment
- 2. Opportunities in Government Jobs in NYCity, NYState, and Federal

Don't miss this chance to shape and advance your future!

For more information, visit: www.greaterharlemchamber.com Questions? Contact: info@greaterharlemchamber.com / 212.862.7200. Ask for Ms. Sutton.



REGISTER NOW! SCAN HERE TO REGISTER





Children MUST be present in order to participate.

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Health & Wellness Resources



NYC Health + Hospitals/Woodhull partnered with the "WICK Against Violence"



Mission Statement: NYC Health + Hospitals/Woodhull has partnered with the "WICK Against Violence", a program of the Public Safety Coalition, to enhance the hospital's existing violence prevention efforts by inviting violence interruption and mediation services into the hospital to support victims of violence. We provide a collaborative community-based approach to those more likely to be impacted by gun violence and provide them with access to resources and services in an effort to prevent future violence and break the cycle of violence. The program is geared to be the hub that provides compassionate, comprehensive care and innovative strategies to steer high-risk New Yorkers away from a culture of violence and guns.

Services provided:

- + CV (Cure Violence) interruption and mediation services.
- Engage in supportive conversations.
- + Exchange contact information with family/victim for follow up assistance.



NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

For more information, please contact:

Jessica Arocho Director of Community Affairs Program Coordinator 718-963-8140

Totteanna Conley Community Liaison Worker 718-963-8934

> HEALTH+ HOSPITALS Woodhull

NYC Health + Hospitals/Woodhull en asociación con el "WICK Against Violence"



Declaración de objetivos: NYC Health + Hospitals/Woodhull se ha asociado con el "WICK Against Violence", un programa de la Coalición de Seguridad pública, para mejorar los esfuerzos existentes de prevención de la violencia del hospital invitado servicios de interrupción de la violencia y mediación al hospital para apoyar a las vicitamas de la violencia. Proporcionamos un enfoque colaborativo basado en la comunidad para aquellos que tienen más probabilidades de verse afectados por la violencia armada y les brindamos acceso a recursos y servicios en un esfuerzo por prevenir la violencia futura y romper el ciclo de violencia. El programa está orientado a ser el centro que brinda atención, compasiva e integral y estrategias innovadoras para alejar a los neoyorquinos de alto riesgo de una cultura de violencia y armas.

Servicios prestados:

- + Servicios de interrupción y mediación de CV (Curar la violencia (Cure Violence))
- + Participar en conversaciones de apoyo.
- + Intercambiar información de contacto con la familia/víctima para asistencia de sequimiento



Para obtener más información, póngase en contacto con:

Jessica Arocho Directora de asuntos comunitarios Coordinadora del programa 718-963-8140

Totteanna Conley
Trabajadora de enlace comunitario
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11206

HEALTH+ HOSPITALS Woodhull

ABLE!

What does that stand for? Adolescents Becoming Leaders Empowered

The ABLE Program mission statement is : To give our youth the opportunity to reach their fullest notential, reducing the number of unplanned pregnancies and providing them with the tools to become effective adults. ABLE is a program developed by Woodhull Medical Center. This program does the things like birth control, pregnancy testing, treatment for STIs and HIV/STI

following: · Educates Teens on Pregnancy Prevention

- · Encourage teens to go beyond their bor-Walk-ins are welcome during hours of operation. If you're an adolescent under ders and find new opportunities. the age of 18, you do not need to have · Helping teens become aware of the transanyone with you to get sexual/ mission of STD's as well as the consereproductive health care services. You



Adolescent Practice at Woodhull Medical Center

testing.

can ask for a confidential visit when

making an appointment. Address: 760 Broadway, Brooklyn, NY 11206 Cross street(s): Broadway & Flushing Ave-

Clinic location: Main Floor, Rm 2c-230 Phone: 718-388-5889 Hours: Tuesday: 9:00 AM to 12:00 PM

Wednesday: 9:00 AM to 5:00 PM

Thursday: 9:00 AM to 4:00 PM

You can call or text the ABLE Program at

929-287-0780

Both regular primary care and sexual/ reproductive care are provided. Primary care means you can get regular checkups, sports physicals and exams for working papers, immunizations ("shots"), care for conditions such as asthma, advice about eating and exercise, and care when you feel sick. Sexual/reproductive care includes

ABLE

Adolescents

Becoming

Leaders

Empowered

HEALTH+ HOSPITALS Woodhull

ABLE is a Comprehensive Adolescent Pregnancy Prevention (CAPP) Program

SAFE What is safe? We teenagers all know the word but let's put it into a deeper perspective:

- . Safe is when all of us know how to use a condom
- · Safe is protecting yourself from unplanned pregnancies when you want to have sex
- Safe is not engaging in risky behaviors.
- · Safe is being Abstinent!



Abstinence is the only birth effective against STIs, HIV and pregnancy

SMART Grades don't measure intelligence and Age doesn't measure maturity. You are never too young to educate yourself - So why wait? Be a Lender!

- · Respect yourself first.
- · If you are sexually active get tested every 3 to 6 months
- · Be smart about the choices you make because there will be consequences.
- · Don't give in to Peer Pressure.



STI's that start with the letter H, (such as Herpes, HPV, HIV) have no cure and can only be treated with

SUCCESSFUL

Most of us believe having sex when we're not ready is cool, as well as smoking or drinking. Little do we know that we are falling into peer pressure. How do we overcome peer pressure? How do we overcome fear? How do we become successful? We should be making goals to prepare for our future.

- Stay in School!
- . Be a Leader not a follower and think before you act!
- · Say No! It's okay to say no to drugs and



Latex or Polyurethane Condoms (Internal and External), Dental Dams, Birth Control.

PSYCHIATRY SERVICES

The Department of Psychiatry offers comprehensive mental health and substance abuse treatment services. through various inpatient and outpatient treatment programs. The treatment services are provided by a multidisciplinary staff consisting of psychiatrists, psychologists. nurse practitioners, social workers, nurses, creative arts therapists, addiction counselors. and medical consultants. Treatment of patients may include individual, family, group therapies, psychoeducational activitie and medication management. All relevant services, within and outside, the hospital are contacted in order to provide the most comprehensive and appropriate care to our

HOURS OF OPERATION

OUTPATIENT MENTAL HEALTH Monday - Friday, 9:00 am - 5:00 pm

Room# 5A-122 (Adult) 5A-111 (Child) CUITPATIENT CHEMICAL DEPENDENCY

Room# 9A-200

OUTPATIENT DETOX SERVICE Monday - Friday, 8:00 am - 4:00 pm

Room# 9A-256 APPOINTMENTS

INPATIENT AND CPEP

To make an appointment, please call the specific listed programs

AFTER HOUR URGENT CALLS

For mental health concerns after hours, please call the CPEP Unit 718.963.8439 or Room# 9A-200 718.963.7939

DIRECTIONS TO WOODHULL



Psychiatry Services



HEALTH+ HOSPITALS Woodhull





sensitivity, and

Psychiatry Services

Comprehensive Psychiatric Emergency Program (CPEP)

provides 24-hour, 7-day-a-week emergency care to individuals in crisis. In addition to a Psychiatric Emergency Room, the CPEP also has six (6) extended observation beds and an outreach crisis team. For information. call 718.963.8794 or 718.963.8439.

The Adult Inpatient Service operates acute care psychiatric beds divided among five units. Acute psychiatric treatment for both voluntary and involuntary patients is provided using both psychotherapeutic and psychopharmacological interventions by multidisciplinary treatment teams. For more information, call 718.963.5723 or 718.963.8236.

The Outpatient Adult Mental

Health Practice offers a wide variety of essment and treatment approaches to adults ages 18 and over. Services include psychiatric evaluation, individual and group tion management. The co-located Center for Integrated Health (CIH), is a primary care practice team that offers on site medi-cal assessments and follow-up for patients attending our mental health outpatient practice in conjunction with a psychiatric liaison. For information, call 718.963.7908 or 718.963.8988.

The Outpatient Child and Adolescent Practice responds to the

special needs of children between the ages of 5 through 18, and their families. The clinipsychological testing; individual, group, play and family therapy; medication management; and parent counseling. This ser-For information, call 718.963.7923.

The Ambulatory Detox Service

is an outpatient treatment program for individuals requiring detoxification from drugs and/or alcohol which allows patient to stay at home in the evening and return each morning for treatment. The program operates Monday to Friday from 8 AM - 4 PM. To make a referral, call 718.963.5910 or 718.630.3280.

The Chemical Dependency **Outpatient Practice follows the**

continuum and incorporates individual and group therapy services, education. Alcoholics Anonymous and Narcotics

To make a referral, call 718.963.5910 or 718.963.8913.

Assertive Community Treatment

Assertive Community Treatment (ACT) is a service delivery model that provides comprehensive, community-based treatment to individuals with serious and persistent mental illness, who are not able to participate in traditional onsite based programs. The services provided by the ACT team include a full range of clinical treatment, psychosocial rehabilitation, and community services and resecourts de-

provides regent mental health care and crisis management to patients in the com-munity. The sorvice operates between 8 am through 5:30 pm. Monday through Friday and between 8:30 am and 4:30 pm on Saturdays, Family The Mobile Crisis Management Team

Psychiatry Directory at Woodhull

718.963.8236 718.963.5848 Assertive Community Treatment (ACT) Referrals: 212.801.3343 718.963.5910 718.963.8913 Clinical Psychology Internship Program 718.963.5832 or 718.963.8490

ric Emergency Program (CPEP) 718.963.8794 718.963.8439

Outpatient Adult Mental Health Practice 718.963.7908 718.963.8988 Outpatient Child and Adolescent Practice 718.963.7923 Mobile Crisis Manageme Teams 718.260.7725 Referrals: NYC WELL (TALK.TEXT.CHAT 24/7)

Outpatient Detox Ser 718.963.5910 718.963.8913 718.630.3280















Facts: The flu vaccine can

Prevent you from getting the flu

Make the flu less severe if you do get it

Keep you from spreading flu to your coworkers, family and other people

Learn more: http://osha.gov/seasonal-flu @CDCFlu #NIAM



Breastfeeding while working can be challenging. Fortunately, the PUMP Act has expanded workplace protections for working parents. And we're working hard to educate workers and employers about these rights. https://blog.dol.gov/2024/05/10/celebrating-the-power-to-pump-at-work





There is NO CURE for food allergies yet.



The social impact of food allergies on families:



9 out of 10

avoid certain restaurants



8 out of 10

change family traditions



5 out of 10

skip important school functions



4.5 out of 10

avoid airline travel (due to food allergy)

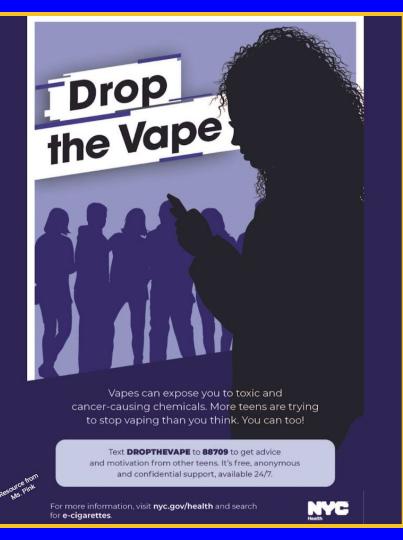


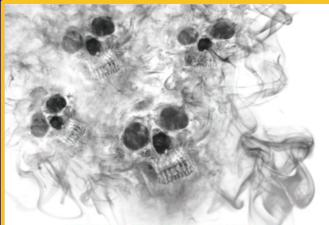
kidswithfoodallergies.org

Source: My Life With Food Allergies Survey, April 2019.



kidswithfoodallergies.org





E-CIGARETTES VAPING

E-cigarettes almost always contain nicotine.

- Nicotine is addictive, especially for teenagers.
- Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- Nicotine can be toxic. People have been poisoned by swallowing vaping liquid or getting it on their skin or in their eyes.

Vaping can expose you and others around you to harmful chemicals, such as:

- □ Formaldehyde (a cancer-causing chemical)
- □ Benzene (a cancer-causing chemical)
- □ Diacetyl from flavoring (which has been linked to lung disease)
- ☐ Heavy metals (such as nickel, tin and lead)

For more information about how you can defeat flavors (including menthol) and end nicotine dependence, small **tobacco@health.nyc.gov**. To find more information about e-cigarettes, visit **nyc.gov/health** and search for e-cigarettes.



NYC

Resource from Ms. Pink

Teens and Vaping:

What Are the Risks?

Electronic cigarettes (e-cigarettes) and vaping devices come in many forms, but they all heat liquids that are called e-liquids into aerosol. E-liquids usually contain nicotine, flavors and other chemicals.

Other names for e-cigarettes include vapes, vape pens, e-cigs or e-hookahs. While vape companies use tricks such as attractive packaging, flavors and advertising campaigns to make e-cigarettes seem harmless, they are not.



e-cigarettes



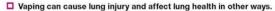


tank devices



- · Nicotine is addictive, especially for teens.
- · Nicotine can negatively affect a teenager's memory and concentration. and may decrease learning ability.
- · Most e-cigarette pods can have as much nicotine as a pack of cigarettes or more.





- The aerosol from heated e-liquids may contain harmful chemicals including:
- · Formaldehyde, a cancer-causing chemical
- · Benzene, a cancer-causing chemical
- . Diacetyl from flavoring, which has been linked to lung disease
- · Heavy metals such as nickel, tin and lead
- ☐ E-liquid ingredients are not closely regulated, and their long-term health effects are unknown.
- People have been poisoned by swallowing e-liquid or getting it on their skin or in their eyes.
- E-cigarettes are harmful to the environment and can contain plastic, electronic and hazardous waste.







Need help quitting vaping? Text DROPTHEVAPE to 88709 for free, 24/7 and confidential support. For more information, visit nvc.gov/health and search for e-cigarettes.













increased secrecy





Unwillingness to stay home





Desire for spicy or salty foods



Increased irritability or mood changes









Need to talk?

Crisis Text Line: Text GOT5 to 741741

988 Crisis Lifeline: Call/Text 988 or chat 988lifeline.org

Trevor Lifeline: 1-866-488-7386 **Trevor Text:**

Text START to 678678





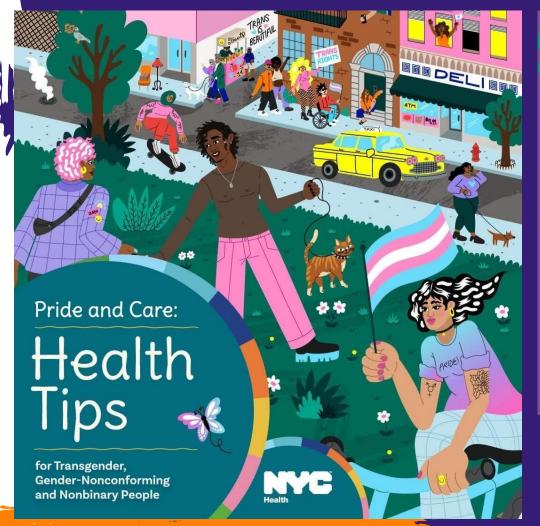
Mental Health Services:

NYC Well provides free, confidential mental health support 24/7. To speak to a counselor:

- Call 888-NYC-WELL (888-692-9355)
- Text "WELL" to 65173
- Chat at nyc.gov/nycwell.

To find mental health and substance use resources in your neighborhood, visit

nycwell.cityofnewyork.us/en/find-services.





It is important to have a provider you trust and feel comfortable with. Be open, honest and clear with your provider so you can get the right care.

Tell your provider:

- Your name and pronouns, even if they do not match your ID or health insurance
- If you take hormones or would like to start
- If you have had gender-affirming surgery or procedures
- Your sexual history, including your partners' genders, the kinds of sex you have and your typical safer sex practices



urfrem væiln nomie paren fearen brem b - Lenner

New Alternatives

www.newalternativesnyc.org
@new_alternatives_nyc



410 W 40th St, New York, NY 10018 718- 902-7653

New Alternatives provides a range of services designed to help LGBTQ+ youth succeed in transitioning to stable adult lives and welcomes all youth as they are with no barriers to entry.

Services Include: Basic Needs, Case Management, Recreational Activities, Education, Life Skills Training, Self-Expression, Testing and Prevention

Callen-Lorde

www.callen-lorde.org @callenlorde

Chelsea Brooklyn Bronx
356 West 18th Street 40 Flatbush Avenue Extension 3144 3rd Avenue
New York, NY 10011 Brooklyn, NY 11201 Bronx, NY 10451
212-271-7200 718 215-1818 718-215-1800





Callen-Lorde Community Health Center provides sensitive, quality health care and related services targeted to New York's lesbian, gay, bisexual, and transgender communities — in all their diversity — regardless of ability to pay. To further this mission, Callen-Lorde promotes health education, wellness, and advocacy for LGBTQ health issues.



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THE STONEWALL COMMUNITY FOUNDATION

www.stonewallfoundation.org

@stonewallfoundation 25 Broadway New York NY 10004

212-457-1341



The Stonewall Community Foundation does their part in raising funds to provide resources for the LGBTQ+ community through combating homelessness, providing healthcare, enforcing education, and offering scholarships to LGBTQ+ youth wishing to attend higher education. Their goal is to provide as much support to the community as possible so that they may continue to grow and flourish in a society that seeks to bring them down.





Summer Mental Wellness Tips

Ditch the couch and relax outdoors. Grab a blanket or lawn chair and something to read and set up camp on a shady patch of grass.

Go for a stroll. A long walk can be a great way to clear your head and enjoy a warm summer afternoon. You can also grab a friend and get your exercise while catching up.



Make a summer feel-good playlist. Bring on the summer tunes! Music can be an easy way to improve your mood and motivate you to get moving.



Start or continue a journal. Writing can be a great way to express how you feel and check-in with your emotions.



How to stay safe in extreme heat

- ✓ Use your air conditioner. Fans are not enough to stay cool.
- ✓ If you don't have an air conditioner, call 311 to find a cooling center near you.
- ✓ Drink plenty of water.
- ✓ Wear light, loose-fitting clothes.
- ✓ Avoid strenuous activity, especially between 11 a.m. and 4 p.m.
- ✓ Know the warning signs of heat illness. Call 911 immediately if you or someone you know has:
 - Trouble breathing
 - Hot, dry skin
 - Fast, strong pulse
 - Nausea or vomiting
 - Confusion, hallucinations or disorientation



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NYC Sexual Health Clinics

NYC Sexual Health Clinics provide low-cost and no-cost services for anyone age 12 and older, regardless of immigration or insurance status. Parental consent is not needed to access these services, and most services are provided on a walk-in basis, with a limited capacity each day.

See our regular clinic hours and locations below. Clinic hours are subject to change.

Morrisania (Bronx)

1309 Fulton Ave. Monday to Friday, 8:30 a.m. to noon and 1 to 3:30 p.m.

Fort Greene (Brooklyn)

295 Flatbush Ave. Extension
Monday to Friday,
8:30 a.m. to noon and 1 to 3:30 p.m.;
Tuesday, 5 to 7 p.m. (Express testing only)

Jamaica (Queens)

90-37 Parsons Blvd.
Monday to Friday,
8:30 a.m. to noon and 1 to 3:30 p.m.

Chelsea (Manhattan)

303 9th Ave. Monday to Friday, 8:30 a.m. to 3:30 p.m.; Tuesday, 5 to 7 p.m. (Express testing only)

Corona (Queens)

34-33 Junction Blvd. Monday to Friday, 8:30 a.m. to noon and 1 to 3:30 p.m.



WINDOW GUARDS SAVE LIVES

Does a child age 10 years or younger live with you? Do you live in a building that has three or more apartments?

If you answered **Yes** to both questions, New York City law requires you to have guards or stops in all windows of your apartment, except for windows leading to fire escapes.

Ask your landlord for window guards if you do not have them. If the problem isn't fixed, call **311**.





Department of Health

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Ms. Pink's Summer Receipe Pics



RECIPE HERE:

https://therecipecritic.com/pineapple-lemonade/

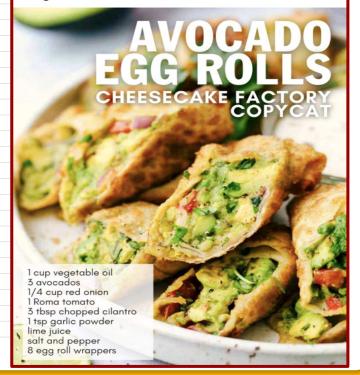
Pineapple lemonade is the ultimate summer drink! It's the perfect combination of tart and sweet and will have you feeling like you're on vacation.



RECIPE HERE:

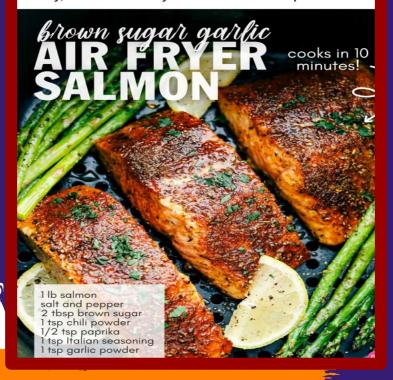
https://therecipecritic.com/avocado-egg-rolls/

Avocado Egg Rolls are crispy on the outside with an avocado mixture inside that is bursting with flavor! Once these hit the table they don't last long!



https://therecipecritic.com/air-fryer-salmon/

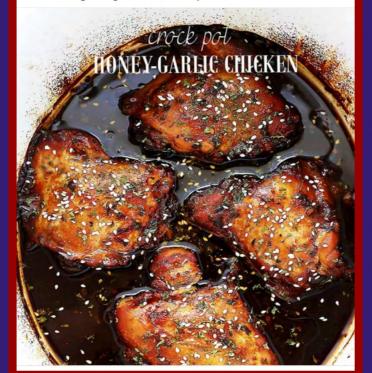
Melt-in-your-mouth brown sugar garlic air fryer salmon is juicy, tender and full of flavor. Salmon is so good, especially when it's cooked right, and the air fryer makes it perfect every time! It's an easy, hands-off way to make a scrumptious mea



Recipe Here:

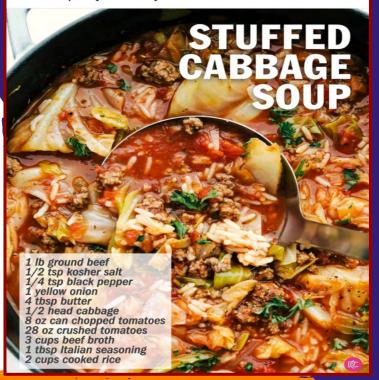
https://diethood.com/crock-pot-honey-garlic-chicken/

Crockpot Honey Garlic Chicken is an easy slow cooker dinner, featuring a sticky-sweet sauce and juicy, perfectly cooked chicken thighs. Everyone will be fighting for the last piece!



https://therecipecritic.com/stuffed-cabbage -soup/

Stuffed Cabbage Soup made with ground beef, rice, cabbage and fresh tomato sauce on your stovetop in just thirty minutes!



https://www.skinnytaste.com/lemon-parsley -potato-foil.../

Lemon-Parsley Potato Foil Packets can be grilled or baked in the oven! A delicious side dish, and the best part – easy cleanup!



https://therecipecritic.com/greek-broccoli-pasta-salad/

Greek Broccoli Pasta Salad combines tender fusilli pasta with fresh vegetables and a tangy herb dressing. This is the perfect dish to serve with grilled meats, or pack for a picnic or barbecue!

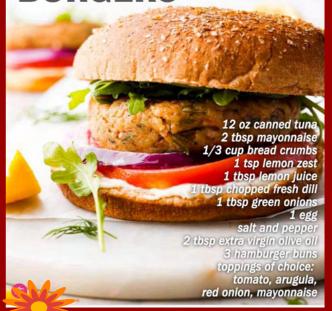


Recipe Here:

http://therecipecritic.com/tuna-burgers

Tuna burgers are like a tasty remix of regular beef burgers, bringing a lighter and more flavorful option to the table that seafood fans can't resist!

TUNA BURGERS



https://therecipecritic.com/avocado-basil -pasta/

Avocado Basil Pasta is the perfect salad for summer! Full of ripe creamy avocados, crisp bacon and juicy tomatoes, you and yours truly are going to love this!



BEST BAKED EGGPLANT PARMESAN RECIPE:

https://thestayathomechef.com/baked-eggplant -parmesan/

REVIEW: **** "Made this for my family after my daughter requested it. We loved it! It was so simple and easy to make. We will definitely be making it again and again!" -- Dani



http://therecipecritic.com/enchiladas-suizas

Enchiladas Suizas is a ridiculously delicious Mexican dish that'll make your taste buds go wild! Picture this: juicy shredded chicken wrapped in soft corn tortillas, slathered in a zesty tomatillo sauce, and smothered with creamy sour cream and melty cheese.



Recipe:

https://thecleaneatingcouple.com/healthy-chicken-pot-pie-soup/

Easy to make and SO cozy – you'll love how creamy and tasty this chicken pot pie soup is while being completely dairy free (if you use almond milk)!



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https://therecipecritic.com/italian-cream-cake/

Take a bite of heaven with every forkful of this dreamy Italian cream cake. It's rich and nutty, covered with the most amazing cream cheese frosting! It's great for special occasions, but really, there's no wrong time to make it!



Recipe Here:

http://therecipecritic.com/chocolate-chip-scones

Chocolate chip scones are downright delicious. They're buttery and soft, with pockets of chocolate chips for a melty surprise in each bite. These homemade scones are great for an on-the-go breakfast or an afternoon snack when you're craving something sweet!





Parenting Resources









How can we prevent the summer slide?

We can prevent learning loss in one simple way: keeping our kids' minds



This can be achieved through any kind of engaging activity that promotes children's overall development, including the arts, sports, or travel - formal academic activities are not required!

Summer learning activities don't need to be fancy or high-tech.

Consider incorporating academic skills into daily activities or chores. For example, you can invite your child to calculate the measurements for a recipe, or research how to properly care for the plants in a garden.





It can also be a good idea to team up with other families, capitalizing on each family's strengths. For example, one parent might provide informal swim lessons for a small group of kids, while another parent can lead children in a baking activity.





5 boundaries teens may need to set with others

Explaining to a sibling that they need alone time and asking them to knock before coming into their room



Letting a friend know when they're not comfortable with an activity (like drinking) or a behavior (like looking at their phone while driving)

Asserting their preferences with a friend who always decides what they do together



Requesting that a romantic partner respect their time with others by not calling or texting while they're out with friends

Telling a friend who's often unprepared for class that they can't copy their homework

How to PAUSE before responding to your child's behavior

1. Accountability.

Tell your kids/family you're going to try pauses; it changes the expectation that you'll respond immediately and allows them to remind you if you forget.

2. Awareness.

Notice your triggers and become aware of how your body feels when you start to get angry.

3. Slow down.

Practice talking more slowly and/or not reacting immediately in situations that aren't emotionally charged.

4. Destress.

Make space for self-care so you're not as close to the end of your fuse when tense situations arise.

5. Apologize.

If you do overreact or yell, offer a genuine apology and commit to continuing to practice. And give yourself grace, mistakes are part of learning!







FAMILIES THRIVING

We partner with families to provide:



- Individual Counseling
- Family Counseling
- Social Emotional Skill Building

Services can take place at home, at summer program, or on Zoom



Contact us to learn more:

(212) 453-4503

ft@universitysettlement.org







PARENT LEADERSHIP COUNCIL (PLC) PLC AT A SNAPSHOT



JOIN THE PLC BECAUSE YOUR VOICE MATTERS AS A PARENT. ADVOCATE FOR ALL SCHOLARS AT WCHS, ADVOCATE FOR YOUR SCHOOL AND HELP WCHS GROW. EMAIL MS. PINK FOR MORE DETAILS OR INTERESTS AT MPINK@THEWCS.ORG

WHAT IT LOOKS LIKE BEING ON THE PLC:

- AS A MEMBER YOU MEET WITH WCHS PARENT COORDINATOR MS. PINK & MEMBERS OF THE COUNCIL TO PLAN MONTHLY MEETINGS.
- AS A MEMBER YOU MEET WITH SCHOOL LEADERSHIP 1X PER MONTH TO DISCUSS PARENT CONCERNS, RECEIVE SCHOOL UPDATES & VOICE OPINIONS.
- AS A MEMBER YOU WILL TAKE TURNS PRESENTING AT THE MONTHLY WCHS
 BOARD MEETING & PRESENT A SLIDE AT THE BOARD MEETINGS, UPDATING
 THE BOARD OF OUR NEXT PLC MEETING & WHO WILL BE THERE.
- YOU WILL ALSO NETWORK WITH NONPROFITS & THE COMMUNITY.
- GAIN A NEW SKILL (IT LOOKS GREAT ON A RESUME)
- P.S. THE PLC IS ALAWAYS LOOKING FOR VOLUNTEERS FOR SPECIAL EVENTS.



FAMILIES,

I HOPE YOU FOUND THIS PACKET
HELPFUL. OUR PARENT
LEADERSHIP COUNCIL (PLC)
ELECTIONS WILL TAKE PLACE IN
SEPTEMBER, PLEASE CONSIDER
JOINING. YOUR VOICE AND
CONCERNS MATTER. FAMILY
ENGAGEMENT IS VERY VITAL
WITHIN OUR SCHOOL COMMUNITY.
ALL INTERESTED PARTIES PLEASE
EMAIL ME. REMEMBER, I'M JUST AN
EMAIL AWAY. HAVE A WONDERFUL
REST OF YOUR SUMMER BREAK!

WARM REGARDS, MS. PINK



