



# MARCH 2024

RESOURCE PACKET FROM YOUR  
PARENT COORDINATOR Ms. PINK



***WOMEN'S HISTORY MONTH EDITION***





Hello Families & Scholars,  
It's your Parent Coordinator Ms. Pink. I hope all is well with you and your family. I put together this resource packet with some Amazing resources just for you. This month we Celebrate Women's History Month. Scroll through the entire packet. Scroll through the Community Resources, Youth Opportunities, Trade School Programs, Parenting Tips and more. Remember I'm just an email away. You can reach me at [mpink@thewcs.org](mailto:mpink@thewcs.org)



The background is a light grey with a fine, diagonal hatched pattern. It is decorated with various floral and abstract motifs. At the top, there are white leaves, blue flowers, and dark blue and white swirls. A large blue brushstroke is in the top right. A red and blue flower is on the right side. At the bottom, there are white leaves, blue flowers, and dark blue and white swirls. A large black brushstroke is in the bottom left. The text is centered in a bold, black, sans-serif font.

**Let's Celebrate  
Women's History  
Month**



# Women's History Month



Women's History Month is a celebration in the month of March to recognize and honor the contributions, achievements, and struggles of women.

Some struggles include: limited education, limited legal and reproductive rights, and violence/harassment.

## Contributions by Women

- **Ada Lovelace:** Considered world's first computer programmer
- **Marie Curie:** Nobel Prize for significant contributions to physics and chemistry
- **Amelia Earhart:** First woman to fly solo across the Atlantic
- **Rosalind Franklin:** Discovered DNA structure

## How to Contribute?

- Support women owned businesses
- Support women's rights organization such as Planned Parenthood and the National Organization for Women
- Use your voice to advocate for change
- Educate yourself!





# CELEBRATING WOMEN PAST & PRESENT



*"If women want any rights more than they's got, why don't they just take them, and not be talking about it."*

**SOJOURNER TRUTH**

AMERICAN WOMEN'S RIGHTS ACTIVIST

**WOMEN'S HISTORY MONTH**



*"For there is always light, if only we're brave enough to see it, if only we're brave enough to be it."*

**AMANDA GORMAN**

POET

**WOMEN'S HISTORY MONTH**





***“Always remember,  
you have within  
you the strength,  
the patience,  
and the passion  
to reach for  
the stars  
to change  
the world.”***

**HARRIET  
TUBMAN**  
AMERICAN  
ABOLITIONIST

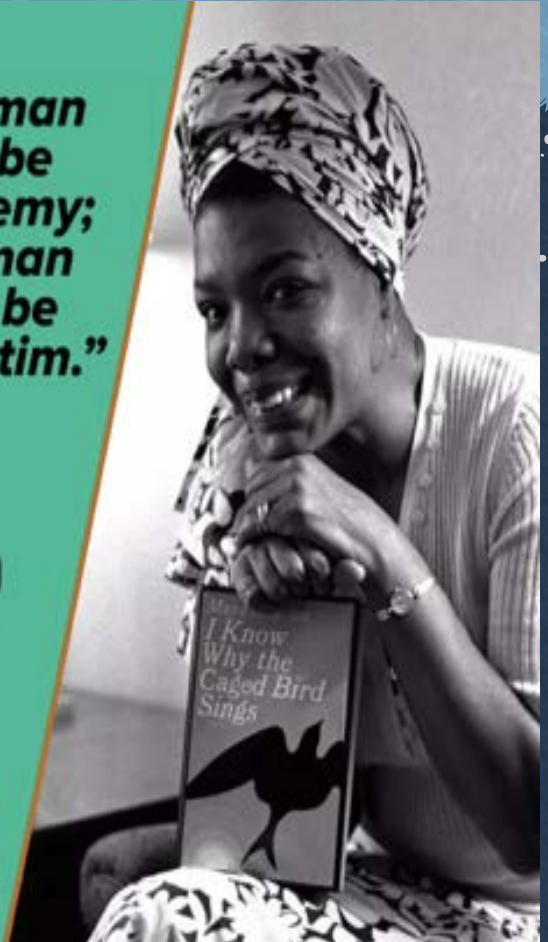
**WOMEN'S  
HISTORY  
MONTH**



***“A wise woman  
wishes to be  
no one's enemy;  
a wise woman  
refuses to be  
anyone's victim.”***

**MAYA  
ANGELOU**  
AMERICAN POET

**WOMEN'S  
HISTORY  
MONTH**







***“Never interrupt someone doing something you said couldn’t be done.”***

**AMELIA EARHART**  
AMERICAN AVIATOR

**WOMEN’S  
HISTORY  
MONTH**



***“How wonderful it is that nobody need wait a single moment before starting to improve the world.”***

**ANNE FRANK**  
GERMAN DIARIST

**WOMEN’S  
HISTORY  
MONTH**





WOMEN'S HISTORY MONTH



***“Always  
aim high,  
work hard,  
and care deeply  
about what  
you believe in.”***

**HILLARY  
CLINTON**  
FORMER U.S.  
SECRETARY OF STATE

**WOMEN'S  
HISTORY  
MONTH**



***“Alone  
we can do  
so little;  
together  
we can do  
so much.”***

**HELEN  
KELLER**  
AMERICAN  
AUTHOR, EDUCATOR  
& ACTIVIST

**WOMEN'S  
HISTORY  
MONTH**



***"I'm not the next  
Usain Bolt or  
Michael Phelps.  
I'm the first  
Simone Biles."***

**SIMONE  
BILES**  
AMERICAN  
GYMNAST

**WOMEN'S  
HISTORY  
MONTH**



***"To bring  
about change,  
you must not  
be afraid  
to take  
the first step.  
We will fail  
when we  
fail to try."***

**ROSA PARKS**  
AMERICAN ACTIVIST

**WOMEN'S  
HISTORY  
MONTH**





***“When the whole world is silent, even one voice becomes powerful.”***

**MALALA  
YOUSAFZAI**  
PAKISTANI ACTIVIST

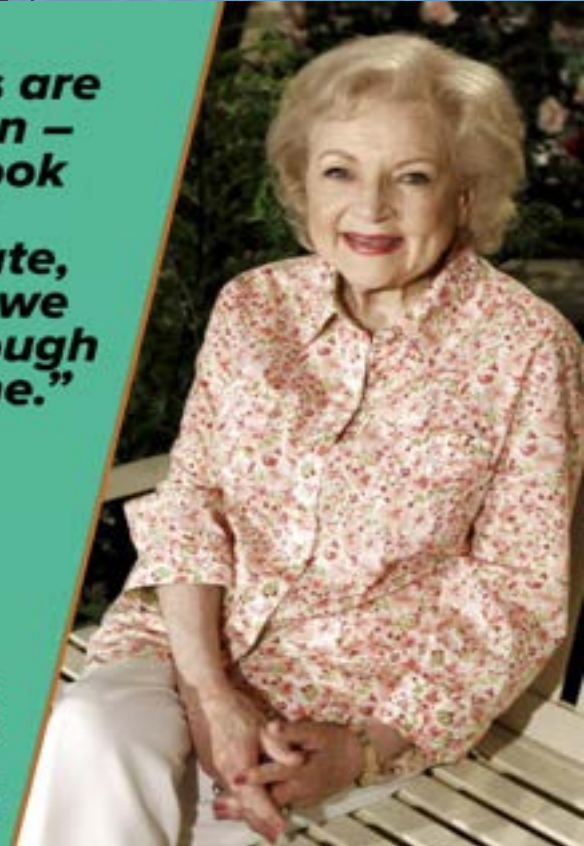
**WOMEN'S  
HISTORY  
MONTH**



***“Butterflies are like women – we may look pretty and delicate, but baby, we can fly through a hurricane.”***

**BETTY  
WHITE**  
AMERICAN  
ACTRESS

**WOMEN'S  
HISTORY  
MONTH**



***“Don’t be afraid.  
Be focused.  
Be determined.  
Be hopeful.  
Be empowered.”***

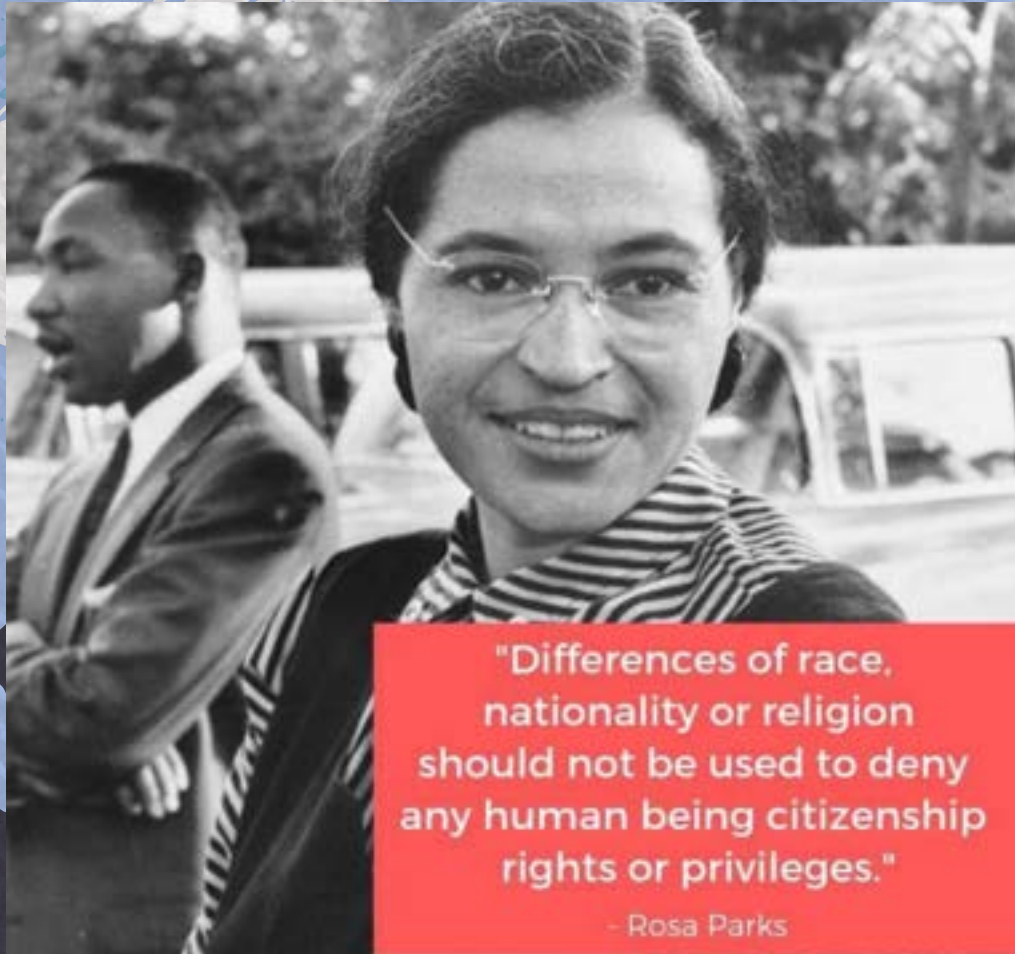
**MICHELLE  
OBAMA**

**FORMER FIRST LADY OF  
THE UNITED STATES**

**WOMEN’S  
HISTORY  
MONTH**

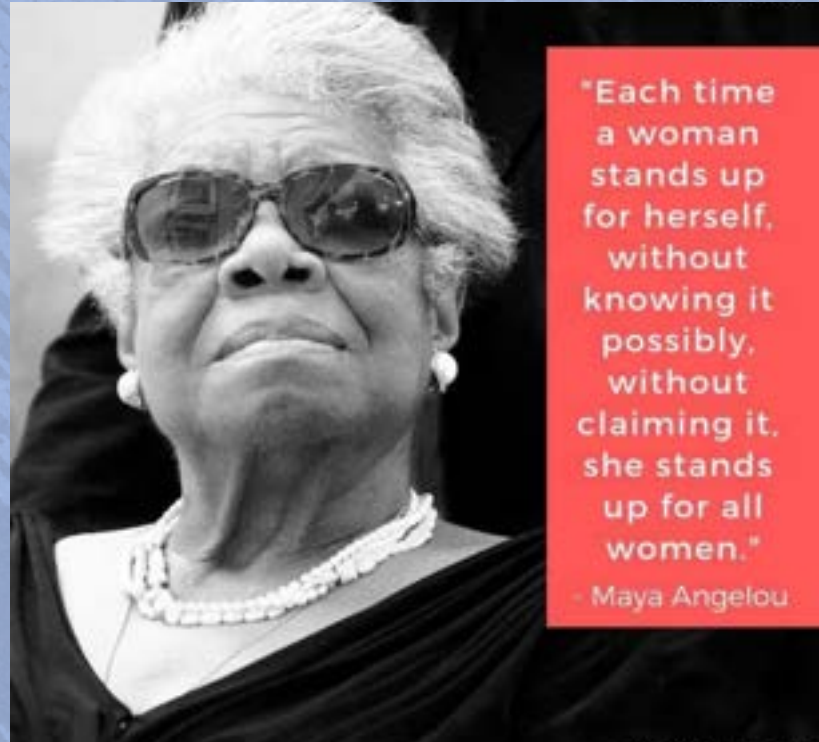






"Differences of race, nationality or religion should not be used to deny any human being citizenship rights or privileges."

- Rosa Parks



"Each time a woman stands up for herself, without knowing it possibly, without claiming it, she stands up for all women."

- Maya Angelou

The background is a textured gold color with various decorative elements scattered around. These include white and black floral motifs, green leaves, and geometric shapes like diamonds and swirls. There are also some green and red splatters. The text is centered in a bold, black, sans-serif font.

**WCHS  
SCHOOL  
NEWS**



# CONTACT US



## Class of 2026

Academy Leader:  
Angie Helliger  
AHelliger@thewcs.org  
Guidance Counselor:  
Chered Spann  
cspann@thewcs.org  
Intervention and Family Support Counselor  
Alejandra Aburdene  
AAburdene@thewcs.org

## Class of 2024

Academy Leader:  
Shante Martin  
SMartin@thewcs.org  
Guidance Counselor:  
Kelly Leprohon  
ktraub@thewcs.org  
Intervention and Family Support Counselor  
Brooke Bolnick  
bbolnick@thewcs.org

## Dean's Team

Dean  
Rodney Guzman Cruz  
RGuzmanacruz@thewcs.org  
Assistant Dean 9th and 10th  
Tiffany Pratt  
TPratt@thewcs.org  
Assistant Dean 11th and 12th  
Natasha Robinson  
NRobinson@thewcs.org

## Class of 2027

Academy Leader:  
Angie Helliger  
AHelliger@thewcs.org  
Guidance Counselor:  
TRA  
Intervention and Family Support Counselor  
Ms. G  
BGozikowski@thewcs.org

## Class of 2025

Academy Leader:  
Shante' Martin  
SMartin@thewcs.org  
Guidance Counselor:  
Samantha Sales  
ssales@thewcs.org  
Intervention and Family Support Counselor  
Elodie St. Fleur  
estfleur@thewcs.org

## Additional Support

Instructional Academy Leader:  
Janelle Holford  
JHolford@thewcs.org  
Arturo Giscombe  
agiscombe@thewcs.org

SNAS/ ENL  
Melissa Wade  
MWade@thewcs.org

5th Year Guidance Counselor:  
Renee DeLyon  
rdelyon@thewcs.org

College and Career Counselor  
Abeje Leslie- Smith  
aleslie@thewcs.org

Athletics and Safety Support  
Lawrence Combs  
lcombs@thewcs.org

ADDITIONAL  
SUPPORT:

FAMILY &  
COMMUNITY  
ENGAGEMENT  
DEPARTMENT:

PARENT  
COORDINATOR  
MELODY PINK

[mpink@thewcs.org](mailto:mpink@thewcs.org)

ENROLLMENT  
COORDINATOR  
JUSTIN USHER

[jusher@thewcs.org](mailto:jusher@thewcs.org)



**WILLIAMSBURG**  
CHARTER HIGH SCHOOL

# OUR SCHOOL PARENT SURVEY WILL OPEN FEBRUARY 12th, 2024. HELP US GET 100%



Families can take the survey online via computer or mobile device at [NYCSchoolSurvey.org](https://www.nycschoolssurvey.org) in any of the ten DOE-supported languages.

They can take the survey at [www.nycschoolssurvey.org](https://www.nycschoolssurvey.org) and click on the "Take the 2024 NYC School Survey"

## What about the survey codes for families?

- Families will enter "f" followed by their child's nine-digit Student Identification (OSIS) Number. **Note that "f" must be lowercase (example: f123456789).**
- Families can find their child's Student Identification (OSIS) Number on their report card, student ID card, or NYCSA account or they can request it from their school.

Log in

**PANORAMA** EDUCATION **NYC** Department of Education

Welcome! Enter your access code here:



**SCAN ME**



## NYC School Survey 2/12-4/5

Starting February 12th!!

- Parents: Go to [NYCSchoolSurvey.org](http://NYCSchoolSurvey.org)
- Select your language and click "Take the survey"
- Enter the letter "f" (lowercase) followed by your child's nine-digit OSIS number. (The 9-digit # at the bottom of your child's ID card)
- Complete 1 survey for each child in school.
- Take a screenshot of the "Thank you" screen and email it to [mmedina@thewcs.org](mailto:mmedina@thewcs.org) to be entered in the WCHS raffle.

Your voice counts! We need your feedback!



SCAN ME

Take the  
NYC School Survey

## Encuesta Escolar de NYC 12/2-5/4

Empezando 12 de febrero

- Padres: Entre a [NYCSchoolSurvey.org](http://NYCSchoolSurvey.org)
  - Elige su idioma y haga clic en "Take the survey"
  - Entre la letra "f" (minúscula) seguido por los 9-dígitos del número de OSIS de su hijo. (El # de 9-dígitos en la parte baja de la tarjeta de identificación de su hijo)
  - Complete una encuesta por cada niño en la escuela.
  - Tome una captura de la pantalla que dice "Gracias" y mándala por email a [mmedina@thewcs.org](mailto:mmedina@thewcs.org) para entrar en la rifa
- ¡Su voz cuenta! ¡Necesitamos sus comentarios!



SCAN ME

Take the  
NYC School Survey

## COMPLETE YOUR SCHOOL SURVEY LLENE SU ENCUESTA ESCOLAR



Go to [NYCSchoolSurvey.org](http://NYCSchoolSurvey.org) and enter your Access Code.

Please complete your school survey by **April 5th** to be entered into our **GRAND RAFFLE!**

When your survey is completed  
PLEASE MAKE SURE TO EMAIL YOUR  
CONFIRMATION TO MS. MEDINA AT  
[MMEDINA@THEWCS.ORG](mailto:mmedina@thewcs.org)  
TO MAKE SURE YOU ARE ENTERED  
INTO OUR RAFFLE!



Visite a [NYCSchoolSurvey.org](http://NYCSchoolSurvey.org) y entra su Código de Acceso.

¡Por favor llene la encuesta antes del **5 de abril** para entrar en nuestra GRAN RIFA!

Después de llenar la encuesta  
POR FAVOR ASEGÚRESE DE ENVIAR SU  
CONFIRMACIÓN POR CORREO ELECTRÓNICO A LA  
SRA. MEDINA EN [MMEDINA@THEWCS.ORG](mailto:mmedina@thewcs.org)  
PARA ASEGURARSE DE ENTRAR  
EN NUESTRA RIFA!



# Important Announcements



## Announcements!

- **March 28th, 2024** - Virtual PLC Meeting @ 6pm  
(Check your email for login details)
- **March 29th, 2024**- NO SCHOOL Good Friday
- **April 1st, 2024**- NO SCHOOL Easter Holiday
- **April 2nd, 2024**- Students Return Back to School in Full Uniform
- **April 2nd, 2024**- WCHS Admissions Lottery In Person at 6pm
- **April 10th, 2024**- SCHOOL CLOSED Eid al-Fitr
- **April 16th, 2024** - April 18th, 2024- Midterm Exams
- **April 19th, 2024**- Midterm MakeUp Exams
- **April 22nd, 2024- April 30th, 2024**- SCHOOL CLOSED- Spring Recess and Passover



## Regents Review

June 2024 Regents Exam Dates	
June 4, June 14, June 18, & June 20, 2024 - June 25, 2024	
Regents Review Sessions	March 11, 2024 - June 13, 2024 (except Algebra II Review ends 6/3)

### Spring Regents Review Schedule 3:10-4:10pm

Class	Teacher(s)	Days and Time	Rooms
Algebra II	Jin	Monday, Tuesday, and Thursday	210
Algebra	Ahmed	Monday, Tuesday, and Thursday	319
Geometry	Yoon	Tuesday	513
Chemistry	Solomon	Tuesday	532
Earth Science	Duncanson	Thursday & Friday	425
Living Environment	Jimenez	Monday, Tuesday, & Thursday	325
Global History	Livshultz	Monday & Tuesday	409
Global History (ENL)	Lara	Monday & Friday	330
US History	Burchett	Tuesday & Thursday	613
English	Brown	Thursday	612



## Repaso para los Regents

Fechas de los Exámenes Regents en Junio 2024	
4 de junio, 14 de junio, 18 de junio, y 20 de junio - 25 de junio de 2024	
Sesiones de Repaso para los Regents	11 de marzo de 2024 - 13 de junio de 2024 (menos Álgebra II que termina el 3 de junio)

### Horario de Repaso para los Regents en Primavera 3:10-4:10pm

Clase	Maestro(s)	Días y Horas	Aulas
Algebra II	Jin	Lunes, martes, y jueves	210
Álgebra	Ahmed	Lunes, martes, y jueves	319
Geometría	Yoon	Martes	513
Química	Solomon	Martes	532
Ciencia de la Tierra	Duncanson	Jueves y Viernes	425
Biología	Jimenez	Lunes, martes, y jueves	325
Historia Global	Livshultz	Lunes y martes	409
Historia Global (ENL)	Lara	Lunes y viernes	330
Historia de los Estados Unidos	Burchett	Martes y jueves	613
Inglés	Brown	Jueves	612



## REGENTS EXAMINATION SCHEDULE JUNE 2024

TUESDAY, June 4	FRIDAY, June 14	MONDAY, June 17	TUESDAY, June 18	WEDNESDAY, June 19	THURSDAY, June 20	FRIDAY, June 21	MONDAY, June 24	TUESDAY, June 25	WEDNESDAY, June 26
8:15 a.m.	8:15 a.m.	Eid al-Adha Observed  School Closed	8:15 a.m.	Juneteenth Holiday Observed  School Closed	8:15 a.m.	8:15 a.m.	8:15 a.m.	8:15 a.m.	RATING DAY
Algebra I*	English Language Arts		U.S. History & Government		Physical Setting/ Earth Science **	Geometry	Algebra II	Physical Setting/ Physics	
	12:15 p.m.		12:15p.m.		12:15 p.m.		12:15 p.m.	Uniform Admission Deadline	
	Living Environment		Global History & Geography II		Physical Setting/ Chemistry		Spanish	Morning Examinations: 10:00 a.m.	
							French	Afternoon Examinations: 2:00 p.m.	
							Latin		

\* The Conversion Chart for this exam will be available no later than June 26, 2024.

\*\*Students registered for the Earth Science Regents on Thurs., 6/20, must take the Earth Science Lab Practical in class on Fri., June 7th. If students were absent or not enrolled in the class, they must attend the make-up Lab Practical on Weds., 6/12 after school at 2pm in Room 425. / Estudiantes registrados para el examen Regents en Ciencia de la Tierra el jueves, 20 de junio deben tomar la Práctica de Laboratorio de Ciencia de la Tierra el viernes, 7 de junio durante la hora de clase. Si el estudiante está ausente o no está matriculado actualmente en la clase, deben tomar la Práctica de Laboratorio el miércoles, 12 de junio después de la escuela a las 2pm en el salón 425.



# WILLIAMSBURG CHARTER STANDS

## AGAINST GUN VIOLENCE

Join us

Wednesday March 27th

We invite students, staff and community members to meet us at  
Justice Gilbert Ramirez Park  
AKA  
White Park

**2:00 PM Sharp!**

We will then March in UNITY back to WCHS to sign our  
GROW: anti-gun violence petition



# WILLIAMSBURG CHARTER STANDS

## AGAINST GUN VIOLENCE

Únete a nosotros  
miércoles 27 de marzo

Invitamos a los estudiantes, el personal y los miembros de la comunidad a reunirse con nosotros en  
Parque del juez Gilbert Ramírez  
alias  
parque blanco  
¡2PM en punto!

Luego Marcharemos en UNIDAD de regreso a WCHS para firmar nuestro  
CRECE: petición contra la violencia armada



PLC  
MEETING



# WOMEN'S HISTORY MONTH

VIRTUALLY MARCH 28TH, 2024

HEALTHWOODHULL  
HOSPITALS



We're excited to have you join us for our upcoming meeting. We have a great lineup planned for the evening. Woodhull Hospital will be our presenters, discussing Vaping, ABLE Program and the comprehensive health services they offer. We'll also hear from Day One, a non-profit that supports NYC youth under 24 and works to end dating abuse and domestic violence through education and services. Our PLC will share school news, Ms. Pink will provide community resources and Positive Vibes, and don't forget about our March PLC Raffle with 2 Amazon gift cards up for grabs. Check your email for login details. For more detail email Ms. Pink at [mpink@thewcs.org](mailto:mpink@thewcs.org). See you there!

REUNIÓN  
DEL PLC



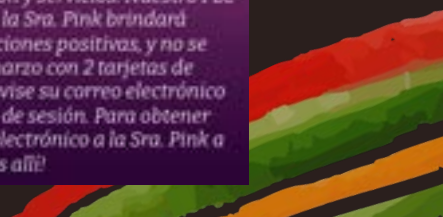
# WOMEN'S HISTORY MONTH

VIRTUAL 28 DE MARZO DE 2024

HEALTHWOODHULL  
HOSPITALS



Estamos emocionados de que se una a nosotros en nuestra próxima reunión. Tenemos un gran cartel planeado para la noche. Woodhull Hospital serán nuestros presentadores y hablarán sobre el vapeo, el programa ABLE y los servicios de salud integrales que ofrecen. También escucharemos a Day One, una organización sin fines de lucro que apoya a los jóvenes menores de 24 años de la ciudad de Nueva York y trabaja para poner fin al abuso en las citas y la violencia doméstica a través de educación y servicios. Nuestro PLC compartirá noticias escolares, la Sra. Pink brindará recursos comunitarios y vibraciones positivas, y no se olvide de nuestra rifa PLC de marzo con 2 tarjetas de regalo de Amazon en juego. Revise su correo electrónico para obtener detalles de inicio de sesión. Para obtener más detalles, envíe un correo electrónico a la Sra. Pink a [mpink@thewcs.org](mailto:mpink@thewcs.org). ¡Los vemos allí!







WILLIAMSBURG  
CHARTER HIGH SCHOOL



The Williamsburg Charter High School Parent Leadership Council (PLC) is thrilled to announce our fundraising campaign for the 2023-2024 School Year. Our goal is to provide college essentials to a minimum of 10 deserving scholars upon their graduation, as well as establishing ongoing funds to support families & scholars in need, and to facilitate exciting parent activities. We are counting on your generous support as no donation is too small.

You can easily contribute by using Zelle: Simply send your donation to [kfernandez@thewcs.org](mailto:kfernandez@thewcs.org) and **Remember to write "PLC Donation" in the Memo line.** We wholeheartedly welcome all donations and are incredibly grateful for your participation in this exciting endeavor!



El consejo de Liderazgo de Padres de Williamsburg Charter High School (PLC) se complace en anunciar nuestra campaña de recaudación de fondos para el año escolar 2023-2024. Nuestro objetivo es proporcionar elementos básicos para la universidad a un mínimo de 10 estudiantes que lo merezcan después de su graduación, así como establecer fondos continuos para apoyar a las familias y estudiantes necesitados, y facilitar actividades interesantes para los padres. Contamos con tu apoyo generoso ya que ninguna donación es demasiado pequeña.

Puedes contribuir fácilmente usando Zelle: Simplemente envíe su donación a [kfernandez@thewcs.org](mailto:kfernandez@thewcs.org) y **Recuerde de escribir "PLC Donation" en la línea de notas.** ¡Damos la bienvenida de todo corazón a todas las donaciones y estamos increíblemente agradecidos por su participación en este emocionante esfuerzo!







**WILLIAMSBURG**  
CHARTER HIGH SCHOOL

# ESCOJE TU FUTURO ESCOJE CHÁRTER.

CREANDO EN COMUNIDAD DESDE EL 2004 ★★★★★

**2 DE ABRIL DE 2024 6PM**

198 Varet St, Brooklyn NY 11206

EVENTO DE ADMISIONES DE LOTERÍA + FERIA DE RECURSOS COMUNITARIOS

- SORTEO GRATIS
- BOCADILLOS GRATIS
- RECURSOS COMUNITARIOS GRATUITOS
- VENDEDORES, MÚSICA, Y MUCHO MÁS



\* FECHA TOPE PARA APLICAR ES EL  
1RO DE ABRIL  
APLICACIONES RECIBIDAS  
DESPUÉS SERÁN PUESTAS EN LA  
LISTA DE ESPERA



[WWW.THEWCS.ORG/APLIQUE](http://WWW.THEWCS.ORG/APLIQUE)

(347) 217 - 6995

198 VARET ST, BROOKLYN, NY 11206



**WILLIAMSBURG**  
CHARTER HIGH SCHOOL

# CHOOSE YOUR FUTURE CHOOSE CHARTER.

CREATING IN COMMUNITY SINCE 2004 ★★★★★

**APRIL 2ND, 2024 6PM**

198 Varet St, Brooklyn NY 11206

LOTTERY ADMISSIONS EVENT + COMMUNITY RESOURCE FAIR

- FREE GIVEAWAYS
- FREE SNACKS
- FREE COMMUNITY RESOURCES
- VENDORS, MUSIC, AND MUCH MORE



\* DEADLINE TO APPLY IS APRIL 1ST  
ANY APPLICATIONS RECEIVED  
AFTER WILL BE WAITLISTED



[WWW.THEWCS.ORG/APPLY](http://WWW.THEWCS.ORG/APPLY)

(347) 217 - 6995

198 VARET ST, BROOKLYN, NY 11206



**AMAZING YOUTH  
OPPORTUNITIES  
& RESOURCES FROM Ms. PINK**





# First Tech Fund's 2024 Application

First Tech Fund provides a supportive, adaptive ecosystem where NYC high school students get access to free tech, free broadband, skills training, social capital, mentorship, and more.

Apply at [www.FirstTechFund.com/apply](http://www.FirstTechFund.com/apply)

FOR QUESTIONS, REACH OUT TO [INFO@FIRSTTECHFUND.COM](mailto:INFO@FIRSTTECHFUND.COM)

*Our fellowship application is now open for rising 11-12th graders from NYC! We're thrilled to continue serving low-income youth through our hybrid, yearlong fellowship program focused on tech equity, college access, mentorship, skills training and career exploration in 2024.*

*The deadline to apply is May 11th & you can find the link to apply on our website [firsttechfund.com](http://firsttechfund.com) NOTE: On your application under referral put Ms. Pink from Williamsburg Charter High School referred you.*

In the 2024-25 school year, students nationwide will be able to take AP African American Studies after its years in development. Hear from students, educators, and course developers as they share the significance of launching the course. <http://spr.ly/6184RPbCi>

## AP African American Studies



# @HBCUALUM HBCU Bound Scholarship 2024

HBCU  
ALUM



Deadline  
April 1, 2024



### Requirements

- Graduating High School Senior ✓
- Plan to enroll at an HBCU in Fall of 2024 ✓
- Have a cumulative GPA of 3.0 or higher ✓
- Submit an essay on the "Importance of HBCU's in the 21st Century" (500 word min) ✓



SCAN ME

The @HBCUALUM Scholarship Committee will award multiple book scholarships valued at \$1,000.00 USD to HBCU-Bound Graduating H.S. Seniors

APPLY: THEHBCUALUM.COM





**COMMONPOINT  
QUEENS**  
Community happens here

# COLLEGE & CAREER RESOURCE FAIR

Saturday, March 23rd  
12pm - 3pm

Commonpoint Queens - Youth Opportunity Hub  
82-17 Parsons Blvd, Queens, NY 11432

## LEARN ABOUT...

- CUNY, SUNY & Private Colleges/Universities
- Trade/Vocational Schools
- Military
- Job Opportunities
- Student Support Resources
- And More!



**REGISTER NOW!**



**QUEENS**  
EMPOWER  
A 100 SUITS INITIATIVE

Empower Your Career Journey: *Join us at the Ultimate*

# JOB & RESOURCE FAIR



SCAN ME

Exhibitors Wanted

[TINYURL.COM/EQJRF24](https://tinyurl.com/EQJRF24)



SCAN ME

Register To Attend



NETWORKING OPPORTUNITIES  
JOB OPENINGS CAREER GUIDANCE  
INTERVIEW PREP RESOURCE ACCESS  
RESUME REVIEW

**WHEN: FRIDAY MAY 3RD, 2024**  
**10AM-4PM**

**WHERE: QUEENS COLLEGE**  
6530 Kissena Blvd Flushing, NY 11367

Register for Free:  
[tinyurl.com/EQJobFair2024](https://tinyurl.com/EQJobFair2024)

For questions, email [empowerqueens100@gmail.com](mailto:empowerqueens100@gmail.com)

**POWERED BY:**

100SUITS QUEENS



RENAISSANCE  
YOUTH CENTER  
PRESENTS

# NeON<sup>SM</sup> Arts



**THE  
CREATIVE  
YOUTH  
SOCIETY**

## EXPANSE!

BY THE CREATIVE YOUTH SOCIETY

AT JAMAICA NEON @  
JAMAICA CENTER FOR ARTS & LEARNING  
161-4 JAMAICA AVE

FRIDAYS 4-8PM

EXPANSE! is an exciting blend of visual arts from painting, and photography, to sculpture and illustration.

Presented by Creative Youth Society, A Visual Arts Fusion Workshop

For 16-24 year olds.

Food, metro cards and stipends provided.

Sign up with the QR code, call 718-450-3466 or email [neonarts@renaissanceyouth.org](mailto:neonarts@renaissanceyouth.org)

NeON Arts is a program of the NYC Department of Probation in partnership with Renaissance Youth Center and support from Carnegie Hall. For requests regarding accessibility or language interpretation services please email [disabilityfacilitator@probation.nyc.gov](mailto:disabilityfacilitator@probation.nyc.gov) or call 212-510-3862.

RENAISSANCE  
YOUTH CENTER  
PRESENTS

# NeON<sup>SM</sup> Arts



RENAISSANCE  
YOUTH CENTER  
PRESENTS

## NeON<sup>SM</sup> Arts

## SKY-DWELLER CERTIFIED DRONE PILOT PROGRAM

BY THE CHRIS S. OWENS FOUNDATION

BROWNSVILLE NEON 1709 ST. MARKS ST

MONDAY & WEDNESDAY 3-5PM

This program will engage older youth (aged 16-24) in cultural and community programming while providing them with the opportunity to become certified drone pilots.

The Sky-Dweller program will culminate in a public event that celebrates the achievements of the participants and showcases their cultural creative projects.

For 16-24 year olds.

Food, metro cards and \$100 stipends provided.

Sign up with the QR code, call 718-450-3466 or email [neonarts@renaissanceyouth.org](mailto:neonarts@renaissanceyouth.org)

NeON Arts is a program of the NYC Department of Probation in partnership with Renaissance Youth Center and support from Carnegie Hall. For requests regarding accessibility or language interpretation services please email [disabilityfacilitator@probation.nyc.gov](mailto:disabilityfacilitator@probation.nyc.gov) or call 212-510-3862.



RENAISSANCE  
YOUTH CENTER  
PRESENTS

# NeON Arts



## CREATING A FASHION COMPANY

BY UPLIFT COMMUNITIES

HARLEM NEON  
127 W 127TH STREET

MONDAY AND WEDNESDAYS 5-6:45PM

Join if you are serious about starting your own fashion business. For everyone who passes the course, we will help them purchase their first shirt or sweater.

For 16-24 year olds.

Food, metro cards and stipends provided.

Sign up with the QR code, call 718-450-3466 or email [neonarts@renaissanceyouth.org](mailto:neonarts@renaissanceyouth.org)



NeON Arts is a program of the NYC Department of Probation in partnership with Renaissance Youth Center and support from Carnegie Hall. For requests regarding accessibility or language interpretation services please email [disabilityfacilitator@probation.nyc.gov](mailto:disabilityfacilitator@probation.nyc.gov) or call 212-510-3862.

RENAISSANCE  
YOUTH CENTER  
PRESENTS

# NeON Arts



## LYRIC 'N WAVES

BY SPUD INC. AND RISEBORO COMMUNITY  
PARTNERSHIP

ENY NEON AT GOOD SHEPHERD SERVICES  
692 BLAKE AVE

MONDAYS 4-8PM

LY.R.I.C 'n' W.A.V.E.S. is a music, art, and advocacy project focused on creating art and music with a purpose.

For 16-24 year olds.

Food, metro cards and \$400 stipends provided.

Sign up with the QR code, call 718-450-3466 or email [neonarts@renaissanceyouth.org](mailto:neonarts@renaissanceyouth.org)



NeON Arts is a program of the NYC Department of Probation in partnership with Renaissance Youth Center and support from Carnegie Hall. For requests regarding accessibility or language interpretation services please email [disabilityfacilitator@probation.nyc.gov](mailto:disabilityfacilitator@probation.nyc.gov) or call 212-510-3862.



RENAISSANCE  
YOUTH CENTER  
PRESENTS

# NeON Arts



## WHAT IFF?

BY MUSIC MOVES MOODS

BED STUY NEON 1958 FULTON ST 2ND FLOOR  
MONDAYS AND WEDNESDAYS 4-6PM

What IFF you could dream something, think it, imagine it, and then? HAVE IT COME TO LIFE!! With the "What IFF" program, we look to journey down a road of immaculate self-discovery to bring forth something that you imagined... Seeing YOUR content come to life on your OWN personalized YouTube channel and being able to take all the overlooked steps in order to bring those ideas to life! When it's all said and done? We will present to the world: 'IFF' 'Imagine Film Festival', where we will take all those beautiful ideas that we've built upon and showcase all of our individual content for all to see!!!

For 16-24 year olds.

Food, metro cards and \$100 stipends provided.

Sign up with the QR code, call 718-450-3466 or email [neonarts@renaissanceyouth.org](mailto:neonarts@renaissanceyouth.org)



RENAISSANCE  
YOUTH CENTER

NeON Arts

NeON Arts is a program of the NYC Department of Probation in partnership with Renaissance Youth Center and support from Carnegie Hall. For requests regarding accessibility or language interpretation services please email [disabilityfacilitator@probation.nyc.gov](mailto:disabilityfacilitator@probation.nyc.gov) or call 212-510-3862.

RENAISSANCE  
YOUTH CENTER  
PRESENTS

# NeON Arts



## MURAL CLASS

BED STUY NEON 1958 FULTON ST 2ND FLOOR

TUESDAYS AND THURSDAYS 5-7PM

BY THRIVE COLLECTIVE

Learn the fundamentals of design, drawing, and painting with Thrive Collective and create an ORIGINAL MURAL!

For 16-24 year olds.

Food, metro cards and \$100 stipends provided.

Sign up with the QR code, call 718-450-3466 or email [neonarts@renaissanceyouth.org](mailto:neonarts@renaissanceyouth.org)



RENAISSANCE  
YOUTH CENTER

NeON Arts

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RENAISSANCE  
YOUTH CENTER  
PRESENTS

# NeON Arts



## ICP POP UP SHOP!

BY THE INTERNATIONAL CHILD PROGRAM  
ENY NEON AT GOOD SHEPHERD SERVICES  
692 BLAKE AVE

WEDNESDAYS 4-8PM

The ICP Pop-Up Shop program includes multimedia printing; such as vinyl, silk screen, digital heat press; as well as embroidery.

This program is focused on inspiring participants to become financially independent artistic professionals; with innovative, entrepreneurial, artistic creations such as fashion T-shirts, hats, scarves, mugs, and more.

For 16-24 year olds.

Food, metro cards and \$100 stipends provided.  
Sign up with the QR code, call 718-450-3466 or email  
neonarts@renaissanceyouth.org

RENAISSANCE  
YOUTH CENTER

# NeON Arts

NeON Arts is a program of the NYC Department of Probation in partnership with Renaissance Youth Center and support from Carnegie Hall. For requests regarding accessibility or language interpretation services please email [disabilityfacilitator@probation.nyc.gov](mailto:disabilityfacilitator@probation.nyc.gov) or call 212-510-3862.

DENNY FARRELL RIVERBANK STATE PARK  
679 RIVERSIDE DRIVE AT 145TH STREET, NEW YORK, NY 10031

## 3RD ANNUAL YOUTH EMPOWERMENT FAIR

**FREE EVENT**

FOR HIGH SCHOOL STUDENTS

& YOUNG ADULTS

AGES 14 - 21 YRS OLD



### TUESDAY APRIL 16, 2024 10:00 AM - 2:00 PM



INSIDE THE ROBERT FREDERICK SMITH CENTER FOR PERFORMING ARTS

- COLLEGES AND UNIVERSITIES • JOB OPPORTUNITIES • AFTERSCHOOL PROGRAMS
- INTERNSHIPS • TRADE SCHOOLS • AND MORE!

TO PRE-REGISTER PLEASE EMAIL

[KEVIN.GONZALEZ@PARKS.NY.GOV](mailto:KEVIN.GONZALEZ@PARKS.NY.GOV) OR CALL (212) 694-3633



SPECIAL HOST DR. BOB LEE



@RiverbankStatePark



@DennyFarrellRiverbankStatePark

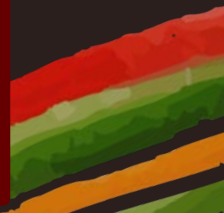
PROGRAM SUBJECT TO CHANGE



New York State  
Parks, Recreation and  
Historic Preservation

KATHY HOCHUL  
RANDY SIMONS  
LESLIE WRIGHT

GOVERNOR  
INTERIM COMMISSIONER  
NYC REGIONAL DIRECTOR



# RISE PROJECT YOUTH LEADERSHIP COLLECTIVE

Are you a young person  
between the ages of 14-20 who is passionate  
about working with the community?

Do you like to get creative and innovative  
when deciding how to make your community  
a better, safer place?

If you answered yes, you may be the perfect  
fit for the RISE Youth Leadership Collective!

**APPLY NOW**

[bit.ly/riseylc2024](https://bit.ly/riseylc2024)

**APPLY BY APRIL 9TH**



IN PERSON SESSIONS IN THE BRONX  
STIPENDS PROVIDED



@riseprojectnyc • riseproject@innovatingjustice.org • Text RISE to 55444

## Freedom to Read Advocacy Institute

April 25, 1:00 pm - 5:00 pm

April 26, 1:00 pm - 5:00 pm

April 29, 1:00 pm - 5:00 pm

April 30, 1:00 pm - 5:00 pm



### Interested in anti-censorship advocacy?

Attend a four-day, in-person program to become  
one of BPL's Freedom to Read Teen Ambassadors!

Participants will receive a stipend (\$250) and connect with peers to discuss  
book challenges, censorship, and intellectual freedom. Have fun while  
exploring how to be an effective intellectual freedom advocate in your  
community.

### Requirements

- Be passionate about the freedom to read
- Be available to attend all sessions at the Central Library
- Apply online

Applicants under the age of 18 will need to have a parent/guardian  
complete a consent form. **Apply by April 8, 2024:**

<https://www.bklynlibrary.org/ftt/apply>

**Bklyn**  
Public Library

Youth  
& Family

Central Library  
10 Grand Army Plaza  
Brooklyn, NY 11238  
bklynlibrary.org





# Rising Stars Program

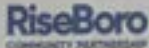
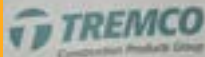
Are you between 16-24 years old?

Available in-person twice per week from 4-7p?

- Learn and network with industry leaders from architecture, sustainability, entrepreneurship, building trades & more.
- Have the opportunity for industry certifications at the completion of the program.
- If-field experience and job-readiness sessions leading into Trade week and internship/job opportunities!
- Sessions will include stipends, meals, and metrocards.

**Join Rising Stars and jump start your career while earning at least \$300!**

Email Regina Myers [levelup@riseboro.org](mailto:levelup@riseboro.org) or call (347) 690-0792



Turner Construction, Urban Ecopower, Circle Architects, Paul Casanova Architects, Urban Green Council, Greenbacker



**6<sup>th</sup> ANNUAL**  
NEW YORK CITY

**PUBLIC SCHOOL FILM FESTIVAL**

**Student Filmmakers**

Submissions are now open!

For more info visit:  
[nyc.gov/NYCPSFilmFestival](http://nyc.gov/NYCPSFilmFestival)



THE NYC PUBLIC SCHOOL FILM FESTIVAL IS OPEN TO PUBLIC MIDDLE AND HIGH SCHOOL STUDENTS CITYWIDE.





The New York Public Library

# Career Resources Fair for Teens



Wednesday, May 1, 2024

10 AM-1:30 PM

Stephen A. Schwarzman Building



# It's FREE!

Register Now:

[nypl.org/collegeandcareers](https://nypl.org/collegeandcareers)



New York  
Public  
Library







THE BROOKLYN CANARSIE LIONS CLUB, INC.

JEAN JOSEPH, PRESIDENT



REGISTER NOW

[bit.ly/CanarsieAMF2024](https://bit.ly/CanarsieAMF2024)

# ADVANCING MY FUTURE A COLLEGE & VOCATIONAL CAREER FAIR

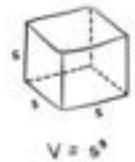
EXPLORE YOUR  
FUTURE WITH US!

STUDENTS: GRADES 8-12,  
ADULT LEARNERS, RETURNING  
STUDENTS & VETERANS

Financial Aid Information · Explore HBCUs, CUNY, SUNY & Private  
Institutions · Discover Career Pathways & Internship Opportunities

SAT. APRIL 6, 2024  
10:00 AM-3:00 PM

P.S. 276 ♦ 1070 E. 83<sup>rd</sup> Street  
Brooklyn, NY 11236



FREE

Math Tutoring Program

For High School 9th & 10th Graders

This program will support 9th and 10th grade students to prepare for the Math section of the SAT Exam. We will provide small group tutoring to improve and develop math skills.

Classes are held weekly this Spring, in person.

*\*SEATS ARE LIMITED\**

*Interested Students must apply*



HOW TO APPLY:  
SCAN AND COMPLETE THE QR CODE  
IF YOU HAVE ANY QUESTIONS CONTACT CHRISTINE LOPEZ 917-645-9534  
CLOPEZ@FORDHAM-BEDFORD.ORG  
2715 BAINBRIDGE AVE BRONX, NEW YORK 10458



BKLYN PROM PROJECT'S 11TH ANNUAL



PROUDLY SPONSORED BY



# PROMWEAR Giveaway

SATURDAY, MARCH 23, 2024  
11AM - 4PM

UA INSTITUTE OF MATH & SCIENCE FOR YOUNG WOMEN  
283 ADAMS STREET  
BROOKLYN, NY 11201

OPEN TO HIGH SCHOOL  
GRADUATING STUDENTS

REGISTER NOW

ADVANCED REGISTRATION REQUIRED  
DEADLINE MARCH 20

SCAN ME



## 2024 POLICE COMMISSIONER FOR A DAY ESSAY CONTEST

As Police Commissioner for a Day, what would be  
your number one priority to tackle?



**DEADLINE EXTENDED TO MARCH 24<sup>TH</sup>**

Open to all High School Students  
in NYC

Essay must be original work of the author  
Essay should be between 500 and 1,000 words  
Essay must be typed and double spaced  
Essay must have author's name, contact information  
and Police Precinct listed on the first page

**\$500 Award!**

Enter [here](#)

<http://tinyurl.com/5n8t6k6k>







**COMMUNITY  
HAPPENINGS &  
RESOURCES**

## 69<sup>TH</sup> PRECINCT COMMUNITY COUNCIL

In  
Partnership  
with

## CONGRESSMAN HAKEEM JEFFRIES

IN-PERSON

# JOB FAIR

Thursday  
April 4, 2024  
10AM – 3PM



Scan to RSVP

### HES - Gymnasium

9502 Seaview Avenue, Brooklyn, New York 11236

- Bring plenty of resumes.
- Professional Attire & be prepared to interview for Open Positions.
- This is a FREE community event.

Job seekers please RSVP and see Job Vendor list at:  
<https://2024conarsiejobfair.eventbrite.com>

#### For More Information:

69<sup>th</sup> Precinct Community Council, 718.251.6245  
Office of Congressman Hakeem Jeffries, 718.373.0933

**HES**  
Senator  
Roxanne Persaud  
Assemblywoman  
Jaime Williams  
Assemblywoman  
Monique Chandler-  
Waterman  
Councilwoman  
Mercedes Narcisse

#### POSITION OPENINGS:

Administrative Assistants,  
Attorneys, Bank Tellers, Camp  
Counselors, Construction  
workers, Customer Service  
Agents, Delivery Drivers, Flight  
Attendants, Information  
Technologists, Law  
Enforcement Officers, Mail  
Handlers, Medical Technicians,  
Maintenance workers, Nurses,  
Security Guards, Social  
Workers, Summer Youth Jobs,  
Teachers, Warehouse workers,  
Jobs for Veterans and  
much more

#### 4.4.2024 Participating Job Vendors:

1199SEIU Employment Center  
ACE New York  
Allied Universal Security Services  
American Airlines  
Antrak  
Barclay's Center  
Brooklyn Chamber of Commerce  
Brooklyn Community Services (BCS)  
Brooklyn Job Corps  
Brooklyn Navy Yard  
Brooklyn Public Library  
Brooklyn Workforce 1  
CAMBA  
Carpenter Contractor Alliance of  
Metropolitan New York  
Catholic Charities  
Center for Employment Opportunities  
Chime Financial  
Con Edison  
Council For Airport Opportunity  
CVS Health  
Delta Air Lines  
Empire BC BS Health  
Four Seasons Nursing & Rehabilitation  
Center  
Heartshare Human Services of NY  
Healthfirst  
Institute for Community Living (ICL)  
IRS - Internal Revenue Service  
Italian American League of NYC  
JOSEPH TAX & CONSULTING SERVICES 1, INC  
JP Morgan Chase  
Kings County District Attorney's Office  
L & M Partners  
Lower East Side Service Center  
Met Council on Jewish Poverty  
MetroPlus Health

Millennium Development  
Monadnock Construction  
National Park Service  
New York Life  
NYC Administration for Children's Services  
(ACS)  
NYC Department for the Aging - Senior  
Community Services Employment Program  
(SCSEP)  
NYC Department of Corrections  
NYC Department of Education (DOE)  
NYC Department of Health  
NYC Department of Youth & Community  
Development (DYCD)  
NYC District Council of Carpenters - Local  
79 Apprenticeship Program  
NYC Health & Hospitals Corp. (NHC)  
NYC Human Rights Commission  
NYC Police Department (NYPD)  
NYC Housing Authority  
NYS Attorney General's Office  
NYS Parks, Recreation & Historic  
Preservation  
One Brooklyn Health  
Opportunities for Better Tomorrow (OBT)  
Peace Bank  
Port Authority of NY  
Primerica  
Spectrum  
The Hebrew Educational Society (INES)  
The Jewish Board  
U.S. Army National Guard  
U.S. Census  
U.S. Postal Service (USPS)  
U.S. Secret Service  
U.S. Transportation Security  
Administration



workingwonders\_nyc



workingwonders\_nyc





## **Benefits**

**ACCESS NYC helps New Yorkers identify and apply for eligible benefits. There are over 30 programs you or your family may be eligible for regardless of immigration status and even if you are already receiving benefits or have a job. Call 718-557-1399 or visit [access.nyc.gov](https://access.nyc.gov).**

### **Unemployment Assistance:**

**To apply for temporary income for eligible workers who lose their jobs through no fault of their own, call 888-209-8124 or visit [ny.gov/services/get-unemploymentassistance](https://ny.gov/services/get-unemploymentassistance).**

### **Financial Counseling:**

**For free, one-on-one financial counseling, visit [nyc.gov/talkmoney](https://nyc.gov/talkmoney)**

## **Food Assistance**

For all types of food assistance:

- Call 311 and say “Get food”
- Text “NYC FOOD” or “NYC COMIDA” to 877- 877 to find a free meal distribution site near you
- Visit [nyc.gov/getfood](https://nyc.gov/getfood) to find a food pantry near you or to determine eligibility for free meal delivery.

## **Emergency Food Assistance:**

Call 866-888-8777 or 311.

## **Hunger Hotline:**

Call 866-348-6479. For Spanish, press 3

## **SNAP/Food Stamps:**

Call 718-557-1399 or visit

[access.nyc.gov/programs/supplemental-nutritionassistance-program-snap](https://access.nyc.gov/programs/supplemental-nutritionassistance-program-snap) to find

out if you are eligible to enroll.



## Prepare for a Career in the Environmental Industry!

We'll train you FREE  
in 7 weeks!

- Classroom Environmental Job Training
- Ongoing Career Coaching



### Environmental Remediation

*Classes Include:*

What is Required?

- Must pass a Tabc-M test with a minimum of a 7th-grade level in math and reading
- Must have a government issued photo ID
- Must bring proof of COVID-19 vaccination
- Introduction to the Environmental Industry
- OSHA 30, 10-hr Site Safety, 40-hr Hazwopet, Confined Space, and Asbestos Removal Certifications

Training Program includes Job Readiness!

THOSE INTERESTED MUST ATTEND OUR FREE INFO SESSION!

Sign up



When: Wednesdays at 1pm

Where: St. Nicks Alliance Workforce, 790 Broadway, 2nd Fl., Brooklyn, NY 11206  
(J/M Train to Flushing Avenue and B46/47/57/715 buses to Flushing Avenue)

Contact Info: (718) 302-2057 Ext. 450, skilledbuild@stricksalliance.org



MANHATTAN **EOC**  
YOUTH BUILD



## YOUTHBUILD INFORMATION SESSIONS

TUESDAYS AT 10:00AM  
THURSDAYS AT 2:30PM  
RSVP TODAY



HIGH SCHOOL EQUIVALENCY DIPLOMA. CONSTRUCTION. PLUMBING.

The Manhattan EOC YouthBuild is funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration.

Learn English!

Classes are  
**Free!**

We offer childcare age 6 and up  
if you come with your children  
**MUST REGISTER FOR CLASS**



**Eligibility:**

- Any NYC resident without a US High School Equivalency or Diploma may register. *Proof of US residency NOT required*
- Languages: 中文, français, español, 日本語, 中國人, 印地安人, 其他

**Adult ESL**  
*English as a Second Language*  
at Grand Street Campus

**When:** Mon-Thurs, 6:00am-8:30am

**Where:** 850 Grand Street, Room 154, Brooklyn, NY 11211  
L-Train to Grand Street Station/ Bus Q54 or Q59 to Bushwick & Grand Street

**Register:** (347) 831-5392



Join Our Outstanding Home Care Team!

**St. Nicks Alliance  
Home Care  
is hiring  
Personal Care Aides**



**JOBS AVAILABLE FOR  
ALL HOURS & DAYS**  
*Special Needs for:*  
LIVE-IN (24-HOUR) AND WEEKEND

**Please bring**

- Valid PCA or HHA certificate
- Photo I.D.
- Social Security Card
- Two personal references
- Flu/COVID-19 vaccination documentation

**We Offer:**

- Hourly rate from \$19.15/hour; rate of \$28.73 on holidays
- Live-in rate: \$248.95/day weekdays, \$373.43/day holidays
- Health, pension and education benefits available through Local 1199 SEU
- Jobs available in Brooklyn, Queens and Manhattan
- Weekends, weekdays, live-ins, day or night shifts, permanent and replacement cases available!

**CALL FOR AN APPOINTMENT AND MORE INFORMATION!**

**Where:** St. Nicks Alliance, 2 Kingsland Avenue, 2nd Floor Brooklyn, NY 11211  
**Contact info:** 718.388.5654 Ext. 235 or Ext. 206 or email: [hc@stnicksalliance.org](mailto:hc@stnicksalliance.org)

© St. Nicks Alliance, Brooklyn, NY 11211. www.stnicksalliance.org  
718.388.5654





Open Door Family Life Center

# FOOD PANTRY

RESOURCES FROM MS.PINK



**EVERY SATURDAY - 8:30AM - 10:30AM**  
**999 Greene Avenue, Brooklyn, NY 11221**

[www.opendoorflc.org](http://www.opendoorflc.org)

**SATURDAY, 3/30**  
**1PM UNTIL SUPPLIES LAST**

## FOOD DISTRIBUTION

**RESTORATION PLAZA**  
**1368 FULTON ST, BROOKLYN, NY**

FRESH PRODUCE (FRUITS & VEGGIES)  
PLEASE BRING YOUR OWN BAG  
MASKS STRONGLY ENCOURAGED



@SEEDSOFLIBERATIONNYC





## ARE YOU A FATHER OR AN EXPECTANT FATHER?

BETWEEN THE AGES OF 18 & 30

WE HAVE A FREE PROGRAM FOR YOU!

### WHAT WE OFFER

#### Prep for GED Exams & College

Earn a High School Equivalency Diploma while focusing on academic and personal success.

#### Parenting Workshops

Gain valuable information on your rights and responsibilities as a father, learn about parenting, men's health and financial literacy.

#### Job Readiness & Employment Assistance

Explore careers and receive assistance with employment resources

#### Financial Assistance

Earn while you learn financial incentives, metro cards and enrollment to CUNY application fees waived



### ELIGIBILITY

- Age 18-30
- Father or Expectant Father
- NYC Resident
- Willing to comply with CUNY vaccine policy

718-368-6784

cunyfatherhoodacademykcc@gmail.com

<http://bit.ly/CFAKbcc>

Register Today





**JOBSNYC**

**JOBSNYC** Harlem  
Hiring Hall

**March 29<sup>th</sup>, 2024**

Grant Community Center  
1301 Amsterdam Avenue  
New York, NY 10027  
10:00am - 2:00pm

**Services Available:**

- Opportunities to work for the City of New York
- Face time with private employers across the city
- Access to workforce development trainings and programs
- Connections to resources and benefits

RSVP at  
[tinyurl.com/MNMarchHH](https://tinyurl.com/MNMarchHH)  
or by scanning below:



**Jobs NYC** | **NYC**  
Office of the Mayor

COLUMBIA UNIVERSITY

**CAREER  
EXPO** 

- FREE Professional Headshots
- Career Development Workshops
- Meet Columbia Employers
- Register now:



op  


BROOKLYN LEGAL SERVICES CORPORATION A PRESENTS:

# HOUSING VOUCHERS

## What You Need to Know!

Join our Zoom webinar to learn whether you're eligible, how to apply, and what your options are for housing vouchers in the City. Get your questions answered by the professionals!

PRESENTING WITH



Wednesday  
April 3, 2024  
6:00 PM

Questions? Email:  
[info@bka.org](mailto:info@bka.org)

Register Here:  
[bit.ly/00040324](http://bit.ly/00040324)



Brooklyn Legal Services Corporation A

DIVERSITY + EQUALITY + INCLUSION



# GRAB A CAREER

## in Building Automation Systems\*

\* the computers that control the heating, cooling & lighting in buildings

### ELIGIBILITY:

we welcome women, transgender, and nonbinary individuals

must be available from 12 to 5pm Tuesday-Friday

High School or GED equivalent  
no computer skills necessary

### BENEFITS:

FREE TRAINING at no cost to the trainee  
opportunity for job or internship placement  
growing climate tech industry needs workers  
industry salaries start around \$60,000



[stacksandjoules.org/women](http://stacksandjoules.org/women)

**HANDS ON**  
Wiring  
Hardware  
Building Tours

**CERTIFICATIONS**  
Lighting  
HVAC  
Niagara

**PROGRAMMING**  
Python  
Niagara  
Building Controls

LESEN





# INCOME EXP 2024

**FREE**

Registration Required

Wadleigh High School for The Performing & Visual Arts  
215 W 114th St, New York, NY 10026

**SATURDAY APRIL 6TH**  
**11AM - 3PM**

**FREE SURPRISE FOR  
FIRST 20 GUESTS**



Join us in a day of learning the multiple ways of earning income. Understand how to generate income from 7 different Streams of Income from the experts.

Guest  
Speakers

Raffles

Networking

Games



**GOAL!**

**GENERATIONAL  
WEALTH**

**LEGACY  
GENERATIONAL  
WEALTH CHECKUP**

**WEALTH  
FINANCIAL  
LITERACY PROJECT**

**HEALTH  
EAT TO LIVE  
PROGRAMS**

**BLACKLINING  
FOUNDATION**



# WE ARE HIRING

JOIN OUR TEAM!

- **DHSES Program Administrator**
- **Public Safety Grants Representative**
- **Disaster Preparedness Program Representative**
- **Purchasing Agent**
- **DHSES Training Extra**
- **...and more!**

APPLY TODAY!

[statejobs.ny.gov/public](https://statejobs.ny.gov/public) 

FIRE PREVENTION  
& CONTROL

EMERGENCY  
MANAGEMENT

EMERG



Homeland Security  
and Emergency Services



Clerical Associate, L III

# JOB FAIR



**Thursday, March 28, 2024**  
**ON THE SPOT HIRING!**  
**9AM - 3PM**

Positions available in: Ambulatory Care, Telecommunications, Managed Care, Women's Health, Dental, Admitting, Gynecology, Radiology, Surgical Clinic, Pathology, Tours, I & III.

**Salary - \$39,763**

Registration is required to attend.

To register submit your resume to: [WMCHRJobFair@nychhc.org](mailto:WMCHRJobFair@nychhc.org)

\*\*You will receive an email/phone call if you are selected for an interview\*\*

If Selected, Please Have Original Documents: Photo ID/Passport, Social Security Card, High School/College Diploma

**Example of tasks:**

- Performs responsible clerical work in areas such as personnel administration, payroll, accounts, budgeting, methods and organization, employee benefits administration, and other administrative and operational areas by processing, recording, checking, and maintaining records, furnishing information, and preparing reports.
  - May serve as the principal assistant to a supervisor of a large section or unit.
- Performs moderately difficult and responsible clerical work in maintaining and checking various kinds of records.
- Assists in preparing and arranging for services and activities in connection with receptions and other public functions.
  - Supervises the operation of one or more multiple workboards.
- Performs moderately difficult data entry and retrieval using a video display terminal or other automated office systems and/or supervises and instructs staff in such routine functions.

**Qualification Requirements:**

- A high school diploma or its educational equivalent; and
- Six (6) months of full-time satisfactory clerical experience and/or experience interacting with the public, such as processing sales, taking, processing, and delivering orders; obtaining and dispensing information; listening to and resolving customers' concerns, problems, and complaints; and/or performing related customer service activities.

**NYC Health + Hospitals Equal Employment Opportunity Policy Statement**

<https://www.nychhc.org/nychhc/equal-employment-opportunity-policy-statement.pdf>

NYC Health + Hospitals' employees work together to provide comprehensive, personalized care for all New Yorkers.

We are committed to providing a person-centered care environment and are looking for individuals that exemplify our CARE (Compassion, Accountability, Respect, and Excellence) values. NYC Health + Hospitals' Equal Employment Opportunity Policy Statement.

To view current opportunities, visit: [employment.nychhc.org](http://employment.nychhc.org)

# NADAP

COMPREHENSIVE EMPLOYMENT SERVICES

CAREER PATHWAYS  
2-WEEK JOB READINESS WORKSHOP

"Train, Learn & Earn!"

Build a career plan, gain access to training opportunities and jobs

Gain up to 2 free job certifications

FREE Metrocards for attendance

Gift Card Incentives for employment

Rapid Job Placement

Interview Preparation

Resume Writing

No High School Diploma Required

All Services are FREE!

Are you 18 - 23 years old?

Scan our QR Code to complete

our Referral Form



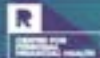
Or

Call or Text (631)612-3441



RESTORATION'S VITA TAX SITE

# FREE TAX PREP & FILING



JANUARY 30, 2023 - APRIL 18, 2023

**BOOK AN APPOINTMENT TODAY**

### IN-PERSON & DROP-OFF SERVICE

Make an appointment, bring in your documents at your scheduled time. Located at 1340 Fulton Street (between Brooklyn & New York Avenues). Take the Nostrand A or Kingston-Throg C train stop.

### REMOTE SERVICE

Sign up for an appointment online, where you'll find instructions on how to send your documents. You will need access to text messaging, e-mail, a computer or mobile device with video call access.

### In-Person & Dropoff Service Hours

Monday - Thursday: 9 AM - 7 PM  
Friday - Saturday: 9 AM - 4 PM  
Sunday: Closed

### Remote Service Hours

Monday - Thursday: 9 AM - 8 PM  
Friday: 9 AM - 5 PM  
Saturday - Sunday: 9AM - 4PM

### Eligibility

- **Married and filing jointly?**  
Anyone with income \$80,000 or less
- **With dependents?**  
Anyone with income \$80,000 or less
- **Single?**  
Anyone with income \$55,000 or less
- **Self-employed?**  
Anyone with expense of \$2,000 or less.

### Returns We Prepare Electronically

- Tax Years 2019 - 2022
- ITIN
- 1040X Amendment Returns

**Masks are highly recommended.**

### What To Bring

- **Government-issued ID** (passport, driver's license, etc.)
- **Social Security Card(s)** from the Social Security Administration, or ITIN letter(s) for yourself and all individuals on your return
- **All wage statements** (W-2 forms, 1099-B, etc.)
- **Documentation of higher education expenses** including tuition paid, loans received, student loan interest payments and student fees
- **IRS Letter 6479** listing total amount of Advanced Child Tax Credit received during 2021
- **Child care expenses** including provider information and tax ID number
- **Bank account and routing (ABA) numbers** (for direct deposit of refund)
- **IRS PIN** if you have one, check your mail

To book an appointment, visit [restorationplaza.org](https://restorationplaza.org) or call 929.432.3314

For questions, email [freetaxprep@restorationplaza.org](mailto:freetaxprep@restorationplaza.org)

Book an appointment for other Restoration services including Financial Counseling, Job Placement and more, when reserving a tax service appointment.



ROBINHOOD



certified

JOB READINESS, INDUSTRY CERTIFICATIONS & HIGH SCHOOL EQUIVALENCY PREP FOR YOUNG ADULT JOBSEEKERS

## ARE YOU BETWEEN AGES 18-24? UNEMPLOYED AND OUT OF SCHOOL? NEED YOUR HIGH SCHOOL EQUIVALENCY DIPLOMA?

### Apply to YouthBuild @ The HOPE Program



- **ENGAGE** in hands-on career training in horticulture through green infrastructure projects across NYC while learning critical job skills
- **LEARN** nature-based solutions and garden maintenance via field training in nearby Bronx communities
- **ACHIEVE** a HSE Diploma
- **SECURE** an internship & job placements
- **EARN** up to \$3000 in stipends
- **GAIN** job skills & six (6) certifications, including OSHA 30/SST & Citizens Pruner.

**APPLICATION DEADLINE:  
APRIL 5, 2023**

Scan Here to Register



ALL APPLICANTS MUST BE FULLY COVID-19 VACCINATED.

**VIRTUAL INFORMATION SESSION EVERY WEDNESDAY AT 3:00 PM  
(BETWEEN MARCH 8 AND APRIL 5, 2023)**

**ZOOM REGISTRATION LINK:  
[HTTPS://BIT.LY/HOPE-YOUNG-ADULT-JOB-SEEKERS](https://bit.ly/HOPE-YOUNG-ADULT-JOB-SEEKERS)**

**OPPORTUNITIES FOR FUN AND ENGAGING PRE-TRAINING ACTIVITIES  
AND BONUS PROFESSIONAL ENGAGEMENTS FOR EARLY APPLICANTS!**

## THE HOPE PROGRAM

FOR MORE INFORMATION, TEXT "YOUTH" TO 845-315-4322  
[WWW.THEHOPEPROGRAM.ORG](http://WWW.THEHOPEPROGRAM.ORG)





## NYCHA Clean Energy Academy

### What You Get

- Training in clean energy, solar, and heat pump installation, construction, and more
- Multiple industry certifications including site safety training, OSHA 30, and more
- Hands-on learning to prepare you for future clean energy and construction-related employment
- \$1,500 stipend for completion of the program

### Who You Are

- Authorized NYCHA resident
  - Fully vaccinated
  - 18+ years of age
  - H.S. graduate or G.E.D. holder
  - Legally able to work in the U.S.
- Able to...**
- Commit to **280** hours of classes in person and hard-skills training
  - Attend classes in the evening

### Register for an info session

Visit <https://selfserve.nycha.info/> or  
Call the REES hotline: (718) 289-8100



# We're hiring!

## Community Engagement Specialist

We are looking for someone with direct experience in working with older adults, people with disabilities, and understanding of disability-related issues.

### Responsibilities include:

- Coordinating and executing outreach strategies focused on the topic of emergency preparedness
- Organize preparedness events, webinars, and training classes
- Develop new and existing partnerships with organizations throughout the five boroughs

<https://www.facebook.com/groups/nycjob/>

Learn more and apply today at [NYC.gov/jobs](https://www.nyc.gov/jobs) with Job ID: 536135 or email [jobs@oem.nyc.gov](mailto:jobs@oem.nyc.gov)

**NYC**  
Emergency  
Management



# legal hand

We are the experts! @Legal Hand Crown Heights Brooklyn for any Civil Legal Issue!!!!

**SCHEDULE A MEETING TODAY!**

We offer the following referral and support services:

- Rental Arrears
- Immigration Issues
- Report Repairs
- Source of Income Discrimination
- Eviction Prevention
- Family and Elder Law etc..

Get in touch with us! DM us on InstaGram @legalhandbk or call to make an appointment 718-619-4248 For collaborations, email us info@legalhand.org

# Housing Voucher Workshop



Legal Hand Crown Heights  
Wed March 27th, 2024  
11am - 2pm  
250 Kingston Ave,  
Brooklyn NY 11223

Having trouble finding a home because landlords and brokers are ghosting you or denying you access due to your voucher? You're not alone! Neighbor Together is here to help.

In our workshop, you'll learn how to:

- Search for housing online with other voucher holders
- Understand voucher holder rights
- Get help from housing specialists
- Report source of income discrimination



We also offer Housing Search Clinics, where you can:

- Search for housing with a specialist's help
- Learn how to schedule viewings, identify offers, and submitting documents
- Report source of income discrimination with assistance provided.

## YOU SHOULD KNOW!

It is illegal for any property agent to deny you an apartment based on being a voucher holder. This is called a source of income discrimination and the law is on your side. Join our House Search Workshop to learn how to defend yourself!



legalhandbk and neighborstogether



More information:

- 📧 joel@neighborstogether.org
- 📞 (929) 335-4134
- 📧 rougety@innovatingjustice.org
- 📞 (646) 248-3762





The background is a grey surface with a fine, diagonal hatched texture. It is decorated with various stylized elements: blue and white flowers, white and blue leaves, dark blue and white swirls, and a single red flower with blue petals. There are also small white and blue dots scattered throughout. The text is centered in a bold, black, serif font.

# **IMMIGRATION RESOURCES**

# Resources at-a-glance



## **NYS Office for New Americans**

- If you or someone you know is in need of free legal assistance, call the hotline at **1-800-566-7636**. All call information is confidential. Assistance is available in 200+ languages.

## **NYS Department of Health**

- For the latest information on the COVID-19 pandemic, call the hotline at **1-888-364-2062** or visit [ny.gov/coronavirus](http://ny.gov/coronavirus).
- Get the facts on the COVID-19 vaccine in New York at [ny.gov/vaccine](http://ny.gov/vaccine).
- Apply for health coverage: call **1-800-395-5777** or visit [ystateofhealth.ny.gov](http://ystateofhealth.ny.gov).

## **NYS Office of Mental Health**

- For questions about mental health services or to find a mental health service provider, call **1-800-587-9484** or visit [omh.ny.gov](http://omh.ny.gov).
- If you are experiencing anxiety due to the coronavirus emergency, call **1-844-360-9314**.
- National Suicide Prevention Lifeline: If your life or someone else's is in imminent danger, call 911. If you are in crisis and need immediate help, call **1-800-273-8255** or Text "DOTS" to 741-741.
- Domestic Violence: If you or someone else is in a relationship is being controlled by another individual through verbal, physical, or sexual abuse, or other tactics, call the NYS Domestic Violence Hotline at **1-800-242-6966**.

## **NYS Department of Labor**

- The Department of Labor is committed to protecting and promoting workers' safety and health, wages, and working conditions.
- For information about wage and hour laws, workplace health and safety, or to file a complaint, call **1-888-469-7365** or visit [dol.ny.gov/safety-and-health](http://dol.ny.gov/safety-and-health).
- For help with Unemployment Insurance, call **1-888-209-8124** or visit [dol.ny.gov/unemployment/unemployment-insurance-assistance](http://dol.ny.gov/unemployment/unemployment-insurance-assistance).

## **NYS Division of Human Rights**

- The Human Rights Law in New York prohibits discrimination in areas like employment, housing, credit, education, and places of public accommodations, based on age, race, national origin, sex, sexual orientation, gender identity or expression, marital status, disability, military status, and other classes.
- If you feel you have been discriminated against, file a complaint at **1-888-292-3544** or visit [dhr.ny.gov](http://dhr.ny.gov).

## **New York City COVID-19 resources**

- NYC residents looking for service providers or other resources can find directories below:
  - Education: [nyc.org/covid-education-resources](http://nyc.org/covid-education-resources)
  - Employment: [nyc.org/covid-employment-resources](http://nyc.org/covid-employment-resources)
  - Financial: [nyc.org/covid-financial-resources](http://nyc.org/covid-financial-resources)
  - Food: [nyc.org/covid-food-resources](http://nyc.org/covid-food-resources)
  - Healthcare: [nyc.org/covid-healthcare-resources](http://nyc.org/covid-healthcare-resources)
  - Small business: [nyc.org/covid-small-business-resources](http://nyc.org/covid-small-business-resources)

# If you have contact with an agent, say:

- ✓ I wish to exercise my Fifth Amendment right to remain silent.
- ✓ I do not wish to speak with you or answer your questions.
- ✓ I do not give you permission to enter my home without a warrant signed by a judge.
- ✓ I do not give permission to search my home or any of my belongings.
- ✓ If I am detained, I want to contact my attorney immediately.
- ✓ I refuse to sign anything without advice from an attorney.

New York City Immigration Coalition  
nycic.org

Si tiene algún problema, no diga nada y entregue esta tarjeta al oficial. ¡Usted tiene el derecho a permanecer en silencio!

Para reportar alguna actividad de ICE en la ciudad de Nueva York, llame al Proyecto de Defensa de Inmigrantes: **212 725 6422**

Para informar una actividad de ICE fuera de la ciudad Nueva York, llame a United We Dream: **1 844 363 1423**

Para asistencia legal llame a The New Americans Hotline: **1 800 566 7636**







**Get help with  
immigration legal  
questions, emergency  
family plans, and  
more.**

**NYC**  
Mayor's Office of  
Immigrant Affairs

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**Legal help is for  
every immigrant  
New Yorker.**

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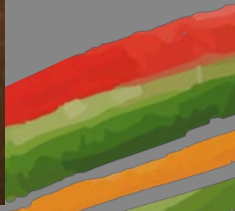
ActionNYC offers  
free, safe immigration  
legal help in your  
community and  
in your language,  
regardless of  
your immigration  
status.

**NYC**  
Mayor's Office of  
Immigrant Affairs



**Call 1-800-354-0365  
to access trusted  
community  
organizations  
and attorneys.**

**NYC**  
Mayor's Office of  
Immigrant Affairs





# Immigration Legal Services

Please call 311 to get more information on legal services.

There have been no changes to the eligibility rules for our benefits and services for our clients who are immigrants.

Clients who are immigrants and who are concerned that they may be at risk of deportation may obtain free, safe immigration advice and assistance from: ActionNYC hotline at 1-800-354-0365.

If a family member or friend is detained and in need of a lawyer you may call: The Legal Aid Society's hotline at 1-844-955-3425.

The City of New York also reaffirms its long-standing policy and commitment to protect the privacy of our clients and the confidentiality of client information pursuant to Federal, State and Local Law, as well as the policies of City agencies.



# Learn English with We Speak NYC.

- Practice speaking English for free
- Get to know your community
- Build confidence
- Learn about City services and resources

Get started at [nyc.gov/WeSpeakNYC](https://nyc.gov/WeSpeakNYC)



# Aprende inglés con We Speak NYC.

- Practica la conversación en inglés
- Conoce tu comunidad
- Habla con más confianza
- Obtén más información sobre los recursos de la ciudad

Comienza aquí: [nyc.gov/WeSpeakNYC](https://nyc.gov/WeSpeakNYC)





**PARENTING TIPS &  
RESOURCES**



## How parents can support teens with depression



If you are noticing that your teen may be suffering from depression, there are many steps that can be taken. Read more to get helpful tips on how best to support your teen!



**3.7 million** adolescents aged 12-17 have suffered from depression **in the past year.**

There are common stressors that can be associated with a teen's risk for depression, including increased **stress about school**, worries about **friends or family**, self-esteem **issues**, body image **concerns**, or other **stressful life events**

Here are a few signs that your teen may be at risk for depression:

- Starting to avoid friends and/or things they used to like to do
- Headaches or stomachaches
- Easily upset
- Changes in their behavior
- Declining school performance



It's important to remember that formal diagnoses should come from **professionals**. Recognizing signs of emotional distress in teenagers may indicate a need for some **extra support**. Keep in mind that these behavioral changes should be ongoing for **weeks or months** to raise concern.

## What can you do? **Communicate with your teen**

Building a **welcoming** and judgment-free environment for your teenager to share their thoughts and worries can **promote conversation**. Hearing what they want to express can foster an encouraging environment.

I can tell you are feeling sad. I'm here to listen to you and support you. I can also help you find someone else to talk to, like a counselor or therapist.





## Educate yourself & seek **professional help**

Taking time to learn about depression and its signs can **foster empathy** for their experience and enable you to offer the right kind of **assistance** to them.



If you think your teenager might be struggling with depression, reaching out to a **mental health expert** or a **trained therapist** can offer a diagnosis and suggest suitable treatment choices.

Organizations like Mental Health America, The Trevor Project, and The National Institute of Mental Health are all great resources for teens with depression.

## Encourage healthy habits & **foster supportive relationships**



Encourage your teenager to participate in activities they like. Spending time with **friends** or engaging in **hobbies** that bring them joy are also great steps.

Supportive relationships can play a significant role in managing and recovering from depression. Encouraging your teenager to maintain **positive and supportive relationships** with family members and friends can help your teen recover.

## Be supportive & understanding **with your teen**

Always remember that the healing process **takes time**. Being patient and continuing to provide **unconditional love and support** to your teenager throughout their journey towards recovery can help them during this process.

Remember, **you are not alone**, and seeking professional help can be supplemental for you and your teenager's well-being.







**HEALTH SERVICES &  
MENTAL HEALTH**

## NYC Health + Hospitals/Woodhull partnered with the "WICK Against Violence"



**Mission Statement:** NYC Health + Hospitals/Woodhull has partnered with the "WICK Against Violence", a program of the Public Safety Coalition, to enhance the hospital's existing violence prevention efforts by inviting violence interruption and mediation services into the hospital to support victims of violence. We provide a collaborative community-based approach to those more likely to be impacted by gun violence and provide them with access to resources and services in an effort to prevent future violence and break the cycle of violence. The program is geared to be the hub that provides compassionate, comprehensive care and innovative strategies to steer high-risk New Yorkers away from a culture of violence and guns.

### Services provided:

- CV (Cure Violence) interruption and mediation services.
- Engage in supportive conversations.
- Exchange contact information with family/victim for follow up assistance.



For more information, please contact:

**Jessica Archo**  
Director of Community Affairs  
Program Coordinator  
718-963-8140

**Totesanna Conley**  
Community Liaison Worker  
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11208

NYC Health + Hospitals  
Woodhull

## NYC Health + Hospitals/Woodhull en asociación con el "WICK Against Violence"



**Declaración de objetivos:** NYC Health + Hospitals/Woodhull se ha asociado con el "WICK Against Violence", un programa de la Coalición de Seguridad pública, para mejorar los esfuerzos existentes de prevención de la violencia del hospital invitando servicios de interrupción de la violencia y mediación al hospital para apoyar a las víctimas de la violencia. Proporcionamos un enfoque colaborativo basado en la comunidad para aquellos que tienen más probabilidades de ser afectados por la violencia armada y las tendencias criminales y servicios en un esfuerzo por prevenir la violencia futura y romper el ciclo de violencia. El programa está orientado a ser el centro que brinda atención, compasión e integral y estrategias innovadoras para alejar a los reemplazados de alta riesgo de una cultura de violencia y armas.

### Servicios prestados:

- Servicios de interrupción y mediación de CV (Curar la violencia) (Cure Violence)
- Participar en conversaciones de apoyo.
- Intercambiar información de contacto con la familia/victima para asistencia de seguimiento.



Para obtener más información, póngase en contacto con:

**Jessica Archo**  
Directora de asuntos comunitarios  
Coordinadora del programa  
718-963-8140

**Totesanna Conley**  
Trabajadora de enlace comunitaria  
718-963-8934

NYC Health + Hospitals/Woodhull • 760 Broadway, Brooklyn, NY, 11208

NYC Health + Hospitals  
Woodhull



# Drop the Vape



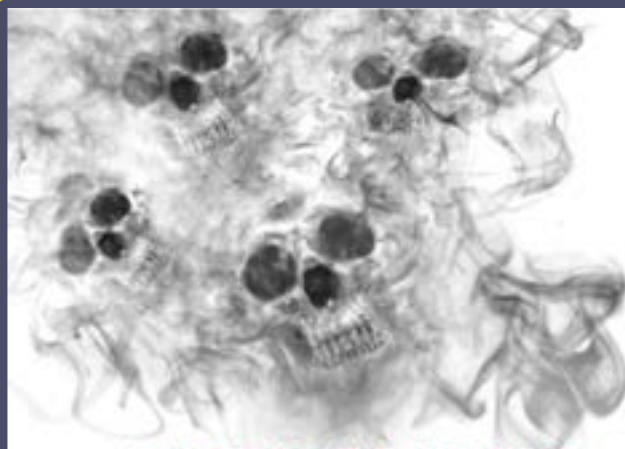
Vapes can expose you to toxic and cancer-causing chemicals. More teens are trying to stop vaping than you think. You can too!

Text **DROPTHEVAPE** to **88709** to get advice and motivation from other teens. It's free, anonymous and confidential support, available 24/7.

Resource from  
Ms. Pink

For more information, visit [nyc.gov/health](http://nyc.gov/health) and search for e-cigarettes.

**NYC**  
Health



## THE TRUTH ABOUT E-CIGARETTES VAPING &

### E-cigarettes almost always contain nicotine.

- Nicotine is addictive, especially for teenagers.
- Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- Nicotine can be toxic. People have been poisoned by swallowing vaping liquid or getting it on their skin or in their eyes.

### Vaping can expose you and others around you to harmful chemicals, such as:

- Formaldehyde (a cancer-causing chemical)
- Benzene (a cancer-causing chemical)
- Diacetyl from flavoring (which has been linked to lung disease)
- Heavy metals (such as nickel, tin and lead)

For more information about how you can defeat flavors (including menthol) and nicotine dependence, email [tobacco@health.nyc.gov](mailto:tobacco@health.nyc.gov). To find more information about e-cigarettes, visit [nyc.gov/health](http://nyc.gov/health) and search for e-cigarettes.



**NYC**  
Health

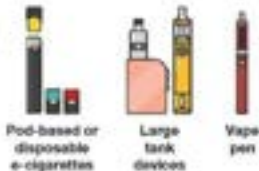
Resource from  
Ms. Pink



# Teens and Vaping: What Are the Risks?

Electronic cigarettes (e-cigarettes) and vaping devices come in many forms, but they all heat liquids that are called e-liquids into aerosol. E-liquids usually contain nicotine, flavors and other chemicals.

Other names for e-cigarettes include vapes, vape pens, e-cigs or e-hookahs. While vape companies use tricks such as attractive packaging, flavors and advertising campaigns to make e-cigarettes seem harmless, they are not.



## ❑ E-cigarettes usually contain nicotine.

- Nicotine is addictive, especially for teens.
- Nicotine can negatively affect a teenager's memory and concentration, and may decrease learning ability.
- Most e-cigarette pods can have as much nicotine as a pack of cigarettes or more.

## ❑ Vaping can cause lung injury and affect lung health in other ways.

## ❑ The aerosol from heated e-liquids may contain harmful chemicals including:

- Formaldehyde, a cancer-causing chemical
- Benzene, a cancer-causing chemical
- Diacetyl from flavoring, which has been linked to lung disease
- Heavy metals such as nickel, tin and lead

## ❑ E-liquid ingredients are not closely regulated, and their long-term health effects are unknown.

## ❑ People have been poisoned by swallowing e-liquid or getting it on their skin or in their eyes.

## ❑ E-cigarettes are harmful to the environment and can contain plastic, electronic and hazardous waste.



Need help quitting vaping? Text **DROPTHEVAPE** to **88709** for free, 24/7 and confidential support. For more information, visit [nyc.gov/health](https://nyc.gov/health) and search for **e-cigarettes**.

# 6 SIGNS THAT YOUR CHILD MAY BE VAPING



Increased secrecy



Disappearing money



Unwillingness to  
stay home



Increased thirst



Desire for spicy or  
salty foods



Increased irritability or  
mood changes



## **Mental Health Services:**

**NYC Well provides free, confidential mental health support 24/7. To speak to a counselor:**

- **Call 888-NYC-WELL (888-692-9355)**
- **Text “WELL” to 65173**
- **Chat at [nyc.gov/nycwell](https://nyc.gov/nycwell).**

**To find mental health and substance use resources in your neighborhood, visit**

**[nycwell.cityofnewyork.us/en/find-services](https://nycwell.cityofnewyork.us/en/find-services).**

# NYC 24-Hour Domestic Violence Hotline: 1-800-621-HOPE

**NYC**

Mayor's Office to  
End Domestic and  
Gender-Based Violence



**DOMESTIC  
VIOLENCE  
SUPPORT**

Survivors of domestic violence may receive temporary housing, emergency shelter and supportive services for themselves and their children. All programs provide a safe environment as well as counseling, advocacy and referral services.

Domestic violence and abuse can include:

- Hitting, slapping, kicking or using any other kind of physical violence against you
- Forcing you to have sex when you don't want to, or to do sexual things you don't want to do
- Threatening to hurt you, your children, or someone else you care about or your pet
- Constantly insulting and criticizing you
- Stalking, obsessively checking up on or otherwise trying to control your behavior

If you or someone you know is experiencing this kind of behavior from a partner, please call New York City's 24 hour Domestic Violence Hotline, 1-800-621-HOPE.





# Women's Preventive Healthcare Checklist

Exam	Frequency / Age
Annual physical	Yearly for all ages
Cervical cancer screening	Every 3 years for ages 21–29
Cervical cancer screening + HPV testing	Every 3–5 years for ages 30–65
Breast exam	Yearly during your routine physical and self-checks at home for age 25 onward
Mammogram	Yearly or every other year for ages 40–74
Colon cancer screening	Every 5–10 years for ages 45–75
Bone density test	Frequency varies for age 65 or older and 64 or younger if you've gone through menopause

## 6 Ways to Celebrate Women's History Month



Purchase items from a business owned by a woman



Learn and research Women's History



Find a local initiative for women in your area to support



Attend or Create events Honoring Women's History



Honor a woman with flowers, a monetary gift, or kind words



Donate to causes that impact young women



FAMILIES,

I HOPE YOU FOUND THIS PACKET HELPFUL. OUR NEXT VIRTUAL PARENT LEADERSHIP COUNCIL (PLC) MEETING WILL TAKE PLACE ON MARCH 28th, 2024 AT 6pm. YOUR VOICE AND CONCERNS MATTER. FAMILY ENGAGEMENT IS VERY VITAL WITHIN OUR SCHOOL COMMUNITY. REMEMBER, I'M JUST AN EMAIL AWAY. HAVE A WONDERFUL DAY!

WARM REGARDS,  
MS. PINK

