





OCTOBER 2023 NEWS & RESOURCES FROM YOUR PARENT COORDINATOR MS. PINK











Hello Families,

It's your Parent Coordinator Ms. Pink. I hope all is well with you and your family. I put together this resource packet with some Amazing resources just for you. Scroll through the entire packet. Remember I'm just an email away. You can reach me at <u>mpink@thewcs.org</u>



I'M YOUR PARENT COORDINATOR MS. MELODY PINK

I'm available to you Monday- 9:30am- 3:00pm In-Person Tuesday- 9:30am-3:00pm In-Person Wednesday- 9:30am-1:00pm Remote Thursday- 9:30am- 3:00pm Remote



REMEMBER TO CHECK YOUR EMAILS FOR SPECIAL RESOURCE PACKETS FROM ME, PLC NEWS, SCHOOL UPDATES AND MORE...







OUR HEADS OF SCHOOL



Mr. Bashir Head of School Ms. Jacobson Head of Operations

Uniform Policy

Black Pants:Jeans, Chino pants, Shorts and Skirts (Shorts and Skirts need to be knee length). NO NON UNIFORM SWEATSHIRTS!

WCHS Shirts/Polos: Students are allowed to wear any WCHS tops on any given day of the week.

School ID Card: Students are required to wear their ID on their necks at all times.



School Uniform Items!



Fully Charged Chromebook



WCHS's BELL SCHEDULE

PERIOD	MON	Mins	TUE	Mins	WED	Mins	THU	Mins	FRI	Mins
BFAST/0	7:15 AM	40	7:15 AM	40	7:15 AM	40	7:15 AM	40	7:15 AM	40
1	8:00 AM	45	8:00 AM	45	8:00 AM	35	8:00 AM	45	8:00 AM	45
2	8:50 AM	45	8:50 AM	45	8:40 AM	35	8:50 AM	45	8:50 AM	45
ADVISORY	9:40 AM	15	9:40 AM	15	9:20 AM	40	9:40 AM	15	9:40 AM	15
3	10:00 AM	45	10:00 AM	45	10:05 AM	35	10:00 AM	45	10:00 AM	45
4	10:50 AM	45	10:50 AM	45	10:45 AM	35	10:50 AM	45	10:50 AM	45
5	11:40 AM	45	11:40 AM	45	11:25 AM	35	11:40 AM	45	11:40 AM	45
6	12:30 PM	45	12:30 PM	45	12:05 PM	35	12:30 PM	45	12:30 PM	45
7	1:20 PM	45	1:20 PM	45	12:45 PM	35	1:20 PM	45	1:20 PM	45
8	2:10 PM	45	2:10 PM	45	1:25 PM	35	2:10 PM	45	2:10 PM	45
9	3:00 PM	55	3:00 PM	55		· · · ·	3:00 PM	55	3:00 PM	55

Class of 2026

Academy Leader: Angie Helliger AHelliger@thewcs.org Guidance Counselor: Chered Spann cspann@thewcs.org Intervention and Family Support Counselor Alejandra Aburdene AAburdene@thewcs.org

Class of 2024

Academy Leader: Shante Martin SMartin@thewcs.org

Guidance Counselor: Kelly Leprohon ktraub@thewcs.org

Intervention and Family Support Counselor Brooke Bolnick bbolnick@thewcs.org

Dean's Team

Dean Rodney Guzman Cruz RGuzmancruz@thewcs.org Assistant Dean 9th and 10th Tiffany Pratt TPratt@thewcs.org Assistant Dean 11th and 12th Natasha Robinson NRobinson@thewcs.org

Class of 2027

Academy Leader: Angie Helliger AHelliger@thewcs.org Guidance Counselor: TBA Intervention and Family Support Counselor Ms. G BGozikowski@thewcs.org

Class of 2025

Academy Leader: Shante' Martin SMartin@thewcs.org Guidance Counselor: Samantha Sales ssales@thewcs.org Intervention and Family Support Counselor Elodie St. Fleur estfleur@thewcs.org

Additional Support

Instructional Academy Leader: Janelle Holford JHolford@thewcs.org Arturo Giscombe agiscombe@thewcs.org

> SNAS/ ENL Melissa Wade MWade@thewcs.org

5th Year Guidance Counselor: Renee DeLyon rdelyon@thewcs.org

College and Career Counselor Abeje Leslie- Smith aleslie@thewcs.org

Athletics and Safety Support Lawrence Combs lcombs@thewcs.org



FAMILY & COMMUNITY ENGAGEMENT DEPARTMENT: PARENT COORDINATOR MELODY PINK mpink@thewcs.org

ENROLLMENT COORDINATOR JUSTIN USHER jusher@thewcs.org



OCTOBER 30TH-NOVEMBER 3RD



Monday 10/30 Throwback Day! Dress as your favorite

decade/era

Tuesday 10/31

No Mask No Full Face Makeup

Halloween

Costume Day



Color Competition Color assigned by ADV We will compete all day by advisory

Each Advisory was assigned a color.

Thursday 11/2 Twin Day

Friday 11/3

Career/College Day Dress as your future career

Teachers, Staff and SENIORS!! Join us in celebrating the class of 2024 by participating in Spirit Week! Daily prizes for best outfits!!!

Please be reminded all outfits must be school appropriate: No Belly shirts, no inappropriate outfits, no derogatory wording. If you don't know then ask. We will make you change if your outfit is inappropriate

FRIGHT FEST 2023 SIX FLAGS GREAT ADVENTURES NEW DATE

Friday October 27, 2023

Payment must be made in CASH Pick up a permission slip and bring payment to Room 421 from Ms. Johnson

Trip Cost: \$100

ncludes transportation and entry into the park.



ONLY 50 SEATS

AVAILABLE



OCTOBER IS BREAST CANCER AWARENESS & DOMESTIC VIOLENCE AWARENESS MONTH





#ENOUGH WITH THE VIOLENCE

<u>Q</u> Pink October

Early detection **saves lives**



Schedule a mammogram if you're experiencing breast discomfort, inverted nipples, lumps,

you had your Maribo Vear ptoms and check up



OCTOBER IS Domestic Violence

AWARENESS MONTH

Up_{lifting} survivors and ending relationship abuse.

NATIONAL

DOMESTIC

HOTLINE

#HealHoldCenter #DVAM2023 1. Palm to camera and tuck thumb

THE VIOLENCE AT HOME **SIGNAL FOR HELP** Use this signal to ask for help on a video call without leaving a digital trace.

2. Trap thumb

If you see this sign on a video call, find out how to help below.

NYC HOPE

NYC HOPE can connect you to resources to help you or a loved one experiencing dating, domestic, or gender-based violence.

Get Free and Swipe next → Confidential Assistance

https://tinyurl.com/NYCityHope

Department of Youth & Community Development

DOMESTIC VIOLENCE AWARENESS MONT

If you or someone you know needs help:



Call NYC's 24-Hour Domestic Violence Hotline 1-800-621-HOPE (4673).



Call 311 or visit the New York City Family Justice Center (FJC) in the borough where you live (or one where you feel safest) to get connected.



Go online to nyc.gov/nychope NYC HOPE DIRECTORY for resources and support.



#DVAM2023 #StandWithSurvivors #AwarenessHelpHope



Mayor's Office to End Domestic and Gender-Based Violence







Halloween Pumpkin Patch

Early Childhood Center 751 Willoughby Ave Brooklyn, NY 11206 October 31, 2023 Time 3:00PM to 5:00 p.m. Call 631-644-6125 if you have any guestions.



(Pumpkins will be distributed to children on a FIRST COME FIRST SERVE BASIS) And candy will be distributed to the TRICK OR TREATERS

Resources will also be available to Parents/Families

Please remember that we continue to abide by the rules of

SOCIAL DISTANCING & WEARING MASKS

while picking up your pumpkin and candy



** The Bed-Stuy CPP is supported by Little Flower Children and Family Services and funded by NYC Administration for Children Services (ACS) **



Time to Get Kooky. It's Going to Be Spooky!



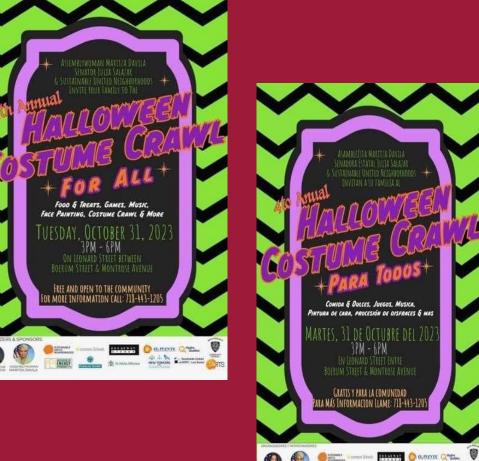
GET READY for hocus pocus

HALLOWEEN SPOOKTACULAR

SATURDAY, OCTOBER 28 2-5PM CENTER COURT

Join us for an afternoon of family fun which includes interactive games, music, dancing, face painters, and a spooktacular Magic Bubble Show.

VISIT KingsPlazaOnline.com/Events for info.



NEW YORK STATE CHARTER PARENT COUNCIL									
New York Charter Schools Association									

2023-24 Upcoming **Advocacy Events**

All Meetings and Trainings held live on Zoom

Parent Council Meetings

6:00 pm - 7:00 pm Once per month on Wednesdays September 13, 2023 October 11, 2023 November 15, 2023 December 13, 2023 January 10, 2024 February 7, 2024 March 13, 2024 April 17, 2024 May 8, 2024 June 12, 2024



Charter School Facts November 28, 2023 NYS Student Performance

> December 11, 2023 Organizing

Training Series I

6:00 pm - 7:00 pm

September 20, 2023

Advocacy 101

October 3, 2023

Advocacy 102

October 24, 2023

NYS School Funding

November 6, 2023



grfy.com/p/23-24PCTRAININGS1

Scan any QR code or click the links below to register for the event

Join us on our social media pages for updates, information and more!

National Voter **Registration Day**

We need volunteers to help with voter registration across the state on National Voter Registration Day!

Tuesday, September 19, 2023 Various Times

Sign up to share your availability



grfy.com/p/2023NVRDAvail



2023-24 Proximos **Eventos de Abogacia**

Todas las reuniones y entrenamiento sera realizadas en vivo por Zoom

Día Nacional de

Registro de Votantes

Necesitamos

voluntarios para avudar

con el registro de

votantes en todo el

estado en el Día

Nacional del Registro

de Votantes!

Martes.

Septiembre 19, 2023

varias horas

Registrate para

compartir tu

disponibilidad

grfy.com/p/2023NVRDAvail

Reuniones del consejo de Padre 6:00 pm - 7:00 pm Una vez al mes los Miercoles

Septiembre 13, 2023 Octubre 11, 2023 Noviembre 15, 2023 Deciembre 13, 2023 Enero 10, 2024

Febrero 7, 2024

Marzo 13, 2024 Abril 17, 2024

Mayo 8, 2024

Junio 12, 2024



grfy.com/p/23-24PCMeetings

grfy.com/p/23-24PCTRAININGS1 Escanee cualquier código QR o haga clic en los enlaces a continuación para registrarse en el evento

Serie de

Entrenamiento 1

6:00 pm - 7:00 pm

Septiembre 20, 2023

Abogacia 101

Octubre 3, 2023

Abogacia 102

Octubre 24, 2023

Finaciamento Escolar del

Estado de Nueva York

Noviembre 6, 2023

Datos de las escuelas

charters

Noviembre 28, 2023

Las actuacciones de los

Estudiantes del Estado de

Nueva York

Deciembre 11, 2023

Organizando

Unase a nosotros en nuestras páginas de redes sociales para obtener actualizaciones, información y más!



Is your home damaged by rain or flooding? Get resources and information to help you recover at NYC.gov/SevereWeather or on our Recovery page at on.nyc.gov/Recovery.



Visit NYC.gov/FloodHelp to learn about how to repair your home safely and avoid mold.



Were Your Public Benefits Stolen?

We can help you file a claim to replace the lost benefits



Were your SNAP or Cash Assistance benefits electronically stolen?

The Department of Social Services Outreach Team can help you submit a benefit replacement claim.

Join us at our upcoming Stolen Benefit Replacement Event for assistance with submitting a claim.



Monday, October 30, 2023

Learn more and file

HILLS

a claim:







276 Chestnut Street Brooklyn, NY 11208

Contact: Crystal Dixon - NYC Benefits Coordinator 929-379-3273

¿Le robaron sus beneficios públicos?

Podemos ayudarle a presentar un reclamo para reemplazar los beneficios perdidos.



¿Le robaron electrónicamente sus beneficios de SNAP o Asistencia en Efectivo?

El equipo de extensión del Departamento de Servicios Sociales puede ayudarlo a presentar un reclamo de reemplazo de beneficios.

Únase a nosotros en nuestro próximo evento de reemplazo de beneficios robados para obtener ayuda con la presentación de un reclamo.



Lunes, 30 de Octubre de 2023

9:30 am - 5 pm

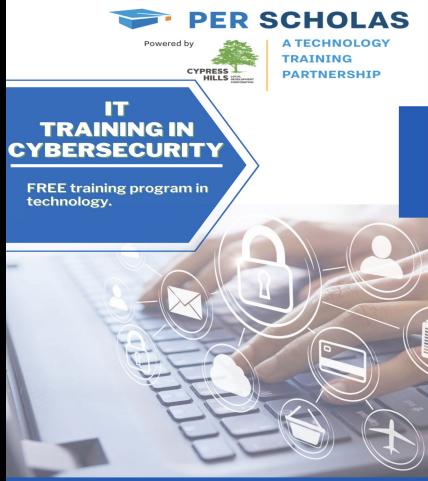
276 Chestnut Street Brooklyn, NY 11208

Contacto: Akamil De Jesus - Director de Programa (929) 481-7568

Obtenga más información y presente un







Cypress Hills ENY Community Center 276 Chestnut Street Brooklyn NY 11208

Per Scholas IT Training in Cybersecurity

Scholarships to earn the CompTIA A+ Certification and Google IT Support Professional Certificate. Members will learn the fundamentals of IT Support, computer hardware, operating systems, device management, troubleshooting across systems, and more. Applicants must:

- Be 18+ years old.
- Have a high school diploma or H. S. E.
- Have a passion for IT (some tech experience and knowledge in troubleshooting are required.)
- Pass the assessment tests and interview.
- Be available Mon-Friday from 9 am-4 pm for 15 weeks of training.

• Be authorized to work in the United States.

For more information, call Nadine at 845-328-2570 or email ittraining@cypresshills.org



HILLS

BENY

FREE training programs in construction.



Upstart your construction career with this four-week-long training that provides members with 30-hour OSHA, NYC DOB 10-hour SST, 4-hour scaffold, and 4-hour flagger certifications.

Classes are offered in the daytime and evening.

Applicants must:

- Be 18+ years old.
- Have a valid government-issued ID.
- Have proof of vaccination.

For more information, text "FREE OSHA" at 929-333-5825 or email catherineg@cypresshills.org

APPLY HERE





CAREERS THAT CARE

FREE training programs in healthcare.

Cypress Hills ENY Community Center 276 Chestnut Street Brooklyn NY 11208



A program designed to provide members interested in an entry-level healthcare career with scholarships to attend a training program in:

Certified Nursing Assistant

Applicants must:

- Be 18+ years old.
- Have a high school diploma or H.S.E.
- Provide proof of vaccination.
- Be eligible to work in the U.S.
- Not be enrolled in school or working.

For more information, call Stephanie at (272) 242-9176 or email stephaniea@cypresshills.org

APPLY HERE



Session every Monday Chestnut Street, Brooklyn, NY, 11221 **JOB READINESS BOOT CAMP**

CYPRESS HILLS LOCAL DEVELOPMENT

SNAP recipient? Seeking a job? Empower your journey with our FREE 3-Day workshop!

hro Session every Monday 10:00 an ²⁷6 Chest

Day 1: Mastering the Art of **Resume Building Day 2:** Navigating the Job Market & Networking Strategies **Day 3:** Cracking Interviews with Confidence

Reserve your spot by emailing laurap@cypresshills. org or calling us at 845-328-2613

NYC BENEFITS

Cypress Hills Local Development Corporation can help you apply for many public benefits.



CONTACT US

(929) 379-3273 (929) 379-3792

CrystalD@cypresshills.org MarleneR@cvpresshills.org 276 Chestnut St., Brooklyn, NY 11208

https://www.cvpresshills.org/

SNAP

SNAP (Supplemental Nutrition Assistance Program) helps you buy food in person at supermarkets, farmers markets. and online.

EMERGENCY ASSISTANCE

Cash Assistance and One Shot Deals.



The Fair Fares NYC program allows eligible New York City residents to receive a 50% discount on public transit.

OTHER REFERRALS



Food pantries, Affordable **Connectivity Program** (affordable internet), health insurance, and more!

hro Session every Monday 10:00 an Chestnut Street, Brooklyn, NY, 11221 **JOB READINESS BOOT CAMP**

CYPRESS HILLS LOCAL

SNAP recipient? Seeking a job? Empower your journey with our FREE 3-Day workshop!

Day 1: Mastering the Art of **Resume Building Day 2:** Navigating the Job Market & Networking Strategies **Day 3:** Cracking Interviews with Confidence

Reserve your spot by emailing laurap@cypresshills org or calling us at 845-328-2613

Nontraditional Employment for Women

Hard Hats. Strong Women. Building the Future.

BUILD YOUR FUTURE IN THE TRADES TODAY!

NEW is a nonprofit organization offering free training for women to start careers in trades, utilities and facilities maintenance.

> Average starting wages are over \$19.00/hour. Enroll now by visiting www.new-nyc.org/enroll or email info@new-nyc.org



Day program: Monday to Friday 7:30 am to 4:00 pm. Night program: Tuesday, Wednesday and Thursday evenings 6:00 - 8:30pm and every Saturday 7:30am - 4:00pm.

NEW ntraditional Employme



CONGRESSIONAL CAREER FAIR



HOSTED BY REPS. HAKEEM JEFFRIES, YVETTE D. CLARKE, NYDIA M. VELÁZQUEZ & DAN GOLDMAN

BRING A RESUME AND CONNECT WITH EMPLOYERS

NYC CORPORATIONS & BUSINESSES, NON-PROFITS, FEDERAL, STATE AND CITY AGENCIES

> SATURDAY, OCTOBER 28 10:00 AM - 2:00 PM EDT

REGISTRATION <u>REQUIRED</u>: JEFFRIES.HOUSE.GOV/CAREERFAIR

CITY TECH 300 JAY STREET, BROOKLYN

REGISTER TO VOTE!



Register:

- Online
- Online via DMV
- By Mail
- In-Person

REGISTRATION DEADLINE OCTOBER 28TH

vote.nyc/page/register-vote



adultedunit



Launch your career by earning your Commercial Driver's License with Red Hook on the Road's Commercial Driver Training Program

Red Hook on the Road graduates are placed in school bus, Coach bus, Access-A-Ride, or trucking jobs offering living wages and benefits.

ELIGIBILITY REQUIREMENTS

- · NYC Resident, age 21+ and legally eligible to work in the US
- Unemployed
- Valid NYS Driver's License with two years of driving history
- A clean driving record:
- No more than one suspension that has been cleared for at least two years
- Two convictions with no more than four points
- No DUIs/DWIs
- Able to attend training full-time
- Able to pass a drug test

Monthly In-Person Permit Prep Class in the Bronx The following requirements are needed to participate:

- Meet all requirements for Red Hook on the Road listed above
- Completed interest form and driving record pulled, and attend orientation before class

The class will take place at the Castle Hill YMCA.

HOW DO I APPLY?

Fill out an Interest Form at bit.ly/RHORAPP, and look out for a response in your email inbox! Scan here to fill out an Interest Form

Questions? Call or text 718-237-4846

Need to brush up on your English skills before applying to RHOR?

Learn how the Sunset Park Bridge Program can help by calling **929-732-1021** or visiting **bit.ly/SPBP** "Made in NY" Production Assistant Training Program

APPLY TO THE JANUARY 2024 TRAINING CYCLE

Learn how to work entry-level jobs in TV and film. Get job placement support for two years after completing the program.

To apply, you must attend a virtual Info Session. Info Session are held every Monday at 1 pm. Hit the link in our bio to register.

To learn how to apply, contact pa@bwiny.org





RED HOOK ON THE ROAD 151 5th Avenue, Brooklyn, NY 11217

MORE QUESTIONS? CALL 718 237-4846 f Red Hook On The Road





THE OFFICE OF THE BROOKLYN BOROUGH PRESIDENT PRESENTS: COMMUNITY RESOURCES INFORMATION SERIES

DISABILITY RESOURCES

The Mayor's Office for People with Disabilities will present on initiatives, programs, and policies that address the needs and interests of people with disabilities.

Non-profit organizations will be on-site providing additional resources.

THURSDAY, NOVEMBER 2, 2023 6 PM - 8 PM

Independence Care System 25 Elm Place, 5th Floor, Brooklyn, NY 11201

https://bit.ly/CRISDR2023

American Sign Language (ASL) will be available.



BROOKLYN-USA.ORG () C BKBPREYNOSO • AskReynoso@Brooklynbp.nyc.gov • 718-802-3700



Free High School Equivalency and GED Prep Classes

Complete the interest form today! bit.ly/GEDPrepProgram



The BMCC HSE College Prep Program is designed to build your academic skills for success in college while you prepare for the GED Exam. Morning and evening classes are available. **Program Requirements:**

- Must be 19 years old or older
- Must have a valid address in New York State
- Classes will be in-person

KINGSBOROUGH

- * DREAMS BEGIN HERE * --



Requirements:

- Must be 18 years of age or older
- Must be a Non-Native English speaker (above basic skills level)
- Able to commute to Kingsborough Community College campus at 2001 Oriental Blvd, Brooklyn NY 11235

Benefits of the program:

- Improve your English
- Learn job readiness skills, resume development and interview techniques
- Open the door to new job and education opportunities
- Enroll in college



KINGSBOROUGH COMMUNITY COLLEGE

T2 BUILDING, ROOM: T2 3 1

TO FIND OUT IF YOU QUALIFY, PLEASE CALL 718-368-4870



Get free emergency alerts in your language about air quality.

> Sign up at NYC.gov/Notify or download the free app.

> > Notify NYC





Level UP provides job readiness and employment services to the residents of New York City that are 18 + years old...

SERVICES INCLUDE:

- ASSISTANCE WITH RESUM **CREATION & EDITING**
- ASSISTANCE WITH COVER LETTER **CREATION & EDITING**
- INTERVIEW COACHING
- SSISTANCE WITH JOB PLACEMENT
- SUPPORT WITH EDUCATIONAL AND FINANCIAL LITERACY
- REFERRALS TO OTHER SERVICES

CALL US AT: 1(718) 923 - 8260 SIGN UP AT: TINYURL.COM/YCISIGNUP EMAIL US AT: LEVELUP@INNOVATINGJUSTICE.ORG FOLLOW US AT: @REDHOOKJUSTICE WE'RE LOCATED AT: 5320 5TH AVE BROOKLYN, NY 11220

ALL WORKSHOPS START AT 10:00 AM AND FINISH AT 12:00 PM **OCTOBER 17TH NOVEMBER 13TH**

DECEMBER 12TH

WORKSHOPS DATES:

- OCTOBER 31ST
 - **NOVEMBER 28TH**
 - **DECEMBER 26TH**

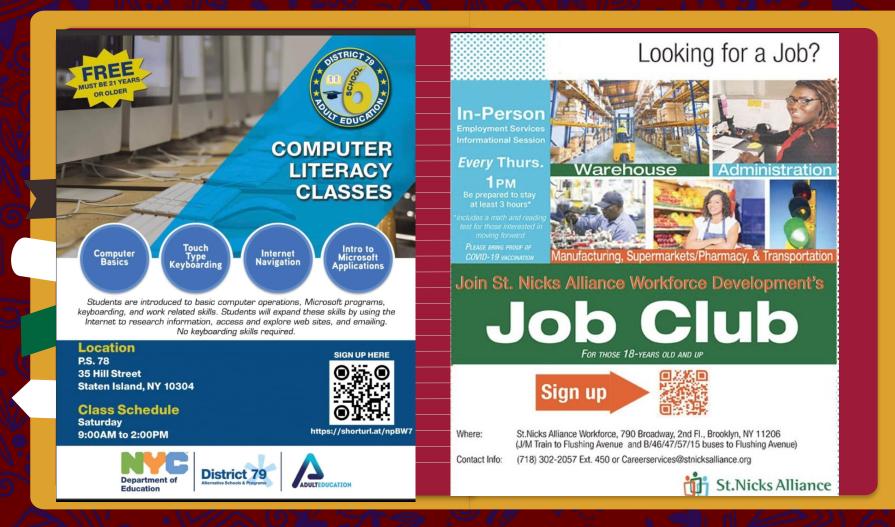
SERVICES ARE COMPLETLEY

Ъ

TO SCAN THE OR CODE BELC

Want to become more tech-savvy? The library offers free workshops and classes to teach you how to navigate your devices. Check out our event calendar to learn more!





CERTIFIED NURSING ASSISTANT (CNA) FOR ENGLISH LANGUAGE LEARNERS @ TINYURL.COM



CNA Certificate Course

125 hours of CNA training and linical course, leading to the New York State licensing exam

LEHMAN SY

LEARNING



Case

Management

Extra programming for connecting

to benefits & resources, job

readiness, digital skills, hospital & agency visits

2

English Language Support

Improve your reading, writing, speaking, and listening in the context of healthcare

Interested?

Complete this form: https://tinyurl.com/CNAESOL



Requirements:

- Must be 18 years of age or older
- Must be a Non-Native English speaker (above basic skills level)
- Able to commute to Kingsborough Community College campus at 2001 Oriental Blvd, Brooklyn NY 11235
 - CALL NOW!

KINGSBOROUGH COMMUNITY COLLEGE T2 BUILDING, ROOM: T2 3 (

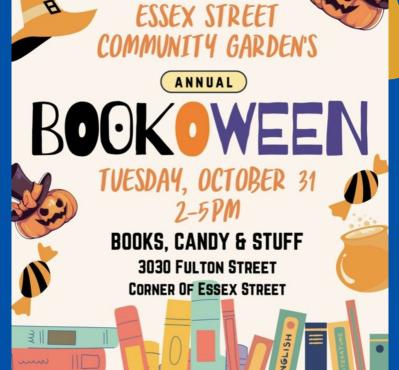
LIFY, PLEASE CALL 718-36

Improve your English

 Learn job readiness skills, resume development and interview techniques

Benefits of the program:

- · Open the door to new job and education opportunities
- Enroll in college



Join the Team Keeping NYC Homes Safe! HPD Hiring Fair

Event Details:

November 4, 2023 9:00am-3:00pm

1 Centre Street North Mezzanine New York, NY 10038

On-the-spot interviews!

Bring four copies of your resume and a photo ID.

Review requirements: nyc.gov/housinginspector

Walk-ins are welcome, or you can pre-qualify by emailing your resume to ensadmin@hpd.nyc.gov by October 30, 2023.

Housing Inspector

Salary: \$61,598

Every New Yorker deserves a safe home. Become an NYC Inspector to make sure families have heat and hot water, kids are safe from lead-based paint, and fire safety protections like smoke detectors are present to save lives. Join our diverse team inspecting homes across the city to keep New Yorkers safe.

Great Benefits:

- · Health, Vision, and Dental Benefits
- · Pension Plan
- Training for EPA Lead Certification
- · Career growth opportunities



The City of New York is an Equal Opportunity Employer





BROOKLYN INVASION COMIC PARTY! AND CONVENTION

SATURDAY OCT 28TH 10AM-5PM

Kids under 12 free !!!

50 thousand comics Hundred's of toys funko pops

148 Frost st williamsurg Brooklyn L train to Graham short walk to frost \$5 dollar admission



School of Visual Arts

sva.edu

MAINTENANCE & FACILITIES Job Fair Join us for a day of information



HIRING FOR:

Maintenance Technicians

and opportunity!

• \$21/hr (OT eligible) • Full benefits after 30 days of employment

NOVEMBER 7TH, 2023 • 11am-2pm • 340 East 24th Street

REQUIREMENTS FOR ON-THE-SPOT INTERVIEWS

Copy of your resume Available to work nights, weekends, holidays, and OT to cover call outs and vacations

Must be able to work at least one (1) weekend day

SECURITY CANDIDATES

Must possess current/unexpired NYS Security License and present stateissued license ID

Bring a copy of your current 8 and 16hour certificates

SVA COVID GUIDELINES

SVA is a fully-vaccinated campus

All guests/visitors must show proof of vaccination upon entry.

All guests/visitors must respond to health screening questionnaire.

Masks encouraged, but optional.



999 Greene Avenue, Brooklyn, NY 11221

www.opendoorflc.org

COMMUNIT COMMUNIT PANTRY

> We Love on Our Community All October

> > First come, first serve while supplies last. Please bring shopping cart *heavy bags* Every Wednesday | 3:00 PM 1585 Fulton St., Bklyn, NY 11213



A Google Map used to locate essential resources such as food, shelter, clothing, substance abuse, mental health, education, employment, legal, & health services throughout the New York City Metropolitan Area.

Hundreds of resources!Support in all 5 boroughs!

• Filter by category!



Brooklyn Justice Initiatives

Interactive Resource Guide

SCAN ME

bit.ly/bjiresourceguide

Learn English with We Speak NYC.

- Practice speaking English for free
- Get to know your community
- Build confidence
- Learn about City services and resources

Get started at nyc.gov/WeSpeakNYC

跟 We Speak NYC 學英語**.**

- •免費練習說英語
- 了解您的社區
- 建立自信
- 了解城市服務和資源

訪問 nyc.gov/WeSpeakNYC 了解詳情

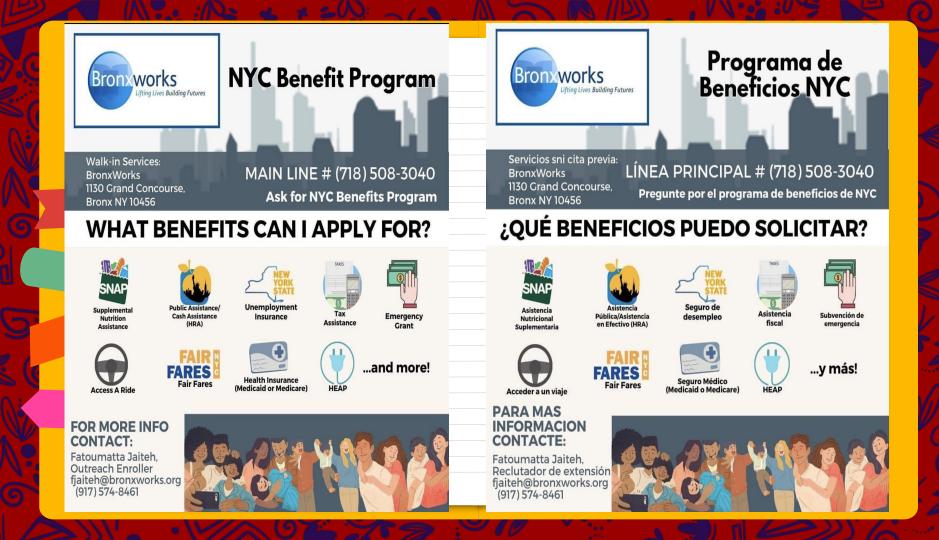


Aprende inglés con We Speak NYC.

- Practica la conversación en inglés
- Conoce tu comunidad
- Habla con más confianza
- Obtén más información sobre los recursos de la ciudad

Comienza aquí: nyc.gov/WeSpeakNYC





Starbucks Holiday Menu Drops on November 2nd



Iced Gingerbread Oatmilk Chai Tea Latte



Sugar Cookie Almondmilk Latte

.



Peppermint Mocha



Chestnut Praline Latte



Peppermint Brownie Cake Pop



Snowman Cookie



Gingerbread Cranberry Iced Loaf Bliss Bar



Sugar Plum Cheese Danish

Holiday Cold Foams Arrive December 4th



Have a Question about Homework?

A qualified, licensed classroom teacher is available

Monday – Thursday, 4 p.m. – 7 p.m.

when school is in session.

Call the Dial-A-Teacher Hotline at

(212) 777-3380



MEASUREMENTS, SYMBOLS AND TERMS YOU SHOULD KNOW

FOR FREE HOMEWORK HELP CALL: 1-212-777-3380

12 inches (in.) = 1 foot (ft.) (12"= 1')
3 feet	= 1 yard (yd.) (3'= 1 yd.)
36 in.	= 1 yd. (36"= 1 yd.)
16½ ft.	= 1 rod (rd.)
320 rds.	= 1 mile (mi.)
1760 yds.	= 1 mi.
5280 ft.	= 1 mi.
AREA	
144 square in (sq. in.)	ches = 1 square foot (sq. ft.)
9 square ft.	= 1 square yard (sq. yd.)
160 square ro	ds = 1 acre (a.)
640 acres	= 1 square mile (sq. mi.)
VOLUME	
1728 cubic in	
(cu. in.)	= 1 cubic foot (cu. ft.)
27 cubic feet	= 1 cubic yard (cu. yd.)
	EASURE
8 fluid ounces	(fl. oz.) = 1 cup (c.)
2 cups	= 1 pint (pt.)

2 cups	= 1 pint (pt.)
2 pints	= 1 quart (qt.)
4 cups	= 1 quart
32 oz.	= 1 quart
4 quarts	= 1 gallon (gal.)
8 pints	= 1 gallon

16 ounces (oz.)	= 1 pound (lb.)
4 oz.	= 1/4 lb. (quarter pound)
8 oz.	= ½ lb. (half pound)
12 oz.	= ¾ lb. (three quarters of a pound)
2000 lbs.	= 1 ton (T.)

	METRICS				
(12''=1') (3'=1 vd.)		etric system is base decimal system.	d		
36"= 1 yd.)	1	kilometer (km)	= 1000 meters		
	10	decimeters (dm)	= 1 meter		
	100	centimeters (cm)	= 1 meter		
	1000	millimeters (mm)	= 1 meter		
	1000	milliliters (ml)	= 1 liter (l.)		
	1	kilogram (kg)	= 1000 grams		

meters to measure length liters to measure liquid (capacity) grams to measure weight

		D MEASUREMENT EASUREMENTS
).4	inches	= 1 centimeter
2.2	pounds	= 1 kilogram

.4 inches = 1 meter 06 quarts = 1 liter

EMPERATURE

lsius Temperature = (Fahrenheit degrees -32) x 0.56 or (Fahrenheit degrees -32) x 5/9

hrenheit Temperature = (Celsius degrees x 1.8) + 32 or (Celsius degrees x 9/5) + 32

penny	=	1	cent;	1¢;	\$.01
nickel	=	5	cents;	5¢;	\$.05
dime	=	10	cents;	10¢;	\$.10
quarter	=	25	cents;	25¢;	\$.25
half dolla	r=	50	cents;	50¢;	\$.50
dollar	=	100	cents;	100¢;	\$1.00

57	MBOLS		
Symb	ools are used instead of words in math.		
=	is equal to		
ź	is not equal to		
>	is greater than		
<	is less than		
+	plus, and (used in addition) or postive number sign		
-	minus, takes away (used in sub- traction) or negative number sig		
x	multiplied by, times (used in mul plication)		
÷Г	divided by (used in division)		
	a decimal point separates whole numbers from part of a whole number (1.5) or shows part of a whole (0.56)		
%	percent, the number of hundredths		
∈	is a member of the set		
C	is a subset of the set		
n	is an intersection of 2 sets		
υ	is a union of 2 sets		

 $\mathbb{N}^{\bullet} : \mathbb{N}^{\bullet} : \mathbb{A} \times \mathbb{A}^{\bullet} : \mathbb{A} \times \mathbb{A} \times \mathbb{A} \times \mathbb{A} \to \mathbb{A}$

TERMS

EVUDOIC

A Set is a collection of things. You can list the members or elements of a set between braces { }. Set A = {1,2,3}

Arrays are arrangements that have order.

One array shows that 4 groups of 3 = 12. The other array shows that 3 groups of 4 = 12.

...

... Digits are numerals. (0,1,2,3,4,5,6,7,8,9)

Area — the space covered by a surface. Perimeter ---- the distance around a polygon.



MEASUREMENTS, SYMBOLS AND TERMS YOU SHOULD KNOW

FOR FREE HOMEWORK HELP CALL: 1-212-777-3380

ROMAN NUMERALS Roman numerals have a definite pattern $XI = 11 \quad XXX = 30$ | = 1 || = 2 XII = 12 XL = 40XIII = 13 L = 50 ||| = 3XIV = 14 LX = 60 IV = 4V = 5XV = 15 LXX = 70 VI = 6XVI = 16 LXXX = 80 XVII = 17 XC = 90 VII = 7VIII = 8XVIII = 18 C = 100 XIX = 19 CD = 400 |X = 9|X = 10 XX = 20 D = 500 CM = 900

M = 1000 A bar written over a numeral shows that it has been multiplied by 1000. $\overline{VII} = 7 \text{ x}$ 1000 or 7000

TIME 60 seconds = 1 minute (min.) 60 m 24 hc da 4 w 12 m 52 w 365 da 366 da 10 ve 20 ye 100 ve A.M. = P.M. = afternoon 12:00 noon - 12:00 midnight

inutes	=	1 hour (hr.)	numbe
ours	=	1 day	ing the a shore
ays	=	1 week	- a sitor
eeks	=	1 month (mo.)	X
onths	=	1 year (yr.)	
eeks	=	1 year	
ays	=	1 year	- 4
ays	=	1 leap year	fact
ears	=	1 decade	4
ears	=	1 score	-
ears	=	1 century	
mornir 12:00		night - 12:00 noon	
afterno	on		

The operation of addition combines

numbers called addends to get a total. called a sum. addend 3 addend sum addend + addend = sum

SUBTRACTION

ADDITION

Subtraction is the operation when you know the total, called a minuend, and one known part, called a subtrahend, and are looking for an unknown part, called a difference.

6 minuend 2 subtrahend 4 difference minuend - subtrahend = difference

MULTIPLICATION The operation of multiplication relates

two numbers called factors with a third er called a product. You are counte same number many times which is rter way of adding the same number. 5 factor 5 addend 4 factor 5 addend 20 product 5 addend +5 addend 20 sum 5 = 20 x tor х factor = product groups of 5 = 20

DIVISION Division is the operation when you know the total, called a dividend, and one part, called a divisor, and are looking for an unknown part, called a quotient.

7 quotient 8 56 dividend divisor

56 ÷ 8 = 7

dividend ÷ divisor = quotient

FRACTIONS

A fraction is one or more of the equal parts of a whole. Numerals such as 1/3 and 1/4 are called fractions. The digit above the line is called the numerator. It tells about the part. The digit below the line is called the *denominator*. This number tells about the total number of parts.

	3 denominator	
3/4	is a proper fraction. It is part of 1 whole.	
4/4	is a fractional name for 1 whole.	
5/4	is an improper fraction. It is more than 1 whole.	
1 1/4	is a mixed numeral. It is 1 whole number and a fraction	

le can use a fraction and a decimal to name the same number.

C	=	0.1	one	tenth	
c	=	0.2	two	tenths	

UNITED FEDERATION OF TEACHERS DEPARTMENT OF EDUCATION OF THE CITY OF NEW YORK

Funding for the Dial+A+Teacher Program is provided by the United Federation of Teachers and the New York City Department of Education



vial-A-Teacher MEDIDAS, SÍMBOLOS Y TÉRMINOS QUE DEBERA SABER

LLAMEN PARA RECIBIR AYUDA CON LAS TAREAS **GRATUITAMENTE: 1-212-777-3380**

LONGITU		
12 pulgadas	= 1 pie	(12"= 1"
3 pies	= 1 yarda	(3'= 1 yarda)
36 pulgadas	= 1 yd.	(36"= 1 yd.)
16½ pies	= 1 vara	
320 varas	= 1 milla	
1760 yardas	= 1 milla	
5280 pies	= 1 milla	

AREA

144 pulgadas = un pie cuadrado cuadradas (pulgadas2 (pie2) = 1 varda cuadrada 9 pies cuadrados 160 varas cuadradas = 1 acre 640 acres cuadrados = 1 milla cuadrada (1 milla2)

VOLUMEN

1728 pulgadas cúbicas = 1 pie cúbico (pie3) 27 pies cúbicos = 1 yarda cúbica

(varda3)

CAPACIDAD (MEDICIÓN DE LÍQUIDOS)

= 1 taza
= 1 pinta
= 1 cuartillo
= 1 cuartillo
= 1 cuartillo
= 1 galón
= 1 galón

PESO

16 onzas (oz	.) = 1 libra (1 lb.)
4 oz.	= 1/4 lb. (un cuarto de libra)
8 oz.	= 1/2 lb. (media libra)
12 oz.	= ¾ lb. (tres cuartos de libra)
2000 lbs.	= 1 tonelada

El sistema métrico se basa en nuestro sistema decimal.				
) met				
etro				
etro				
etro				
o (I)				

kilogramo (kg) = 1000 gran El metro se usa para medir la longitu El litros se usa para medir los líquido (capacidad).

El gramo se usa para medir el peso.

MÉDIDAS INGLESAS -MEDIDAS MÉTRICAS

0.4 pulgadas = 1 centímetro 2.2 libras = 1 kilogramo 39.4 pulgadas = 1 metro 1.06 cuartillos = 1 litro

TEMPERATURA

Temperatura en grados centígrados = (grados Fahrenheit -32) x 0.56 g (grados Fahrenheit -32) x 5/9

Temperatura en grados Fahrenheit = (grados centigrados x 1.8) + 32 o (grados centígrados x ⁹/s) + 32

MONEDA

Penique	=	1 centavo;	1¢;	\$.01
Níquel	=	5 centavos;	5¢;	\$.05
Dime	=	10 centavos;	10¢;	\$.10
Cuarto de dólar	=	25 centavos;	25¢;	\$.25
Medio dólar	=	50 centavos;	50¢;	\$.50
Dólar	-	100 centavos:	100¢:	\$1.00

00					
	sí	SÍMBOLOS Los símbolos se usan en matemáticas en vez de las palabras.			
)					
tros	=	igual a			
	¥	no igual a			
	>	mayor que			
	<	menor que			
mos	+	más, y (utilizado para sumar) o añada el signo			
ud.	-	menos, sustrae (utilizado para restar) o añada el signo de la resta			
JS	х	multiplicado por (utilizado para multiplicar)			
	÷Г	dividido por (utilizado para dividir)			

- un punto decimal separa la parte entera de la parte fraccionaria (1.5) o representa la parte fraccionaria (0.56)
- tanto por ciento, número de centésimos
- miembro del coniunto
- subconjunto del conjunto

0 intersección de 2 conjuntos

unión de 2 conjuntos

TÉRMINOS

Un conjunto es una colección de cosas. Se pueden enumerar los miembros o elementos de un conjunto entre corchetes { }.

Conjunto A = {1,2,3}

Las formaciones son agrupaciones ordenadas. Una formación muestra que 4 grupos de 3 = 12. La otra formación muestra que 3 grupos de 4 = 12.

-
- ...

Los dígitos son números. (0, 1, 2, 3, 4, 5, 6, 7, 8, 9)

Area — superficie comprendida dentro de un perimetro.

Perimeter - la distancia alrededor de una figura.



vial-A-Teacher MEDIDAS, SÍMBOLOS Y TÉRMINOS QUE DEBERA SABER

LLAMEN PARA RECIBIR AYUDA CON LAS TAREAS GRATUITAMENTE: 1-212-777-3380

SUMA

NÚMEROS ROMANOS Los numeros romanos tienen un patrón determinado = 1 $XI = 11 \quad XXX = 30$ = 2 XII = 12 XL = 40|| = 3 XIII = 13 L = 50 IV = 4XIV = 14 LX = 60 V = 5 XV = 15 LXX = 70VI = 6XVI = 16 IXXX = 80VII = 7XVII = 17 XC = 90 VIII = 8XVIII = 18C = 100XIX = 19 CD = 400 |X| = 9 $X = 10 \quad XX = 2$

Una barra escrita sobre que ha sido multiplicad $\overline{VII} = 7 \times 1000 \text{ or } 7000$

60	segundos	= 1 minuto (min.)
60	minutos	= 1 hora (hr.)
24	horas	= 1 día
7	días	= 1 semana
4	semanas	= 1 mes
12	meses	= 1 año
52	semanas	= 1 año
365	días	= 1 año
366	días	= 1 año bisiesto
10	años	= 1 década
20	años	= 1 veintena
100	años	= 1 siglo
A.M.	. = mañana 12:00 m	edianoche - 12:00 mediodía
P.M.	= tarde	edianoche - 12:00 medianoch

La operación de sumar combina números

llamados adendos para llegar al total, llamado de la suma adendo + 5 adendo 8 suma

adendo + adendo = suma

RESTA

La resta es una operación en la que se conoce el total, llamado minuendo y una parte llamada sustraendo, y que busca una parte desconocida llamada diferencia.

		6	minuendo
	-	2	sustraendo
		4	diferencia
inuen	do	- 5	ustraendo = diferencia

ICACIÓN

La operación de multiplicar relaciona dos números llamados factores con un tercer 3/4 número llamado producto. Se cuenta el mismo número muchas veces, de manera que es una forma abreviada de sumar el mismo número. 5 factor 5 adendo x 4 factor 5 adendo 20 product 5 adendo +5 adendo 20 suma 5 = 20



DIVISIÓN

La división es una operación en la que se conoce el total, llamado dividendo, y un parte llamada divisor, divisor, y se busca una parte desconocida llamada cociente.

	7 cociente		
ivisor	8 56 dividendo		

56 dividendo ÷ divisor = cociente

FRACCIONES

Una fracción es una o más de las partes de un entero. Números como 1/3 y 1/4 se llaman fracciones. El dígito que está encima de la línea se llama numerator y el de debajo se llama denominador. Este número indica el número total de las partes.

	2 <u>numerador</u> 3 denominador		
3/4	es un fracción propia. Es parte de 1 entero.		
4/4	es un nombre fraccional de 1 entero.		
5/4	es una fracción impropia. Es mayor que un entero.		
1 1/4	es un número mixto. Es 1 número entero y una fracción.		

DECIMALES

Un decimal es un número fraccional. Podemos usar una fracción y un decimal para nombrar el mismo número.

- 1/10 = 0.1 un décimo
- $\frac{2}{10} = 0.2 \text{ dos decimos}$

FEDERACIÓN UNIDA DE MAESTROS

DEPARTAMENTO DE EDUCACIÓN DE LA CIUDAD DE NUEVA YORK

Fondos para el programa Llamen•A•Un Maestro han sido facilitados por La Federación Unida de Maestros, y el Departamento de Educatión

	por 10	MULTIPL	
0.117		= 1000 ro indica	minuend
	CM	= 900	
20	D	= 500	
-		- 400	

TIEMPO



JOIN US FOR OUR 2ND ANNUAL COLLEGE FAIR AT RED HOOK INITIATIVE!

LEARN ABOUT COLLEGES & AND GET YOUR QUESTIONS ANSWERED BY COLLEGE REPRESENTATIVES AT NO COST.



Thursday, October 26 () 4:30pm-6pm

767 Hicks St., Brooklyn 11226

YOUTH LEADERSHIP COUNCIL NETWORK

APPLY NOW

NYC Service

Who can join?

- Ages 14-21
- Enrolled in high school or an equivalency program
- Must care about your community!

What does a Youth Leadership Council do?

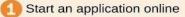
- Members earn community service hours
- · Meet regularly with council members
- Meet up with other councils from across the city
- Develop personal & professional skills
- Get access to field trips, workshops, civic action toolkits, and events organized by youth
- Receive a certificate of achievement signed by the NYC Mayor!

We can help! Contact us: NYCYLC@cityhall.nyc.gov (212) 748-0339

Apply in 3 easy steps!

DAD HEALTH+

Law Department



- 2 Select a council to join and write a little bit about yourself.
- Submit and facilitator will reach out to you!



See what YLC members do at @nycservice

October is



CUNY Month!

Join one of our hundreds of events to find the right program for you.



cuny.edu/cunymonth

Certificates
Associate Degrees
Bachelor's Degree
Graduate Degrees



https://www.hesc.ny.gov/cam/nys-collegeswaiving-application-fees.html



Department of Defense (DoD) Scholarship-for-Service Program

FULL TUITION SCHOLARSHIP

Ronald V. Dellums Memorial SMART Scholarship

Eligibility Requirements

- U.S. Citizen
- 18 years+ by the end of First College Term

- Major related to SMART STEM Disciplines
- Graduate High School with a Minimum 3.0 GPA
- Maintain a College/University 3.0 GPA
- Ability to Complete Summer Internships
- Obtain and Maintain a Security Clearance

Benefits

- Full Tuition
- \$30,000 Annual Stipend
- Summer Internships
- Experienced Mentor
- Book and Health Allowance
- Civilian Department of Defense Employment

Apply By Dec 1st, '23





SAT PREP PROGRAM

Center for Achieving Future Education Program

BronxWorks CAFE offers a FREE SAT Prep program in partnership with New York Cares for High School Juniors.

at 1130 Grand Concourse. Applications open now!

For more information on Eligibility and Registration contact Angela Rodriguez ardejesus@bronxworks.org 718.508.3214

New York

Cares

COLLEGE NOW @ CITY TECH



Jumpstart your college education for <u>FREE!</u>

BENEFITS OF COLLEGE NOW

- Earn college credits on a college campus
- FREE college-readiness workshops and seminars
- **Receive guided support from advisors and tutors**



WHO IS ELIGIBLE -10th, 11th, and 12th

grade students ONLY registered in NYC Public High Schools .Have an 80% overall High School GPA or

APPLY ONLINE

SPRING 2024 Applications available

> HE GREATEST RBAN UNIVERSITY

END OF OCTOBER

New York Urban League

36TH ANNUAL HBCU FAIR

WORKSHOPS ON-SITE ADMISSIONS

45 HBCU'S ENTERTAINMENT

SCHOLARSHIP OPPORTUNITIES

SAVE THE DATE

NOV 11:00 AM -11 3:30 PM

Denny Farrell Riverbank State Park Harlem, New York

REGISTRATION REQUIRED Linktr.ee/NYUL Sign up now for our annual College Is Possible event for high school students with IEPs and their families! Join us on Wednesday 11/1 for students leaving school with a diploma, or Thursday 11/2 for students leaving school with a non-diploma credential. Listen to a panel of experts talk college and get your questions answered: https://pulse.ly/ucgp7v52yf

COLLEGE 15 POSSIBLE

Wednesday, November 1, 2023 | 6:00 PM-7:30 PM

College information for high school students with Individualized Education Programs (IEPs) who will leave high school with a diploma. Families are welcome.

Thursday, November 2nd, 2023 | 6:00 PM-7:30 PM

Educational programs on college campuses for students with developmental and/or intellectual disabilities who use Alternate Assessment and will leave high school with a non-diploma credential. Families are welcome.

SAVE THE DATE!

STATEN ISLAND HBCU EXPERIENCE 2024

@ Curtis High School

Date: Saturday, January 27, 2024 Time: 11:00 AM - 3:00 PM Location: Curtis High School 105 Hamilton Avenue Staten Island, NY 10301

Student & Parent registration only: Scan the QR code or copy the link below https://bit.ly/SIHBCUFAIR2024







Need to talk?

Crisis Text Line: Text GOT5 to 741741

988 Crisis Lifeline: Call/Text 988 or chat 988lifeline.org

Trevor Lifeline: 1-866-488-7386 **Trevor Text:** Text START to 678678



A NEW CRISIS RESOURCE FOR NY







People 65 years and older should get one of these three vaccines if available.

- Fluzone High-Dose Quadrivalent
- Flublok Quadrivalent
- Fluad Quadrivalent

Get vaccinated today!



U.S. Department of Health and Human Services Centers for Disease Control and Prevention get vaccinated: cdc.gov/flu

FOOD ALLERGIES IN THE U.S.





People can be allergic to any food, but there are

8 FOODS THAT CAUSE THE MOST REACTIONS.



Reactions can range from a mild response to **anaphylaxis**, a severe and potentially deadly reaction.

Every 3 minutes a food allergy reaction sends someone to the **ER**.





There is **NO CURE** for food allergies yet.



Get your **updated** COVID-19 and flu vaccines to protect against current variants.

because even young and healthy people can get very sick.

NW.

Why get
the updatedCOVID-19
Vaccine

Everyone can benefit from the COVID-19 vaccine, which:

- Reduces the risk of hospitalization and death
- Reduces the duration and severity of symptoms if you become infected
- Reduces the risk of long COVID

The updated vaccines are designed to protect against currently circulating variants and strengthen immunity from previous vaccines or infection, which can decrease over time.

To date, hundreds of millions of people in the U.S. have safely received a COVID-19 vaccine under the most intense safety monitoring in U.S. history.

NYC Health **NO MATTER...**

WHEN

YOU MATTER

TEXT · CALL · CHAT

988 SUICIDE & CRISIS

This National Lead Poisoning Prevention Week:

* Get the Facts* Get Your Child Tested

* Get Your Home Tested

National Lead Poisoning Prevention Week Oct. 22-28, 2023

Lead Hazards in the Home

Lead is a poison often found in old paint. Lead can also be found in some consumer products, soil and plumbing.



Lead poisoning can cause learning and behavior problems in children.

Protect your child:

- Report peeling paint to your building owner. If the problem is not fixed or if you think repair work is being done unsafely, call 311 to request a free inspection.
- Wash floors, windowsills, hands and toys often.
- Do not use products from other countries that may contain lead.
 - Talk to your health care provider about testing your child for lead at ages 1 and 2.

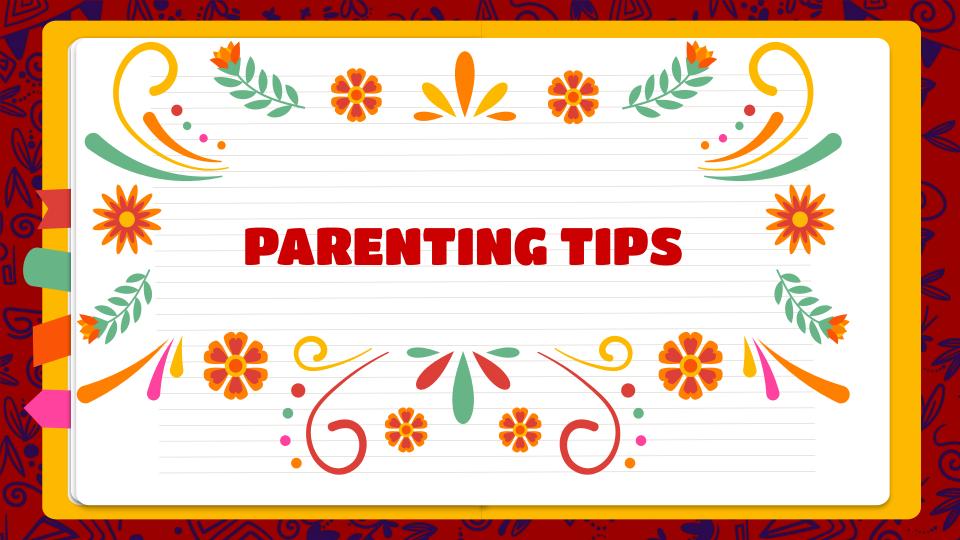


For more information, visit nyc.gov/lead

Housing Preservation & Development



burer un allo





International wars and conflict contribute to a sense of danger and worry among people of all ages. Both caregivers and children may struggle to make sense of what they are seeing and hearing, and children will be turning to trusted adults in their lives for support and guidance.



As parents, how can we help our children navigate these situations?

Have open conversations.

Most school-age children and teens will have heard something about the situation, whether from social media, news outlets, teachers, or peers.

When **checking in** with your child, it's important to **not make assumptions** about what they are thinking and feeling.

Instead, by **asking** how they are feeling and responding **empathetically** to the concerns they share, your child will understand you are **open to talking about difficult situations.**

It is helpful to discuss the situation in a calm tone, and to use vocabulary appropriate for your child's age and understanding.



Provide context.

Younger Children:

Very young children may not understand where the situation is taking place, and worry that your community is **at risk**. To find out if your child **understands the situation accurately**, it is valuable to listen and ask questions. **Older Children & Teens:** Misinformation and different perspectives about war are common. One way to clear up misinformation your child may have heard is by **discussing** the complexity of the political situation and the **potential** impacts.

Seek information from **trusted sources** so you can confidently address your children's questions. If you aren't sure of an answer, that's okay! You can let your child know you **appreciate their question**, and **work together** to find the answer.

Navigate media exposure thoughtfully.

Media coverage of war can be **upsetting to people** of all ages, and increase fear and anxiety. Children are particularly susceptible to these effects, and the more time they spend viewing coverage, the more likely they are to respond negatively.

While it is important to stay informed, caregivers can help by **limiting children's exposure to the news and social media** during this time. The **younger** the child, the **less** exposure they should have.

If possible, preschool-age children and younger children should not be watching coverage at all. Caregivers can support older children by viewing coverage together to answer questions and discuss what they are seeing.

Foster resilience.

Emphasize connections: Families can benefit from increased time together, extra reassurance, and a sense of connection with friends and community members.

Highlight the helpers: Children can feel a sense of consolation and support when they see the many ways in which people are working hard to help those affected by the conflict.

Keep up routines: Routines can be comforting in times of stress. Finding ways to keep to regular schedules in the face of current events is an important way to support the whole family's coping.

Offer patience: In times of stress, children may have more challenges than usual with their behavior, concentration, and attention. Caregivers can offer extra patience and care to their children as well as to themselves.



- 1. Spend quality one-on-one time with your child. This could be a special outing, or just some time spent together at home doing an activity of your child's choice.
- 2. Ask your child about their day and really listen to what they share with you.
- 3. Talk about your day and share your experiences with your child.
- 4. Engage in activities that you both enjoy.
- 5. Give your child praise and encouragement.
- 6. Read stories to your child or with them.
- 7. Take your child to the library or bookstore to pick out books together.
- 8. Give your child age-appropriate tasks and responsibilities around the house.
- 9. Respect your child's opinions, even if you don't agree with them.
- 10. Show your child love and affection in different ways, such as hugs, kisses, and meaningful compliments.



FAMILIES & SCHOLARS, I HOPE YOU FOUND THIS PACKET HELPFUL. OUR PARENT LEADERSHIP COUNCIL (PLC) MEETING WILL TAKE PLACE ON OCTOBER 26TH, 2023. PLEASE CONSIDER JOINING US. YOUR VOICE AND CONCERNS MATTER. FAMILY ENGAGEMENT IS VERY VITAL WITHIN OUR SCHOOL COMMUNITY. REMEMBER, I'M JUST AN EMAIL AWAY. HAVE A WONDERFUL DAY!

WARMEST REGARDS, MS. PINK

it takes lots

coordinator

